



**PURIM/
PESACH**

KESHER



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purim services schedule

FAST OF ESTHER & EREV PURIM

Monday, March 6

- Shacharit - 7:15 AM Chapel
- Mincha/Maariv - 6:00 PM Chapel
- Megillah Reading - 6:45 PM Main Sanctuary
- Purim Spiel to follow

PURIM DAY

Tuesday, March 7

- Shacharit and Megillah - 7:15 AM Chapel
- Mincha/Maariv - 6:00 PM Chapel

the four mitzvot of purim

1) The Reading of Megillat Esther – Every word of the Megillah must be read and heard by those present. The commandment applies equally to men and women because the “entire” people were under the threat of annihilation and thus deserve to celebrate the victory. Children, too, are strongly encouraged to listen to the entire Megillah reading.

2) Mishloach Manot – The exchanging of gifts of food is based on chapter 9:19: “...a holiday and an occasion for sending gifts to one another.” This obligation displays communal solidarity and creates a bond of friendship between fellow Jews.

3) Matanot Le’evyonim – The obligation of gifts to the poor on Purim is based on chapter 9:22: “...an occasion for sending gifts to one another and presents to the poor.” According to Jewish law, it is necessary to give these gifts to at least two people.

4) Seudat Purim – The festive meal is also based on 9:22: “The same days on which the Jews enjoyed relief from their foes and the same month which had been transformed for them from one of grief and mourning to one of festive joy, they were to observe them as days of feasting and merrymaking...” Inviting the less fortunate to one’s festive meal is of primary importance.

Beth Emeth

BETH EMETH PURIM FAMILY CARNIVAL

MONDAY MARCH 6
5:30PM

MINI MEGILLAH READING

REGISTER HERE:
BEBY.ORG/EVENT/PURIM

COTTON
CANDY

PIZZA
DINNER
FOR KIDS

SNACKS

ARTS &
CRAFTS

GAMES

MAKE YOUR
OWN
HAMENTASCHEN

BALLOON
ANIMALS

FACE
PAINTING

MEMBERS
FREE
NON MEMBERS
\$18 PER
FAMILY

POPCORN

BEBY PLAYERS PRESENT

KELLY * JACOB * LYNN * MEL * RENEE * SAM * JOANNA

IN

BETH EMETH'S PRODUCTION OF

A SEUSS-SHAN PURIM!



MARCH 6, 2023 IN THE SANCTUARY

IMMEDIATELY FOLLOWING THE MEGILLAH READING (WHICH STARTS AT 6:45 PM)

WRITTEN BY @1998 ROBBI SHERWIN AND DANA BARUCH

MUSIC FROM SEUSSICAL JR. BY STEPHEN FLAHERTY WITH LYRICS ADJUSTED BY KELLY

BASED ON THE WORKS OF DR. SEUSS AND (OF COURSE) THE BOOK OF ESTHER

PIANIST SARAH AND LIGHTS BEN

WE DO NOT LIKE GREEN EGGS AND HAMAN!

SENIOR RABBI

RABBI HOWARD

MORRISON

rabbi@beby.org



A DIFFERENT KIND OF PURIM AND PESACH FOR ME THIS YEAR

Dear Congregational Family,

Purim and Pesach both share the themes of gratitude for miracles performed in our people's past. The special prayer for Purim, known as Al-Ha'Nisim (for the miracles), is situated in the gratitude paragraph of the daily Amidah. The same is true at Chanukah time.

Pesach is also a time of gratitude for the freedoms we have as a people and which should never be taken for granted. The fact that we recite Hallel, special verses of praise, in the evening when reciting the Haggadah, as well as during the mornings of the Festival, emphasizes the note of gratitude. Seder songs, such as Dayyenu, also inspire us to be grateful for all the little things in life.

As I write this Keshet article (early February), I am recuperating from a recent surgical procedure. While I may carry some discomfort for a few months, I am extremely grateful:

- To the doctors and staff who treated me;
- To my relatives and personal friends who stayed in touch with me;
- To all of you - my congregational family: Staff, shul members, and others who have extended Refuah Shlemah wishes to me;
- To Hashem - in Whom I trust at every moment of my life.

When we celebrate the revelry of Purim, please remember to articulate to whom and for what you are grateful.

When we celebrate the Seder nights of Pesach, please remember to articulate to whom and for what you are grateful.

Every day is an opportune time to be grateful. We begin the day by reciting "Modeh Ani - I am grateful." Three times a day, we recite "Modim Anachnu Lach - We are grateful to You." Of course, our own personal and spontaneous prayers may be recited and heard all the time.

Nevertheless, there is something extra special when we can bring our personal experiences of gratitude to the celebrations of our annual holidays. Purim and Pesach offer us the opportunity to be extra grateful for our lives, our relationships, and our heritage.

I wish everyone a freiliche Purim and a zissen Pesach.

Rabbi Howard Morrison



passover workshop



with Rabbi Howard Morrison

SUNDAY, APRIL 2 | 9:30 AM
CHAPEL/LIVESTREAM

An overview of the seder structure; tips for great seder leading; preparing the home; beautiful seder melodies will be taught.

1st Women's Minyan Service

Shabbat March 25th at 4PM

Lerman Chapel
Refreshments to follow

Please RSVP to Jennifer if you plan to attend
programs@beby.org or 416-636-3838 ext. 288

Haftarah Training Class!

Men and Women, Boys and Girls
post Bnai Mitzvah age

Join Rabbi Morrison
Sunday, March 26
Lerman Chapel at 9:30AM

Please bring a recording device!

JOIN RABBI MORRISON FOR WEEKLY STUDY CLASSES

mondays: jewish law & modern issues

ZOOM

text can be
printed or
picked up in
office



tuesdays: rabbi's study group

IN PERSON (CHAPEL) & LIVESTREAM

ISRAEL TRIP 2023

We're planning a synagogue trip to Israel with Rabbi Morrison.
Visit www.beby.org/israeltrip for more information or reach out directly
to Rabbi Morrison - rabbi@beby.org

TRIP DATES:
October 30
thru November 13,
2023

Registration
open with \$200
US deposit



PRESIDENT STEPHEN WERGER



president@beby.org

Dear Fellow Beth Emeth Congregants,

It is hard to believe that Purim and Passover are quickly upon us. It seems as if I wrote my Chanukah article just yesterday.

