

THE NORTHERN LIGHT

SEPTEMBER 2017 ISSUE: 007



Congregation Ohr Tzafon

A welcoming, caring, and inspiring Reform synagogue on the Central Coast

SEPTEMBER RITUAL SCHEDULE SCHEDULE

Friday 09.01

7:30 PM Shabbat Services
Service Leader: Theresa Hirsch

Friday 09.08

6:30 PM Family Services
Service Leader: Rabbi Janice

Friday 09.15

7:30 PM Shabbat Services
Service Leader: Larry Caris

Wednesday 09.20

7:30 PM Erev Rosh Hashanah
Service Leader: Rabbi Janice

Thursday 09.21

9:30 AM Rosh Hashanah Morning
1:30 PM Tashlich

Friday 09.22

7:30 PM Shabbat Services// Rosh Hashanah
Service Leader: Leslie Moss

Friday 09.29

7:30 PM Shabbat Services// Erev Yom Kippur
Service Leader: Rabbi Janice

Saturday 09.30

9:30 AM Yom Kippur Morning
3:30 PM Minchal
5:00 PM (approximately) Yizkor Memorial // Neilah
Closing// Break Fast Potluck
Service Leader: Rabbi Janice

COT COMMUNITY

Wednesday 09.06

6:30 Beginning Hebrew// Introduction to Judaism

Tuesday 09.12

7:00 PM Board Meeting

Saturday 09.16

7:00 PM Selichot Mussar

Sunday 09.17

9:30 AM Apples and Honey Festival

Wednesday 09.20

High Holy Days Food Drive Begins

Havurah/ Mens Club

7:00 PM Tuesday 09.26

Hostess: Joan Bloomfield
Host: Larry Schiffer

Book Club

Tuesday 09.12 10:30 AM
Host(ess): Joan Bloomfield

Book:

The Devil and Webster by J.H. Ko-relitz

Torah School Schedule

9:30 AM

Sunday 09.10- Welcome Back
Sunday 09.17
Sunday 09.24

High Holy Days 2017/5778
Congregation Ohr Tzafon



9/20	Erev Rosh Hashanah	7:30 pm
9/21	Rosh Hashanah morning	9:30 am
	Tashlich (AT OHR TZAFFON)	1:30 pm
9/29	Erev Yom Kippur	7:30 pm
9/30	Yom Kippur morning	9:30 am
	Mincha/Afternoon	3:30 pm
	<small>CREATIVE SERVICES FOR HEALING BODY, SPIRIT AND WORLD</small>	
	Yizkor/Memorial	approx 5:00 pm
	Neilah/Closing	following
	Break Fast Potluck	following
		approx 7:00 pm
	<small>BRING VEGGIE OF DAELY DISH TO SHARE</small>	
10/6	Shabbat in the Sukkah	6:30 pm
10/13	Simchat Torah Celebration	6:30 pm

For more information, contact us at 805-464-0329 or
congregationcot@gmail.com

COT LEADERSHIP



IN PREPARATION FOR THE YEAR AHEAD

The time is upon us to prepare ourselves for the holiest days of that has passed. End with, “May the sweetness from last year the year. I look forward to spending the High Holy Days with flow into the New Year for blessing.” you in prayer, music and reflection.

A festive Erev Rosh Hashanah meal is a tradition for many people. Here are some suggestions for ways to infuse the tradition with meaning.

3) Finish the meal with a blessing. May we each find peace, fulfillment, joy and meaning in the year to come. L’shanah To-vah! Wish everyone a good year!

1) As you light the Yom Tov candles and people circle their hands three times, have each person concentrate on these three intentions: let go of the past, be grateful for whatever is happening in the moment, and think of one thing that you would like to bring into the future.

May you enter this New Year with gratitude for the blessings of the past year, wisdom to move forward from what no longer serves you, and the fulfillment of your hopes, dreams and aspirations in the year to come.

-Rabbi Janice

2) Eat apples dipped in honey: Take a piece of apple, dip it in honey, and say what sweetness you are grateful for in the year

CONTINUING OUR MIGHTY IMPACT



To all our Congregational families and Friends, Rita and I would like to take this opportunity to thank you for all your input, contributions and wonderful fellowship over the past year.

We would like to say a special thank you to our Rabbi Janice, you are our shining light, we are proud to call you our Rabbi, thank you for being you!

