

Kesher



Beth Emeth Bais Yehuda Synagogue

קשר

Your Connection to the World of Beth Emeth Bais Yehuda

Shavuot 2022 • 5782



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BETH EMETH BAIS YEHUDA SYNAGOGUE
100 ELDER STREET TORONTO ON M3H 5G7
BEBY.ORG | 416-633-3838

SHAVUOT SERVICES SCHEDULE

SHAVUOT SERVICES

Saturday June 4 :

8:30 PM - Mincha Maariv

Following services - Mini Tikun Leil Shavuot by Rabbi Morrison

Topic: *"Shemita, Shavuot, and Sinai"*

9:37 PM - Candle Lighting

Sunday June 5:

9:00 AM - Yom Tov Services - honouring the graduates of our middle and high schools

8:45 PM - Mincha Maariv

9:37 PM - Candle Lighting *lit from a pre-existing flame

Monday June 6:

9:00 AM - Yom Tov Services *Yizkor recited

Welcoming Frank and Jennifer, our strategic planning consultants

8:45 PM - Mincha Maariv

9:44 PM - Havdalah



RABBI'S COLUMN

"B'har, Shavuot, Sinai, and Shemita"

Dear Congregational Family,

In the Spring season, my Bar Mitzvah portion, Parshat B'har, falls out two weeks prior to Shavuot. My "favorite" Torah portion begins with the verse, "God spoke to Moses at Mount Sinai saying as follows." Throughout the Torah, it is rare to see the words "Mount Sinai" in an oft-repeated verse about God speaking to Moses. In terms of the Jewish calendar, the words "B'har Sinai-At Mount Sinai" alert us that Shavuot is coming soon. After all, Shavuot commemorates the giving of Torah at Mount Sinai.

During the six Sabbaths between Pesach and Shavuot, it is customary to study the six-chapter ancient compilation called Pirkei Avot - The Ethics of the Sages. Chapter one begins with the words, "Moshe Kibel Torah Mi'Sinai - Moses received Torah at Sinai." Immediately after Shavuot, it is customary to once again study Pirkei Avot returning to the opening words of chapter one.

Back to Parshat B'har, right after we read that God spoke to Moses at Mount Sinai, a specific Mitzvah is described, that of Shemita-Sabbatical. In the Parsha, Shemita obligates us to make sure that the land of Israel lies fallow every seven years. As humanity rests every seventh day, the land rests every seventh year. For almost two thousand years, we were not able to observe land oriented Mitzvot in Israel. In the last several decades, many Jews observe Shemita in various ways. Authorities today disagree whether the status of Shemita in contemporary times comes under Torah law, Rabbinic law, or a voluntary measure of piety. Elsewhere in the Torah, Shemita deals with the forgiving of debts. Both understandings of Shemita come to deal with social justice and ethical norms for governing a moral society.

Shemita being connected to Mount Sinai in Parshat B'har reminds us that ultimately we are all tenants on this earth. The only true landlord is God. The various rules of Shemita come to reinforce how one should look after the needs of the other.

5782 is a Shemita year on the Jewish calendar. Given its contemporary significance, I intend to hold a study class immediately after services on the first night of Shavuot, Saturday night June 4, in the sanctuary and via livestream. There is a mystical custom of staying up the night of Shavuot learning, called a "Tikun Leil Shavuot." While we are working through the pandemic, we still must be cautious. As a result, I will teach an opening class from shul the first night of Shavuot on the theme of "Shemita, Shavuot, and Sinai." I hope to inspire you to continue your own independent learning the remainder of the night.

Shavuot is also an Israel oriented holiday. We remember the ripening of the first fruits in Israel during ancient times. With this in mind, we are beginning to organize a Beth Emeth trip to Israel for 2023. At a preliminary meeting in the shul on **Tuesday May 31 at 7PM**, I hope to hear from as many interested people as possible to start assembling a time of year and an itinerary for us to visit Israel. Whether one has been to Israel before or not, it will feel like a first time since the pandemic has prevented many of us from traveling abroad over the last couple of years. Our trip will surely feel like a "first fruits" tour of Israel.

In advance, I wish everyone a healthy and joyous Festival of Shavuot.

Chag Sameach,
Rabbi Howard Morrison
rabbi@beby.org



Rabbi Howard Morrison

You're Invited!

Do you want to be a part of a historic synagogue experience in Israel?

Join us for a preliminary information session to discuss and plan a 2023 Beth Emeth trip to Israel!

**TUESDAY, MAY 31
7PM
In person at Beth Emeth**

Rabbi Morrison's Weekly Study Classes

Sisterhood study class (men too!)

Tuesday 10:00 AM

In Person / Livestream

Topic: Pirkei Avot - The Chapters of the Sages

*The Weekly Haftarah -
The Prophetic Lesson*

Thursday 12:00 PM

Zoom / Facebook Live

PRESIDENT

Dear Beth Emeth family,

Shavuot means “weeks,” and is celebrated on the anniversary of the giving of the Torah at Sinai. It celebrates the completion of the seven-week Omer counting period between the second day of Passover and Shavuot.

The same Hebrew word also means “oaths,” which is the subject of the Talmudic tractate of Shavuot.

Shavuot is also the celebration of the wheat harvest and the ripening of the first fruits, which is the reason for the other two biblical names for this holiday: 1) “Yom Habikkurim” or the “Day of the First Fruits.” 2) “Chag HaKatzir,” the “Harvest Festival.”

In the Talmud, Shavuot is also called “Atzeret,” which means “The Stoppage,” a reference to the prohibition against work on this holiday.

In the holiday prayer service, we refer to it as “Zeman Matan Torahteinu,” the “Time of the Giving of Our Torah.”

I have always wondered why we eat dairy on Shavuot. So, in my spare time, I searched for answers. Here are just two: With the giving of the Torah, the Jews became obligated to observe the laws of kashruth. As the Torah was given on Shabbat, no cattle could be slaughtered nor could utensils be koshered, and thus on that day they ate dairy.

Moshe was born on the 7th of Adar. Three months later, his mother put him in a basket and placed him among the reeds at the bank of the river. Batya, the daughter of Pharaoh, found him and he refused to drink the milk of any of the Egyptian women. Consequently, she was forced to hire Yocheved (his mother) to raise him. This incident took place on the 6th of Sivan, the day when years later Moshe would receive the Torah on Mt. Sinai (Sotah 12b). Since he was miraculously reunited with his mother on the 6th of Sivan through milk, a dairy meal is eaten on Shavuot.

So, you may ask what has this to do with Beth Emeth and an update?

Since I last reported to the membership, much has been happening at your Beth Emeth. There are signs of renewal throughout the building. We are open 7 days a week. Since early May we have had a b’nai mitzvah every Shabbat. And usually, other simchas on Monday or Thursday plus several simchot on Sundays. We are very busy.

