

KOL YONAH

Voice of the Dove



THE LISTS: SPEAKING NAMES TO GOD MESSAGE FROM THE (LAY) PULPIT

This week we begin the book of Exodus; it's called that because it contains the Exodus story, but in Hebrew its name is Sh'mot which means names. The first four verses list the names of the sons of Jacob whose families went down to Egypt. The Torah includes many genealogical lists, in fact, from the long *begats* to the census at the opening of B'Midbar, laying out our ancestral line.

I've been thinking a lot about lists of names lately, specifically the ones our Temple Administrator forwards the service leaders before each Shabbat. She sends four separate lists, and like the lists of names in Torah, they teach us something important about our Jewish identity.

First, there is a list of simchas—upcoming birthdays and anniversaries. Reading these names aloud is a joyful moment during the service, especially when the one(s) celebrating are present and the room / zoom can wish them Mazal Tov.

Second, there is a list of those in need of healing. At every service, we set aside time to pray for people who are ill, inviting those present to say aloud the names of people they are thinking of. We sing "*Mi Shebeirach*", asking the One who blessed our ancestors to please help our loved ones. Our service leaders approach this portion of the service in varied ways, but the core intention is to say aloud the names of people we love who are sick, joining our voices to recite or sing this prayer for healing. Whether we ask G-d to intercede, or whether we simply lift up the hurt and despair in our hearts to G-d, this is a central component of our worship.

Finally, there are two lists of names of those who are no longer with us. One has names of those who were deported from Nymburk, Czechoslovakia and taken to death camps by the Nazis in June of 1942. We are connected to these souls because the Torah scroll pillaged from their congregation by the Nazis now resides in our ark. The other (fourth and final) contains the names of our members' loved ones who have died recently or at this time in seasons past. This list includes names of those maintained since our congregation was founded nearly 87 years ago because members asked us to be guardians of their memories. Here we look backwards rather than forwards and say the names of those who have died during the previous week before we rise as one congregation to recite the Mourner's Kaddish.

Maintaining these lists is an essential function of a Jewish congregation. We are indebted to Margaret Rice and dedicated member volunteers Maeve Sell and Ellen Grady who assist her in keeping careful track of our temple family, including those who are celebrating, those who are ill, those who are mourning, and those to whom our Torah scroll binds us. Many make donations on the occasion of a *yahrzeit* or when they add a name to the *Mi Shebeirach* list to support this recordkeeping effort.

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BAMM*!

Be the one who makes it happen.

For the ones who came before you.

For the ones who come after you.

For you.

*Be A Minyan Maker



PUBLIC MENORAH LIGHTING



Celebrating the First Night of Hannukah at Hurkamp Park



Thank you!

David Coman, Rob Jobrack, Jim Javinsky, Melanie Firestone, Jonathan Levin, Michelle and Jim Swanson and Margaret Rice for bringing the lights, music and refreshments, and to all who joined the festivities! Just one candle, but so much light!

Thank you to Alan Mindlin for sharing his wonderful photos of these events.





HANUKAH SHABBAT



Celebrating the Sixth Night of Hannukah on Shabbat

The freezing cold could not stop this party! Thank you to the Swanson Family who made a lovely Shabbat Dinner Hannukah-style, with lots of delicious latkes. Thank you to Michelle Swanson for organizing the raffle, to Toby Levin and Rachel Green for the drawing and announcing of winners, and to Stacy Moore-Aronoff for creating the fabulous balloon backdrop for family photos.



MISCELLANY



SISTERHOOD NEWS

Sisterhood is back and doing great things. Bagel is back and we look forward to seeing you on Sunday morning for bagels and omelets. Make it your Sunday meeting with your family and friends. It's not just for religious school families. Chef Jim had a kids baking and decorating cookies event for the Thurman Brisben Homeless Shelter. The kids did a great job.

