



FOREST HILL
JEWISH CENTRE

NEWSFROMTHEHILL

WEEKLY NEWSLETTER

Jan 25/26 2019

Parsha: Yisro pg. 394

SHABBATTIMES

Friday Night:

5:01 PM Mincha

5:01 PM Candle Lighting

Shabbat Morning:

8:30 AM Parsha Class

9:00 AM Shacharis

9:00 AM Supervised Play For Kids

10:00 AM Kids Programming

11:00 AM Rabbi's Sermon

Shabbat Afternoon:

Say Shema by 9:44am

4:45 PM Mincha

6:10 PM Havdallah

11:00am Sermon: The Rabbi

11:20 Alternate Class with Rabbi Appelrouth—2nd Floor, Weekday Chapel

Title: Today...or Tomorrow?

Shalosh Seudos Speaker: Andrew Goldstein

KIDDUSH SPONSOR

Kiddush this week is sponsored by Jacques Philosophe in honour of his Mother,
Marie Philosophe's Yahrzeit

Thank you to Gary Landon and Donna Smith for Sponsoring last week's
Kid's Tu'Bshvat and Weekly Kiddush

(Kiddush is in The Goose Family Banquet Hall)

Mazel Tov to Meira Sheilds and Yehuda Levi on the birth of a baby boy!

PHOTOS OF THE WEEK

WELCOME TO OUR YOUTH LEADERS FROM ISRAEL

HODAYA COHEN & TCHIYA CHANUKA

This is their FIRST Shabbat at FHJC!

Please come and meet them at the kids program on the
2nd floor (see photo to the right)

&

A Big THANK YOU to **FHJC Teens** from the **Bar/Bat Mitzvah**,
Live2Give and **Learn & Earn Programs** who helped with
preparing hospital care packages with toiletries, get well
cards, & Shabbat candles for those in hospitals throughout
the GTA. We had the incredible opportunity to hear from a
recipient of chessed from Bikur Cholim Toronto. Teens and
parents shared a special night doing chessed and learning
about its impact on someone's life.



Interested in
singing in a choir?
Have experience
as a choir master?
Let us know!
Email
fhjcchoir@gmail.com
by February 8, 2019

PRACTICE WILL TAKE
PLACE AT FHJC
ONCE A WEEK!

FOR MORE INFORMATION
[FHJCCHOIR@GMAIL.COM](mailto:fhjcchoir@gmail.com)
WWW.FHJC.CA

The Weekday Chapel Parochet (curtain for the Aron Kodesh) is available for dedication.
For details, please contact Rabbi Mordechai Bookbinder (rabbi.mordechai@fhjc.ca).

UPCOMING PROGRAMS

Jan 25 4:45 PM Teen Friday Night Dinner
Jan 30 7:00 PM Cooking Series; Sushi, 7pm
Jan 31 11:00 AM Women's Parsha Class with Rabbi Elie
Feb 6 8:30-9:15 PM Israel Then & Now with Rabbi Appelrouth - The Historical Fight
Feb 9 12:15 PM Family Kids Kiddush
Feb 9 8:00 PM Saturday Night Live with **Eli Lebowicz**
Feb 13 8:30-9:15 PM Israel Then & Now with Rabbi Appelrouth - Who Needs Who?
The Diaspora & the Holy Land

Feb 20 8:30-9:15PM

Mar 1/2
Mar 3 4:00-6:00 PM
Mar 20
Mar 21 6:45 AM
Mar 28
Mar 30
May 5
May 12

Israel Then & Now with Rabbi Karfunkel
The Kabbalah of Israel & its Cities
Friday Night Dinner & Shabbaton w/ **Aleeza Ben Shalom**
Pre-Purim Family Party
Megilah Madness
Super Shachris, Megilah & Breakfast
Cholent Cookoff
Cholent Competition
Commemoration of Kindertransport with Live Performance
Women's Brunch & Mikvah Grand Opening

What our belly needs

Coming back from Israel I can tell you one thing for sure: our bellies do not need the all-you-can-eat breakfast buffet in the kosher hotels in Jerusalem. So what does our belly need?

The first time G-d gave the 10 Commandments it was with pomp and circumstance. The result was the sin of the Golden Calf. The second set of tablets were delivered more modestly, and those tablets lasted forever. If the rule is that things that come with fireworks don't have longevity, why did Hashem not give us the first tablets without pomp and circumstance?