Although the government has changed the rules re the pandemic, we at BEBY have still maintained certain rules. Anyone attending the building must be vaccinated AND masks must be worn at all times, except when eating.

Our Cantor Search Committee continues its work, to find the most qualified and best suited Cantor for BEBY. Just recently we had 2 Cantors spend Shabbat with us as part of the audition process.

Hopefully by the time you read this, the Committee will have made a recommendation to the Board. We continue to do our best to serve our community.

It has been wonderful to see so many of you returning to shul on Shabbat and for weekday minyanim.

We continue to enjoy wonderful breakfasts and kiddushes on Shabbat... **come join us!**

Our discussions with Adath Israel are ongoing. We are currently seeking to hire a Youth Director to serve both congregations. We continue to engage other shuls and community organizations in joint programming.

After Pesach we proudly hosted an event with best-selling author Dara Horn. Over 200 people attended in person.

We have also been active participants in a community-wide initiative exploring new options for supplementary Hebrew schools. We will keep you updated.

Financially the shul is doing well. Our fundraising team is working very hard to put into place a new and exciting program to start shortly. Membership renewal will begin in early June. We have decided to maintain the same membership contribution rates as we have since 2019.

As I reported at Passover, we have engaged with Successmap, a strategic planning consultancy. They will be reporting their initial findings to the Board next month. In my next article I will report on their recommendations and what steps we should begin to implement in order to maintain our leadership position in the Jewish community

I am always available to our members, please reach out anytime, or better yet, I hope to see you in shul in the near future

On behalf of my family and the leadership of BEBY, Chag Sameach

Stephen Werger
President
president@beby.org



Stephen Werger

CHAIRMAN OF THE BOARD

Shavout celebrates the giving of the Torah at Mount Sinai to the Jewish people. The Torah was received by the community and not an individual person. Community has always been a key aspect of Judaism.

At Beth Emeth (BEBY) we strive to not only be a community synagogue but to be part of the larger community. BEBY is in the midst of our strategic planning process. Recently, a survey was sent to our members. BEBY engaged the consulting services of SuccessMap Consulting Group to work with us on this initiative. On the second day of Shavout, June 6th, Jennifer Steele Viti and Frank P. Viti (SuccessMap Consulting Group) will join our congregation to provide an overview of the process and share overarching thoughts and feedback from our members.

The insights and feedback from our members will guide the BEBY leadership team in developing, communicating, and implementing a new strategic plan. As Chairman of the Board, one of my key responsibilities will be to lead the implementation of Board governance best practices as recommended by the plan.

Our Board is committed to serving the current and future needs of our congregation and addressing our responsibilities in managing the financial, administrative, social, and spiritual needs of our members.

In this Keshet, you will find the Board Nomination Form. As we continue to plan for our future, I encourage you to consider running for the Board. Please think about becoming involved. Feel free to reach out to me with any questions or concerns you may have.

I would like to thank our dedicated Board and Committee members for their commitment, dedication, and hard work, as always it is an honour and pleasure to work with all of you.

On behalf of my husband Brian and my family I would like to wish everyone a Happy and Healthy Shavout.

Miriam Zielger-Goldberg
Chairman of the Board
Vice President, GAASC
gaasc@beby.org



Miriam Zielger-Goldberg

FDSC

Our Fundraising Committee continues to meet bi-weekly. We are currently working to finalize dedications in the Koren Sacks High Holiday Machzor. There are very limited opportunities still available; if you are interested, please be in touch.

Our new campaign will be launched prior to the High Holidays - watch for details.

We are still looking to welcome new members to the Fundraising team, please contact me directly, if you're interested or have any questions.

Uri Carnat
V.P. Financial Development
fdsc@beby.org



Uri Carnat

EXECUTIVE DIRECTOR

Small World, Isn't It?

Over the course of the past several issues of the Keshet, I have written - tentatively at first, then optimistically and ultimately with some urgency about the importance of coming back to shul.

I'm pleased to report that we have made much progress over the past few months: we now have a regular morning minyan, followed by breakfast. More smachot have been celebrated and going forward the calendar is quickly filling up. Dedicated groups are returning for their regular knitting sessions on Mondays and games on Wednesdays. Rabbi Morrison's classes are now available in person, as they had been in the past.

We've proudly hosted a number of classes from neighbouring middle and high schools as well as many of our own congregants, as they experienced the Virtual Anne Frank House, currently housed in the Arback Hall. In April, we welcomed best-selling author, Dara Horn, for a dynamic and engaging discussion moderated by Rabbi Tina Grimberg. Over 200 people, many of them younger than our usual audience, were enthralled by Ms. Horn's unique take on anti-Semitism and the world's perspectives on Jews. After the discussion, she was mobbed as if she were a rock star.

Either this event touched a nerve or people were really happy to be out of the house!

All kidding aside, I believe both things are true. We have heard much about the mental and emotional health challenges experienced as a result of the pandemic. I suspect that we haven't begun to "unpack" everything we've been through.

I think the same dialectic exists around post-pandemic life: we know it's good for us to get back out there, but have become so comfortable in our little bubbles that we struggle to actually do so. It's certainly true for my husband, David, and I. We go through it every time we make plans to go out socially. EVERY...SINGLE...TIME.

Of course, when we go we're always glad we did- because it is restorative. We have the opportunity to engage with others, share some laughs and be part of the big, beautiful (and sometimes, sadly, ugly) world, instead of watching it unfold on TV. This, my friends, is what they call meaningful connection. This is community. This is what we've been missing. This is, in part, what we can offer.

A short time ago, we hosted two Kabbalat Shabbat services followed by dinners as part of the Cantor Search process. I was delighted to see so many people attend, but even more so, to witness the many rounds of Jewish Geography that were "played", the new connections forged and to hear the voices of our congregants together, in song- something we've all missed terribly.

Most of us were quite comfortable in our "bubbles" during Covid, and many liked the idea of watching services on livestream in sweatpants, with a coffee (or scotch) in hand. The thing with comfort zones, is that they aren't always good for us and ultimately, they are meant to be broken out of.

It's Spring and Shavuot. Why not break out of the bubble – and the Covid slumber and come back to shul?

Chag Sameach and I hope to see you soon,
Candace Vogel
Executive Director
candace@beby.org



Candace Vogel

Did you know?...

As you know, it is our practice to send a bereavement notice when there is a death in our community (a BEBY member or immediate family of a member).

We always include a note indicating that donations in memory of the person who has passed may be made to Beth Emeth. While the family may choose other charities (and indicate same in their listing with the funeral home) we are a not-for-profit and thus ask for donations to the synagogue. As a charity, we will not direct donations to other organizations.

If you click on the word "funeral" in these notices, you will be directed to the listing on the designated funeral home's website.