The Sisterhood Girls night out was January 8, at Parklane Tavern. We had a great time. Sisterhood is planning a Mitzvah Dinner to honor our religious school teachers. The day is being determined. We hope you will join us in this celebration of our hard working teachers.

The Christmas Eve Dinner at the homeless shelter was a great time. We cooked and served 6 turkeys along with an the usual holiday foods for Christmas. There were no leftovers....

—Michelle Swanson

AN EASY FUNDRAISER

Think of how much you spend on Amazon. You probably don't know, but for most of us it's far more than we'd guess. Now, what if I told you there's a way to raise a bit of money for Beth Sholom, that **costs you nothing** and requires no effort. The **Amazon Smile** feature donates 0.5% of many purchases to the non-profit of your choice. It does not impact the price you pay for anything, and you don't have to remember to do anything once you set it up (which takes five minutes).

[Here's a link to the Amazon page that explains the program.](#)

If you are not already using Amazon Smile, please take a few moments to sign up—it's so easy. If all Temple members did it, it would be like signing up one or two new members who always pay their annual dues and never spill anything on the carpet. It'll take you five minutes, just once. See [here](#) how easy it is to sign up.

PS- If you want a solid estimate of how much you spend without adding up all the individual purchases, go to the *Your Payments* page on Amazon and see how much they say you would have earned if you had an Amazon cashback credit card. Multiply that by 20. That's how much you spent. I was shocked at what my relatively non-consumerist household spent with Amazon in one year.

PSS- Buying electronic gift cards from Beth Sholom for many of your favorite retailers, grocery stores, restaurants, etc. is another way to support BST and offers much higher returns. If you have questions, please contact Ellen Grady at treasurer@bstva.org.

Notes from the Treasurer

Ellen Grady, our indefatigable Treasurer, would also like to remind us all of the many ways we can honor family, friends and temple members while providing financial support to the Temple: Honoring fellow members for their efforts in leading services (and producing them on Zoom), teaching Hebrew and religious school, bar/bat mitzvah tutoring, coordinating, cooking and other preparations for our many events, physical work to maintain the building and grounds and more... All these are done by volunteering members.

We can donate on the occasion of a simcha: bar/bat mitzvahs, weddings, births and birthdays—even a well placed snow day! We can donate in memory of family or temple members.

We can buy plaques for the memorial board and/or for seats in the sanctuary; we can engrave a leaf on the tree of life in the lobby. We can buy a tree to be planted in Israel in honor or memory of someone. Or we can simply make a donation by writing three magic words on a check: Beth Sholom Temple.

And Ellen further reminds us that the RaiseRight gift card program online could be a significant source of financial strength for Beth Sholom if we used it. [Check out the 700 brands](#) that you commonly use in person and online that could be earning BST 1-15% without costing you anything but a few minutes to plan ahead.



MESSAGE FROM THE (LAY) PULPIT, *continued from page 1*

What are the great blessings of our congregation? Celebrating, in community, all that is good in our world, and thanking God. Remembering, in community, those who gave us our lives and our Jewish heritage, and thanking God. Praying, in community, for those in need of healing, and thanking God. Doing this each time we gather for services, we transform names on paper lists to souls lifted up in prayer. We reach back to include those who came before us, reach out to those who struggle, and reach forward to those who come after us. It's a beautiful thing, no?

—Sabina Weitzman,
VP for Religious Life and Education



DONATIONS



DONATIONS TO BETH SHOLOM TEMPLE: July 1, 2022 - December 31, 2022.