We are looking forward to an even better and more involved 5778. We have almost completed our outdoor area, including our Sukkah/Pergola and our playground. Your generosity has helped build and maintain our wonderful Shul.

With all the turbulence we are witness to in our world, we hope you can come home to COT and feel the same warm, welcome feeling we get every time we walk through the door. We have a special formula and although we are a small congregation, together we can make a mighty impact.

We wish you all a 5778 filled with health, peace, family, sweetness and prosperity.

L'Shana Tova

-Jerome and Rita

HIGHLIGHTS FROM THE BOARD

Playground and back lot development coming right along. Pergola is done, and the installation of the playground should be completed by the High Holidays.

Apples and Honey Festival – Mitchell Park, September 17th from 10:00-5:00. We will be selling bobka, applesauce, a craft opportunity for kids, metal bent kippot, and more.

AED defibrillator training – 11 members are trained in case of emergency. The device also talks the user through it at deployment.

Landscape issues addressed, cobblestone pavement in back re-laid to avoid tripping, Steve is planning general care and maintenance in advance of High Holidays.

Ritual committee planning well underway for HH

3rd Vice President position open at present. Thank you, Jessica Hamilton, for your invaluable presence in this post!

Welcoming new members Patrick and Libby Madding, and baby Ayla!

DO YOU WANT TO LEARN BEGINNING HEBREW?

You can join our Introduction to Judaism Hebrew section from 6:30-7:00 pm on the dates listed below. This is a great way to begin if you have future plans to become a Bar or Bat Mitzvah.

The dates are:

September	6 and 13
October	3, 18 and 25
November	8 and 15
December	6 and 13
January	17 and 2
February	7 and 21
March	7, 14, and 21
April	4

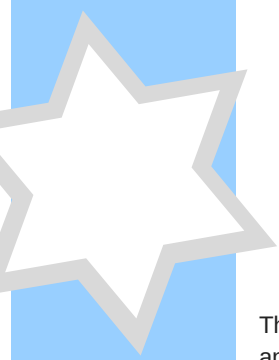


Textbook is “Aleph Isn’t Tough”

Contact Rabbi Janice if you have questions or you wish to take the Hebrew class.

CONGREGATION OHR TZAFON, ATASCADERO

INTRODUCTION TO JUDAISM CLASS



Always been curious about Judaism? Never paid attention in Hebrew school? Thinking about becoming Jewish?

This class, using the AJU Miller Curriculum, is an open and engaging 18 session class geared towards both Jews and non-Jews who want to learn more. Bring your questions and explore the wisdom, depth, and joy of Jewish living .

Tuesdays, 6:30-8:00 pm beginning August 29, 2017
Location: 2605 Traffic Way, Atascadero
Instructor: Rabbi Janice Mehring
Cost: \$180.00

for more information or to register
congregationcot@gmail.com or 805-466-0329

Join us for S'lichot

A special evening to learn, pray, and prepare our hearts for the High Holy Days.



We will be together for Haudalah, a study session on Jewish ethics (Mussar) and then have a special ritual to change our Torah mantles to white.

7:00 pm - 9:00 pm

September 16, 2017
Saturday

Bring a nosh and/or wine to share

466-0329

www.congregationohrtzafon.org



Congregation Ohr Tzafon

A welcoming, caring, and inspiring Reform synagogue on the Central Coast

APPLES & HONEY FESTIVAL 2017



SUNDAY, SEPTEMBER 17
MITCHELL PARK, 1400 OSOS ST, SLO

10AM-5PM FEATURING LOCAL ARTISANS, APPLE CRAFTING,
ZOO ANIMALS, STORIES, TRADITIONAL FOODS, AND FUN!

HOSTED BY  JCC FEDERATION
of San Luis Obispo

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WE NEED VOLUNTEERS!

COT is once again participating in the JCC's Apples and Honey Festival that will take place, September 17th from 10am-5pm at Mitchell Park, allocated at 1400 Osos St, San Luis Obispo.

We will have a booth at the park where we will be selling homemade chocolate and apple babkachs, homemade apple sauce, beaded kippahs, necklaces and have children crafts available.

We need volunteers to sign up and offer half or full hour of your time to help manage our booth.

