

**FHJC BULLETIN**  
**PARSHAS VA'ERA**  
**JANUARY 12/13—SHEVAT 3**

**SHABBATTIMES**

**Friday Night Services: 4:35 PM**  
**Candle Lighting: 4:45 PM**  
**Rabbi YY Green's Parsha Class: 8:30 AM**  
**Shabbos Services: 9:00 AM**  
**Rabbi Goodman's Sermon: 11:00 AM**  
**Rabbi Jackson's Class: 11:20 AM**  
**"Why Those Plagues?"**  
**Mincha: 4:30 PM**  
**Adventures in Halacha with Rabbi Goodman**  
**Havdallah: 5:51PM**

**RABBI'S DESK**

I feel honoured to sit behind "Rabbi Elie's desk" and write to you this week. Wishing him and all those joining him on this mission blessing and success!

One week ago was the yahrzeit of the Baal HaTanya, the first Rebbe of Chabad, Rav Shneur Zalman of Liadi Zt"l. R' Yitzchak Meir Morgenstern writes that right before the Baal HaTanya's passing, he asked for a cup of coffee to make havdalah on. Because sometimes at the end all a person can do is hope. Coffee in Yiddish is Kaveh and the Hebrew word Kaveh means to hope.

The images of tens of thousands of Jews gathered in prayer at the Kosel brought to mind a story that took place over 50 years ago. In December of 1970, Reb Shlomo Carlebach and a group of Jews were singing and praying for the Jews of the Leningrad trials. Late into the night they received the news that the Russian Jews had been sentenced to death. A feeling of despondency swept through the crowd and a dismayed Reb Shlomo began to put his guitar away. A holy Jew next to him said "How can you put it away? Now is the time to write a new song!" Reb Shlomo proceeded to play a beautiful melody to the words we say every morning before Shmoneh Esreh. "*Motzi Asirim Ufodeh Anavim, Ozer Dalim V'Oneh L'Amo Yisrael B'Eis Sha'avam Eilav*" Hashem takes out the prisoners and redeems the humble ones, He helps those in need and answers His nation Israel when they call out to Him.

Those humble Russian Jews' death sentences were commuted and they were ultimately released from imprisonment.

As we approach 100 days since the horrific events of Simchas Torah, I have definitely had moments where the future has looked quite bleak. It is overwhelming to think about and feel what our brothers and sisters whom are still being held hostage have undergone and continue to go through. As we read the Parshiyos of redemption, where God showed the world that "*Bnei Bchori Yisrael*" The Jews are my firstborn son (Shmos 4:22), redeeming us from the bondage and torture of the Egyptians with a mighty hand and outstretched arm; let us drink Jewish coffee together, don't put away the guitar! Now is the time to write a new song!

"*Kaveh el Hashem Chazak Vyaamez Libecha V'Kaveh El Hashem.*" Hope to Hashem, strengthen your heart, and hope again. (Tehillim 27)

"*V'Sham Nashir Shir Chadash Uvirnana Na'aleh*" And there we will sing a new song, and in joy we shall ascend. (Friday night Zemirots)

With Love and Hope,  
Rabbi Moshe Fordsham (Kollel Scholar, Forest Hill Community Kollel)

**This Week's Kiddush is sponsored by Sarah & Morris Perlis  
in memory of the Yahrzeit of Sarah's mother,  
Dora Baseman z"l**

**THANK YOU** to all those who donated to our Israel Mission Fund. The list is ever growing.  
If you wish to make a donation to help those in Israel, please visit: [fhjc.ca/israel-mission-donation](http://fhjc.ca/israel-mission-donation)

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Marion Witz  
Rose Zanouz  
Arthur & Kathy Zilbert

### **Adopt-a-Hostage**

Recognizing that hostage posters are continually being ripped down, Gary Chapman is suggesting that volunteers agree to "adopt" 3 – 4 names of hostages. The volunteers would be responsible for posting those 3 or 4 posters in conspicuous places and checking every few days to ensure that they stay up. This way, we can have all the hostages remaining posted all the time.

Supplies will be provided. Please speak to Gary Chapman for more details.