The overriding theme of Purim is the saving of the Jews from a mortal threat. Even though G-d is not mentioned at all in the Book of Esther, from a Jewish perspective, G-d is the one who is pulling the strings of redemption behind the scenes. The holiday of Purim has become one of the best-loved holidays of the Jewish year. The reasons for this are easy to see: it is a joyous holiday on which everyone just lets go. Most significant, however, is the very nature of the story of Purim. It is easy to see how a story in which a small and threatened Jewish community in exile is able to triumph over its foes would prove to be a powerful image for a Diaspora community faced with centuries of threats from many different sources. The story of Purim, however, holds out the hope that no matter how bad the circumstances, things will turn out well in the end.

As we are aware, anti-Semitism never goes away. It surrounds us in our daily lives. We at BEBY treat this matter with great concern. We are constantly upgrading our knowledge regarding incidents in our community. Our Security and Safety Committee is very active and in contact with UJA regularly. We have improved our security features, of course, I can't disclose those new features, for security reasons.

Many of you have been asking: 'when are we getting a new chazzan'? After considerable discussion, debate and recent experience, the leadership of BEBY has decided that it is more important to hire an individual with a more varied skill-set. We are actively seeking a Spiritual Engagement Director. The ideal candidate could be a rabbi, cantor or ritual director or possesses the requisite skills; is flexible and adaptable; enjoys variety in his work routine and is comfortable in a hands-on role. The Spiritual Engagement Director will work collaboratively with key stakeholders including the Senior Rabbi, lay leadership, professional staff and volunteers to serve in a variety of ritual, para-rabbinical, pastoral and cantorial roles.

I'm pleased to share that we have had many applicants, and as I write this article, the Search Committee is preparing to interview a number of the potential candidates. We will keep you updated. As well, we will soon embark on search for a Cantor to lead us at High Holiday services. In mid-February we welcomed guest Cantor Adam Frei, who spent a Shabbat with us. Cantor Frei will be our guest Chazzan on other occasions, watch the website for announcements.

Our strategic planning consultants have provided the results of their work. Among the recommendations was restructuring our governance model. There is a need to make our Board more strategic in its orientation. This is a major undertaking and I foresee some growing pains, but it is necessary.

Another potential area of change, based on the interviews and survey process conducted, is to look for ways that women can have a greater role in our ritual practice.

Currently the Ritual Committee in consultation with Rabbi Morrison are studying this recommendation. Leadership will determine under the Traditional Halakhah that is practiced at BEBY what changes, if any, are acceptable.

We continue to have daily minyanim, although we NEED your help with afternoon/evening service. Please make a pledge to yourself to try and attend a minyan. People are saying kaddish and our attendance is a small mitzvah we can perform.

Our Young Family Shabbat program is growing under the leadership of Guy Mannheim. Guy is a wonderful teacher; I attend his adult program and find it fascinating to discover new concepts about our Patriarchs and Matriarchs. Please, if you have a young family, come join Guy on Shabbat. Check the website for dates.

We are also continuing our search for a Youth Director. If you know of a dynamic individual with a strong Judaic background, please let us know.

Financially, we are solid. Speaking of finance, the biggest issue /concern of our members is KIDDUSH. We have come a long way since the pandemic ended. We no longer have boxed lunches on Shabbat. We know how important kiddush is to our members. When making a donation to BEBY, why not direct it to the "mitzvah fund"? This is a general fund which we can use to offset kiddush expenses. Once we have a substantial amount collected, we look forward to further enhancing our kiddush offer- hopefully to include many of your favourites. For me, it's cholent!

On a more serious note, our 70-year-old building has to be constantly maintained and upgraded.

We are in the process of putting into place a major campaign to raise funds. So, if you would like to get an early start and make a major donation, please contact Candace or myself!

Purim is upon us shortly, I hope to see many of you at the reading of the megillah and if not, just remember Pesach is just 4 weeks away, oy!

If you have any questions or concerns, as always, feel free to contact me.

On behalf of my family,
Chag Purim/Pesach Sameach

Steve Werger



CHECK YOUR INBOX!

Tax receipts were sent out this week by email. If we do not have your email address, you will receive it by mail.

Please note: if you made a contribution to our High Holiday Campaign via the online campaign you would have received a tax receipt directly from "Raise Days". Should you require a replacement for that receipt please contact Natalya at accounting@beby.org

BOARD CHAIR

MIRIAM ZIEGLER -

GOLDBERG

chair@beby.org



Change does not change tradition, it strengthens it. Change is a challenge and an opportunity not a threat. – Prince Phillip of England

As I have mentioned in previous articles, the Synagogue has undertaken a strategic planning process and is working on its Strategic Plan and its implementation. Through interviews, focus groups and feedback received from our members - thank you for participating - it was clear that our members find tradition important, but they also want change.

Recently, I came across an article, Tradition or Progress, written by Tzvi Freeman. I would like to share with you an excerpt from that article:

“Paradox, I believe, is the trademark of all things Jewish: If you've resolved anything Jewish without any trace of paradox, go back and get your facts straight. There ain't no such animal. In fact, that's how most misunderstandings arise: They are the creations of innocent minds that will go to all extremes of distortion to save their souls from the discomfort of eternal, sustained paradox.

One paradox that lends itself to disastrous sins of misunderstanding is the tension between tradition and progress in Jewish life. Are we the guardians of the past, our chief mission and mandate to preserve our heritage at all costs, untainted by the winds of change? Or are we the opposite—the fomenters of revolution and dissent, ever out to upset the status quo and leave nothing untransformed?

Quite clearly, we are both. Think of the image of the first Jew—who was also the first iconoclast:

A recalcitrant teenager smashing the idols in his father's home.

Think of our birth as a nation through a revolt against social injustice. Think of our people's contribution to history: The Jewish idea of innate human dignity, of social justice, of purpose, of a goal of world peace, of a G d that cares about His world—this has always been the radical element to which all social change can ultimately be traced.

Yet our identity is preserved through our traditions. We adapt by returning to them for precedent and fortitude. We study them continuously and cherish them more than any other possession.

So there is a dual dynamic here, and as in any duality, we must determine which side of the coin is dominant and which secondary: Does progress serve tradition, as a sort of adaptation scheme to preserve the species called the Jewish People? Or does tradition serve progress?

The second proposal is inescapably evident: The thrust of Torah is to change the world. Tradition is no more than a safeguard to effective change.

The essence of Torah, after all, is Halachah (Torah law)--and every Halachah can be reduced to the same statement: The world as you find it is like this. You must make it like that. The same with the stories of our people: The story of Genesis, of the forefathers, of the Exodus, of our entire history, all move in a well-defined progression towards a purpose and a goal. Indeed, it has been posited that the whole idea of progress originates with the Bible.

Tradition, then, is the guardian of progress. Because progress without tradition is just change for the sake of change, spinning about in hopeless circles.