Here are the following times that we need volunteers: (We will only need two to three people per hour, although more are always welcome)

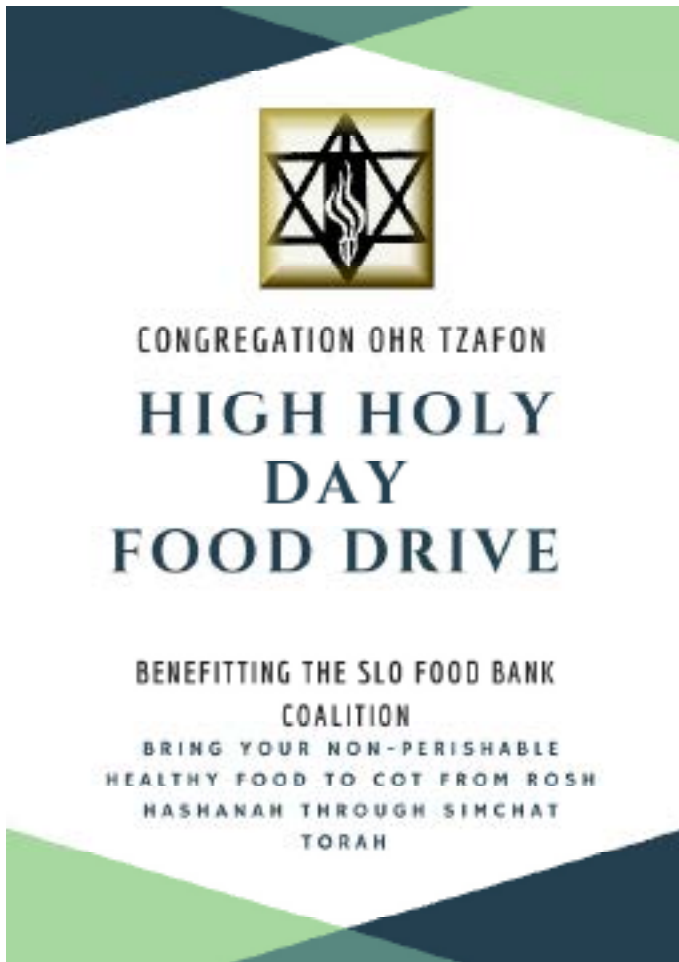
9am -10am Set up
10am-11am
11am- Noon
Noon-1pm
1pm-2pm
2pm-3pm
3pm-4pm
4pm-5pm
5pm-6pm Clean up

All that is required of our volunteers is to manage the booth and sell as many of our great goodies to raise money for COT. Please let me know as soon as you can if you can help out.

It is a wonderful day for all the family to come together and participate in something that is sweet and rewarding.

HIGH HOLY DAY FOOD DRIVE

Did you know that more than 46,000 residents in SLO County are considered “food insecure” and 40% of those are children? Please bring food from the recommended list to the temple between **September 20th and October 13th** to benefit the Food Bank Coalition of San Luis Obispo County. The Food Bank has provided a list of healthy foods appropriate for donation. Thank you for your generosity.



Donating Food To Food Bank Coalition

Please donate items that are low sodium, low sugar, and whole grain to provide well-balanced and nutritious items to those who do not have enough to eat.

Fruits & Vegetables Group

- Canned fruit & vegetables
- Dried fruit & vegetables

Grain Group

- Oatmeal
- Whole grain crackers
- Low sugar/high fiber cereals
- Whole grain pasta & rice

Protein Group

- Canned tuna, salmon or chicken
- Soups low in sodium
- Dried and canned beans and peas
- Peanut Butter

DON'T FORGET TO PICKUP YOUR MEMBERSHIP DIRECTORY!

The July 2017 - June 2018 COT Membership Directory is ready for pickup. Thank you to Phyllis Caris for putting this together and updating our membership throughout the year.

**We would like to remind you
This is a confidential publication - for members only.**



Annual Memorial Book

It is time to start preparations for the Memorial Book 5778. Each year we ask that those wishing names included in the Book, respond at this time. All these names must be received at the synagogue by Rosh Hashanah day September 21, 2017 so that the book can be published in time for Yom Kippur. Any names received after this date will not appear in the Memorial Book. Please call Phyllis at 238-7404, with any questions.

