



# THE TIKVAH PROGRAM,

a part of Congregation Beth Am's Caring Committee, offers congregant to congregant compassionate support for our members who are facing a life challenge.



[www.betham.org](http://www.betham.org)

# BETH AM TIKVAH PEER SUPPORT



TIKVAH MEANS HOPE

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THE PROGRAM MATCHES CONGREGANTS  
WITH A VOLUNTEER WHO IS TRAINED TO  
PROVIDE SUPPORT.

All contacts are strictly confidential and may extend over several months. Contact any member of Beth Am clergy or send an email to [tikvah@betham.org](mailto:tikvah@betham.org) to learn more about how the Tikvah Program may be helpful to you or your family.

Congregation Beth Am is here for you...to listen, to support, to care...

## TIKVAH SUPPORT CAN HELP WITH LIFE'S CHALLENGES

- Grief and Loss
- Acute Illness
- Separation and Divorce
- Job Loss
- Addiction
- Mental Illness
- Other Life Crisis



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Clergy: (650) 493-4661

Email: [tikvah@betham.org](mailto:tikvah@betham.org)

