

Leading *P'sukei d'Zimra* (including *Birkhot ha-Shahar*) on Zoom

TRADITIONAL *KAVVANAH* (ORIENTATION): These personal prayers are designed to be engaged with individually, at one's own pace, as a "warm-up" for communal prayer. Set a pace aloud that the other participants can follow (or depart from, as suits their own need at the moment). Establish a prayerful mood, creating the space for noticing and embodying gratitude. Encouraging singing or other group participation is *not* required.

Alternatively, it is not necessary to *davven*. Instead, you can lead a song that based upon a passage from the prayer or psalm in question (perhaps with a bit of explanation).

PAGE(S)	PRAYER	NOTE	TIME MARK*
103–104	<i>Birkhot ha-Shahar</i> Morning Blessings**	Chant aloud to middle of p. 104, allowing for <i>Amen</i> response after each blessing; continue individually; chant <i>hatimah</i> (conclusion).	00:12–1:36; 1:50–2:00
112	ORIENTING PSALMS Psalm 92 (on Shabbat)	Chant start and end; optional to chant select passage(s).	2:28–5:35
(113) (114)	Psalm 27 (<i>as seasonally appropriate</i>) Psalm 104 (<i>on Rosh Hodesh only</i>)	Chant start and end; optional to chant select passage(s).	—
120	Psalm 30 (for dedication)	Chant start and end; optional to chant select passage(s).	5:35–8:12
122	<i>P'sukei d'Zimra</i> Opening: <i>Barukh she-Amar</i> **	Chant 1st 9 lines aloud; continue individually; chant <i>hatimah</i> .	08:17–9:43
136	<i>Ashrei</i> (Psalm 145 with additions)**	Chant start and end; optional to chant select passage(s).	9:43–11:38
139	Psalm 148	Chant start and end; optional to chant select passage(s).	11:46–14:00
141	Psalm 150**	Chant start and end; optional to chant select passage(s).	14:00–16:21
145–147	Closing, part 1: <i>Nishmat</i> **	Chant first line aloud; continue individually; optional to chant select passage(s); chant quotation at bottom of p. 146, introduced by <i>ka-amur</i> ; finish chanting top of p. 147.	16:28–21:51
147	Closing, part 2: <i>Shokhein Ad</i> **	Chant the 6 lines at the 1st arrow.	21:52–23:21
148	Closing, part 3: <i>Yishtabah</i> **	Chant first 4 words; continue individually; chant <i>hatimah</i> .	23:22–25:09

* Video of Rabbi Botnick, 6/12/20: [facebook.com/watch/live/?v=2435210300102338&ref=watch_permalink](https://www.facebook.com/watch/live/?v=2435210300102338&ref=watch_permalink)

See also: [virtualcantor.com/shabbatPesukei.htm](https://www.virtualcantor.com/shabbatPesukei.htm)

**Required, according to *halakhah* for public worship.