

FHJC BULLETIN
August 5/6 2022 /9 Av, 5782
PARHSAS DEVARIM

Weekday Davening Times

Shacharis: Tisha B'Av, Sunday—9 AM / Tuesday, Wednesday & Friday – 7 AM / Monday, Thursday – 6:50AM
Mincha/Ma'ariv this Week 6:55 PM

SHABBATTIMES

Friday Night Services start at 6:50 PM
Early Candle Lighting 7:06PM - Not after 8:18 PM
Parsha Class 8:30 AM
Shabbos Morning Services 9:00 AM
Rabbi's Sermon 11:00 AM
Pre Tisha B'Av Shiur 4:00 PM
Mincha 4:30 PM
Shalosh Seudos - On Your Own—Must finish by 8:35 PM
Special Candle Only Havdalah - 9:13 PM
Ma'ariv and Eicha 9:40 PM

RABBI'S DESK

This July has been a whirlwind for me. I have never been here and there and back again so many times as I have this July. I finally have a new appreciation for people that travel for business. Being away offers you a chance to see old friends and make new ones, a chance to reinvigorate yourself. But we all know there is no place like home. Just like grapes are best grown in France and oranges in Florida, a Jew grows best in Israel. It is not coincidental that this happens, but factors are created to get the greatest output in these locals. Alas, without the Beis Hamikdash we just don't grow the same as we should.

We talk about a lot of things during the 9 days, but ultimately, we will only realize how much we lost once we have the Temple. At that point, we will feel Hashem's presence; and all the struggles that we have had will be seen as opportunities. All the pain that we have experienced will feel like the sun splashing on our face. But until that time, we continue to wait for that day.

Wishing you all a meaningful Tisha B'Av
Rabbi Elie

THIS WEEK'S KIDDUSH IS AVAILABLE FOR SPONSORSHIP

TISHA B'AV SCHEDULE — PLEASE SEE BACK PAGE

TISHA B'AV NOTES

- 1) This year there is no traditional Seudah Ha'Mafesekes (final meal with hard-boiled egg). Instead, we will daven Mincha earlier than usual, at 4:30 PM. Prior to this, I will be offering an Erev Tisha B'Av shiur at 4:00PM. After Mincha, everyone returns home for Shalosh Seudos. One may eat meat and drink wine at this meal and sing Shabbos Zemiros as on any other Shabbos. On Shabbos afternoon one should not take pleasure walks.
- 2) One may take slow release Tylenol pills before the fast.
- 3) The Fast with its restrictions (i.e., eating & drinking, bathing & washing, anointing, etc.) begins immediately at sunset (8:36 PM). As we do not engage in any of the public rites of mourning on Shabbos, we do not sit on the floor or change from our Shabbos clothes and leather shoes until after the official conclusion of Shabbos (9:13 PM). Maariv will be delayed till 9:40 PM.
- 4) A declaration of Havdallah (Boruch Ha'Mavdil Bein Kodesh L'Chol) should be recited at the conclusion of Shabbos (after 9:13 PM). [Note: A formal Havdallah is not recited this Motzei Shabbos but rather is postponed until Sunday evening following the Fast.] After the declaration, Tisha B'Av footwear should be worn and one should move from a regular seat and sit low to the floor.
- 5) As mentioned, the traditional Havdallah is not recited, but rather postponed until Sunday evening after the Fast. However, the bracha of "Borei Me'orei Ha'Aish" (on the Havdallah candle) will be recited following Ma'ariv at Shul. (If one was not present in Shul for this, it can be done at home throughout the night.)
- 6) The reading of Eicha will begin at 9:50 PM (sharp).
- 7) On Tisha B'Av there are five basic restrictions -- as on Yom Kippur:
 - a. No eating and drinking
 - b. No bathing or washing. After using the restroom one should wash one's hands until the knuckles (if one's hands are soiled, however, they should of course be washed). Upon rising in the morning, one should also wash "Neggel Vasser" (Netilas Yadayim) only until the knuckles.
 - c. No anointing of lotions, colognes and perfumes. This includes cosmetics and make-up, but does not include deodorant.
 - d. No leather footwear should be worn.
 - e. No marital relations.
- 8) On Tisha B'Av, traditional Torah study is suspended as it brings "gladness to the heart." Certain Torah topics which reflect the spirit of the day are studied instead. After our explanatory Kinot shachris service, Rabbi Meir Goodman will deliver a shiur on the tragic Talmudic story of Kamtza and Bar Kamtza.
- 9) On Tisha B'Av we do not greet each other -- even with the customary "Good Morning." If someone initiates a greeting the response should be soft and somber. The reason for returning the greeting, albeit somberly, is so as not to provoke ill-will.
- 10) Tallis & Tefillin are not worn in the morning during Shacharis (9 AM), but are worn at Mincha (7:20 PM) instead. Our Shachris Davening will likely go from 9:00 AM -11:55 AM, and Rabbi Goodman's shiur will follow. Please make an effort to come back out for our late-afternoon Tisha B'av program featuring Rabbi Idels who will enthrall all of us with a Temple slideshow. After Mincha we have 2 video presentations from Rabbi Krohn and Charley Harary which will lead us into Ma'ariv.
- 11) Midday (Chatzos Ha'Yom) is at 1:23 PM. At this time, we may return to a regular chair and those who customarily go to work on Tisha B'Av may do so. It is always preferred that one not engage in work that brings distraction from the Fast even after midday.
- 12) Maariv will take place at 9:10 PM, and the Fast ends at 9:21 PM. Before breaking the fast, Havdallah is recited on a cup of wine/ grape juice. The Havdallah begins from Borei Pri Ha'Gafen. (The bracha over Be'samim is omitted, and the bracha of Borei Me'Orei Ha'Aish was already recited the evening before.) If a child isn't present to drink the wine / grape juice of Havdallah, an adult can drink it. Havdallah can also be recited on beer (with a bracha of Shehakol instead of Borei Pri Ha'Gafen).
- 13) Please remember, on Tisha B'Av there are certain leniencies with regard to the actual fasting. If in doubt whether or not one should be fasting, questions should always be asked -- preferably in advance of the Fast. Obviously if it is a matter of Pikuach Nefesh (preserving life), action should be taken immediately.
- 14) If an adult needs to eat on Tisha B'Av following Shabbos, (e.g. a Choleh (sick person), a pregnant or nursing mother, etc.) Havdallah is required first. The procedure is the same as mentioned in step #13 above. A child between the ages of 6-9, should drink the majority of the cup. If no child is available, the adult should drink a cheek-full (approximately 1.6 ounces). It is preferable to use grape juice instead of wine.
- 15) As this year Tisha B'Av is a "Nidcheh" (postponed) and observed on the tenth of Av, all restrictions of the Nine Days are lifted immediately following the Fast. However meat, wine, should not be eaten and music should not be played until Monday morning.
- 16) A yasher koach to my college, Rabbi Males, for contributing most of the content above.

