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Minhagim of Congregation Tiferes Yisroel
as given over by
Rabbi Menachem Goldberger

Shavuos - Matan Torah

It is our minhag to stay up all night erev Shavuos and learn in preparation for Matan Torah. The following minhagim pertain to the morning of Shavuos:

- It is our minhag for men to go to the mikveh before davening on Shavuos morning. At the shul, we generally leave for the mikveh about 4:30 AM.
- At dovening, we say all of the morning brachas, as usual.
- Cheesecake (preferably the Rebbitzin's), or any kind of dairy food, is served at kiddush following Shacharis on Shavuos. However, it is the Rabbi's minhag to eat fleishig at all other meals on Shavuos. In fact, eating fleishig is the general minhag for meals on all Yom Tovim.
- If you did not stay up all night, and have dairy at shul, one should eat dairy sometime before the seudah, say Birchas Acharonah, and then enjoy your seudah.