

A Letter from the Board: High Holy Days at TBO

Dear Friends,

We are saddened to announce that we have made the difficult decision to reduce the number of in-person services during the High Holy Days, as indicated below. We want to assure you that this decision was not made lightly. We previously felt that requiring evidence of vaccination and masks would be sufficient to allow our congregation to safely worship together indoors, but the sudden exponential rise in breakthrough cases due to the Delta variant over the last few weeks in our community has caused us to believe this would no longer be the responsible action to take

We realize, that like us, many of our congregants will be disappointed, as we are as well. However, we are striving to achieve the right balance of the Jewish values of Pikuach Nefesh (guarding health and life) and Kehilah Kadosha (honoring the sacred nature of our congregation). We hope you understand, and we are redoubling our efforts to ensure we create a meaningful, intimate experience for all who are worshiping with us.

We will have a mix of professionally produced virtual worship and outdoor in person gatherings. Our virtual services will be an engaging professional production that you can enjoy from the comfort of your home or any location around the world. Each live-streamed service features a multi-camera set up with close-ups of the bimah, so you feel like you're right there at TBO with the best seats in the house.

Passes are required for all services, virtual or outdoors. Passes will be electronically delivered to your email by the end of this week.

Thank you for your support and understanding.

Wishing you a very sweet 5782,

October 15-17

The Temple Beth Or Board of Trustees

A Message From The President

It's hard to believe when it is so hot outside that Rosh Hashanah is literally right around the corner! My adult daughter and I sat down together this weekend, combing through our cookbooks, designing our menu for Rosh Hashanah dinner. We're laughing and sharing stories of past holidays- and our meal will be a mix of our family traditions and some new recipes- maybe new traditions. To me, this is what the holidays are about- celebrating with family, reminiscing about past memories and creating new ones.



Wendy McHenry, President

Rabbi Dinner said on Shabbat a couple of weeks ago- we are saying "The holidays are so early this year!" but they are actually right on time. And right when we need them the most. Every time I read the news, my heart aches for all of the suffering in the world. The High Holydays are a time for prayer, self-reflection, and repentance- and to me they are also an opportunity for connection. Now, more than ever, we crave connection. I invite you to connect with TBO and our community- each of you are a vital part of the tapestry of our TBO home.

While scientists are learning more and more about COVID and the Delta variant each day, it is imperative that we as a Board evaluate our options with an eye towards an abundance of caution for those in our community that are immunocompromised or as of yet unvaccinated, even if they are not physically present in our services this season. [You can read the latest guidance from NCDHHS for Interim Guidance for Places of Worship and Religious Services \(August 30, 2021\) here.](#) We have decided to follow the science and hold only virtual or outdoor services for the High Holy Days

NEW THIS YEAR- we will not be mailing paper copies of your tickets. We will be sending your electronic passes to your email by the end of this week. To access the online services, links will be posted on our High Holy Days site. We will also send a daily email reminder. Passes are required for all activities online or in person- if you have not yet requested passes, please do so by reaching out to the Office at 919-781-4895 x100.

I wish for all of you and your families a sweet new year.

L'Shana Tova.

Rosh Hashanah Programming

Erev Rosh Hashanah: Monday, September 6

Erev Rosh Hashanah Intention-Setting

What: Join Rabbi Citrin to declare, Hineinu, we are here, to welcome 5782. After lighting candles and reciting this prayer together, we will spend time greeting each other face to face in Zoom breakout rooms.

When: 6:00 PM

Where: Zoom

Erev Rosh Hashanah Worship

What: The Service welcoming the Days of Awe, led by Temple Beth Or's Rabbi Lucy Din, Rabbi Leah Citrin, and Zemer Lexie Nuell.

When: 7:30PM

Where: Live Broadcast on TBO Website



Rosh Hashanah Day: Tuesday, September 7

NEW TIME! Rosh Hashanah Service

What: This is the "traditional" Rosh Hashanah morning service led by Rabbi Dinner, Rabbi Citrin and Zemer Lexie.

When: 9:00 AM

Where: Live Broadcast on TBO Website

Rosh Hashanah Torah Study

What: Compassion: Benefiting the Receiver (and Giver)

When: 11:00 AM

Where: Zoom

This conversation with Jon Kolkin, M.D. will focus on the impact of COMPASSION on the receiver along with the benefits to the giver in the form of reduced stress, a more balanced life, and improved physical and emotional health. Moderated by Rabbi Citrin, we will explore COMPASSION from a medical, scientific, cultural and spiritual perspective. The discussion will also include practical strategies for seamlessly integrating COMPASSION into your daily life.



Jon Kolkin, M.D. is a 30+ year member of TBO. For decades he has pursued his passions, integrating his role as a physician in private practice with his work as an international medical volunteer, artist, philanthropist, athlete, devoted husband and father.