WHAT'S NEW WITH YOU-TH

FALL PRE-SHABBAT MUSIC CLASS

Registration is now open for the FHJC's Fall session of the Pre-Shabbat Music Class with Deborah Maes. Classes begin Friday September 9th.

Class is 11:15am

To register visit: <http://fhjc.ca/tots-music-fall-2022>

STYL - Solomon Teen Youth Leadership

Registration is now open to apply for this year's **STYL Program**. An exciting initiative for Students in Grades 10 - 12 who want to make a difference in the Community. It's a chance for them to earn some money (or Volunteer hours) while learning hands-on leadership skills. Space is limited.

The Solomon Teen Youth Leadership Program was created for like-minded Teens to be part of a fun and dynamic leadership training initiative with the participation of Jewish Leaders of our community.

Students in this Ivy League program attend a weekly 2 hour seminar which includes; engaging varied topics and conversations lead by Rabbi Elie Karfunkel, guest speakers (community leaders, philanthropists etc.) and a delicious buffet dinner.

Topics such as models of leadership, communication skills and personal leadership are among the topics discussed all with core Jewish values.

For more details contact Rich at rich@fhjc.ca.

To submit an application visit www.fhjc.ca/styl

NEED HIGH SCHOOL VOLUNTEER HOURS...?

Are You looking for High School Volunteer hours? Then We are looking for You!

The FHJC Youth department have many opportunities to earn your required hours. Weekly Programs, Shabbat and High Holidays, Carnivals and Trips, Learning Programs and so much more.

For details, contact Rich at rich@fhjc.ca or [647-278-2284](tel:647-278-2284).

PRE- ROSH HASHANA FAMILY FAIR

Hold the date....SUNDAY SEPTEMBER 11TH

This year kicks off with our pre Rosh Hashana Family Fair. There will be something for everyone! The event includes: a Honey Bee and tasting demonstration, Games, Inflatables, a Compact Live Animal Petting Zoo, Face Painting, Photo Booth, Balloon Animals, Arts & Crafts, Fun Foods and so much more! Don't Miss it!

Teen Vounteers needed...Earn Volunteer hours!

Contact Rich at rich@fhjc.ca

THANK YOU

Thank you to the Peters family for donating toys, prizes and giveaways to the FHJC Youth department. It is greatly appreciated.

***The Forest Hill Jewish Centre YOUTH
....The CENTRE of it all!***

IMPORTANT SECURITY INFORMATION

Unfortunately there has been a significant increase in attempted break-ins and vandalism at facilities in our community. Under no circumstance should doors be propped open at The Centre.

TISHA B'AV SCHEDULE

IF YOU HAVE YOUR OWN KINOS FOR TISHA B'AV, PLEASE BRING IT

Everyone must finish Shalosh Seudos before 8:35 PM when the fast begins
Ma'ariv & Megillah Eicha: 9:40 PM

Sunday, Aug 7th

Shacharis & Kinos: 9:00 AM

Reb Yisroel Idels: An Audio/Video Presentation on The Temple and it's Architecture –
from an Architect's Point of View 5:30 PM

Mincha: 7:20 PM

Tisha B'Av Video Presentation 8:00 PM featuring:

Rabbi Paysach Krohn: Is Your Kindness Doing What It's Supposed To Be Doing?

Charlie Harary: The Unexpected Way to Meet More Amazing People.

Ma'ariv: 9:10 PM

Break Fast: 9:21 PM

BIRTHDAYS ANNIVERSARIES YAHRZEITS

BIRTHDAY

Marc Kadanoff 8/6
Noal Joshua Kazman 8/8
Emma Ruth Spinner 8/8
Kate Prusky 8/9
Jordan Ducoffe 8/9
Timi Liora Gobert 8/10
Chloe Spinner 8/10
Hilary Lipkin 8/10
Amy Sheff 8/11
Darren Gluckman 8/12

UPCOMING YAHRZEITS

Yonatan Chaim, 9 Av, 8/6
Son of Norman Kahn

Rae Appleby, 13 Av, 8/10
Mother of Paul Appleby

Annie Raphael, 14 AV, 8/11
Bubbe of Steven Raphael

Ida Levine, 14 AV, 8/11
Mother of Michelle Pincus

Terry Kates, 14 Av, 8/11
Sister of Betty Winston

Mara Bluvshateyn, 15 Av, 8/12
Mother of Rita Serebryany
and Grandmother of Carmela Serebryany

ANNIVERSARIES

Ernie & Bonnie Singer 8/6
Meny & Mariam Grauman 8/8
Jacky & Naomi Vidal 8/9