## Minhagim of Congregation Tiferes Yisroel as given over by Rabbi Menachem Goldberger

## Yom Kippur

## Erev Yom Kippur

- It is a mitzva to eat and drink erev Y"K.
- Rabbi Goldberger's minhag is to have a fleishig seudah in the morning before chatzos. The pizmon from the erev Y"K slichos, "Machar Yihyeh Haos Hazeh", is said at this seudah.
- The seuda hamafsekes is after mincha. Kreplach are eaten at this seudah.
- Mikveh is a chiyuv for men
- Mikveh for women It is a long-standing minhag (esp. among Chasidim) for women, and girls under Bas Mitzvah, to go to the mikveh erev Y"K (girls over Bas Mitzvah should not go to the mikveh until after they are married). This immersion does not remove the status of nidda. It is for spiritual purity. (The women's mikveh in Baltimore is open for a short period of time erev Y"K morning for this purpose. Call the mikveh for information.)
- Kapparos: chicken or money. If using a chicken, it should be waved over each family member's head in their presence. Give tzedaka - \$5/person. If using money, use coins, not paper money, waving the coins over each person's head. Give the money to tzdakah; \$5/person.
- During or following the seudah hamafsekes, the father bentsches the children with the special erev Y"K bracha that is found in the Y"K machzor.
- A Ner Neshama is lit. One per family is sufficient. This is in addition to any yahrtzeit candles the family may be lighting.

## Yom Kippur Greeting

- After Rosh HaShanah, and through Yom Kippur, we greet each other with "G'mar chasima tova" (which has the general meaning of: May you be conclusively sealed for the good).
- Men wear a kittel and tallis all through Y"K.
- Following havdalah on motzei Y"K, there is a special Hamavdil recited, as printed in the machzor.
- Kiddush L'vanah is recited after maariv on motzei Y"K.
- There is an inyan to begin a little bit of work on the Sukkah on motzei Y"K.