

## Birkhot HaShahar and Pesukei DeZimra

### 1. Hineh Mah Tov

How good and pleasant it is for brothers & sisters to sit together.	Hineh ma tov uma na'im, Shevet ahim gam yahad.	הִנֵּה מַה טוֹב וְיָמָה נְעִים שֵׁבֶת אָחִים גַּם יַחַד
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### 2. Birthday of the World

Happy Birthday!	Yom Huledet Sameah	יום הולדת שמח!
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TODAY is Rosh Hashanah, the first day of the Jewish New Year.

TODAY we have a chance to start again.

TODAY we can think about last year and all the things that have happened. We grew taller and stronger. We learned new skills. We made new friends. We celebrated birthdays and holidays.

TODAY we can thank God for all the wonderful things that happened last Rosh Hashanah.

-Taken from "Rosh Hashanah: A Family Service," Abrams and Kahn

### 3. Modeh/Modah Ani

I offer thanks before you, living and eternal Ruler, for You have mercifully restored my soul to me. Your faithfulness is great.	Modeh/Modah ani le'fanekha melekh hai vekayam she'hehezarta bi nishmati be'hemlah, rabah emunatekha.	מוֹדֵה/מוֹדָה אֲנִי לְפָנֶיךָ מֶלֶךְ חַי וְקַיִּים. שֶׁהַחַיָּוִת בִּי נִשְׁמַתִּי בְחַמְלָה. רַבָּה אֱמוּנָתְךָ:
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### 4. Birkot Hashahar

Blessed are You, Adonai our God, Ruler of the Universe...	Barukh Atah Adonai, Eloheinu Melekh Ha'olam...	בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...
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בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who enables God's creatures to distinguish between night and day.

Who made me in God's image.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who made me a Jew.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who made me free.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who gives sight to the blind.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who clothes the naked.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who releases the bound.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who raises the downtrodden.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who creates the heavens and the earth.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who provides for all my needs.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who guides us on our path.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who strengthens the people Israel with courage.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who crowns the people of Israel with glory.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

Who restores vigor to the weary.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...

### 5. Barukh She'amar

This poem praises God for creating such an amazing world just by speaking. We are reminded of the power of the spoken word and urged to use speech wisely and sensitively.

**בְּרוּךְ הוּא - Praise God**  
**בְּרוּךְ שְׁמוֹ - Praise God's Name**

Barukh hu.	בְּרוּךְ הוּא.	בְּרוּךְ שְׂאֵמֵר וְהִיא הָעוֹלָם
Barukh shemo.	בְּרוּךְ שְׁמוֹ.	בְּרוּךְ עֲשֵׂה בְּרִאשִׁית
Barukh hu.	בְּרוּךְ הוּא.	בְּרוּךְ אוֹמֵר וְעוֹשֶׂה

Barukh shemo.	בְּרוּךְ שְׁמוֹ.	בְּרוּךְ גּוֹזֵר וּמְקַיֵּם
Barukh hu.	בְּרוּךְ הוּא.	בְּרוּךְ מְרַחֵם עַל הָאָרֶץ
Barukh shemo.	בְּרוּךְ שְׁמוֹ.	בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת
Barukh hu.	בְּרוּךְ הוּא.	בְּרוּךְ מְשַׁלֵּם שְׂכָר טוֹב לִירֵאָיו
Barukh shemo.	בְּרוּךְ שְׁמוֹ.	בְּרוּךְ חַי לְעַד וְקַיֵּם לְנֶצַח
Barukh hu, barukh shemo.	בְּרוּךְ הוּא, בְּרוּךְ שְׁמוֹ.	בְּרוּךְ פּוֹדֶה וּמַצִּיל

## 6. Psalm 145: Ashrei

Happy are those who dwell in your house.	Ashrei yoshvei veitekha, od yehalelukha selah.	אַשְׁרֵי יוֹשְׁבֵי בֵּיתְךָ, עוֹד יְהַלְלוּךָ סֵלָה.
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אַשְׁרֵי הָעַם שֶׁכָּנָה לוֹ, אַשְׁרֵי הָעַם שֶׁיֵּי אֱלֹהֵיו.  
 תִּהְיֶה לְדָוִד,  
 אֲרוֹמְמֶךָ אֱלֹהֵי הַמֶּלֶךְ, וְאֶבְרַכְךָ שִׁמְךָ לְעוֹלָם וָעֶד.  
 בְּכָל יוֹם אֶבְרַכְךָ, וְאֶהַלְלָה שִׁמְךָ לְעוֹלָם וָעֶד.  
 גָּדוֹל יי וּמְהַלֵּל מְאֹד, וְלִגְדַלְתוּ אֵין חֶקֶר.  
 דָּוָר לְדָוָר יִשְׁבַח מַעֲשֵׂיךָ, וּגְבוּרַתֶיךָ יִגִּידוּ.  
 הַדָּר כְּבוֹד הוֹדֶךָ, וְדַבְרֵי נִפְלְאוֹתֶיךָ אֲשִׁיחָה.  
 וְעִזְזוּ נִוְרָאוֹתֶיךָ יֵאמְרוּ, וְגִדְלַתְךָ אֶסְפְּרָנָה.  
 זָכַר רַב טוֹבְךָ יִבְיְעוּ, וְצַדִּיקְתֶּךָ יִרְנְנוּ.  
 חֲנוּן וְרַחוּם יי, אַרְךְ אַפַּיִם וְגִדְלֵי חֶסֶד.  
 טוֹב יי לְכָל, וְרַחֲמָיו עַל כָּל מַעֲשָׂיו.  
 יוֹדוּךָ יי כָּל מַעֲשֵׂיךָ, וְחִסֵּידֶיךָ יְבָרְכוּכָה.  
 כְּבוֹד מַלְכוּתֶךָ יֵאמְרוּ, וּגְבוּרַתֶךָ יִדְבְּרוּ.  
 לְהוֹדִיעַ לְבַנֵּי הָאָדָם גְּבוּרַתִּי, וּכְבוֹד הַדָּר מַלְכוּתוֹ.  
 מַלְכוּתֶךָ מַלְכוּת כָּל עוֹלָמִים, וּמִמְשַׁלְתֶּךָ בְּכָל דָּר וָדָר.  
 סוֹמֵךְ יי לְכָל הַנְּפִלִים, וְזוֹקֵף לְכָל הַכְּפוּפִים.  
 עֵינֵי כָל אֱלֹהִים יִשְׁפְּרוּ, וְאַתָּה נֹתֵן לָהֶם אֶת אֲכָלָם בְּעֵתוֹ.