Thanks to each and everyone who contributed during these past 6 months. Your contributions, however large or small, are greatly appreciated

2022 END OF YEAR APPEAL: \$57,936.18

Baker, Roger
 Bartley, Robert - In Honor of his wife, Marcia Bartley
 Berman, Louis & Marjorie
 Block, Charles & Constance
 Conrad, Maia & Burton, John
 Contreras, Abelardo
 Davidson, Ruth
 DeSanto, Roberta & Joseph
 Falcon, Eliyahu & Karen
 Finlayson, Caitie & Ian
 Fried, Adam & Rhonda
 Glazman, Alan & Ellen
 Golmant, John & Ruth
 Grady, Allan & Ellen
 Green, Neil & Cindy
 Haas, Richard & Rita
 Hoffman, Daniel & Cynthia
 Holmes, Debra & Norrod, Jennifer
 Ingalls, Steve & Smiley Ingalls, Barbara
 Jobrack, Robert & Judith
 Katz, William & Nancy
 Langer, Herbert & Janet
 Levin, Jonathan & Erica
 Lewis, Richard & Virginia
 Lux, Mark
 Mindlin, Alan & Ilene
 Pearlman, Michael & Eileen
 Pierre, Lemiel & Oddalys
 Ritchie, Kelly & Gregg
 Robertson II, Steve & Wolf, Vivian
 Rosenthal, Laura
 Safren, Richard & Wendy
 Schumann, Brian
 Sell, Maeve and Sargeant, Robert
 Silverberg, Jody & Hank
 Snitkin, Sid & Ann
 Springer, Victor
 Tammy Wolfson and Lisa Herman
 Turco-Rangel, Joan C. & Rangel, Isidro
 Weitzman, Sabina and Camber, Michael
 Whitcomb, Laraine & Gerald
 Wolford, Ella
 Wright, Natalie - In Honor of temple support for when Natalie's sister passed away and In Honor of the caring committee which brought Natalie food after her recent foot surgery
 Yetman, James
 Zarate, Stephanie & Robert
 Zimmerman, Michael & Cynthia

RABBI'S DISCRETIONARY FUND: \$8,184

Fried, Adam & Rhonda
 Grady, Allan & Ellen
 Green, Neil & Cindy
 Haas, Mike & Lisa
 Hoffman, Daniel & Cynthia - In Honor of bris of Arthur Lev Voznyak
 Jobrack, Robert & Judith
 Lewis, Richard & Virginia
 Mindlin, Alan & Ilene
 Rabbani, Isaac & Cheryl

GENERAL FUND: \$2,375.44

Anonymous Donor
 Boger, Paul - In Memory of Leanne Boger and Paul Boger Sr
 Cooper, Douglas & Randee
 DeSanto, Roberta & Joseph - In Memory of Charles M Walton and Edla M Monson
 Finlayson, Caitie & Ian - With our thanks for supporting Ryan and Luke's conversion
 Golmant, John & Ruth - In Memory of John Golmant
 Golmant, John & Ruth - For High Holiday Flower Fund
 Grady, Allan & Ellen - In Memory of Earl Telpinsterin and Geoffrey Grady
 Green, Neil & Cindy - In Honor of Mike Haas as an outstanding mentor and a Torah tutor, who inspires his students with his passion and enthusiasm for Judaism.
 Haas, Richard & Rita - In Memory of Pincus Denis, Sarah Denis, Irwin Denis, Henry Haas, and Sophia Haas
 Hoffman, Daniel & Cynthia - In Memory of Fannie Hoffman
 Hoffman, Daniel & Cynthia - In Honor of Wesley's bris
 Javinsky, Jim & Robin - Pampered Chef proceeds
 Lux, Mark - In Memory of Ida Scotland
 Lux, Mark - In Memory of Etta Lux
 Mindlin, Alan & Ilene - In Memory of Jim Swanson's aunt
 Mindlin, Alan & Ilene - In Memory of Jessica Thomas
 Pierre, Lemiel & Oddalys - In Memory of Joanne Pierre
 Rosenthal, Laura - In Memory of Mark Rosenthal
 Sell, Maeve and Sargeant, Robert - In Memory of Florence Power
 Shain, Carol - In Memory of Victor Gruscka Springer, Jessica Bloomfield's father
 Silver, Larry & Debbie - In Memory of Yetta Silver
 Silver, Larry & Debbie - In Memory of Carl David Silver
 Snitkin, Sid & Ann - In Memory of Lucille Snitkin
 Young, Ronda & Charles - In Memory of Vita Wanderman
 Zimmerman, Michael & Cynthia - In Memory of Salomon Zimmerman