CANTOR SEARCH COMMITTEE

The Cantor Search Committee would like to thank the congregation for its participation in our ongoing search for a new Cantor. We are most grateful to the lay leaders who have stepped up to assist in leading services. Further, we understand the value and importance of having a full-time professional in the position.

Reporting to the Board, the Committee is made up of a diverse group from our membership, including several former synagogue presidents, representatives from the Executive, Ritual and Music Committees as well as our Young Families Cohort (including a high-school student).

We have made best efforts to engage the congregation in our work, including an initial survey on hiring priorities, a set of programs during candidate visits to provide in-person and online community participation and candidate exposure, followed by surveys to gauge congregational feedback.

All of this feedback has been carefully studied and taken seriously. Fortunately, it aligns with the work and recommendations made by the community to our external Strategic Planning consultants and aligns with the priorities of the Board and the Executive.

Music has been missed by the synagogue kehila as part of a warm and welcoming synagogue environment. Human engagement in our community lifecycle events is equally important as we return to synagogue and social life post-pandemic.

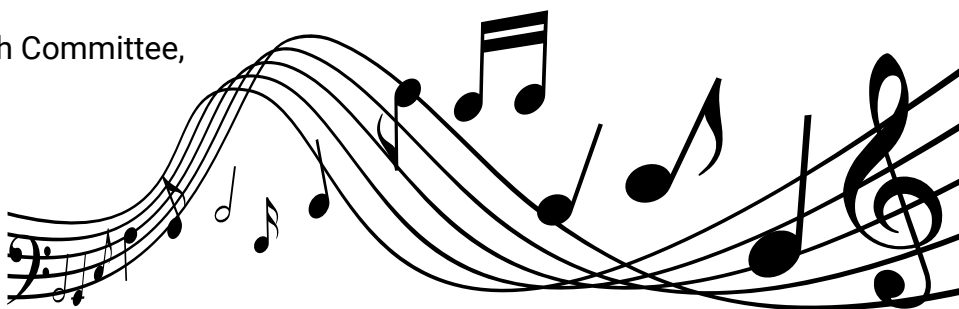
Based on a broad range of feedback, the shul needs both someone to lead us in davening as well as a full-time member of the clergy team to officiate these lifecycle events and to engage regularly with our membership.

At the time of Kesher going to press, the Committee has not yet concluded its work in recommending a candidate to the Board for next steps. We are committed to ensuring the best outcome with the right candidate, able to meet the current and future needs of Beth Emeth, both from the bima and in our daily lives.

On behalf of the Cantor Search Committee,

Co Chairs -

Uri Carnat and Rick Goldberg





PURIM PARTY



MISHLOACH MANOT

ALL PROCEEDS WENT TO
OUT OF THE COLD

SCHOLARSHIPS

DID YOU KNOW?

A little-known benefit of membership at Beth Emeth is the variety of scholarships available to children of members in good standing. These scholarships are available to assist in funding a variety of programs and educational opportunities. You are encouraged to explore.

Available scholarships fall into four categories:



THE RABBI KELMAN FUND

Offers scholarships for children attending approved Jewish overnight camps such as Camp Ramah, Camp Solelim, etc. Research shows definitively that attendance at Jewish overnight camp is a key factor in fostering Jewish identity among children.



THE ANISMAN ISRAEL FUND

Provides scholarships for those studying at recognized academic institutions or other immersive programs in Israel, such as USY Pilgrimage. These experiences often form the basis of a lifelong love of and commitment to Israel.



JOSEPH SMITH SPORTS ACHIEVEMENT SCHOLARSHIP

The Joseph Smith Sports Achievement Scholarship provides financial assistance to the younger members of our congregation who either wish to begin or continue their involvement in sports. The scholarship was established in memory of Joseph Smith z"l, an avid participant, fan and supporter of sports and athletics.



KAROL FAMILY SCHOLARSHIP FOR LIMUDAI TORAH

The Karol Family Scholarship Fund for Limudai Torah was established by the Karol Family in honour of Oren Shmuel Karol. This scholarship assists in funding students (or adults) wishing to pursue their goals and aspirations for higher learning in advanced Torah Study.



Applications can be found on our website at www.bemy.org/scholarships

Beth Emeth is proud to be able to support our members of all ages through our various scholarship funds. Our four scholarship funds last year supported over 25 youth and young adults in their various endeavors from studying Limudai Torah, to Jewish summer camps, to Israel gap year programs, to high level sporting activities.

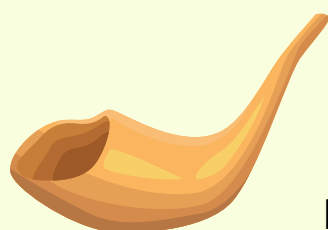
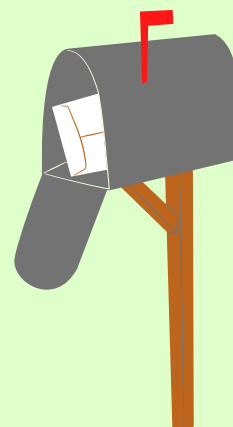
Over the years, our four scholarship funds— the Karol Family Scholarship for Limudai Torah, the Joseph Smith Sports Achievement Award, the Rabbi Kelman Endowment Fund and the David and Sandra Anisman Israel Fund —have assisted 100s of Beth Emeth members. We have supported future Rabbis, community leaders, teachers and more.

We continue to encourage all members to apply to our scholarship funds. Full descriptions of the funds and applications are available online at beby.org/scholarships

Please remember, the sustainability of these funds is dependent on your support. When contributing to the Synagogue, please consider donating to one of these funds to allow the Synagogue to award scholarships to more of our deserving members.



MEMBERSHIP RENEWAL IS COMING!
**We will be sending your membership
renewal out in the mail this year.**
Keep a look out!



HIGH HOLY DAY KESHER

We'd love to share your news!

If any members would like to share recent births, Bar/Bat Mitzvahs, engagements, weddings, nachas announcements - please email Sari at sari@beby.org by Thursday, September 1.

JOSEPH SMITH SPORTS ACHIEVEMENT SCHOLARSHIP

It is with great pleasure that I am reaching out to you to report on the "Joseph Smith Sports Achievement Scholarship" at the Beth Emeth Bais Yehuda Synagogue and to inform you of our NEW plans to expand the scope of the Scholarship so that more children can benefit from it.

The Joseph Smith Sports Achievement Scholarship was established to provide financial assistance to the younger members of our congregation, our children and grandchildren. Thanks to your support, over the past 15 years, dozens of Jewish students have received the Joseph Smith Sports Achievement Scholarship. These students all share a love of sports and strive to pursue excellence in their athletic endeavors ranging from Karate lessons, Basketball, Baseball, Hockey, Volleyball, Soccer, etc, and past participation in the Maccabiah Games.