פּוֹתַח אֶת יְדָךְ, וּמִשְׁבִּיעַ לְכָל חַי רְצוֹן.  
צִדִּיק יי בְּכָל דְרָכָיו, וְחָסִיד בְּכָל מַעֲשָׂיו.  
קָרוֹב יי לְכָל קִרְאָיו, לְכָל אֲשֶׁר יִקְרָאֵהוּ בְּאֵמֶת.  
רְצוֹן יִרְאִיו יַעֲשֶׂה, וְאֵת שׁוֹעֲתָם יִשְׁמַע וַיּוֹשִׁיעֵם.  
שׁוֹמֵר יי אֶת כָּל אֱהָבָיו, וְאֵת כָּל הַרְשָׁעִים יִשְׁמִיד.  
תְּהִלַּת יי יִדְבַּר פִּי, וַיְבָרֵךְ כָּל בֶּשָׂר שֵׁם קִדְשׁוֹ לְעוֹלָם וָעֶד.  
וְאֲנַחְנוּ נְבָרֵךְ יְהוָה, מֵעַתָּה וְעַד עוֹלָם, הַלְלוּיָהּ.

### 7. Psalm 150: Halleluyah!

<p>Praise God in the sacred sanctuary; Praise God in the mighty heavens. Praise God for vast power; Praise God for abundant greatness. Praise God with the sound of the Shofar, Praise God with lute and lyre. Praise God with drum and dance, Praise God with strings and flute. Praise God with resounding cymbals, Praise God with clanging cymbals. Praise God everything that breathes. Halleluyah! Praise God!</p>	<p>Halleluyah, halelu Eyl be'kodsho, halelu-hu birki'a uzo.  Haleluhu bigvurotav, haleluhu ke'rov gudlo.  Haleluhu be'teyka shofar, haleluhu be'neyvel ve'khnor.  Haleluhu be'tof umahol, haleluhu be'minim ve'ugav.  Haleluhu be'tziltze'lei shama, haleluhu be'tziltze'lei te'ru'ah.  Kol hane'shamah te'halel yah, halleluyah!  Kol hane'shamah te'halel yah, halleluyah!</p>	<p>הַלְלוּיָהּ, הַלְלוּ אֵל בְּקִדְשׁוֹ,  הַלְלוּהוּ בְרִקְיעַ עִזּוֹ.  הַלְלוּהוּ בַגְּבוּרֹתָיו, הַלְלוּהוּ  כָּרֹב גְּדֻלוֹ.  הַלְלוּהוּ בְתִקְעַ שׁוֹפָר,  הַלְלוּהוּ בְנִבְל וְכִנּוֹר.  הַלְלוּהוּ בְתֹף וּמַחֲוֹל, הַלְלוּהוּ  בְמִנִּים וְעֻגָב.  הַלְלוּהוּ בְצִלְצְלֵי שָׁמַע,  הַלְלוּהוּ בְצִלְצְלֵי תְרוּעָה.  כָּל הַנְּשָׁמָה תְהִלַּל יְהוָה  הַלְלוּיָהּ.  כָּל הַנְּשָׁמָה תְהִלַּל יְהוָה  הַלְלוּיָהּ.</p>
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### 8. הַמֶּלֶךְ The Ruler HaMelekh

