

Notes:

- Sephardic Minyan NOT meeting
- Stroller Parking in Alleyway this week
- If you see something, say something

Friday, October 13 (Tishrei 28)

6:01pm Candle Lighting
6:10pm Zman Mincha Maariv
7:15pm Shabbat Dinner (RSVP)
9:00pm CommUnity Kumsitz

Shabbat, October 14: Shabbat Mevarchim, Bereshit (Tishrei 29)

7:30am Hashkama
8:45am Haftorah Class
9:15am Shacharit
11:15a Hindy Poupko - What We Can Do
9:30am Youth Groups
4:45pm Youth Play Date
5:00pm Text & Context
5:40pm Mincha
6:00pm Men's Daf Yomi
6:00pm Shalosh Seudos
7:00pm Maariv
7:07pm Havdalah

Sunday, October 15: Rosh Chodesh Cheshvan (Tishrei 30)

Shacharit – 7:00am, 8:00am, 9:00am
All Shacharit Minyanim in Main Shul
6:00pm Zman Mincha Maariv

Monday, October 16: Rosh Chodesh Cheshvan (Cheshvan 1)

Shacharit – 6:05 AM, 6:45 MS, 7:45 MS
7:00pm Men's Daf Yomi
6:00pm Zman Mincha Maariv
7:00pm Rabbi: Meaning in Mishlei
7:45pm Late Maariv Starts
8:00pm Rabbi: Reading the Rav

Tuesday, October 17 (Cheshvan 2)

Shacharit – 6:10am, 7:00am, 8:00am
7:00am Men's Daf Yomi
6:00pm Zman Mincha Maariv
6:30pm WiN: Women In Network
7:30pm TNLP on Zoom
7:45pm Late Maariv

Wednesday, October 18 (Cheshvan 3)

Shacharit – 6:10am, 7:00am, 8:00am
7:00am Men's Daf Yomi
2:00pm Lunch & Learn: 10 Command...
6:00pm Zman Mincha Maariv
7:45pm Late Maariv
8:00pm Sisterhood Wellness : Intimacy

Thursday, October 19 (Cheshvan 4)

6:05am Shacharit
6:50am Shacharit
7:00am Men's Daf Yomi
7:50am Shacharit
6:00pm Zman Mincha Maariv
7:00pm Great Jewish Debates
7:45pm Late Maariv

Friday, October 20 (Cheshvan 5)

Shacharit – 6:10am, 7:00am, 8:00am
7:00am Men's Daf Yomi
5:50pm Candle Lighting
6:00pm Zman Mincha Maariv

WEEK OF OCTOBER 13, 2023

PARSHAT BEREISHIT 5784 – COMMUNITY SHABBAT

THANK YOU

Over \$60,000 has been raised in the last several days to distribute to families and soldiers in Israel

CONDOLENCES

Efraim Levy, on the passing of his father Rabbi Naftali Levy z'l

Rabbi Avrohom & Rebbetzin Soroh Marmorstein, on the passing of Sorah's mother Rebbetzin Maud Carlebach z'l

THANK YOU TO OUR SPONSORS!

Main Kiddush is sponsored by Yehuda Weinstock, commemorating the fifth Yahrzeit of his father, Menachem Zalman ben Pinchas z'l

Hashkama Kiddush is sponsored by Bill Apple to mark the Yahrzeit of his father, Moshe Eliezer ben Avraham, which took place on 25 Tishrei; Danielle, Yoram, Rena and Ari Stone in commemoration of the upcoming Yahrzeit of Yoram's mother, Faiga bas Reuben and Grandmother's recent Yahrzeit, Fraida Blooma bas Aryeh Moshe; and Annette & Yehuda Fishman, commemorating the Yahrzeit of Yehuda's father Yose ben Avraham Moishe Shmuel z'l

YEAR TO LEARN WITH RABBI ALLEN SCHWARTZ

Monday Night Mishmar with Rabbi Allen Schwartz – starts Monday, Oct. 16, 2023

- 7pm - Meaning in Mishlei: Probe Proverbs and explore its textual & philosophical themes
- 8pm - Reading the Rav: Analyze the development & impact of the Rav's Halachic writings

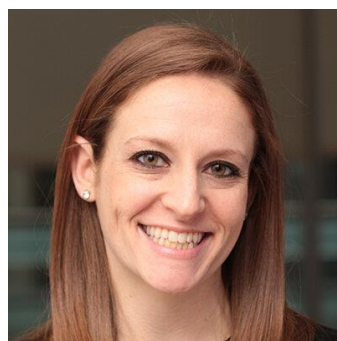
New Learning Opportunities starting after Sukkot!