To truly move forward, you need a tradition of progress—so that you will remember from where you are coming and to where you aim to go. You need traditions to preserve identity, so that when you participate in the world's progress, you do not forget who you are and what are your true goals. To be effective in the long term, you need to stay on the outside while working on the inside—yet never forgetting that the true purpose lies on the inside. Tradition is the foundation dug deep in the ground to support the monument of progress towering in the air.

So obvious, yet so easy to forget—especially for those who will always seek the easy way to resolve all paradox: by clinging to one side at the expense of the other.”

In this and upcoming issues of the Keshar, I will be introducing members of our Board to our membership. For this edition, I would like to introduce Richard Minuk.

Richard's grandfather was one of the founding members of Beth Emeth and some of Richard's earliest memories include going to the shul with his family during the holidays or on Shabbat. Richard works on Bay Street with BMO Nesbitt Burns on one of Canada's largest investment teams and is Chair of the Synagogue's Investment Committee. Richard and his wife Lily have a two year old daughter named Maya, who especially likes going up to the Torah and giving it a kiss. Most of Richard's free time is spent with his family, playing guitar, catching an NBA game or in his newfound passion for playing chess. Richard and Lily love to travel and have a scratch map in their kitchen indicating the countries they've been to so far: thirty-three countries and counting.

On behalf of my husband Brian and my family, I would like to wish everyone Chag Sameach.

Miriam Ziegler-Goldberg

FINANCIAL DEVELOPMENT

URI CARNAT

fdsc@beby.org



Thinking of Purim and Pesach, we think of the past and the present, the larger Jewish community, our synagogue community, our families, and the investment we all continue to make in the future of Jewish continuity.

We receive and we give in all of these relationships.

As the synagogue continues to rebound from two (+) challenging years, we are all called upon to help, as we did before, with our presence, our time, and in financial giving, a reinvestment in a community that is always there for us. And in this giving, we honour those whose commitment has left us a wonderful kehilla and building, and honour our families, past and present, as we set an example for our children.

The operating and sustaining expenses of the synagogue have never been covered by membership dues only. Donations are always required. That said, the challenge of a well-run and financially responsible synagogue is that to speak about our success in balancing the books reduces the sense of emotional urgency about the continued need for financial support.

Through effective administration, and through two generous family donations from last financial year, the balance sheet last year was positive and may be so again this year. But so is the sense of urgency for continued support. Besides the daily operations of the synagogue covered by donations, our capital needs are pressing with a long list of building maintenance and repair issues.

Most important, though, are the people of our community. Old and young and in between, Beth Emeth provides so much, and this giving requires giving in return.

So how can you help? There are the bigger ways like our major naming opportunities or a family memorial board. And there are the smaller ways, but there are no small ways.

To start with, be present with your families and friends in the synagogue and in our many programs. Celebrate a simcha at the shul, sponsor a kiddush, donate to the Chesed fund, honour others in the community with a donation. In an age of less-personal electronic communications, it's additionally meaningful to receive those Beth Emeth cards in the mail.

Rabbi Dovid Rosenfeld speaks about Maimonides' emphasis on the power of the habit of regular, even if small, donations. Rosenfeld summarizes: "Every generous act we do makes an impression upon us, training us to become more caring individuals. One of Judaism's great psychological beliefs is that if we act a certain way, we will ultimately grow into our behavior. We are our deeds much more than our thoughts. Therefore, in giving charity our emphasis is equally on the effect it has on the giver as on the benefit gained by the receiver."

And alongside the need to give with money, give with your time. Contact the office to help out with committees - volunteer your time and energy in supporting the Beth Emeth mission, a commitment "...to Jewish values, education, spiritual well-being and community"

Many of us 'do' give and 'have' given, and thanks go out to those who donated as part of the last high-holiday annual campaign. Let it continue. On behalf of my wife Kelly and our children Sarah, Ben, and Jacob, I'd like to wish everyone ongoing good health and Chagim Smechim. We look forward to seeing you in shul.

Uri Carnat

EXECUTIVE DIRECTOR CANDACE VOGEL

candace@beby.org



"If you want to go fast, go alone. If you want to go far, go together". - African proverb

A successful partnership is much more than the sum of its parts. Like a good marriage, each partner lifts up the other, supports, inspires and acts as a mirror and sounding board. Together they can achieve more than each could on their own.

One of the post-pandemic trends I've noticed, happily, is an increased interest in partnerships. Historically synagogues tended to be protective and proprietary about their ideas and programs. Now, as we all experience significant shifts in our respective communities, there is a new willingness to share with other organizations or even individuals. Sometimes these partnerships develop as a result of similar needs and others by sheer happenstance.

We've been incredibly fortunate to partner with Guy Mannheim, a dynamic 8th grade Bialik teacher, who happens to be a trained opera singer from Israel. Guy led warm and engaging High Holy Day services for our Young Families and has continued on to lead a monthly Shabbat service for that same cohort. Additionally, Guy delivered a fascinating program about the opera in Israel and teaches a regular Torah class about our matriarchs and patriarchs.

Many of you are aware of the longstanding relationship between Reena and Beth Emeth which, for many years, took place in the form of the Kadima program, founded by Rabbi Kelman.

We are in regular communication with Reena, in the hope that we can reactivate Kadima at BEBY.

In the interim, we've expanded upon our relationship with Reena by partnering with them around our Bar/Bat Mitzvah program. Reena has delivered several sessions already, on a variety of topics. I had the privilege of attending the recent session on "Sensitivity Training". This was a hands-on session in which the students (and their parents) had the opportunity to 'walk in the shoes' (literally!) of those with developmental or physical challenges and try to manage day-to-day activities and communication. I am hopeful that it opened the participants' eyes to some of the issues others may experience.



Another partnership we are currently cultivating is with the National Council of Jewish Women's Annual Passover Food Drive. The NCJW recently vacated their building on Bathurst Street after many years, and were looking for a home base for this long standing and most worthwhile endeavour. The organizers have advised that their recipient list this year is longer than ever as a result of higher food prices, economic challenges and an influx of refugees.



Who better than Beth Emeth to welcome this meaningful and sacred work into our space?

In an additional layer of partnership, our Out of the Cold Volunteers will be packing boxes of Passover food during the NCJW drive, and further, have donated funds to the project.

I am incredibly grateful for these partnerships and the opportunity to connect with different organizations in Toronto's vibrant Jewish community and beyond.

Wishing you and yours healthy, happy and meaningful chagim,
Candace

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SAVE THE DATE

Shir Harmony in Concert
Celebrating the sheer joy of Yom
Ha'Atzmaut-
Wednesday, April 26 at 7:00 PM

scholarships

DID YOU KNOW?