### 9. Hatsi Kaddish

<p>May God's name be exalted and hallowed throughout the world</p>	<p>Yitgadal ve'yitkadash she'mey raba. Be'alma di ve'ra khir'uteh, ve'yamlikh</p>	<p>יִתְגַּדַּל וַיִּתְקַדַּשׁ שְׁמֵהּ רַבָּא.  בְּעַלְמָא דִּי בְרָא כְרַעוּתֵיהּ,</p>
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<p>that God created, as is God's wish. May God's sovereignty soon be accepted, during our life and the life of all Israel. And let us say: Amen.</p> <p><i>Congregation and leader:</i> May God's great name be praised throughout all time.</p> <p>Glorified and celebrated, lauded and worshiped, exalted and honored, extolled and acclaimed may the Holy One be, praised beyond all song and psalm, beyond all tributes that mortals can utter. And let us say: Amen.</p>	<p>malkhuteh be'ḥayeikhon uvyomeikhon uvḥayei de'khol beit yisra'el, ba'agala uvizman kariv ve'imru: amen.</p> <p>Ye'he sh'meh raba me'varakh le'alam ul'almei almayā.</p> <p>Yitbarakh ve'yishtabah ve'yitpa'ar ve'yitromam ve'yitnase ve'yit'hadar ve'yitaleh ve'yit'halal she'meh de'kudsha be'rikh hu, le'eyla ul'eyla mikol birkhata ve'shirata tushbe'ḥata ve'neḥemata da'amiran be'alma, ve'imru: amen.</p>	<p>וַיְמַלִּיךְ מַלְכוּתָהּ בְּחַיֵּינוּ וּבְיָמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בְּעִגְלָא וּבְזִמְן קָרִיב, וְאָמְרוּ אָמֵן.</p> <p>יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמִים וּלְעָלְמֵי עָלְמַיָּא.</p> <p>יִתְבָּרַךְ וַיִּשְׁתַּבַּח וַיִּתְפָּאֵר וַיִּתְרוֹמַם וַיִּתְנַשֵּׂא וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלַּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא, לְעֵלְא וּלְעֵלְא מְכַל בְּרִכְתָּא וְשִׁירְתָּא תְּשֻׁבְחָתָא וְנַחֲמָתָא, דְּאִמְרֵיךְ בְּעָלְמָא, וְאָמְרוּ אָמֵן.</p>
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## Shaharit

### 10. Barekhu

<p><i>Leader:</i> Let's praise Adonai, the one who blesses!</p> <p><i>Cong. then leader:</i> Praised be Adonai, Source of all blessing, forever.</p>	<p><i>Sha"ts:</i> Bare'khu et Adonai hame'vorach</p> <p><i>Kahal, sha"ts:</i> Barukh Adonai hame'vorakh le'olam va'ed</p>	<p>ש"ץ בָּרְכוּ אֶת יְיָ הַמְּבָרֵךְ.</p> <p>קהל, ש"ץ בָּרוּךְ יְיָ הַמְּבָרֵךְ לְעוֹלָם וָעֶד.</p>
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### 11. First Blessing after Barekhu

<p>Praised are You, Adonai our God, Ruler of the universe, who forms light</p>	<p>Barukh ata Adonai, Eloheinu melekh ha'olam, yotser or, uvore ḥoshekh,</p>	<p>בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, יוֹצֵר אוֹר וּבוֹרֵא</p>
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and creates darkness, who ordains the harmony of all creation.	oseh shalom uvore et hakol.	חֲשֵׁךְ, עֲשֵׂה שְׁלוֹם וּבֹרָא אֶת הַכֹּל.
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## 12. Ahavah Rabah

With abounding love You have loved us...	Ahavah rabah ahavtanu...	אַהֲבָה רַבָּה אַהֲבַתְנּוּ...
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Imagine a world without love, in which we cannot care about others, in which we are each locked up only in ourselves.

*We praise You, God, for being able to feel happy for someone else, and to feel sad when another person feels sad.*

Imagine a world where there are no guidelines and no one knows how to act towards one another, where people don't treat all people fairly, or look after those who need help.

*We praise You, God, for giving us the Torah, a set of Your Teachings and laws to help us be better people, and help us live our lives as better people.*

One way we can show our our love to God is by doing what the Torah tells us to do:

By loving God, by caring for each other and by taking care of the world God gave us.

- Adapted from the "Family Service Mahzor for Rosh Hashanah," North Shore Temple Emanuel, Sydney, Australia

## 13. Shema and Ve'ahavta

**שְׁמַע | יִשְׂרָאֵל, יְיָ | אֱלֹהֵינוּ, יְיָ | אֶחָד.**

She'ma Yisra'el Adonai Eloheinu Adonai Ehad  
Hear, O Israel, Adonai is our God, Adonai is One

Quietly:

**בְּרוּךְ שֵׁם כְּבוֹד מְלַכְהוּתוֹ לְעוֹלָם וָעֶד.**

Barukh shem ke'vod malkhuto le'olam va'ed.

Praised be God's glorious sovereignty for ever and ever.