MEMORIAL FUND: \$666

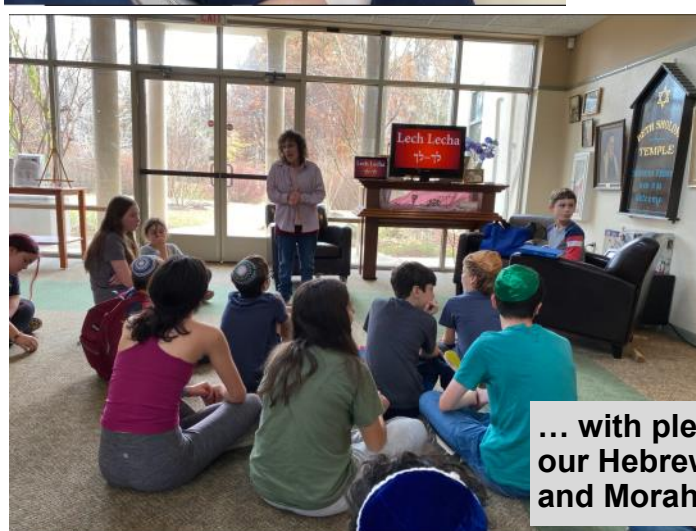
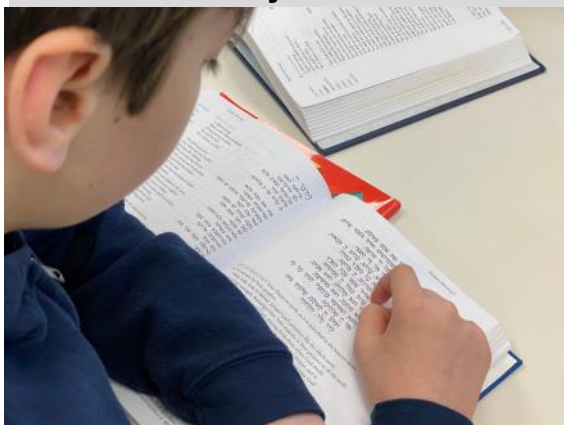
Green, Neil & Cindy - In Memory of Joe and Rae Green
 Katz, William & Nancy - In Honor of Bob Gettlin who led the service at Joseph Katz's unveiling
 Robertson II, Steve & Wolf, Vivian - In Memory of Albert Burke, Mary Catherine Robertson, and Jean Rosalie Burke Wolf
 Robertson II, Steve & Wolf, Vivian - In Memory of Betty Burke and Zev Leopold Wolf
 Robertson II, Steve & Wolf, Vivian - In Memory of Steve A Robertson



RELIGIOUS SCHOOL NEWS



We've had a busy first semester at BST Religious School ...



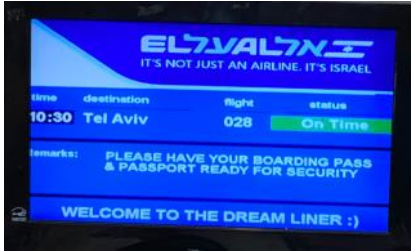
... with plenty of Hebrew learning and T'filah time led by our Hebrew Hay students, and Torah study with Morah Avi and Morah Deborah and Student Rabbi Jacobsen ...



... and our younger students learning about Jewish worship with Morah Robin and Jewish songs with Moreh Jonathan ... (thank you to David Co-man for attaching wheels to the portable ark - it works great)



RELIGIOUS SCHOOL NEWS



Of course we packed our bags, grabbed our tickets and passports (and even Student Rabbi Jacobsen traveling first class) and headed off to Israel for another year of learning about the Jewish homeland



Highlights so far have included a visit to the Shuk Market in Jerusalem and making olive oil underneath the olive tree for Hanukkah. Oh yeah, and we've had some special visitors. Stay tuned for many more exciting adventures! Thank you, Students, Parents, Teachers, and Principals Robin and Jim Javinsky for teaching and learning with such RUACH!