- Daily, between the 2nd & 3rd Shacharit Minyan – Kitzur Shulchan Aruch Yomi new cycle
- Monthly Lunch & Learn starts Oct. 18 @ 2pm – This season: The Ten Commandments
- Shabbat at 8:45am – Peshat & Derash in the Weekly Torah Portion
- If there is interest in starting a weekly Tzurba Hilchot Shabbat class, please contact ras@ozny.org

UPCOMING EVENTS

| | | | |
|---------------|----------------|---------------|--|
| Friday | Oct. 13 | 9:00pm | Community Kumsitz with BODI |
| Monday | Oct. 16 | 7:45pm | Weeknight Late Maariv resumes (Monday- Thursday) |
| Wednesday | Oct. 18 | 2:00pm | Monthly Lunch & Learn – The Ten Commandments |
| Wednesday | Oct. 18 | 8:00pm | Women's Wellness: Sexuality, Intimacy, and Relationships |
| Thursday | Oct. 19 | 7:00pm | Dine & Discuss Fall Mini-Series: Great Jewish Debates |
| Sunday | Oct. 22 | 10:00am | Youth: Wild Bites & Animal Sights w/The Nature Company |

JOIN OUR COMMUNITY SHABBAT WITH TALK BY HINDY POUPKO & DAVENING LED BY BODI



MAGEN DAVID EDOM A BRIEF HISTORY...

The idea of an emergency medical service for the Jewish community in Palestine began in 1915. Dr. Moses Erlanger, a Jewish ophthalmologist from Luzerne, Switzerland, created an association to provide medical services for Jews who were captured and wounded during the First World War. The organization was named *Magen David Adom* (Red Shield of David). *Magen David Adom* expanded its activities in 1918 to include assisting people affected by disaster or emergency. However, this incarnation of *Magen David Adom* was short-lived; it ceased operations in 1921, after the end of the war. In 1930, the idea of an emergency medical society was revived in response to the 1929 Arab riots against Jewish settlements in Palestine.

Some sources claim the reborn organization was started by seven young men in Tel Aviv while others attribute it to a nurse named Karen Tenenbaum. Among the seven men who are credited with its founding was Dr. Meshulam Levontin, commander of the medical unit of the Zion Mule Corps during World War I. In December 1934, *Magen David Adom* laid the cornerstone for new headquarters in Tel Aviv. In its first four years of operation, the organization provided first aid to 11,000 people. The organization expanded its activities in 1936, opening centers throughout the country when the 1936-1939 Arab Rebellion began. On July 12, 1950, the Knesset passed the *Magen David Adom* Law which designated the organization as Israel's national Red Cross Society and made it an auxiliary of the IDF in times of conflict. The red star of David, the symbol of the *Magen David Adom*, was not recognized by the International Red Cross and Red Crescent Movement until 2006.



LIVE@95
GREAT JEWISH DEBATES
JOIN OUR JOURNEY IN JEWISH HISTORY WITH MICAH HALPERN'S DINE & DISCUSS MINI-SERIES

THURSDAY @ 7:00PM - OCT. 12 - NOV. 16, 2023
LIVE IN THE LIBRARY & BROADCASTED ON ZOOM

INFO & RSVP [OZNY.ORG/DISCUSS](https://ozny.org/discuss)

CONGREGATION OHAB ZEDEK
THE HEART OF THE UPPER WEST SIDE | 118 WEST 95TH STREET NY NY 10025 | [OZNY.ORG](https://ozny.org)



CHALLENGE GRANT RECIPIENT
THE OU WOMEN'S INITIATIVE
for Innovative Women's Programming

OZ PRESENTS
WOMEN in NETWORK
a Rosh Chodesh event for single ladies 35+ to learn, do chesed, & create shidduchim