As a member of Beth Emeth Synagogue, YOUR CHILDREN are entitled to the Scholarship. All you need to do is apply. These Scholarship recipients are a true testimony to Joseph Smith ז"ל. He was an avid participant, fan and supporter of sports and athletics. He understood the positive value of sports as part of a healthy, active and enriched life style.

THE TIME HAS COME TO EXPAND THE SCOPE OF THE SCHOLARSHIP

With your assistance, we will be able to increase substantially the amount available for distribution in the Joseph Smith Sports Achievement Scholarship.

It is for this reason, that the SMITH and MERKER FAMILIES are delighted to support this initiative, by MATCHING THE AMOUNT YOU DONATE. EVERY DOLLAR THAT COMES INTO THE FUND WILL BE MATCHED DOLLAR FOR DOLLAR!

My family and I are delighted to support this initiative and we ask you to join with us in this effort.

Please call the Synagogue at 416-633-3838 to make a donation. ALL DONATIONS ARE TAX DEDUCTIBLE. Please choose the Joseph Smith Sports Achievement Scholarship as part of your year-end charitable giving.

In memory of Joseph Smith ז"ל, and for the enrichment of our children's lives, I thank you for your attention and most importantly for your generosity.

In Friendship Always,
Esther Smith and Family



**Esther Smith with Joseph Smith Sports Achievement Scholarship recipients:
Ben Carnat, Jacob Carnat, Keira Grad**

NEWS OF OUR MEMBERS



Mazel Tov to Jason & Cheryl Mervin on the birth of their son. Grandson to Jan & Al Mervin, and Renee and Melvyn Klein of New Jersey

Mazel Tov to Aaron & Carmi Pearl on the birth of their daughter, Zoe Olive. Sister to Max Baer. Granddaughter to Mark & Elissa Pearl and Brian & Tiki Goldenberg. Great-granddaughter to Nellie Pearl and Meyer Pearl ל"י

Mazel Tov to Melissa & Gary Tabak on the birth of their daughter, Ariella Romy. Sister to Sloane. Granddaughter to Heather & Jerry Saltsman and Elena & Greg Tabak. Great-granddaughter to Asya & Josif Tabak



Mazel Tov to Benjamin and Jonah Carnevale, sons of Randi Rahamim Carnevale and Frank Carnevale. Grandsons of Evy Eisenberg

Mazel Tov to Ronen Lahav, son of Eyal & Allison Lahav, brother to Maya. Grandson of Pesia Singer and Barry Signer ל"י and Chana and Yacov Lahav


Mazel Tov to Toren Markus, son of Jeff & Danielle Markus, brother of Kataniya Markus. Grandson of Newton and Claire Markus and the late Lyla Markus ל"י and Gloria Pivnick and the late Harvey Pivnick ל"י

Mazel Tov to Zach Mandelcorn, son of Fara & Efrem Mandelcorn, brother to Abby and Jacob Mandelcorn. Grandson of Beverly & Reuben Redlick and Mark & Berenice Mandelcorn

Mazel Tov to Ryan Merker, son of Shayna & Darren Merker, brother to Halle. Grandson of Esther Smith & Marcello Delio and the late Joseph Smith ל"י and Gail Merker and Robert Merker ל"י

Mazel Tov to Dalia Sammeroff, daughter of Ava & Brett Sammeroff. Granddaughter of Riva & Marshall Lofchick and Elaine & Frank Sammeroff. Great-granddaughter of Mary Lofchick and the late Al Lofchick ל"י, the late Helen ל"י & Aron Ankiewicz ל"י, the late Rita ל"י & Edward Bloomfield ל"י and the late Lily ל"י & David Sammeroff ל"י

With pride and joy, Jack & Susan Goldberg wish a Mazel Tov to Jack's granddaughter Rachel Abramovici, daughter of Aviv Abramovici & Leora Goldberg-Abramovici, sister to Koby



Engagements

Mazel Tov to Evy Eisenberg and Ernie Karkoukly on the engagement of their son, Jesse Karkoukly, to Alex Travis, daughter of Rhonda & Neil Travis.

Mazel Tov to Michael & Martine Pacht on the engagement of their son Austin Pacht, to Rachel Gerber, daughter of Bryan & Davida Gerber. Grandson of Emma Jenah and Elie Jenah ז"ל, Sam ז"ל and Rose Pacht ז"ל and granddaughter of Morris ז"ל and Grace Freedman ז"ל and Harold ז"ל and Shirley Gerber ז"ל

Mazel Tov to Elliot Sugar & Evy Steinberg-Sugar on the engagement of their daughter, Hailey to Amir Ravid, son of Dorit and Yair Ravid. Granddaughter of Joe Steinberg and Anne Steinberg ז"ל Jean Sugar and Sydney Sugar ז"ל and grandson of Kohava Ziskind and Jacob Ziskind ז"ל and Shoshana ז"ל and Zecharia Bida ז"ל



Weddings

Mazel Tov to Mark & Elissa Pearl on the wedding of their daughter, Leah Miriam Pearl to Zachary Schendel, son of Jerry & Susan Schendel. Granddaughter of Nellie Pearl and Meyer Pearl ז"ל

Mazel Tov to Gail & Howard Bergman on the upcoming marriage of their daughter, Elyse Bergman to Ben Shaft, son of Tali & Eli Shaft. Granddaughter of Sam Borenstein and the late Tiffy Borenstein ז"ל and Esther Bergman and the late David Bergman ז"ל



Nachas

With much pride and happiness, Jack & Susan Goldberg wish a Mazel Tov to Jack's daughter Robin Goldberg on her graduation from Windsor Law School.

BEREAVEMENTS

Eva Goldberg ז"ל, mother of Eddy Goldberg

Larry Reznick ז"ל brother of Harriet Pearson

Rhonda Silzer ז"ל, sister of Ellen Stern

Terry Sherman ז"ל, husband of Ruth Sherman

Clement Cohen ז"ל, father of Emma Lieberman, Dani Cohen, Roy Cohen

Dina Tenenbaum ז"ל, mother of Gloria Goldberg

Harvey Jacobson ז"ל

Lily Goldberg ז"ל, mother of Rosalyn Drutz

Magda Klein ז"ל

Izhak Glucksman ז"ל, husband of Nurit Glucksman, father of Howard Glucksman, Jeffrey Glucksman

Gerszon Perl ז"ל, husband of Edna Perl

Morton Horowitz ז"ל, father of Brian Horowitz, Michael Horowitz

May their memories be for a blessing

BETH EMETH BAIS YEHUDA SYNAGOGUE
NOTICE OF GENERAL ELECTION – SUNDAY, NOVEMBER 13, 2022
INVITATION FOR CANDIDATE NOMINATIONS

Dear Member:

This is an invitation to Members with an interest in becoming a candidate for election as an Officer or Director of the Synagogue to indicate such interest to the Nominations Committee. The following positions will be voted upon: (a) One Vice-President; and (c) Eight seats on the Board of Directors.