<p>You shall love the Adonai your God with all your heart, with all your soul, with all your might. Take these words which I command you this day to heart. Teach them diligently to your children, speaking of them when you are at home and when you are on your way, when you lie down at night and when you rise up in the morning. Bind them as a sign upon your arm, and let them be a symbol above your eyes. Inscribe them on the doorposts of your homes and on your gates.</p>	<p>Ve'ahavta et Adonai elohekha, be'khol le'vavkha uve'khol nafshe'kha uve'khol me'odekha. Ve'hayu hade'varim ha'eleh asher anokhi me'tzave'kha hayom al le'vavekha. Ve'shinantam le'vanekha ve'dibarta bam, be'shiv'tekha be'veitekha uv'lekhte'kha vaderekh uv'shokhbe'kha uv'kumekha. Uk'shartam le'ot al yadekha, ve'hayu le'totafot bein eynekha. Ukh'tavtam al me'zuzot beitekha uvish'arekha.</p>	<p>וְאָהַבְתָּ אֶת יי אֱלֹהֶיךָ בְּכָל-לִבְּבְךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-מְאֹדְךָ: וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם עַל-לִבְּבְךָ: וְשָׁנַנְתָּם לְבָנֶיךָ וּדְבַרְתָּ בָם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלֶכְתְּךָ בַדֶּרֶךְ וּבְשִׁכְבְּךָ וּבְקוּמְךָ: וְקָשַׁרְתָּם לְאָזְנוֹת עַל-יָדְךָ וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ: וְכָתַבְתָּם עַל-מְזוּזֹת בֵּיתְךָ וּבִשְׁעָרֶיךָ:  (Devarim 6:5-9)</p>
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*The third passage of the Shema is taken from the Book of Numbers. It teaches the commandment to tie tsitsit (specially tied fringes) on the four corners of our garments. We do this because the tsitsit symbolize God's commandments, and looking at the tsitsit helps us to remember our obligation to observe the commandments. It is customary to wrap the tsitsit around one or two fingers and kiss them gently each time we say the word "tsitsit."*

God said to Moses: "Speak to the Children of Israel, and tell them to make fringes on the corners of their garments throughout their generations, including in the fringe of each corner a cord of blue. When you look upon the fringes, you will be reminded of all of God's commandments and obey them. You will not be led astray by the inclination of your heart, nor by the attraction of your eyes. Thus will you be reminded to fulfill all My commandments and be consecrated to your God. I am Adonai your God, who brought you out of the land of Egypt to be your God. I, Adonai, am your God." (Bamidbar 15:38-41)

## 14. Mi Khamokhah

<p>“Who is like You, Adonai, among the mighty? Who is, like You, glorious in holiness, revered in praises, doing wonders?</p>	<p>Mi khamokhah ba’elim Adonai? Mi kamokhah ne’dar bakodesh, nora te’hilot, oseh fele.</p>	<p>מִי כְמוֹכָהּ בְּאֵלִים יי, מִי כְמוֹכָהּ נִאֲדָר בְּקֹדֶשׁ, נוֹרָא תְהִלָּת, עֹשֶׂה פְלֵא.</p>
<p>At the shore of the Sea, which they crossed in safety, the redeemed sang a new song to You. Together they all gratefully proclaimed Your sovereignty:</p>	<p>Shirah <u>h</u>adashah shibe’<u>h</u>u ge’ulim le’shim’kha al se’fat hayam yahad kulam hodu ve’him’likhu ve’amru:</p>	<p>שִׁירָה חֲדָשָׁה שִׁבְחוּ גְאוּלִים לְשִׁמְךָ עַל שְׂפַת הַיָּם, יַחַד כְּלָם הַיְהוּדִים וְהַמְּלִיכִים וְאָמְרוּ:</p>
<p>“Adonai shall reign for ever and ever.”</p>	<p>Adonai yimlokh le’olam va’ed</p>	<p>יי יִמְלֹךְ לְעוֹלָם וָעֶד.</p>
<p>RISE Rock of Israel, arise to the help of Israel. Fulfill Your promise to deliver Judah and Israel. Our Redeemer, Adonai of Hosts, is the Holy One of Israel. Praised are You, Adonai, Redeemer of Israel.</p>	<p>Na LaKum Tsur yisra’el kumah be’ezrat yisra’el ufe’deh khin’umekha ye’hudah ve’yisra’el. Go’aleinu Adonai tse’va’ot she’mo, ke’dosh yisra’el. Barukh ata Adonai ga’al yisra’el.</p>	<p>נֹא לְקוּם צוּר יִשְׂרָאֵל, קוּמָה בְּעֶזְרַת יִשְׂרָאֵל, וּפְדֵה כְנָאמְךָ יְהוּדָה וְיִשְׂרָאֵל. גְּאֹלֵנוּ יי צְבָאוֹת שְׁמוֹ, קְדוֹשׁ יִשְׂרָאֵל. בְּרוּךְ אַתָּה יי גְּאֹל יִשְׂרָאֵל.</p>

## 15. Amidah

<p>Open my lips, and my mouth will speak Your praises.</p>	<p>Adonai se’fatai tiftah ufi yagid tehilatekha.</p>	<p>אֲדַנִּי שְׂפָתַי תִּפְתָּח וּפִי יִגִּיד תְהִלָּתְךָ.</p>
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*Bend knees at "Praised\*"; bow at "You\*\*"; straighten at "Adonai our God"*

<p>Praised* are** You, Adonai our God and God of our ancestors, God of</p>	<p>Barukh* ata** adonai eloheinu velohei avoteinu, elohei avraham,</p>	<p>בְּרוּךְ* אַתָּה** יי אֱלֹהֵינוּ</p>
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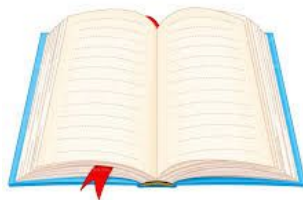