A little-known benefit of membership at Beth Emeth is the variety of scholarships available to children of members in good standing. These scholarships are available to assist in funding a variety of programs and educational opportunities. You are encouraged to explore.

Available scholarships fall into four categories:



THE RABBI KELMAN FUND

Offers scholarships for children attending approved Jewish overnight camps such as Camp Ramah, Camp Solelim, etc. Research shows definitively that attendance at Jewish overnight camp is a key factor in fostering Jewish identity among children.



THE ANISMAN ISRAEL FUND

Provides scholarships for those studying at recognized academic institutions or other immersive programs in Israel, such as USY Pilgrimage. These experiences often form the basis of a lifelong love of and commitment to Israel.



JOSEPH SMITH SPORTS ACHIEVEMENT SCHOLARSHIP

The Joseph Smith Sports Achievement Scholarship provides financial assistance to the younger members of our congregation who either wish to begin or continue their involvement in sports. The scholarship was established in memory of Joseph Smith z"l, an avid participant, fan and supporter of sports and athletics.



KAROL FAMILY SCHOLARSHIP FOR LIMUDAI TORAH

The Karol Family Scholarship Fund for Limudai Torah was established by the Karol Family in honour of Oren Shmuel Karol. This scholarship assists in funding students (or adults) wishing to pursue their goals and aspirations for higher learning in advanced Torah Study.



Applications can be found on our website at www.bemy.org/scholarships

Beth Emeth is proud to be able to support our members of all ages through our various scholarship funds. Our four scholarship funds last year supported over 25 youth and young adults in their various endeavors from studying Limudai Torah, to Jewish summer camps, to Israel gap year programs, to high level sporting activities.

Over the years, our four scholarship funds— the Karol Family Scholarship for Limudai Torah, the Joseph Smith Sports Achievement Award, the Rabbi Kelman Endowment Fund and the David and Sandra Anisman Israel Fund—have assisted 100s of Beth Emeth members. We have supported future Rabbis, community leaders, teachers and more.

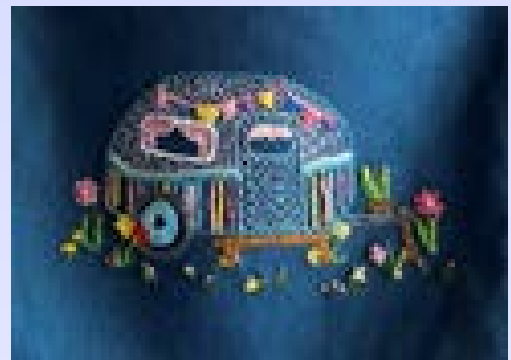
We continue to encourage all members to apply to our scholarship funds. Full descriptions of the funds and applications are available online at beby.org/scholarships

Please remember, the sustainability of these funds is dependent on your support. When contributing to the Synagogue, please consider donating to one of these funds to allow the Synagogue to award scholarships to more of our deserving members.



The Pomegranate Guild of Judaic Textiles, Toronto

Are you interested in textile art and needlework. Do you enjoy being inspired by what others do? Would you like to produce items that have more of a Jewish theme? And would you like to be part of a group of like minded people who love to learn and practice the skills discussed during friendly zoom sessions? Or even a combination of in person and zoom sessions when available.



We are the **Pomegranate Guild of Judaic Textiles, Toronto** and our in-person sessions are held at Beth Emeth Synagogue (BEBY).

We are fortunate to have many enthusiastic members from beginners to advanced skills and from far and wide. Zoom has opened our world to amazing get togethers from people around the globe. Be part of our lunch and schmooze on Tuesdays and Thursdays.

Take a moment and check out our web site www.pomegranateguild.ca

news of our members



Mazel Tov to Uri Carnat & Kelly Wood on the birth of their niece Leah Aurora Carnat. Daughter of Uri's brother Toby and wife Penny. New baby sister for older siblings Sam and Eva, and a new cousin for Sarah, Ben, and Jacob. Granddaughter of Barrie Carnat, and Xavier and Carol D'Souza.



Mazel tov to Cynthia & Benjamin Gasner on the engagement of their son Brandon to Tay Chayathivong, parents of Grayson Gasner. Grandson of Barbara Freedman-Lazarof, the late Benny Freedman ז"ל and the late Sam Lazarof ז"ל, Esther Gasner and the late William Gasner ז"ל.



Mazel tov to Julia Golinsky on celebrating her 95th birthday. With much love from her family.

Mazel tov to Esther and Ken Berger on celebrating their 46th anniversary.

BEREAVEMENTS

- **Rickey Hoff** ז"ל
- **Ruth Silverberg** ז"ל mother of Paul Silverberg
- **Aileen Usprech** ז"ל sister of Natalie Langer
- **Sonia Fried** ז"ל sister of Judy Jack
- **Jules Kronis** ז"ל husband of Frances Kronis
- **Al Mervin** ז"ל husband of Jan Mervin, father of Lisa Mervin
- **Saul Feldberg** ז"ל husband of Toby Feldberg, father of David Feldberg, Bernie Feldberg, Janice Bly, Joel Feldberg
- **Menachem Friedman** ז"ל husband of Ora Friedman
- **David Sumner** ז"ל husband of Bertha Sumner
- **Esther Seidel** ז"ל wife of George Seidel
- **Ruth Reingold** ז"ל wife of Jack Reingold
- **Freda Tobe** ז"ל mother of Stephen Tobe, Rebecca Barsky
- **Aaron Katz** ז"ל son of Linda & Leon Katz, brother of Michael and Daniel Katz

May their memories be for a blessing

beby boomers

Spring is in the future landscape and we include new programs for our synagogue family. As the Covid situation improves, we plan to offer a combination of in-person and virtual programs. We are always trying to offer programs that include issues of wellness, fitness, financial protection and much more.

This year as we celebrate Purim, remember that this celebration is a toast to laughter, liberty, life, love, and loyalty, for we celebrate this holiday because Hamen, who planned the destruction of the Jews of Persia, was himself crushed.

We encourage our members to view the synagogue website on a regular basis to see upcoming boomer's programs. On **March 5th**, Anne Klausner, physiotherapist, will demonstrate the benefits of exercise. Another program planned is with Sheldon Parker, lawyer, wills and power of attorney. Watch for details.

From our committee to all our synagogue families Chag Sameach.