Rosh Hashanah Programming

Rosh Hashanah Experience For Everyone

What: Family Service for K-6 Families led by our Teens

When: 11:00 AM

Where: Silber Outdoor Sanctuary

What: Holiday Programming for All Ages

When: 11:30 AM

Where: Outside and At Home

Rosh Hashanah Afternoon: Tuesday, September 7

Writing Your Way Through the 10 Days of Awe

What: Award winning author and TBO member Carrie Knowles will offer a two-part workshop on getting to the root of our personal experiences and creating short, introspective narratives. The second session will be held on Yom Kippur.

When: 1:15PM

Where: Zoom

Rosh Hashanah Walking Music Playlist with thoughts for the Holy Day

What: Celebrate Rosh Hashanah and the beauty of our world with a walk or hike. Curated by Zemer Lexie, this hour of music was selected to creatively represent the liturgy of our holiday worship service. Some melodies mirror what you would hear at TBO, some have been chosen as a representation of an individual prayer's theme.

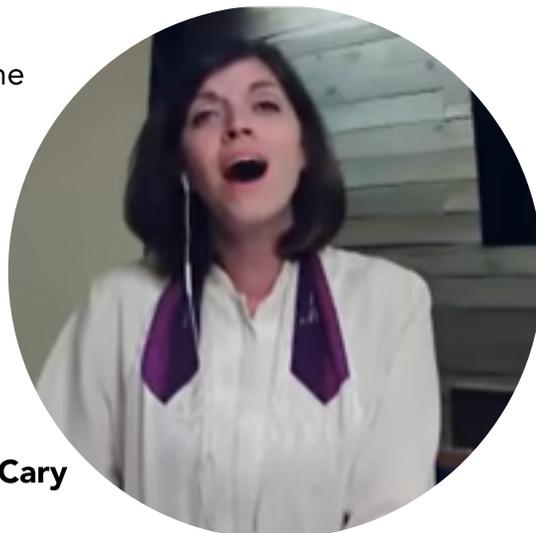
Where: Link Available on TBO Website

Shofar and Tashlich Service at the JCC

What: Join with the Temple Beth Or community at the JCC . Rabbi Dinner, Rabbi Citrin and Zemer Lexie will lead the Shofar worship service and together we will participate in the mitzvah of hearing the sound of the shofar and tashlich, casting off the sins of last year on Rosh Hashanah. We will follow this service by celebrating Rosh Chodesh with the Federation Women's Philanthropy group.

When: 3:00 PM

**Where: The Jewish Community Center of Raleigh Cary
12804 Norwood Road, Raleigh**



Kever Avot

Sunday, September 12

May Their Memories Be For A Blessing Memorial Service

What: In Jewish tradition, one is to visit the cemetery between Rosh Hashanah and Yom Kippur. This is a reminder that the introspection that we are required to do cannot be accomplished without looking back upon those who have had an effect on determining who we are. Your family and friends are invited to join us for the annual "Kever Avot" Service at the Raleigh Hebrew Cemetery. Rabbi Dinner and Zemer Lexie will lead this service.

When: 11:30AM

Where: Raleigh Hebrew Cemetery, 450 N State Street, Raleigh



Kol Nidre and Yom Kippur Programming

Kol Nidre: Wednesday, September 15

Kol Nidre Worship Service

What: Worship service asking God to receive us on this sacred day of Yom Kippur, led by Temple Beth Or's Rabbi Lucy Dinner, Rabbi Leah Citrin, and Zemer Lexie Nuell.

When: 7:30PM

Where: Live Broadcast on TBO Website

Yom Kippur: Thursday, September 16

NEW TIME! Yom Kippur Service

What: This is the "traditional" Yom Kippur morning service led by Rabbi Dinner, Rabbi Citrin and Zemer Lexie.

When: 9:00 AM

Where: Live Broadcast on TBO Website

Yom Kippur Torah Study

What: Join Rabbi Dinner for Torah study rooted in the liturgy of the day

When: 11:00 AM

Where: Zoom

What: Family Service for K-6 Families led by our Teens

When: 11:00 AM

Where: Silber Outdoor Sanctuary

What: Yom Kippur Programming for All Ages

When: 11:30 AM

Where: Outside and At Home



Kol Nidre and Yom Kippur Programming

Yom Kippur Afternoon: Thursday, September 16

Yom Kippur Yoga

What: Join us for a meditative yoga experience

When: 1:00PM

Where: Zoom

Writing Your Way Through the 10 Days of Awe

What: Award winning author and TBO member Carrie Knowles will offer a two-part workshop on getting to the root of our personal experiences and creating short, introspective narratives. This is the second of two sessions.

When: 1:15PM

Where: Zoom

Yom Kippur Walking Playlist with thoughts for the Holy Day

What: Curated by Zemer Lexie, this hour of music was selected to creatively represent the liturgy of our holiday worship service. Some melodies mirror what you would hear at TBO, some have been chosen as a representation of an individual prayer's theme.

Where: Link Available on TBO Website

Yom Kippur Afternoon Service, Yizkor (Memorial Service) & Neilah (Concluding Service)

What: Rabbi Dinner, Rabbi Citrin and Zemer Lexie will lead us in a Torah Service. Then we remember our loved ones and conclude Yom Kippur services.

When: 3:45 PM

Where: Live Broadcast on TBO Website