<p>Abraham, God of Isaac and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, God of Leah. The great, mighty and awesome God, exalted God, who bestows bountiful kindness, who creates all things, who remembers the piety of our ancestors, and who, in love, brings a redeemer to their children's children, for the sake of God's Name.</p>	<p>elohei yits'hak velohei ya'akov, elohei sarah, elohei rivkah, elohei rahel, velohei le'ah. Ha'el hagadol hagibor ve'hanora, el elyon, gomel hasadim tovim, ve'koneh hakol, ve'zokher hasdei avot, umevi go'el livnei ve'neihem le'ma'an she'mo be'ahavah.</p>	<p>ואלהי אבותינו, אלהי אברהם, אלהי יצחק ואלהי יעקב, אלהי שרה, אלהי רבקה, אלהי רחל ואלהי לאה. האל הגדול, הגבור והנורא, אל עליון, גומל חסדים טובים, וקונה הכל, וזוכר חסדי אבות, ומביא גואל לבני בניהם למען שמו באהבה.</p>
<p>Remember us for life, Sovereign who desires life; inscribe us in the Book of Life, for Your sake, living God.</p>	<p>Zokhreinu le'hayim, melekh hafets ba'hayim, ve'khotveinu be'sefer hahayim, le'ma'ankha Elohim hayim.</p>	<p>זכרנו לחיים, מלך חפץ בחיים, וכתבנו בספר החיים, למעןך אלהים חיים.</p>
<p>O Sovereign, You are a helper and Rememberer, a savior and a shield. Praised* are** You Adonai, Shield of Abraham and Rememberer of Sarah.</p>	<p>Melekh ozer ufoked, umoshi'a umagen. Barukh* ata** adonai magen avraham u'foked sarah.</p>	<p>מלך עוזר ופוקד ומושיע ומגן. ברוך* אתה** יי, מגן אברהם ופוקד שרה.</p>
<p>You are mighty forever, Adonai; You resurrect the dead; You are powerful to save.</p>	<p>Atah gibor le'olam adonai, me'hayeh metim atah, rav le'hoshia.</p>	<p>אתה גבור לעולם אדני, מחיה מתים אתה, רב להושיע.</p>
<p>You sustain the living through love, give life to the dead with great mercy. You support the falling, heal the sick, loosen the chains of the bound, and keep faith with those who sleep in</p>	<p>Me'khalkel hayim be'hesed, me'hayeh metim be'rahamim rabim, somekh noflim ve'rofe holim umatir asurim, ume'kayem emunato lishenei afar.</p>	<p>מכלכל חיים בחסד, מחיה מתים ברחמים רבים, סומך נופלים, ורופא חולים, ומתיר אסורים, ומקים אמונתו לישני עפר,</p>

<p>the dust. Who is like You, Almighty, and who can be compared to You? - Sovereign, who brings death and life, and causes salvation to flourish.</p>	<p>Mi khamokha, ba'al ge'vurot umi domeh lakh, melekh memit ume'hayeh umatsmi'ah ye'shuah.</p>	<p>מִי כְמוֹךָ בְּעַל גְּבוּרוֹת וּמִי דְּוֹמָה לְךָ, מֶלֶךְ מִמִּית וּמְחִיָּה וּמַצְמִיחַ יְשׁוּעָה.</p>
<p>Who is like You, source of compassion, who remembers with compassion Your creatures for life?</p>	<p>Mi khamokha av haraḥamim, zokher ye'tsurav le'hayim be'raḥamim.</p>	<p>מִי כְמוֹךָ אֲב הַרְחָמִים, זֹכֵר יְצִירֵי לְחַיִּים בְּרַחֲמִים.</p>
<p>Faithful are You in bringing life to the dead.</p>	<p>V'ne'eman atah le'haḥayot metim. Barukh ata adonai, me'hayeh hametim.</p>	<p>וְנֶאֱמַן אַתָּה לְהַחְיֹת מֵתִים. בְּרוּךְ אַתָּה יי, מְחִיָּה הַמֵּתִים.</p>

## 16. Unetane Tokef

<p>We lend power to the holiness of God's day, for it is tremendous and awe filled.</p>	<p>Unetaneh tokef kedushat hayom, ki hu nora ve'ayom.</p>	<p>וְנִתְּנָה תִּקְוַת קְדוּשַׁת הַיּוֹם כִּי הוּא נוֹרָא וְאֵיִם</p>
<p>On Rosh Hashanah it is inscribed, and on Yom Kippur it is sealed.</p>	<p>Be'rosh hashanah yikatevun, uve'yom tsom kippur yehatemun.</p>	<p>בְּרֹאשׁ הַשָּׁנָה יִכְתָּבוּן, וּבְיוֹם צוֹם כִּפּוּר יִחְתָּמוּן.</p>
<p>But repentance, prayer and righteousness temper the severity of the decree.</p>	<p>Uteshuvah ute'filah utse'dakah ma'avirin et ro'a hage'zerah.</p>	<p>וּתְשׁוּבָה וּתְפִלָּה וּצְדָקָה מַעֲבִירִין אֶת רֵעַ הַגְּזֵרָה.</p>



## 17. Kedushah

קְדוֹשׁ, קְדוֹשׁ, קְדוֹשׁ, יי צְבָאוֹת, מְלֵא כֹל הָאָרֶץ כְּבוֹדוֹ.