Co-chairs,
Marlene White & Ruth Gilbert



beby boomers presents:



with
Exercise Therapist
Anne Klausner

**Does Age Slow You Down,
or
Does Not Moving Age You?**

SUNDAY MARCH 5 10:30AM

ZOOM

Register: beby.org/event/march5

Kids are always moving. They move their eyes to scan the world. They touch, smell and hear everything. Why do we stop? Join Anne for a session of movements you can do anytime, anywhere so that you will move like a kid again!

aleph beit chadash school

Since the last Keshet, students of Aleph Beit Chadash, their siblings and parents have enjoyed two more Family Day activities with Beth David's Hebrew School families. The first was an interactive session about foods that kids in Israel enjoy eating. We made hummus, pizza barekas and chocolate cookies. We watched a video about how the food culture of Israel has grown to include the foods of Jews from many different cultures who have made aliyah.



In January, we learned about many of the times and reasons that Jews light candles and we even made our own bees' wax candles. In the spring we will have our final shared program for the year. These activities bring families together to learn more about Judaism, our practices and beliefs, and they help develop a stronger sense of Jewish community while everyone has fun together. This is the first year of our Family Day programs, and they have been a success so far. We are pleased to be able to respond to the wishes of families who were interviewed over the course of last year and we will soon begin our plans for next year. Families of Aleph Beit Chadash students are invited to make suggestions and help to plan future activities by contacting Shauna Small, Education Director at schooldirector@beby.org or Eleanor Minuk at secretary@beby.org.

As we begin a new calendar year, Aleph Beit Chadash is continuing to blossom and explore our Jewish roots. Our students are engaged in their learning and our school continues to challenge them with critical thought and dynamic learning opportunities.

During Chanukah we got busy cooking delicious latkes as we examined the Chanukah story and discussed the relevance of this story to our lives today. In January we welcomed Yifat Beer Miller, a representative and educator from JNF to lead us in dynamic activities to learn about the Start Up Nation of Israel and all the innovations we enjoy in our daily lives that come from there.

Tu B'shvat is a time to celebrate our trees and bless the new fruit. Although we are still in the midst of freezing weather in Canada, Israelis are beginning to enjoy spring. Our Tu B'shvat Seder was a great success and students enjoyed learning about the relevance of each fruit and sampling some new fruit from Israel.



Additionally, in response to the surveys conducted city-wide last year about what families want Hebrew School to be, we have curated an on-line program that allows our students to delve further into topics from our curriculum. There are currently five different areas for exploration and we will be expanding our offerings next school year. Teachers monitor the progress of the students and the learning will be shared in the spring.

Unfortunately, once again we have witnessed antisemitic hate during some recent terror attacks in Israel. It is important for our children to have opportunities to unpack and debrief these incidents so that they can move forward with a sense of hope, confidence and a feeling of safety. At Aleph Beit Chadash we strive to inspire our students, empower them and build a strong sense of Jewish pride that can strengthen our resolve to always stand with Israel.

We welcome new students to our program any time throughout the year. Don't forget to tell friends and family to register early for an "early bird discount" for next year's session. Registration information can be accessed on the synagogue website.

On behalf of the staff and students at Aleph Beit Chadash, we wish everyone a happy Purim and Passover.

Shauna Small
Education Director
schooldirector@beby.org



The Aleph Beit Chadash School @ Beth Emeth
Jewish Learning for your Child

brotherhood



FJMC INTERNATIONAL CONVENTION



JUNE 29 - JULY 2, 2023

*Join Your Friends
Bring Your Family*

Register Online at
www.FJMCconvention.org

or scan QR Code:



REGIONAL
SUBSIDIES
AVAILABLE



Questions???
Contact Bruce Martin
(416) 918-7486 | bruce@attitudecommunications.com
or contact: convention@fjmc.org

On Sunday, February 12 over 40 of our members came together for the World Wide Wrap. This years even was dedicated to our Brotherhood past president, Al Mervin ז"ל.

Join us at the upcoming FJMC International Convention this year in Philadelphia! The conference runs from June 29-July 2 and is open to everyone.

Look for more exciting programs to come in the next few months.

 BETH EMETH
BROTHERHOOD

chesed knitters

What do our group of knitters who meet every Monday morning in the library at 10 AM have in common with Michelle Obama? The answer is that we all appreciate the many benefits of knitting. In her latest book, *The Light We Carry: Overcoming in Uncertain Times*, Obama talks about how knitting demonstrates that incremental steps can help us reach goals and overcome challenges. With a few stitches and rows per day, we create beautiful blankets, neck warmers and hats for children in hospitals and shelters and in the Mishkeegogamang community of Ontario's far north.

Here are some pictures that Einat Brigler, their teacher, sent of the kids opening up the most recent shipment of items we sent up north:



We welcome any new members to our group, whether from the synagogue or the community. We have the yarn and needles and will even show you how to knit if you need some help.

Wishing everyone a happy Purim and Pesach from the Chesed Knitters of Beth Emeth!

Eleanor Minuk
On behalf of the Chesed Knitters

continuing education

Here we are in the middle of the winter season and most days feel like Spring will start tomorrow. How lucky we are to find ourselves without snow and temperatures above normal.

Before you know it the days will be getting warmer and the series of holidays will be upon us. In a matter of a few weeks we will celebrate Purim, then Pesach and the beginning of Spring.

Warm weather will allow us to leave our homes and venture into the synagogue for in-person activities and programs. Zoom is a wonderful piece of technology that has brought us to you over these last few years. We have been able to schedule programs that have brought speakers and entertainment right into your homes with an ability to interact within the programs. Our Committee continues to arrange programming geared to you and the coming months will carry on this process.

Back in December you watched a program on Minnie's Boys followed later by Laughter and Irony in Life and the Bible by Rouhama Danto. January brought us another instalment from Lockdown University about the famous movie The Odd Couple. February ushered in Joanna Sasson and her talk about Sephardic Women: Teachers and Leaders Ahead of Their Time. Later in the month we will have Amnon Zohar talk to us about The Aftermath of the Israeli Election which will help us understand the fragility of the government even after several attempts to secure solidarity in the Knesset.

The months to follow are filling up on the calendar and we are looking forward to seeing everyone on Zoom for even more inspirational and educational talks and videos.

Keep in mind that the monthly Reel and Spiel is running during the day through the winter in-person. Come and join us! Watch the regular updates and bulletins to keep track of the dates and times for all upcoming programs. If you have missed an earlier program please check the beby.org website under programming and look for recorded programs. If you have any suggestions for programming or speakers please let me know by contacting the office and give them the details. I will then be in touch to discuss your ideas.

Plenty to do and even more to look forward to. Yes I am talking about Purim and Pesach! In the meantime fill your calendar with our programs and let the learning begin. On behalf of the Committee thanks again for participating in our programs and we hope you enjoy the coming season of hamantashen and then matzah.