The answer is that although the first tablets were not going to last, it did provide us with a spark of excitement. Perhaps Hashem was telling us that when we do something, the initial interaction needs to be filled with excitement and exuberance. Without the initial fire in the belly, long term commitment is also unlikely.

I am so grateful to have had the opportunity to go to Israel with Shlomo this past week. In addition to all the waffles and yogurts, Shlomo and I were able to put something very special in our bellies. The thing that is really needed is the special fire that connects us to The One Above. That is really what The Holy Land of Israel can provide for all of us.

Good Shabbos, Stay Jewish, Live Jewish,
Rabbi Elie

UPCOMING PROGRAMS

TEEN Friday Night Dinner

FOR MORE INFORMATION AND TO RSVP
DALIA@FHJC.CA / 416-483-0883 EXT. 225
WWW.FHJC.CA

\$35 / ADULT
(AGES 13+)
\$18 / KIDS
(AGES 3-12)

Teens participating
in FHJC Bar/Bat
Mitzvah Program,
Live2Give, or
Learn & Earn FREE!

January 25, 2019

4:45 PM CANDLE LIGHTING
Welcoming Shabbat
with Rifky Karfunkel
6:00 PM DINNER

Eric Chotguis

A BRAZILIAN SUSHI CHEF

WED. JAN. 30 / 7PM

COST \$25 MEMBERS / \$30 NON MEMBERS

FOR MORE INFORMATION DALIA@FHJC.CA
416-483-0883 EXT. 225 WWW.FHJC.CA

Brazil-Japan FUSION NIGHT

ISRAEL

THEN & NOW

Wednesdays / 8:30-9:15 pm
FHJC WEEKDAY CHAPEL

FEBRUARY 6 The Historical Fight Over Israel with Rabbi Appelrouth
FEBRUARY 13 Who Needs Who? Diaspora and the Holy Land with Rabbi Appelrouth
FEBRUARY 20 The Kabbalah of Israel and its Cities with Rabbi Karfunkel

FOR MORE INFO
DALIA@FHJC.CA AND 416-483-0883 EXT 225 WWW.FHJC.CA

SATURDAY NIGHT LIVE

Jewish Comedy Night with Eli Lebowicz

Saturday, February 9 / 8:00 PM

FOR MORE INFORMATION DALIA@FHJC.CA
416-483-0883 EXT. 225 WWW.FHJC.CA

COST
\$35 / MEMBERS \$40 / NON MEMBERS
REFRESHMENTS SERVED

LOVERS & LEARNERS OF CARDS: WINTER CANASTA SESSIONS

learn to play canasta
FULL 6 WEEK COURSE / OPEN GAMES

TO REGISTER OR FOR MORE INFORMATION
DALIA@FHJC.CA / 416-483-0883 EXT. 225 WWW.FHJC.CA

NEXT WEEK SHABBAT TIMES

Shabbat Feb 1- Feb 2, 2019

Minchah 5:11pm Candle Lighting: 5:11pm
Shacharis: 9:00am Shema by 9:44am
Minchah: 4:55pm Havdallah: 6:20pm

NEXT WEEK DAVENING TIMES

January 27 2019 - February 1, 2019

Mon/Thurs 6:50am Tues/Wed/Fri: 7am Sun: 8am

Weekday morning Daf Yomi Class (Daily Talmud Page)

7:40am-8am: Mon- Fri morning Breakfast class with the Rabbi
(The Daf Yomi & Breakfast Class take place in the Weekday

BIRTHDAYS ANNIVERSARIES YAHRZEITS

Birthdays

Clara Levy 1/25
Hayley Elituv 1/25
Olivia Bessin 1/26
Gad Sabbah 1/30

Yahrzeits

Jacques Philosophie's Mother, Marie Philosophie, 19 Shevat, 1/25
Elana Metter's Father, Fred Metter, 20 Shevat, 1/19
Bernard Green's Mother, Sarah Green, 22 Shevat, 1/28
Peter Witz's Father, Paul Witz, 23 Shevat, 1/29
Eve Bergstein's Father in Law, Samuel Bergstein, 23 Shevat, 1/29
Elizabeth Becker's Father, Larry Becker, 24 Shevat, 1/30

THE ALBERT & TEMMY LATNER



FOREST HILL
JEWISH CENTRE



OHR SOMAYACH

360 SPADINA RD.
TORONTO, ON M5P 2V4

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416-483-0883