*Kadosh Kadosh Kadosh Adonai Tse'va'ot Me'lo Khol Ha'aretz Ke'vodo*

Holy, Holy, Holy, Adonai of Hosts, the entire world is filled with God's glory. (*Isaiah 6:3*)

<p>To all generations we will declare Your greatness, and for all eternity proclaim Your holiness. Your praise, O God, shall never depart from our lips. For you are a great and holy Ruler. Blessed are You, Adonai, the Holy Ruler.</p>	<p>Le'dor vador, nagid godlekha. Ule'netsah ne'tsahim ke'dushate'kha nakdish. Ve'shivhakha, Eloheinu, mipinu lo yamush, le'olam, va'ed, ki el melekh gadol ve'kadosh atah. Barukh atah Adonai, hamelekh hakadosh.</p>	<p>לְדוֹר וָדוֹר נִגִּיד גְּדֻלָּתְךָ, וְלִנְצַח נִצְחִים קִדְשָׁתְךָ נִקְדִּישׁ, וְשִׁבְחֶךָ, אֱלֹהֵינוּ, מִפִּינוּ לֹא יָמוּשׁ לְעוֹלָם וָעֶד, כִּי אֵל מֶלֶךְ גָּדוֹל וְקָדוֹשׁ אַתָּה. בְּרוּךְ אַתָּה יי, הַמֶּלֶךְ הַקָּדוֹשׁ.</p>
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## 18. Oseh Shalom

<p>May the One who makes peace on high, make peace on us, and all Israel. And we say: Amen.</p>	<p>Oseh shalom bimromav, hu ya'aseh shalom, aleinu, ve'al kol Yisra'el, ve'imru amen.</p>	<p>עֹשֵׂה שְׁלוֹם בְּמְרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ, וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן.</p>
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## 19. Avinu Malkeinu

<p>Our Parent, Our Ruler be gracious and answer our prayers, though we have little to commend us, deal kindly and gently with us, and save us.</p>	<p>Avinu malkeinu, <u>h</u>oneinu va'aneinu, ki eyn banu ma'asim, ase<sup>i</sup> iman<sup>u</sup> tse'dakah va<u>h</u>esed ve'hoshi'einu.</p>	<p>אָבִינוּ מַלְכֵנוּ, חֲנֻנוּ וְעַנְנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים, עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ.</p>
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## Torah Service

### 20. Ein Kamokha

<p>There is none like You, God, among those acclaimed as divine; there are no deeds like Yours. Your sovereignty is everlasting, Your dominion endures through all generations. Adonai reigns, Adonai has reigned, Adonai shall reign forever. May God give strength to our people; May God bless our people with peace.</p>	<p>Ein kamokha va'elohim Adonai, ve'ei<sup>n</sup> ke'ma'asekha malkhute'kha malkhut kol olamim, Umemshalte'kha be'khol dor vador. Adonai melekh, Adonai malakh, Adonai yimlokh le'olam va'ed. Adonai oz le'amo yiten, Adonai ye'varekh et amo vashalom.</p>	<p>אֵין כְּמוֹךָ בָּאֱלֹהִים, יי, וְאֵין כְּמַעֲשֵׂיךָ. מַלְכוּתְךָ מַלְכוּת כָּל עֲלָמִים, וּמַמְשַׁלְתְּךָ בְּכָל דֹר וְדֹר. יי מֶלֶךְ, יי מֶלֶךְ, יי יְמֶלֶךְ לְעֹלָם וָעֶד. יי עֲזֵר לְעַמּוֹ יִשְׂרָאֵל, יי יְבָרֵךְ אֶת עַמּוֹ בְּשָׁלוֹם.</p>
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<p>Merciful God, favor Zion with Your goodness; rebuild the walls of Jerusalem. For in You alone do we trust, Exalted God, our Sovereign, God of the universe.</p>	<p>Av hara<u>h</u>amim heytivah virtsonkha et tsiyon, tivneh <u>h</u>omot ye'rushalayim. Ki v'kha le'vad bata<u>h</u>nu melekh el ram ve'nisa adon olamim.</p>	<p>אָב הַרַחֲמִים, הִיטִיבָה בְּרִצּוֹנְךָ אֶת צִיּוֹן, תִּבְנֶה חוֹמוֹת יְרוּשָׁלַיִם. כִּי בְּךָ לְבַד בְּטַחְנוּ, מֶלֶךְ אֵל רַם וְנִשָּׂא, אֲדוֹן עוֹלָמִים.</p>
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<p>Whenever the Ark was carried forward Moses would say: "Rise up, Adonai! May your enemies be scattered; may your foes flee before you." For out of Zion shall go forth the Torah, and the word of Adonai from Jerusalem.</p>	<p>Vaye'hi binso'a ha'aron vayomer moshe: kumah Adonai ve'yafutsu oyvekha ve'yanusu me'san'ekha mipanekha. Ki mitsiyon tetse torah, ude'var Adonai mirushalayim. Barukh shenatan torah le'amo yisra'el bik'dushato.</p>	<p>וְיִהְיֶה בְּנוֹסֵעַ הָאָרֶן וַיֹּאמֶר  מֹשֶׁה, קוּמָה, יְיָ, וַיִּפְצוּ  אֹיְבֹיךָ, וַיִּנְסוּ מִשְׁנֵאֶיךָ מִפְּנֵיךָ.  כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה, וּדְבַר יְיָ  מִירוּשָׁלַיִם. בְּרוּךְ שְׁנַתָּן  תוֹרָה לְעַמּוֹ יִשְׂרָאֵל  בְּקִדְשָׁתוֹ.  Micah 4:2/Isaiah 2:3</p>
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## 21. Thirteen Attributes of God (Exodus 34:6-7)