A nomination form is enclosed. This form requires the signatures of the proposed candidate and seven other synagogue members in good standing. **Deadline for submission of nomination forms to the synagogue office is 2:00 pm Friday, October 7, 2022.** Nomination forms should be returned to the attention of Malcolm Weinstein, Chair-Nominations Committee.

The qualifications for holding office of Beth Emeth Bais Yehuda Synagogue are as follows:

- Vice-President: In addition to the qualifications for eligibility to serve on the Board, a candidate for election to the office of Vice-President shall have served no less than two years as a Director of the Synagogue.
- Directors: All directors and officers must be members in good standing, and must have been a member for not less than one year prior to the date of election and otherwise be lawfully entitled to act as director of a corporation.

If you wish to be considered for the role of Treasurer or Secretary (appointed positions) please indicate your interest to myself, at the address below or by calling the office.

If more information or clarification is required, please contact Malcolm Weinstein, Chair-Nomination Committee by e-mail at pastprez@beby.org.

Yours truly,

Malcolm Weinstein

Malcolm Weinstein
Chair, Nominations Committee



BOARD NOMINATION FORM under section 6.1.2 of the BEBY Constitution

This document or any facsimile thereof shall be used as a nomination form for Members in Good Standing of Beth Emeth Bais Yehuda Synagogue ("BEBY") who wish to run for a seat on the Board of Directors at BEBY at the 2022 Annual General Meeting to be held on **November 13, 2022**. A nomination will require the signatures of the proposed candidate and seven (7) other Members in Good Standing. The deadline for submitting this nomination form to the Nominations Committee (Malcolm Weinstein, Chairman) in respect of a candidate for the elections is 2:00 pm. October 7, 2022.

The undersigned Member in Good Standing of BEBY wishes to put his/her name forward as a candidate for the office noted next to his/her name at the upcoming Annual General Meeting of the Synagogue. The undersigned hereby confirms that he/she qualifies to run for such office given the prerequisites for such office as set out in the BEBY Constitution.

_____	X
Date	Name of Candidate
	Office: _____

Each of the undersigned is a Member in Good Standing of BEBY and by signing below is indicating his/her willingness to nominate the above named candidate to run for a seat on the Board of Directors, of Beth Emeth Bais Yehuda Synagogue.

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name

_____	X
Date	Signature
	Print Name

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name:

ALEPH BEIT CHADASH SCHOOL



Aleph Beit Chadash Hebrew School is committed to an engaging program that fosters Jewish pride and helps develop a strong Jewish identity. We strive to teach Jewish values by making the stories from our history relevant to students in their daily lives. Students learn to appreciate their heritage and the traditions that are rooted in traditional Conservative Judaism; they also learn prayers, Hebrew reading and basic vocabulary. Through discussions and activities that encourage critical thinking and mindfulness, our program, for children from Grade 1 to pre-Bar and Bat mitzvah, prepares students for accepting the responsibilities of Judaism. Students are inspired to advocate for and support Israel through their continued commitment to the Jewish community. We believe in building leaders for a strong Jewish community that is rooted in education and commitment to our Jewish Homeland.

This year we have been engaged in many great learning experiences, including sewing our own matza covers for Pesach. Students also participated in meaningful discussions about anti-Semitism, and they have been equipped with knowledge about Israel to ensure they understand and think critically about how Israel is portrayed in the media.

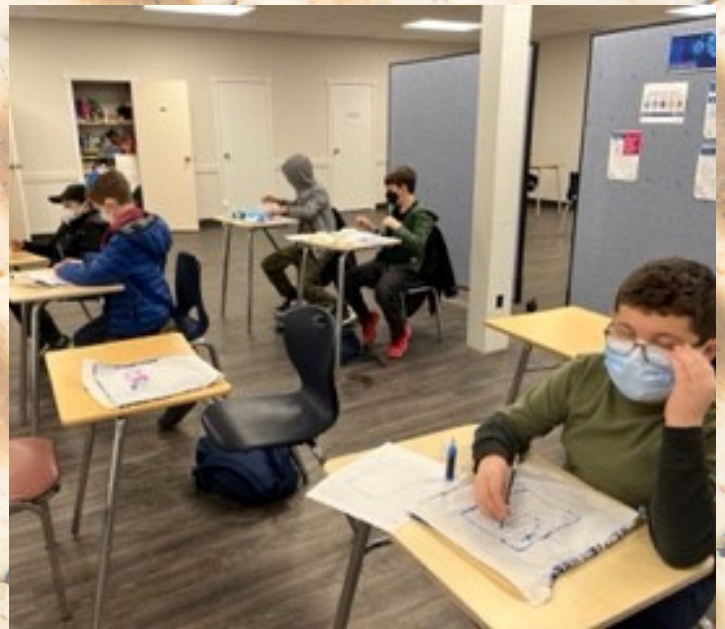
The greatest gift you can give to a child is the gift of education. The greatest contribution you can make to the Jewish community is to give your child a Jewish education. Sadly, we are currently experiencing a significant rise in anti-Semitism right here in our own city and in cities all around the world. Our children need tools to understand the climate of our communities and to feel connected to “Am Israel” so that they can stand tall and proud to be part of the Jewish people. Aleph Beit Chadash is dedicated to connecting children to that history and doing our part to ensure a strong Jewish future generation.

Beth Emeth has been an active participant in a new initiative to explore the kinds of Jewish learning opportunities that parents and their children want. Families from across the city were interviewed and we are implementing changes for the coming year to respond to the opinions and ideas suggested during our interviews. We will continue to offer our Sunday morning program and will be adding several new components to our existing program, including family field trips and on-line learning components for the older children. We are even starting to investigate the possibility of a family weekend retreat in a rural setting. We take seriously the challenge to maintain our legacy by capturing the attention, interest and passion of our students and we want to include as many children as possible!

Register your children now to be sure that they will have a spot in this exciting, engaging and enriching program. Call the shul to speak with Shauna Small, the Director of Education or email at schooldirector@beby.org.

We look forward to meeting you and your children or grandchildren early in the fall. In the meantime, we wish everyone a chag sameach and a safe and wonderful summer.

Passover Afikoman Bags



**We made
hamentashen!**



BEBY BOOMERS

Spring is blooming as the BEBY Boomer's have many programs planned for our synagogue members. As the Covid situation improves, we are anticipating hosting our programs in person at the synagogue in the near future. In the past few years we have tried to provide you with programs that included issues of wellness, fitness, religion, theatre and much more.