DONATIONS: It is customary to make a donation to the Synagogue in memory of loved ones whose names are to appear in this Book of Remembrance:

- \$5/name (minimum) \$18/name \$36/name Other \$ _____
 Donation in memory of those who have no one to remember them \$ _____

Please make your checks payable to CONGREGATION OHR TZAFON and mail with this form to:

CONGREGATION OHR TZAFON
2605 TRAFFIC WAY
ATASCADERO, CA 93422
Attn: Memorial Book/Phyllis

- You may check this box if you would like your list of names to appear exactly the same as in last year's Book. (You won't need to repeat the names here if you check this box and return this form with your check.)

Name

Remembered By

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Name of Contributor(s) _____

Phone Number _____

Address _____

Contribution \$ _____

CELEBRATING COT INVOLVEMENT



Team COT at the ECHO walk and Sam Salzman doing double duty also representing AHS Drum Corps

WELCOME LIBBY AND PATRICK MADDING!

On **Friday September 8th** Rabbi Janice will be blessing our newest members! Please join us in welcoming them to the COT family!



KVELLING CORNER

MAZAL TOV AND CONGRATULATIONS TO...



Melany Spielman on her recent conversion!

Welcome to the Tribe!

Steve and Esther on renewing their vows!
Happiness under the chuppah.



DONATIONS

THANK YOU FOR YOUR GENEROSITY

Leslie & Rick Moss

In memory of
Frances Forrester
Sherman Moss
Ethel Moss

Jason Tschewik & Megan Blaser

In honor of Frieda Russell

Larry & Phyllis Caris

Welcome baby Reece!
Mazel Tov to Steve Gersh on becoming a grandpa!

Sharon George

In honor of the birth of Reece Louis Gersh.
Wishing Lorraine Friedman a complete and speedy
recovery.

Linda & Richard Prior

In memory of
Jack Block
Linda Pasternak
Louis Finkel

Robin & Mark Cohen

In honor of Bnot Mitzvah

Susan & Michael Aroner

In memory of
Randall Day
Jo Roth
In honor of the Birth of Reece Gersh

Arlene McDonald

In memory of Evelyn Goldstein

Brad Friedman

Thank you for your generosity

-A 'generous donation' was made on **behalf of Jerry and Sandy Boxer** to the ritual fund.-

-We would like to express our thanks to **Larry and Melanie Spielman**, for their generous contribution of a new First Aid kit to our congregation.-

BIRTHDAYS

09.01

Dawn Scherer Daner
Ellen Weingarten

09.04

Luana Alhadeff
Nachshon Margalit

09.05

Aria Freitas

09.06

Ola Faye (Kat) Weisberg

09.08

Barbara Solish

09.10

Juan Hovey

09.13

Linda Becker

09.16

Monique Becker

09.23

David Robles

09.24

Jean Lowe

09.26

Robert Schechter

ANNIVERSARIES

09.16

Patricia and Robert Schechter

09.29

Kathleen and Jason Kirschenstein

Y AHRZEITS

09.01

Marvin Zucker
Father of Jeff Zucker

Uncle of Linda Prior

09.04

Louis Gersh
Grandfather of Steve Gersh

09.12

Dora Scherer
Grandmother of Dawn Scherer Daner and Michelle Scherer Robles

Sidney Gibberman
Uncle of Jackie Zucker

09.13

Kermit Russell
Father of Fred Russell

Sandra "Kandy" Mandel
Sister of Jayne Sacks

09.17

Wendell Ray Whitlock
Husband of Phyllis Whitlock

Sheila Taylor
May her memory be a blessing

Jean Hart
May their memory be a blessing.

09.06

Bessie Finkelstein
Grandmother of Jackie Zucker

09.19

Sharon Wittkoph
Mother of Justin Gish

Melvin Harold Pollack
Father of Rabbi Janice Mehring

09.07

Emmanuel Charles Hartman
Uncle of Jackie Zucker

09.21

Everett Ernest Blakely
Father of David Blakely

Harry Weisberg
Brother of Herman Weisberg

09.22

Janet Phibbs
Mother of Jason Kirschenstein

09.09

Steve Trevor

Sam Simon
Father of Sandy Kawano

COT SUPPORTERS



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Any submissions made are subject to approval.
All submissions must be made
no later than 20th of the month preceding the desired publication issue.
All submissions should be sent to
mikeandsamfam@gmail.com

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Atascadero CA, 93422



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