VIRTUAL SERVICES HOW-TO

WANT TO WORSHIP WITH US ONLINE?

Beth Sholom Temple is open for in-person worship, and we'd love to see you here! But you're more than welcome to join us virtually via Zoom if that's more appropriate in meeting your worship needs. Here's how.

Zoom links:

*Our Tot Shabbat service takes place on the third Friday of each month at 6:30 p.m., followed by the regular Erev Shabbat service at 7:30 p.m. Please note: While the regular service is broadcast via Zoom, the Tot Shabbat service is strictly in-person.

All Friday Erev Shabbat Services (*except Tot Shabbat*):

The first Friday of the month is a Family Shabbat Service at 7 p.m. The rest of the month, Shabbat services start at 7:30 p.m. But it's best to check the BST [calendar](#) if you're unsure what time the service starts.

<https://zoom.us/j/435464501?pwd=ZUJsdIUvaTE3UzNPcnk5aEpaWXFKUT09>

Saturday Shabbat Morning Service, (10 a.m.):

<https://zoom.us/j/404889603?pwd=TIJCaXBTsXZYUHBruU0NHZ1NzdFNQdz09>

Saturday Torah Study, noon; (please note that there is no Torah study if there is a Bar or Bat Mitzvah on a given Shabbat):

<https://zoom.us/j/404889603?pwd=TIJCaXBTsXZYUHBruU0NHZ1NzdFNQdz09>

Need a prayer book? At Beth Sholom Temple, we use the *Mishkan T'filah* prayer book published by CCAR Press for our Shabbat services and *Mishkan HaNefesh* for High Holy Days services. We invite you to borrow one of our copies for your home worship. Just drop us a note at office@bstva.org, and our office manager or a temple member will help you arrange a time to pick up a copy. We're also happy to deliver one to your door. We are here to serve you and your family.

If you'd like to own a copy of *Mishkan T'filah*, you have a few options for purchase:

1. If you'd like a book that strictly includes the **Shabbat services**, CCAR offers that for \$38 (ISBN: 978-0-88123-104-5) [here](#). That one includes the transliteration, so if you don't read Hebrew, you'll have phonetic pronunciations. If you prefer the book without transliteration (as our b'nei mitzvah students do), you can get that copy (ISBN: 978-0-88123-106-9) [here](#).
2. CCAR also offers a larger book that includes **Shabbat, weekday and festival prayers** for \$44 (ISBN: 978-0-88123-103-8) [here](#). That version also includes the transliteration, but if you prefer not to have that, you can find an edition without transliteration [here](#) (ISBN: 978-0-88123-114-4).
3. If your eyes aren't what they used to be and you'd like a **LARGE PRINT** copy of *Mishkan T'filah*, you can purchase the Shabbat services book (ISBN: 978-0-88123-109-0) [here](#) and the one with the weekday and festival prayers (ISBN: 978-0-88123-110-6) [here](#). Each book costs \$48 – or you can purchase the two-book set (ISBN: 978-0-88123-108-3) for \$84 [here](#). These are transliterated.
4. If **Kindle** is more your preference, you can purchase the Shabbat services volume for \$9.99 on Amazon [here](#) or the larger version, which includes prayers for Shabbat, weekdays and festivals, for \$19.99 [here](#).

If you'd like to own copies of the *Mishkan HaNefesh* series for the **High Holy Days** services, you have options as well:

1. You can purchase the two-volume set (ISBN: 978-0-88123-208-0), with transliterated books for Rosh Hashanah and Yom Kippur, from CCAR for \$48 [here](#).
2. The **LARGE PRINT** version (ISBN: 978-0-88123-222-6) is three volumes, one for Rosh Hashanah and two for Yom Kippur, is transliterated, and can be had for \$100 [here](#).
3. The **Kindle** version of the book for Rosh Hashanah can be found on Amazon [here](#), and the one for Yom Kippur is [here](#). Each one retails for \$9.99.