We are excited to inform you of our exciting upcoming programs which are for your enjoyment and interest:

Wednesday, June 23rd at 7:30 pm on Zoom

"Fraud & Scams Against Seniors" with Sheldon Parker, retired lawyer. He will provide strategies and steps to protect yourself in this digital age.

Wednesday, July 21st at 7:30 pm on Zoom

"What is Health" A Journey Into Wellness, presented by Dr. David Chandross.

Both these programs will be facilitated by individuals with knowledge and expertise in their fields. Please plan to schedule these two programs in your agenda.

From our committee you all of you and your families Chag Sameach!

Co-Chairs:


Marlene White & Ruth Gilbert




BEBY BOOMERS PRESENTS:

FRAUD AND SCAMS AGAINST SENIORS

JOIN US AS SHELDON PROVIDES STRATEGIES AND STEPS TO PROTECT YOURSELF IN THIS DIGITAL AGE



SHELDON PARKER
FOUNDING PARTNER OF
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LECTURER ON POLITICS, FRAUD,
ELDER ABUSE AND ESTATE
PLANNING.
PAST PRESIDENT OF ADATH ISRAEL
CONGREGATION, AND IMMEDIATE
PAST PRESIDENT OF JEWISH FREE
LOAN TORONTO.



THURSDAY JUNE 23 | 7:30PM *ZOOM
REGISTER HERE: [BEBY.ORG/EVENT/JUNE23](https://www.bebysynagogue.org/event/june23)

BEBY BOOMERS PRESENTS:

WHAT IS HEALTH? A JOURNEY INTO WELLNESS



Dr. David Chandross
(M.Sc., M.Ed., Ph.D.)
Dr. Chandross is a senior scholar in
residence at Ryerson University.
He is an expert historian
in the field of "women's studies"
and has done pioneering work in the
prevention of dementia in seniors
and technological use.



THURSDAY JULY 21 | 7:30PM *ZOOM
REGISTER HERE: [BEBY.ORG/EVENT/JULY21](https://www.bebysynagogue.org/event/july21)

CHESED KNITTERS



The old saying goes that the more things change the more they stay the same. That holds true for our Chesed Knitters.

Some of our group have experienced serious health challenges over the past 2 years and sadly, several have passed away. New people have joined us, yet all share the same passion for knitting and for helping others that the Chesed Knitters has always stood for. The Krinkle Project, which took our blankets to emergency shelters for women and children, is on hiatus, and we thank Barb Weisberg for helping to shepherd our blankets to those who needed them. The Linus Project Canada, York Region Branch recently collected 3 huge bags of blankets from us for delivery to children and families. We continue to knit for the Mishkeegogamang community in the far north. They want blankets (either small or twin bed sized), hats, scarves, and neck warmers. Of course, we are continuing to knit the black toques for the IDF.

Now that travel is resuming to Israel, if you are going and have room for a few hats in your suitcase, please contact the shul and someone will get back to you about how and where the hats need to be sent.

Everyone who knits or crochets will tell you that it is such a calming activity and one that provides great satisfaction. We welcome everyone from the community who wishes to join us and we will even give lessons on how to knit or crochet. We provide the yarn and needles. All we need is you!

We continue to meet every Monday morning in the shul at 10 AM and will meet throughout the summer. Join us whenever you are able.

Best wishes for a Chag Sameach,
Eleanor Minuk
On behalf of the Chesed Knitters



CONTINUING EDUCATION

Why does it feel like the last Keshet article was just published yesterday? This time of the year we seem to always be busy going from one holiday to another in a short period of time. Reminds one of the late summer when Rosh Hashana and Yom Kippur happen upon us before we know it. That seems to be the way we have come to know the Jewish calendar at certain times of the year.

For us at Continuing Education that feeling usually happens each month as we work from one program to another and one month to the other. We have been able to educate you recently with images of Shylock in two parts and Rabbi Cella who came to love Judaism in a roundabout life experience that informed her of the beauty of our religion. The future offers many more opportunities to learn and inform from an array of speakers who come from places so far unknown.

I hope you enjoyed listening to Barbara Kay late in May as she once again opened our eyes and minds to what is happening now in our world around us. Coming up we will have a lecture on Vaclav Havel through Lockdown University and then a special treat in July when we will showcase a new author who not too long ago was a big part of our lives. Keep your Sunday morning calendar free that month for this not to be missed in-person program. There will be more surprises coming your way as we develop more ideas. We are always open to your thoughts and topics for new programs. You can always contact us through the Shul office and we would love to hear about your ideas.

In the meantime we wish you all a Shavuah Tov and hope that your summer is full of fun and laughter in whatever form makes you happiest. We will look forward to seeing you at our programs whether they are on Zoom or in-person. The synagogue is opening up and so are we as we work to bring great programs to you.

Keep that calendar handy!

Perry Davis and Marlene White

★
★ ★ ★

WEDNESDAY JUNE 22 AT 7:00PM

BEBY'S
Continuing
Ed presents

Reel & Spiel

JUDI
DENCH

MAGGIE
SMITH

BILL
NIGHTY

CELIA
IMRIE

PENELOPE
WILTON

RONALD
PICKUP

DEV
PATEL

AND RICHARD
GERE

THE
Second
BEST EXOTIC
MARIGOLD
HOTEL

Bruria Cooperman, author and BEBY member
will give a review after the film

Enjoy the movie in person with us at Beth Emeth
register here: [beby.org/event/june 22](http://beby.org/event/june%20)

GREENING COMMITTEE



The news coverage of the war in Ukraine has been especially distressful when I visualize and empathize with what my parents, Holocaust survivors, must have gone through. Displaced, travelling to and remaining in Displaced Persons camps with a baby and then a toddler, numbed and in shock, discovering that they had no family members left in Europe, and no home to return to and that they were now displaced refugees. I am so grateful that I had loving parents and a cousin in Canada who stepped forward and took the responsibility to provide for us so that we could come to this country and start life in a safer, more peaceful environment.

Exodus describes the mass emigration of our ancestors from Egypt and slavery, and our people receiving Hashem's Ten Commandments that commands us in shaping our relationship to Hashem and to our moral and ethical behavior to our fellow man.

The book of Ruth depicts how Ruth leaves her home and is displaced partly due to the famine in her home. Boaz, complying with Mosaic Law, leaves the outer fields for gleaning by the poor and for the travelers, on their journeys across the land. But Boaz went beyond what the Mosaic law requires and had his workers leave extra grain for Ruth. (Ruth 2: 13-16).

Today, we may encounter both political and environmental refugees displaced by wars, politics, economical hardships or by environmental weather extremes such as flooding, wildfires and droughts. They may remind us that we were once strangers in our adopted homes.

Experiencing trauma does not just disappear and therefore, we all hope to find that we are accepted and our exceptionalities, that linger as a result of earlier traumas, understood.