1. יְיָ Adonai: compassion before a person sins;
2. יְיָ Adonai: compassion after a person has sinned;
3. אֵל El: mighty in compassion to give all creatures according to their need;
4. רַחוּם Rahum: merciful, that humankind may not be distressed;
5. וְחַנוּן VeHanun: and gracious if humankind is already in distress;
6. אֶרֶךְ אַפַּיִם Erekh apayim: slow to anger;
7. וְרַב-חֶסֶד VeRav hesed: and plenteous in kindness;
8. וְאֱמֶת VeEmet: and truth;
9. נֹצֵר חֶסֶד לְאַלְפִים Notser hesed la'alafim: keeping kindness unto thousands;
10. נוֹשֵׂא עוֹן Nose avon: forgiving iniquity;
11. וּפְשָׁע VaFesha: and transgression;
12. וְחַטָּאָה VeHata'ah: and sin;
13. וְנִקְיָה VeNakeh: and pardoning.

## 22. Shema (Leader first, then congregation)

**שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.**

She'ma Yisra'el Adonai Eloheinu Adonai Ehad  
Hear O Israel, Adonai is our God, Adonai is One

**אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵינוּ, קָדוֹשׁ וְנוֹרָא שְׁמוֹ.**

Ehad Eloheinu, gadol Adoneinu, kadosh ve'nora she'mo  
Our God is One, our God is great, holy and awesome is God's Name

**(ש"ש) גִּדְלוּ לִי אֱתֵי, וְנִרְמְמָה שְׁמוֹ יַחְדָּו.**

(Sha"ts) *Gade'lu LAdonai iti, une'romema she'mo yahdav*  
(Leader) Exalt Adonai with me, let us extol God's name together

## 23. Misheberakh Prayer for Healing

*Mi sheberakh avoteinu*

*Me'kor habe'rakha le'imoteinu*

May the source of strength,

Who blessed the ones before us,

Help us find the courage to make our lives a blessing,  
and let us say, Amen.

*Mi sheberakh imoteinu*

*Me'kor habrakhah le'avoteinu*

Bless those in need of healing with *re'fuah she'leimah*,  
The renewal of body, the renewal of spirit,

And let us say, Amen

- Debbie Friedman

## 24. Shofar Service

### Blasts

TE'KI'AH - a long blast with one note.

SH'VA'RIM - 3 medium blasts, two tones each.

TE'RU'AH - 9 short, staccato blasts.

TE'KI'AH GE'DO'LAH: an extra long single blast.

### Shofar story

A story is told that a native villager, born and reared in an obscure rural environment, came to a big city for the first time and obtained lodging at an inn. Awakened in the middle of the night by the loud beating of drums, he inquired drowsily, "What is this all about?" Informed that a fire had broken out and that the drum beating was the city's fire alarm, he turned over and went back to sleep.

On his return home he reported to the village authorities, "They have a wonderful system in the big city; when a fire breaks out, the people beat their drums and before long the fire burns out." All excited, they ordered a supply of drums and distributed them to the population.

When, some time later, a fire broke out, there was a deafening explosion of beating of drums, and while the people waited expectantly for the flames to subside, a number of their homes burned to the ground.

A visitor was passing through that village, when told the reason for the earsplitting din, derided the simple natives: “Fools! Do you think a fire can be put out by beating drums? They only sound an alarm for the people to wake up and take measures to extinguish the fire.”

## Musaf

### 25. Priestly Blessing

<p>May God bless you and watch over you. <i>May this be God's Will.</i>          May God cause God's face to shine upon you and be gracious to you. <i>May this be God's Will.</i>          May God lift up God's face upon you and grant you peace. <i>May this be God's Will.</i></p>	<p>Yevarekhe'kha Adonai, veyishme'rekha.  <i>Ken yehi ratson</i>          Ya'eir Adonai panav elekha vihuneka.  <i>Ken yehi ratson</i>          Yisa Adonai panav elekha, veyasem lekha shalom.  <i>Ken yehi ratson</i></p>	<p>יְבָרֵךְךָ יי וַיְשַׁמְרֶךָ. (קהל-כֵּן          יְהִי רָצוֹן)          יֵאָר יי פָּנָיו אֵלֶיךָ וַיַּחַנְךָ.          (קהל-כֵּן יְהִי רָצוֹן)          יִשָּׂא יי פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ          שְׁלוֹם.          (קהל-כֵּן יְהִי רָצוֹן)</p>
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### 26. Sim Shalom