SHABBAT SERVICES

Friday Evenings 7:30 pm*

[CLICK HERE](#)

Lay leaders with Cantor Shermet (Jan. 13 -14), Student Rabbi Jacobsen (Jan. 27-28) and Cantor Shermet and Student Rabbi Jacobsen (Feb. 3-5)

Saturday Mornings 10:00 am with Torah Study at noon

[CLICK HERE](#)

Especially for... FAMILIES WITH YOUNG CHILDREN

*Friday, January 6 and February 4, 7:00 pm

(note earlier time!)

FAMILY SERVICE

Erev Shabbat Service with lots of singing and music, using prayer book designed for young families. Meaningful for people of all ages!

(Family Service in February is Shabbat Shirah and starts at 7:30)

Friday, January 20 and February 18

6:30 pm

TOT SHABBAT

Singing, dancing and Shabbat joy in our lobby for our littlest congregants, with special Oneg to follow. Precedes regular service at 7:30 pm.

MUSIC AS MIDRASH with Cantor Wendy Shermet



Saturday, January 14, 7:00 pm

Havdalah and Learning

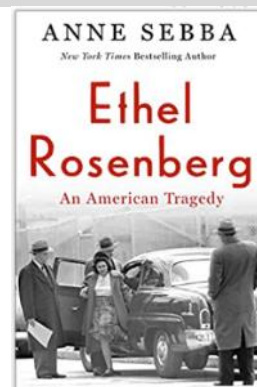
Music is central to our worship experience, with melodies ancient and modern helping us express ourselves through prayer. The early Rabbis who shaped Judaism used Midrash, or commentary, to help us understand the meaning of our holy texts. So too have composers of our liturgical music sought to connect us fully with the text of prayers we may not fully understand. Join Cantor Wendy Shermet to learn how selected prayers have been interpreted musically over the centuries to enrich our understanding.

MARJORIE KORMAN SCHUTT BOOK GROUP

Saturday, January 28 at 5:00 pm

Our next book is *Ethel Rosenberg: An American Tragedy* by Anne Sebba. This gathering, hosted by Robin Javinsky, will take place at Beth Shalom, finishing up in time for the Congregational Meeting scheduled for 7:00 pm. Please bring a dish to share.

Sebba writes the tragic story of a woman whose execution for espionage-related crimes defined the Cold War and horrified the world. Per the New York Times Editor's Choice Review: "A plea for Ethel the woman, an attempt to understand who she really was, to free her from the confines of the stock political figure she eventually became." —The New York Times (Editor's Choice)



MID-YEAR CONGREGATIONAL MEETING

Saturday, January 28 at 7:00 pm AND Sunday, January 29 at 11:00 am

Hear and be heard! Join us to discuss where we stand as a congregation, learn about plans for the coming year, share your ideas and concerns. The Mid-Year Meetings are less formal than the one we hold in June to elect leaders and set budgets. Hearing from you is critical to our mission of serving the Jewish community in Fredericksburg.

Meetings may be attended virtually

[CLICK HERE](#)

Rabbi Steve Glazer Presents

JEWISH BIOETHICS: THE BEGINNING OF LIFE

**Tuesdays, January 31 and February 28
at 7:30 pm on Zoom**

In November 2018, the world was shocked to learn that twin baby girls had been born in China with their DNA edited using a technology known as CRISPR. Over 2 sessions we'll explore this case of "The Chinese Twins," and its ramifications for the future use and development of gene-edited embryos. We'll also look at some of the relevant Jewish ethical principles. And we'll discuss how new technologies impact issues related to "the beginning of life," including artificial insemination, IVF (In Vitro Fertilization), and stem-cell research.