Thus, there is increased awareness of environmental distress, eco-anxiety and eco-grief when describing Climate Change. On behalf of our Greening Committee, please join us in the fall (date to be confirmed) as the Honorable Justice Michel J. Shore visits us in Toronto for a presentation not to be missed. A presentation that will draw on his knowledge gained from his work with War Criminals and from helping people recover from Post-Traumatic Stress. He will be joined by an experienced physician.

A second program in the fall will be on the topic of food insecurity and food waste. Please contact me if you want to assist in shaping these programs.

As we transition towards the new normal, Mel and I wish you and your families joyful Chag Sameach while keeping safe by wearing your masks as directed by Public Health, washing your hands frequently and getting the appropriate booster vaccines as indicated by Public Health.

Hilda Swirsky
RN, BScN, MEd Chair of Greening Committee

LIBRARY COMMITTEE

What an exciting year this has been for the library and our book events!

We ran 9 individual events showcasing authors from Canada, the United States, The Soviet Union, Iran, England via Venezuela, and Israel, and 3 of our events were led by reviewers from Canada who brought insight and depth to the books they discussed. We would never have been able to provide the range of programs had we not zoomed our sessions. That being said, we look forward to next year when we can (hopefully!) begin to once again offer sessions in person.

Many thanks to our very generous sponsors. We encourage you to contact them if you are in need of any of their services. Once again, thank you to Baycrest, VIVA Thornhill Woods Retirement Community, Thornhill Naturopathic Clinic, PMT Home Services, Kensington Place Retirement Residence and Sienna Senior Living. Special thanks go out as well to the Weinstein Family Fund.

We have already booked our dates for next year and have our first presenter lined up! If you have a good book on a Jewish theme or by a Jewish author that you would like reviewed, please contact the synagogue and someone will call you back.

We have recorded those sessions for which we received permission from the speaker. If you missed an event or would like to revisit a previous book event, go to the Programming section of the synagogue website, scroll down to Watch Past Programming, then to Library and use the arrows to search for the event you are looking for.

Our library was open for a short while this past spring and we will reopen Sundays once our Aleph Beit Chadash Hebrew school is open again in the fall. We continue to purchase new and current books for our collection, so check us out after the summer holidays. We gratefully accept donations to the Library fund which help us to grow our collection.

Chag Sameauch from the Library Committee
Eleanor Minuk and Janet Loterman

MARTY KESHEN CHESED COMMITTEE

Helping Shul Members and the Community

Covid safety measures continue to impact traditional Chessed Committee activities such as visiting the bereaved, collecting food and other items for the food bank, and visiting those in need of visitors.

Members of the Chessed Committee continue to reach out to Beth Emeth Bais Yehuda seniors to keep in touch and to see how they are coping. Our members are truly appreciative of this outreach. **We are available to contact, by telephone, others in our community in need of social contact.**

Virtual Coffee and Conversation on Zoom is an initiative of the Chessed Committee and BEBY as a place for members to get together and connect and chat. We continue to meet twice weekly and hope to see you at one of our sessions.

The Chessed Committee, on behalf of Beth Emeth, acknowledges individual birthdays and anniversaries with a personal phone call.

We have a group of dedicated volunteers who are available to provide much needed support to our members at all ages and stages of life.

Please contact the shul if you would like a member of the Chessed Committee to contact you:

- In times of illness
- In times of bereavement
- In times of loneliness
- Who need emotional and social assistance

You can call the shul office or email us at cheded@beby.org

Marty Keshen Chessed Committee Chair,
Helen Katz



SOCIETIES

*Best wishes and
Chag Sameach!*

*Your friends at the
Weirzbniker Society and Farband Society*



SUNDAY, SEPTEMBER 18TH

Wierzbniaker Society Haskara
10:45 am at Bathurst Lawn

Farband Society Haskara
11:45 am at Bathurst Lawn

ANNE FRANK HOUSE EXHIBIT

Since early May we have been fortunate to host the Virtual Anne Frank House in the Arback Hall.

An interactive experience accompanied by a video, the exhibit consists of about 40 standing panels with photographs and text tracing Anne's story in parallel with the Holocaust. Quotes from Anne Frank's diary are included, adding the unique, personal perspective of this renowned 14 year old girl during the war. There are additional panels that specifically address the experiences of Canadian soldiers during World War II.

The exhibit is primarily targeted at middle and high school students, but is certainly of interest to adults. We have hosted a number of school groups, who are also given a tour of our sanctuary and guided through the exhibit with a focus on the dangers of hate, intolerance and ignorance. Led by a trained Holocaust educator, this becomes a unique multi-dimensional, multi-media experience for the young people who attend.

We are most grateful to the Goldfinger family whose ongoing commitment to Holocaust education benefits not only Beth Emeth, but the community at large, for their generous sponsorship of this fascinating exhibit.





SPONSORED BY THE GOLDFINGER FAMILY FUND

In collaboration with: **anne frank** house



Anciens Combattants
Canada

Veterans Affairs
Canada

SPONSORSHIPS

*Honour your loved ones and your family milestones
with a sponsorship at Beth Emeth.*

Mincha/Maariv services / classes - \$54

Breakfast after morning service - \$180

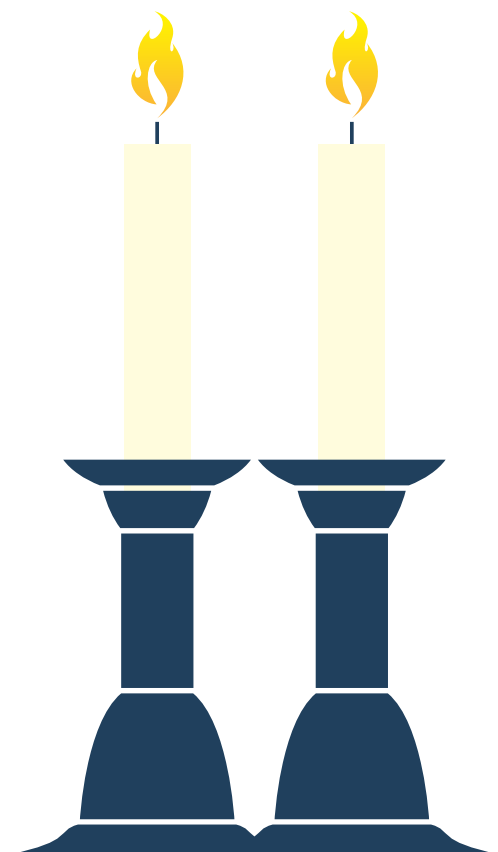
Enhanced breakfast after morning service - \$250