Perry Davis and Marlene White
Co-Chairs

BEBY'S CONTINUING ED PRESENTS:
**THE AFTERMATH OF THE ISRAELI ELECTION:
IS DEMOCRACY IN PERIL?**
WEDNESDAY FEB 22 7:30PM ZOOM

Learn about the fundamentals of Israel's democracy, election consequences and its impact worldwide

GUEST SPEAKER
AMNON ZOHAR
Author, speaker and lecturer
specializing in Middle East
& Global affairs

SAVE THE DATE

reel & spiel

Wednesday, March 22

2 - 4 PM

Movie: TBD

Save THE Date

SUNDAY, APRIL 30

10:30 AM

Jews of Cuba

special events

It is said that "More than the Jews have kept the Sabbath, the Sabbath has kept the Jews"

Once a year thousands of Jews of all denominations gather together in their synagogues, organizations and homes to celebrate Shabbat Across North America and strengthen their bonds to Shabbat, one another and the larger Jewish community.

After two years of not being able to celebrating Shabbat together, The Special Events Committee invites you to join us for Shabbat Across North America on **Friday March 3, 2023**. We will gather for Kabbalat Shabbat, a delicious traditional Shabbat dinner and entertainment by comedian Ian Sirota. This evening will be subsidized by Special Events.

Special Events Committee,
Ella Jacobs and Joan Segal

Reel & Spiel
Monday February 27 2 PM

WINNER AUDIENCE AWARD
WINNER LIBRARY ACADEMY AWARDS
WINNER AUDIENCE AWARD

BEBY'S Continuing Ed presents

A MATTER OF SIZE

A FILM BY SHARON MAYMON & EREZ TADMOR

Bruria Cooperman, author and BEBY member will give a review after the film

register here: beby.org/event/feb27

HOSTED BY: SPECIAL EVENTS Beth Emeth

SHABBAT ACROSS NORTH AMERICA

FRIDAY MARCH 3rd
KABBALAT SHABBAT AT 6PM
FOLLOWED BY DINNER

ADULTS MEMBERS \$18 CHILD MEMBERS \$8
NON MEMBERS \$25 NON MEMBERS CHILD \$12
DINNER GENEROUSLY SUBSIDIZED BY SPECIAL EVENTS

REGISTRATION CLOSES
FRI FEB 24 @ NOON

SPECIAL GUEST COMEDIAN
IAN SIROTA

REGISTER HERE: [BEBY.ORG/EVENT/MARCH3](https://beby.org/event/march3)

greening committee

“And Hashem planted a garden in Eden,” Genesis 2:8. Our Midrash further states, When God created the first human, He showed him all the trees in the Garden of Eden (Midrash Rabbah, Ecclesiastes 7:13).

This year’s secular theme of Earth Day **Invest in our Planet**, more significant than ever before, reminds us of the sacredness and importance of the earth and of our role and responsibility in maintaining it for all biodiversity, both human and non-human. Investing in our planet draws our attention to renewing our effort to invest in preserving our planet while it is still possible, because it is up to each one of us. We have the freedom to choose to stand idly by or to act and “keep,” or preserve planetary health on this amazing planet. With this current climate crisis comes so much devastation taking place world-wide. Frequent extreme weather events and disasters such as the horrible earthquakes in Turkey and Syria; flooding and drought, wildfires, extreme heat and cold temperature and ice storms.

“And when you shall come into the land, you shall plant.” Lev.19:23. Our own member, Jeff Springer, Executive Director of the Jewish National Fund, recently spoke about Tu B’Shevat drawing our attention to the incredible feat of Israel, to plant over 3 million trees in Israel. Israel is one of the few countries that increased their tree canopy. Inspired by this accomplishment, the secular world-wide Earth Day committee began their Canopy program that has planted millions of trees world-wide. Recent research also promotes the health benefits of both trees and being among nature.

Similar to Exodus’s description of a mass exodus and emigration of our ancestors from Egypt and slavery; environmental refugees are fleeing their countries, having lost everything they had and having to start over again in safer areas.

Food insecurity and security are major issues impacted by environmental extremes such as drought and flooding or war such as when Russia would not allow grain to leave Ukraine without very sensitive negotiations and bargaining. Fortunately, our unifying love for Israel and our strong, powerful feelings of community within our ongoing events, holiday and family traditions still provide us with hope and joy as we participate with our treasured family and friends in cultural and faith celebrations and programs that include various foods. Therefore, we identify and contribute to a variety of important social and faith venues that are available to us.

This year, our Beth Emeth family, is striving to join with Reena on their 50th Anniversary to begin a Farmland Community Garden. Please join us for our Earth Day program on Sunday April 23rd as a speaker from Reena describes the joy of eating vegetables you have yourself grown and how in doing so, Reena’s Greena has found numerous ways to Invest in our Planet positively partnering with special individuals to enhance and provide optimal lives. We strive to share absolutely delicious, appealing recipes they have created.

Our traditions of Baal Taschit, teach us not to destroy or waste, not even a mustard seed. We are stewards with traditions such as Tikkun Olam; repairing the world. Learn how there is no waste with Greena's strategies but everything is utilized either for family consumption or through bartering and several commercial opportunities that they have obtained.

Our beloved Rabbi Kelman, of blessed memory, would be so proud to know that members of his Reena Foundation, which he founded, are truly stewards and protectors of our earth. Wherever his neshamah is, he is looking down so proud that on the 50th Anniversary of Reena, Beth Emeth is striving to form a Farmland Community Garden in partnership with Reena. There is so much current research identifying how important it is to be outside with nature. Please join us for our Earth Day program.



SUNDAY APRIL 23RD

at 7:30 PM
with a speaker
representing Reena

Children with ADHD show fewer symptoms when they have access to nature. Exposure to trees and nature aids concentration by reducing mental fatigue.

Valuable pollinators such as bees and butterflies also provide priceless benefits to our ecosystems as they transition in their life cycles. Pollinators are in decline and we can revitalize our Nicholas Winton garden to give pollinators space to thrive.

As we enjoy the renewal that spring brings and Passover and Earth Day, Mel and I wish you and your families joyful Chag Sameach while keeping safe as we move away from the restrictions of Covid and continue to modify our activities.

We look forward to our ongoing opportunities to socialize in-person or by Zoom.