**If you are interested in joining a group of women to say Tehillim (psalms) together, please reach out to Rifky at 416.707.9186**

### **UPCOMING THIS WEEK**

Sunday, January 14 - 8:45 AM Maharal in the Morning with Rabbi Goodman

Tuesday, January 16 - 1:00 PM Derech Hashem with Rabbi Goodman

Thursday, January 18 (**Canceled**) - Women's Parsha Class with Rabbi Elie

**Services** - Sunday 8:00 AM, Tuesday, Wednesday & Friday 7:00 AM, Monday & Thursday, 6:50 AM  
Mincha/Ma'ariv this week 4:55 PM

### **Hannah Zilbert's Riddles**

Q: What do you call a train that sneezes?

### BIRTHDAYS

Elliott Gwosdy 1/13  
Max Freeman 1/17  
Joel Prusky 1/18  
Dylan Gottesman 1/18  
Michele Herczeg 1/19

### Yahrzeits

Louis Sheff, 3 Shevat, 1/13 Father of Allan Sheff	Harvey Cooper, 7 Shevat, 1/17 Uncle of Ian Taub
Clara Dichter, 4 Shevat, 1/14 Mother of Esther Rosenberg	Gertrude Tissenbaum, 8 Shevat, 1/18 Mother of Steven Tissenbaum
Dora Baseman, 5 Shevat, 1/15 Mother of Sarah Perlis	Be'er Schwartz, 8 Shevat, 1/18 Father of Anne Cymet
Binyamin Katz, 7 Shevat, 1/17 Father of Lorne Katz	Max Hager, 9 Shevat, 1/19 Father of David Hager
	Yacov Ben Ifin, 9 Shevat, 1/19 Grandfather of Jacob Moshinsky

Thank you our previous volunteer greeters:  
**Menny Grauman, Gary Landon, Jacky Vidal**

We need **YOUR** help: Being a volunteer greeter has never been more important than now.  
Please speak to Gary Landon if you are able to help us out.  
Formal training will be arranged in the near future.

**Follow Rabbi Elie and share in his experience while in Israel.**  
**You can join the whatsapp group in the body of the email newsletter**

A: Achoo-choo train!

## Upcoming Events @ The FHJC!

**Shabbos, April 5 - 7, 2024**

### **Rabbi Mordechai Becher Scholar-in-Residence Shabbaton**

Rabbi Becher is fascinating, enlightening and always entertaining.

Be sure to join our upcoming Shabbaton with him

**Thank you to Joe & Nancy Dason for sponsoring this Shabbaton!**

**Monday, June 3rd, 2024**

### **The Albert & Temmy Latner Forest Hill Golf Classic**

Held each year at Wooden Sticks, it's a great day on the green. Everyone wins prizes, everyone eats well and everyone has a great time. Reserve the date and help the Centre with our most important fundraising event of the year!

**May 26 - June 2, 2024**

### **Living Legacy Poland Mission with Rabbi Elie**

***We would like to thank the following for their Generous Dedications and Sponsorships***

#### **Aliyah Donations**

Barouch Chai, Bernie Green, Gad Sabbah, Dr. Eric Saibil, Arthur Zilbert

#### **General Donations**

Josh & Stacy Hertz, Jay Lawrence, Carol Silverstein

#### **Yahrzeit Donations**

David Galaun, Manuel Nedvedovich

Please **DO NOT** remove any of the "Kidnapped" posters  
If you see someone removing them, kindly ask them not to.

Contact [nancy@fhjc.ca](mailto:nancy@fhjc.ca), for questions related to this.



TRAVEL TO POLAND WITH A  
HOLOCAUST SURVIVOR AND BE PART  
OF THE LAST GENERATION IN HISTORY  
TO HEAR LIVE TESTIMONY...  
THEIR LEGACY WILL SOON BE OURS.



Join with Rabbi Elie...

**MAY 26-  
JUNE 2  
2024**

**\$399USD\* + Flight** (20-29 yrs old)  
**\$1149USD + Flight** (30-44 yrs old)  
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PER PERSON | BASED ON DOUBLE OCCUPANCY  
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**TRIP HIGHLIGHTS INCLUDE:**

- Travelling with a Survivor
- Experienced guides
- Inspirational leaders
- Kosher meals
- Hotel accommodations
- Coach transport

**The time is now to take  
the journey to Poland  
with a Survivor.  
This trip will change  
your life forever.**

We are actively seeking corporate and  
private donors to support our campaign to  
send as many Jewish young professionals  
to Poland with a Survivor, while they can  
still travel there... time is running out!

For more information and to register, please visit  
[thelivinglegacy.ca](http://thelivinglegacy.ca) or email  
Isaac Osiel, Trip Chair at [isaac@sourceimaging.com](mailto:isaac@sourceimaging.com)