Kabbalat Shabbat / Havdalah - \$72

Shabbat morning services - \$108

Congregational Kiddush - \$360

Visit beby.org/form/sponsor or call the office



CANDLE LIGHTING TIMES

DATE	PARSHA	CANDLE LIGHTING	HAVDALAH
Jun 3	Bamidbar	8:36	
Jun 4	Shavuot	9:49	
Jun 5	Shavuot	9:50	9:50
Jun 10	Nasso	8:40	9:54
Jun 17	Beha'alotcha	8:43	9:57
Jun 24	Sh'lach	8:45	9:58
Jul 1	Korach	8:45	9:57
Jul 8	Chukat	8:42	9:54
Jul 15	Balak	8:39	9:49
Jul 22	Pinchas	8:33	9:41
Jul 29	Matot-Masei	8:26	9:33
Aug 5	Devarim	8:17	9:22
Aug 12	Vaetchanan	8:07	9:11
Aug 19	Eikev	7:57	8:59
Aug 26	Re'eh	7:45	8:46
Sep 2	Shoftim	7:33	8:33
Sep 9	Ki Teitzei	7:20	8:20
Sep 16	Ki Tavo	7:08	8:07
Sep 23	Nitzavim	6:55	7:54

RECIPE

French Lemon Tart



Worth the effort!
Happy Holiday from our family to yours.
Keep safe,
Reni

PASTRY

1 1/4 cups flour
1/2 cup icing sugar
Pinch salt

2 large egg yolks save whites
1 tbsp orange juice
1/2 cup cold butter cut into cubes

- Combine flour, icing sugar, and salt
- Put into food processor and add butter. Add yolks and combine and add orange juice if too dry
- Pat dough into 10 inch tart pan with removable rim making sure to have pastry on bottom and up the sides.
- Prick bottom with a fork. Cover with plastic and chill for at least 1 hour
- Heat oven to 350
- Place foil on tart pan to cover sides as well as base. Place pie weights on foil and bake for 15 minutes
- Remove foil and weights. Cool. Brush shell with egg whites. Return to oven for 10 minutes. Cool

FILLING

2 eggs
2 egg yolks
2/3 cup sugar
Lemon zest

2/3 cup fresh lemon juice
1/2 cup sour cream

- In bowl, whisk egg yolk, eggs and sugar till blended
- Add lemon zest and juice and sour cream
- Mix till well blended
- Pour into crust
- Return to oven and bake 20 - 25 minutes till set
- Cool and remove rim of pan
- Decorate as desired

FROM THE DESK OF

Rabbi Howard Morrison
.....

To: All Members of the Toronto Community Mikvah

From Karen Goodis, Chair and Rabbi Grover, Chair Rabbinic Advisory Committee

THE IMPORTANCE OF THE MIKVEH IN MODERN JEWISH LIFE

Rabbi Jarrod Grover

The Torah teaches that the natural world, including the human body, can attain lower or higher states of spiritual purity. It is our responsibility as Jews to always seek to elevate that level. One means of doing so is through full-body immersion in water. Water, which is one of the principal ways God enables life, is seen as a tool for purity.

The specific rules for immersion are not clear in the Torah, but in the Rabbinic Era, beginning in the first century BCE, we find developed norms for this purification rite. The early rabbis required immersion in “living water,” defined as any permanent body of water, such as an ocean, lake, river or stream. They also allowed immersion in a cistern fed directly by rainwater (rather than piped-in water), so long as the water inside the cistern remained stationary. This is called a mikveh – literally, a collection.

Today, the main clientele for mikveh immersion are women who take a monthly dip following the end of their menstruation in accordance with the laws of “family purity,” as set down in the Talmudic tractate Niddah. The same applies for women who have given birth.

Other uses of the mikveh are custom rather than law, but can be deeply spiritual. Many brides and grooms attend the mikveh before their weddings, and others attend the mikvah to mark important moments of transition in life. Some Jewish men, and increasingly women, immerse in the mikveh prior to Shabbat, the holidays, and especially Yom Kippur.

Increasingly, progressive Jews use the mikveh to mark life events. According to author Anita Diamant, founder of Mayyim Hayyim, a progressive community mikveh outside Boston, “In the last generation, there has been an embrace of tradition by learned and learning Jewish women who have redefined mikveh, re-understood it in womanist and feminist terms.” For some progressive Jews, mikveh is a tradition and spiritual practice that can be used to heal from various trauma including sexual assault, chemotherapy, and divorce.

Immersion in a mikveh involves much more than attaining physical cleanliness. Because the mikvah symbolizes re-birth, an individual must immerse fully and entirely naked; even rings and earrings must be removed. Once completed, the proper blessing must be recited, with intent.

The mikveh is more than simply a device for reversing a state of impurity. It is a means of infusing the soul with spirituality. It is no wonder that mikveh immersion is the final requisite for converting to Judaism – a spiritual rebirthing. This use of the mikveh, for the conversion of both men and women, adults and children, is common to every religious movement in Judaism.

Given the primeval link between the basic elements of water, body and spirit, it is only natural that mystical Judaism latched onto the mikveh as a tool for spiritual expansion. The Kabbalah teaches that the living water can remove forces of negativity in the individual. The kabbalists of Tzfat would frequently immerse themselves in the cold spring waters of Rabbi Isaac Luria's mikveh as part of a meditative regimen, a practice that continues to this day.

The Talmud lists ten institutions that every good-sized Jewish community needs to have, such as synagogue, ritual slaughterer and mikveh. The latter is of primary importance, so much so that the rabbis decreed that a community should even sell its synagogue building in order to finance the construction of a mikveh.

The state of modern mikva'ot vary across cities and communities – from seedy and seemingly unsanitary to luxuriously pampering, with plush towels and a selection of high-end amenities. The Toronto Community Mikveh, located in Thornhill, is beautiful and clean, and kept to a high halakhic standard. Like many mikva'ot, its natural cistern is filled with lake-ice which melts into water. In turn, the natural cistern connects to the immersion pool, which is comprised of heated treated water. Most importantly, the Toronto Community is the only local mikveh available and accessible to the entire Toronto Jewish Community. It is a powerful symbol of cooperation between different Jews and different synagogues, all committed to enhancing Jewish life in our city.

To ensure safe and proper immersion, volunteers are called upon to assist and supervise with discretion. The Toronto Community Mikvah relies on these “shomrim” and “shomrot,” in addition to many other volunteers who help keep our mikvah accessible and functioning day to day. This work is meaningful and spiritual, and we're always looking for new volunteers. If you are interested in learning more about what is involved, please contact your rabbi who will connect you with the appropriate people.

We are looking for more volunteers to serve as shomrot (mikvah guides) which is a wonderful volunteer opportunity that is not an onerous time commitment.



CHAGSHAVUOT SAMEACH

James 🍁 Pasternak
Councillor | York Centre - Downsview



**If you need assistance with Municipal matters,
Please contact my office at:**

416-392-1371 | Councillor_Pasternak@Toronto.ca

www.JamesPasternak.ca

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