Hilda Swirsky, RN, BScN, MEd
Chair of Greening Committee



Wishing everyone in the community
a Chag Pesach Sameach and
Chag Purim Sameach

*Your friends from the
Farband of Lithuanian Jews*



Allan Snow
President

Bernie Schwartz
Treasurer

Mark Hammerschlag
Secretary

library committee

Ruth Markel's The Unveiling: A Mother's Reflection on Murder, Grief, and Trial Life is a chilling read about how Ruth's son Dan (z"l) was murdered in Tallahassee, Florida, and how Ruth, her family and Dan's friends have fought to bring justice to those who perpetrated the crime and who brought to bear all of the many negative repercussions on the family.

Hitler in Los Angeles: How Jews Foiled Nazi Plots Against Hollywood and America by Steven J. Ross is the account of the blatant antisemitism that thrived in Hollywood and in America in the 1930s and 40s, and how a small group of spies worked to uncover the major players and eventually force the American government to acknowledge the existence of Nazis on American soil. One of the many shocking details in the book is the extent of influence Nazi-backed Germans had on the American movie industry – to the point that scripts depicting scenes of brutality against Jews in Germany were forced to be scrubbed.

Our two different book programs, **Books and Bagels** and **Lunch and Literature**, are back and thriving. Our numbers are growing with each presentation, and we invite you to join us. We have library flyers on the stands outside of the sanctuary and we are also listed in the weekly e-blasts. We strongly encourage you to register well in advance of the programs so that we can give our numbers to our caterer, APEX, who provides us with hot, delicious lunches for our Thursday programs and to the staff who set up our Sunday events.

On **January 26**, Phyllis Taylor regaled us with stories about her work in the Ontario penal system and some life lessons she has learned along the way through her discussion of her book The Prison Lady: True Stories and Life Lessons from Both Sides of the Bar. The event was sponsored by Baycrest and 2 Neptune. Upcoming programs include Lisa Levy's review of The Forest of Vanishing Stars by Kristin Harmel on **Thursday March 9**, sponsored by Chartwell Constantia. On **Sunday, March 26**, Mordechai Ben Dat will be reviewing Red Sea Spies: The True Story of Mossad's Fake Diving Resort, by Raffi Berg. This event is sponsored by Mosaic Home Care. Finally, on **Sunday, May 7**, Forestview Retirement Home is sponsoring It All Ends Up in a Parfait Glass – A Tribute to My Mother's Wisdom, Marjie Zacks' first and recently published book. We greatly appreciate each and every one of our generous sponsors, whose kind support allows us to provide our programs to you.

Lunch & Literature

The Forest of Vanishing Stars
Written by: Kristin Harmel
Reviewed by: Lisa Levy
Sponsored by: CHARTWELL

THURSDAY MARCH 9 | 1PM

IN PERSON \$25
REGISTER HERE:
BEBY.ORG/EVENT/MARCH9

BOOKS AND BAGELS
SESSION 5
Sunday, March 26th
10AM IN PERSON

REGISTER ONLINE AT:
BEBY.ORG/EVENT/MARCH26
MEMBERS - \$5 / NON MEMBERS - \$10

REVIEWED BY
MORDECHAI DEN DAT

Presented by:
 MOSAIC

RAFFI BERG
RED SEA SPIES
THE TRUE STORY OF MOSSAD'S FAKE DIVING RESORT

We already have several books lined up for next year's Lunch and Literature and Books and Bagels programs. Wan, by Dawn Promislow, is a beautifully written book about a woman's deepening understanding about apartheid. Also scheduled for next fall is The Crate by Debbie Levison, which deals with Debbie's family's trauma after discovering human remains under their renovated cottage just north of Toronto and what she learned about her parents' (particularly her mother's) experiences during the Holocaust.

Cynthia Goode's postponed book review on Emuna Elon's House on Endless Waters from this year has also been rescheduled for next year. Finally, Alina Adams will discuss her second book, My Mother's Secret, which is set in the Jewish Autonomous Region, a remote area that the Russians hoped Jews would flock to.

If there is a good book you are reading that you would like to have reviewed, please let me know the title and author. You can email me at secretary@beby.org. Our library is open on Sunday mornings, and we have copies of all the books included in both our Lunch and Literature and Books and Bagels series as well as many other new books in our collection. Ilene Kuschitsky, who runs our Gift Shop, sells copies of some of the books we have reviewed and we appreciate her support.

We would like to extend a special thank you to the Minyan group who made a very substantial and generous donation to our library fund. With it we purchased many new books for our children's section of the library, which is now being accessed by groups on Shabbat mornings in addition to our Aleph Beit Chadash Hebrew School and any other visitors to the library on Sunday mornings.

On behalf of the Library Committee, I want to wish you and your families a joyful Purim and Pesach kasher v'sameuch.



Eleanor Minuk

Lunch & Literature - Thursday, January 26.



wierzbniaker society

Your Help is Needed!

About 4 months ago, in September 2022 I was sent pictures of an excavation site for a new road that was being planned in Wierzbnik(Starachowice) where human remains were found.

By way of background, Wierzbnik was a village in Poland, built on the banks of the River Kamienna, next to a town called Starachowice. In the late 18th century, a Jewish community established itself, and for the next 150 years, a vibrant Jewish community flourished there.

1939...Within days of the outbreak of the war, Wierzbnik was occupied by the Germans and immediately annexed to Starachowice. A Ghetto for the Jews was set up and our townspeople suffered greatly during the occupation. On October 27th, 1942, the ghetto was liquidated, and almost all of the inhabitants were deported to the death camp Treblinka and some who had work permits were sent to the nearby munitions factories as slave labourers.

The Wierzbnik Jews selected for work were taken to one of three camps in Starachowice: Strelnica on the edge of the Bugaj forest on the north side of town, which supplied workers for the munitions plant; Majówka on the bluff between the higher and lower sections of Starachowice, from which workers were sent to the steel mill and blast furnace; and Tartak, a lumberyard south of town where prisoners lived on the premises and made ammunition crates and other wood products for the military.

One day, about 120 Jews were pulled out of their bunks and the barracks in the Strelinica camp and led in the direction of the Bugai forests, where special pits had been dug for them in advance by other Jews, who did not know their purpose. They were all brutally murdered on the spot and tossed into the pits.

The site of the new road and the human remains found are the same location as the shooting range in the forest near the forced labour camps of Wierzbnik during 1942 to 1944. I immediately contacted the chief Rabbi of Poland and the administration team of the town now called Starachowice, and the construction was stopped. This week I was contacted by leaders in Poland who had been working with the city council and the company erecting the new road and they have agreed to move the road and leave the human remains undisturbed.

In large part these slave labour camps kept the remaining Jewish inhabitants alive as long as they remained useful to the war effort. This is why there were so many survivors from Weirzbnik and the reason that after the war a mutual benefit society was established. It was rare to find so many survivors from one town who survived the war and that those that did survive made such a rich contribution to the places they made their homes after the war.