Please use this link to sign up: [CLICK HERE](#) Suggested donation—\$18



SHABBAT SHIRAH



Friday, February 3 at 7:00 pm

Special Musical Erev Shabbat Service celebrating the Israelites' miraculous safe passage across the Reed Sea in this week's Torah portion. Service led by Student Rabbi Jacobsen with Cantor Shermet, featuring singers and musicians from the Beth Sholom family, and special chanting of the Song of the Sea.

TU B'SHEVAT ISRAEL STYLE

Sunday, February 5

Celebrate Tu B'Shevat "in Israel" with the Religious School! More details coming soon.



SCOUT SHABBAT



Friday, February 10 at 7:30 pm

Join Beth Sholom Temple's Lay Leader and Scout Leader Mike Haas in a special Erev Shabbat service celebrating the connection between Jewish teachings and the principles of Boy Scouts and Girl Scouts. Present and former scouts are encouraged to wear their uniforms.

JEWISH ARTISTS PLAYING LOVE SONGS

**Saturday, February 11 at 7:00 pm
Havdalah, Wine and Chocolate Reception**

As Valentine's Day approaches, our own Larry Contreras will present "Jewish Artists Playing Love Songs," a multimedia celebration of music from the 40's, 50's and 60's.

In person—please register at:
[CLICK HERE](#) Free Program



UNION RADIO 1350 A.M., FREDERICKSBURG 2017

SUPER BOWL LVII - PARTY!



Sunday, February 12 5:00—10:00 pm

Enjoy the game on a big screen at our Super Bowl Party.

Compete in the Pool, with winners every quarter and a big one at the end (25% of proceeds go to Beth Sholom).

The best jersey / most creative team spirit costume wins a prize.

Snacks, dinner and dessert, plus beer, wine and soft drinks will be provided. \$20 per person, or \$15 under 18

[RSVP HERE](#)

MOVIE NIGHT

Sunday, February 19 at 5:30 pm

This is Where I Leave You (2014) starring Jason Bateman, Tina Fey, Adam Driver, Jane Fonda and other notable actors.

[RSVP HERE](#)



PURIM - SAVE THESE DATES!

Saturday, March 4: Purim Dinner and Spiel

Sunday, March 5: Purim Carnival

Wednesday, March 8: Megillah Reading

FIELD TRIP to the VIRGINIA FINE ARTS MUSEUM



Thursday, March 16 at 11:00 am

VMFA docent and BST member Caroline Carver will provide a guided tour of the museum. We'll take a break for lunch at their Best Café, casual dining (or you may make a reservation at the more upscale Amuse) and continue with further exploration of the museum. VMFA is free but there is a special exhibition called Storied Strings: The Guitar in American Art for which tickets may be purchased. We're still working on the details, so check out the museum's [website](#) in the meantime and save this date.

Dr. Rose Feinberg on JUSTICES RUTH BADER GINSBURG + ELENA KAGAN

Tuesday, March 21 at 7:00 pm (Zoom Program)

Discover how each woman's life and Jewish heritage influenced her path to becoming a Supreme Court Justice. Other Jewish Justices will be mentioned at the end of the program. Pictures and video clips via PowerPoint enhance this presentation.

Dr. Rose Feinberg is a popular presenter and Lifelong Learning Instructor for Florida Atlantic University and Nova University. Rose earned her Doctor of Education degree from Boston University. Her prior careers in education, as well as her theater training, have enabled her to research and create informative and entertaining programs.

Please use this link to sign up: [CLICK HERE](#) Suggested donation—\$18



Board of Directors

President	Jonathan Levin	Recording Secretary	Laura Rosenthal
VP Admin	Larry Wilson	Corresponding Secretary	Michael Camber
VP Finance	Laraine Whitcomb	Sisterhood President	Michelle Swanson
VP Community Life and Activities	Ronda Young	Treasurer	Ellen Grady
VP Religious Life and Education	Sabina Weitzman	At-Large Board Members:	Robert Miller, David Coman, Alan Mindlin, Tiina Rodrigue

BETH SHOLOM TEMPLE

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