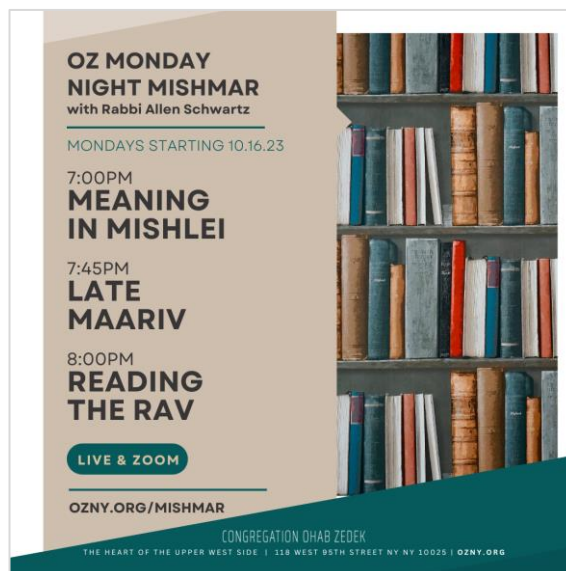
10.17.2023
Tuesday • 6:30pm

RSVP REQUIRED
[OZNY.ORG/WINN](https://ozny.org/winn)
\$10 MEMBERS
\$18 NON-MEMBERS

FEATURING
RACHELLY LIKIER, RD CDN
The importance of balanced nutrition in preventing emotional eating & cultivating a healthy relationship with food

Rachelly Likier, RD CDN, is a registered dietitian and certified dietitian nutritionist. She earned a Bachelor's of Science in Health and Nutrition from Brooklyn College. Subsequently she completed her dietetic internship at NewYork-Presbyterian Hospital of Columbia and Cornell, followed by her fellowship at the same institution. Rachelly has a private practice with clients addressing a range of medical issues and conditions including obesity, pre and postpartum nutrition, gestational diabetes, in addition to weight management counseling and specialized diets. Rachelly is also a high risk dietitian for Community WIC, helping people achieve their health related goals within these and other conditions. She is passionate about helping individuals and communities live healthier lives.

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OZ MONDAY NIGHT MISHMAR
with Rabbi Allen Schwartz

MONDAYS STARTING 10.16.23

7:00PM
MEANING IN MISHLEI

7:45PM
LATE MAARIV

8:00PM
READING THE RAV

LIVE & ZOOM

[OZNY.ORG/MISHMAR](https://ozny.org/mishmar)

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WILD BITES & ANIMAL SIGHTS:
OZ YOUTH DEPARTMENT'S BREAKFAST ADVENTURE FOR KIDS
FEATURING THE NATURE COMPANY
GENEROUSLY SPONSORED BY LESLIE & ARI HIRSCH

SUNDAY OCTOBER 22
10:00AM - 11:30AM • OZ SOCIAL HALL
10\$/CHILD (MEMBERS) | 15\$/CHILD (NON-MEMBERS)

JOIN US WITH YOUR CHILD FOR A PARSHAT NOACH ANIMAL SHOW & BAGEL BRUNCH PLUS TAKE HOME A PHOTO MAGNET OF YOUR CHILD WITH THEIR FAVORITE ANIMAL

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Women's Wellness Series @ OZ
An intimate roundtable discussion hosted in the homes of members of our community featuring prominent women on topics of women's health

A Good Deed
A Conversation on Torah, Sexual Intimacy, & Fulfilling Relationships

Ellin Cooper
Manhattan Yotzeit
Halacha

Rachel Hereman
LCSW

Wednesday | October 18, 2023 | 8:00pm

RSVP REQUIRED [OZNY.ORG/Wellness](https://ozny.org/wellness) | \$10 MEMBERS | \$18 GUESTS
Refreshments Served | Sponsors Welcome | Address upon registration

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OZ MONTHLY LUNCH & LEARN
with Rabbi Allen Schwartz

EXPLORING THE TEN COMMANDMENTS

2:00PM ON SELECT WEDNESDAYS

- OCTOBER 18
- NOVEMBER 15
- DECEMBER 13

LIVE & ZOOM

[OZNY.ORG/LUNCH](https://ozny.org/lunch)

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