<p>Grant peace, goodness and blessing, grace, kindness and mercy, to us and to all Your people Israel. Bless us, our Creator, all of us together, through the light of Your Presence. Truly through the light of Your Presence, Adonai our God, You gave us a Torah of life – the love of kindness, justice and blessing, mercy, life, and peace. May You see fit to</p>	<p>Sim shalom ba'olam, tovah uv'rakhah, <u>h</u>en vahesed ve'rah<sup>h</sup>amim aleinu ve'al kol yisra'el amekha. Bare'khenu avinu kulanu, ke'e<sup>h</sup>ad be'or panekha, ki ve'or panekha natata lanu, adonai eloheinu, torat <u>h</u>ayim ve'ahavat <u>h</u>esed, utse'dakah uve'rakhah ve'rah<sup>h</sup>amim ve'<u>h</u>ayim ve'shalom. Ve'tov be'einekha le'varekh et ame'kha yisra'el be'khol et</p>	<p>שִׁים שְׁלוֹם בְּעוֹלָם טוֹבָה          וּבְרָכָה, חַן וְחֶסֶד וְרַחֲמִים,          עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל עַמְּךָ.          בְּרַכְנוּ, אֲבֵינוּ, כְּלָנוּ כְּאֶחָד          בְּאוֹר פְּנִיךָ, כִּי בְאוֹר פְּנִיךָ          נִתַּתְּ לָנוּ, יי אֱלֹהֵינוּ, תּוֹרַת          חַיִּים וְאַהֲבַת חֶסֶד, וְצְדָקָה          וּבְרָכָה וְרַחֲמִים וְחַיִּים          וְשְׁלוֹם, וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ          אֶת עַמְּךָ יִשְׂרָאֵל בְּכָל יְעַת          וּבְכָל שְׁעָה בְּשִׁלּוּמֶךָ.</p>
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<p>bless Your people Israel at all times, at every hour, with Your peace.</p>	<p>uve'khol sha'ah bishlomekha.</p>	
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## 28. B'sefer Hayim

בְּסֵפֶר חַיִּים, בְּרַכָּה וְשָׁלוֹם, וּפְרִנְסָה טוֹבָה, נִזְכֵּר וְנִכְתֵּב לְפָנֶיךָ, אֲנַחְנוּ וְכָל עַמְּךָ בֵּית יִשְׂרָאֵל,  
לְחַיִּים טוֹבִים וְלְשָׁלוֹם. בְּרוּךְ אַתָּה יי, עוֹשֵׂה הַשָּׁלוֹם

Be'sefer hayim be'rakha ve'shalom ufarnasah tovah, nizakher ve'nikatev lefanekha,  
anahnu ve'chol ame'kha beit yisra'el, le'hayim tovim ule'shalom. Barukh ata adonai  
oseh hashalom.

Inscribe us for life, blessing, peace, and prosperity, remembering all  
Your people Israel for life and peace. Blessed are You, Adonai, Source of peace.

## 27. Adon Olam

<p>Sovereign of the world, who ruled before any creature was created. At the time they were made, all was according to God's will, and then God's name was called "Ruler". And after everything was finished, God alone ruled, awe-inspiring. God was, is, and will be with splendor.</p> <p>God was first, with no second, to rule over God or to collaborate; with no beginning and no end, God has the strength and the right.</p> <p>Adonai is my God, my redeemer is alive; the rock who sustains me in a</p>	<p>Adon olam, asher malakh, be'terem kol ye'tzir nivra. Le'et na'asah ve'heftso kol, azai melekh she'mo nikra.</p> <p>Ve'aharey kikhlot hakol, le'vado yimlokh nora. Ve'hu hayah, ve'hu hoveh, ve'hu yihe'yeh be'tifarah.</p> <p>Ve'hu ehad, v'ei sheni. Le'hamshil lo, le'habirah. Be'li reshit, be'li takhlit, ve'lo ha'oz ve'hamisrah.</p> <p>Ve'hu Eli, ve'hai go'ali, ve'tsur hevli be'et tsarah.</p>	<p>אָדוֹן עוֹלָם אֲשֶׁר מָלַךְ. בְּטֶרֶם כָּל יְצִיר נִבְרָא: לֵעֵת נַעֲשֶׂה בְּחִפְצוֹ כָּל. אֲזִי מֶלֶךְ שְׁמוֹ נִקְרָא:  וְאַחֲרֵי כִכְלוֹת הַכֹּל לְבַדּוֹ יִמְלֹךְ נוֹרָא: וְהוּא הָיָה וְהוּא הוֹה. וְהוּא יְהִי בְּתַפְאָרָה:  וְהוּא אֶחָד וְאֵין שֵׁנִי. לְהַמְשִׁיל לוֹ לְהַבִּירָה: בְּלִי רֵאשִׁית בְּלִי תַכְלִית. וְלוֹ הָעֵז וְהַמְשָׁרָה:  וְהוּא אֵלִי וְחֵי גּוֹאֲלִי וְצוּר חֲבְלֵי בְעֵת צָרָה:</p>
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<p>distressful day. God is my banner and refuge, the portion of my cup on the day I call out.</p> <p>In God's hand, I safeguard my spirit; when I sleep, I will wake. And with my spirit is my body; God is for me, and I will not be afraid.</p>	<p>Ve'hu nisi umanos li, me'nat kosi be'yom ekra.</p> <p>Be'yado afkid ruhi. Be'et ishan ve'a'irah. Ve'im ruhi ge'viyati, Adonai li ve'lo ira.</p>	<p>וְהוּא נִסִּי וּמְנוֹס לִי. מִנַּת כּוֹסִי בְּיוֹם אֶקְרָא</p> <p>בְּיָדוֹ אֶפְקִיד רוּחִי. בְּעֵת אִישָׁן וְאֶעִירָה וְעִם רוּחִי גִוְיָתִי. ה' לִי וְלֹא אֵירָא</p>
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*L' Shanah Tovah TiKatevu*