I am fortunate to have travelled to Poland and Wierzbnik 13 times with my father, Howard Chandler under the umbrella of an incredible organization, Classrooms Without Borders, Pittsburgh. We travel with educators, students and lay leaders to walk in my father's footsteps with the goal of having the educators create Holocaust curriculum in their schools along with help from historians who also travel with us. I have made many important connections with the President's office and some townspeople of Starachowice on these trips. One of our important contributions was the building and placing of a monument to the Jewish inhabitants of Wierzbnik in a prominent location in the market square.

I need your help in identifying survivors who recall their time in one of these three forced labour camps or their descendants who recall any information about this mass murder. The authorities in Poland are seeking input. I am also trying to gather photos of family members in pre-war Wierzbnik as the City Hall is creating a 400 year memorial book and want to include a section on the Jewish people prior to the outbreak of the war.

Please forward me photos and information to chandlerhedy@gmail.com

Hedy Chandler

On behalf of all of our members,
wishing you a healthy
and happy Purim/Pesach season

***Your friends from the
Wierzbniker Society***



Howard Nightingale
President

Bernie Schwartz
Treasurer

Michael Freedman
Secretary

marty keshen chesed committee

Helping Shul Members and the Community

If you are interested in volunteering to help support members of Synagogue, please contact us.

Contact the shul if you would like a member of the Chesed Committee to contact you:

- In times of illness
 - In times of bereavement
 - In times of loneliness
 - Who need emotional and social assistance
- or email us at chesed@beby.org

Please consider a donation NCJW Passover Food Drive as an act of Chesed.



BEBY GIFT SHOP **open wednesdays** **1-3pm**

**for all your
gift giving
needs**

**Feb 22
March 15
April 19
May 17**

**to make an
appointment
call ilene
647-884-7974**



2023 BLOOD DRIVE FOR BEN



Saturday, March 18

10 AM - 12 PM

or book any location, day and time convenient to you

Hillcrest Mall, Blood Donor Centre

9350 Yonge Street, Richmond Hill

Near Mall Entrance #5 (external access only)

Appointments are required. To join Ben's team and make an appointment to give blood, please follow these directions:

- 1) Set up an account on blood.ca/partners or on the [GiveBlood app](#) for [Apple](#) or [Android](#)
- 2) Select "**join a team**" and search **In Memory of Ben** or search for the Partner ID INME0099543
- 3) Select the team you wish to join
- 4) Book your next appointment either through your team bookings (visible under your team) or as an individual

Kosher snacks included after donation

As we know, blood is the source of life. The Torah commands us not to stand idly by when your neighbour is bleeding. In regard to Kashrut law, we are not allowed to consume blood, which explains why blood must be purged from an animal before consumption. In classical Judaism the term for murder actually translates as "Spilling one's blood."

When I was a teenager, my parents educated me to donate blood on a regular basis, teaching me the importance of having all the types of blood available to help and save those in need.

In memory of Ben Becker, of blessed memory, I encourage everyone to observe the Mitzvah of donating blood - the source of life.

Sincerely, Rabbi Howard Morrison

We lost our beloved son and brother, Ben, in August 2020 to the horrible effects of leukemia. The availability of blood products was the only hope to sustain him until treatment could take effect. Ben was given massive amounts of blood products, but unfortunately, the disease was too advanced. If we didn't know before, we do now, the importance of the availability of blood, plasma and stem cells.

Please help by supporting this blood donation event which we hope will become annual.

Thank you,

Lisa and Peter Becker, Daniel and Jesse Becker



out of the cold



Beth Emeth Synagogue is very committed to helping support the homeless. Unfortunately due to health concerns and program changes we have not been able to welcome guests at the synagogue as we had in the past. To this end, we have partnered with the Coalition To Fight Homelessness that runs an Out of the Cold Program at Saint Luke's United Church in the downtown core. Since early November we have been providing the site with 150 sandwiches each week. The sandwiches have been a huge success.

The OOTC meal program at Saint Luke's opened its doors for indoor meal service on December 13, 2020 operating on Sunday and Wednesday evenings. The program, which was supposed to run for 5 months, completed its 26th month serving over 55,000 meals and is still going strong. The need is clear and the cost is rapidly rising. Thanks to the generous monetary donations received by Beth Emeth we have been able to thus far sponsor 8 weeks of hot meals. Our goal is to continue this practice.

In addition, thanks to our clothing drive we have been able to supply the shelter with gently worn clothes and jackets. We are most grateful to our corporate donors for their very generous contributions to this year's program: Brands International Corporation Inc, Scholastic Canada Ltd, Totes Isotoner, Just Socks Charity Partner, and Trimfit Canada donated brand new clothing that was very much in need.

This year Beth Emeth will be the site of the National Council of Jewish Women's Passover Food Drive. The Beth Emeth OOTC program is also providing volunteer the opportunity to come together and pack boxes for those less fortunate. We will be looking for volunteers March 19th from 10:45-11:45. If interested please contact Sari Gold at sarigoldootc@gmail.com. We are grateful to be able to support the NCJW Passover Food Drive with a monetary donation, in addition to helping with the physical work of packing boxes

We know that this does not look like the program that we have all come to love and be so proud of, but our BEBY Community can still make a meaningful contribution to those in need.

We are hopeful that at some point in the future we will once again be able to open our doors and welcome back the homeless to our synagogue.

Sincerely,
Renee Henry and Allan Fleisher
Co-Chairs, Out of the Cold



THANK YOU BETH EMETH BAIS YEHUDA For hosting the 40th year

PASSOVER FOOD DRIVE

TOGETHER, WE CAN HELP FAMILIES,
SENIORS, SURVIVORS & IMMIGRANTS
CELEBRATE PASSOVER WITH PRIDE &
DIGNITY.



COMMUNITY IS EVERYTHING. LET'S MAKE A DIFFERENCE.

By opening its doors and sharing its beautiful space, BEBY has helped make the 40th Passover Food Drive possible. Since 1983 the Passover Food Drive has been helping Jewish people facing food insecurity. Hundreds of volunteers source, pack and deliver kosher food boxes. With your support, we can continue this important work of providing for thousands of the 25,000 Jews who live in poverty across the GTA.

Thank you.

Learn more about how you can get involved. ncjwctoronto.org

A tax receipt will be issued for
monetary donations over \$18.00.



PASSOVER
FOOD DRIVE



NCJWC
Toronto
125 Years of Service

young families

Meet Guy...



Guy Mannheim was born in Israel and graduated magna cum laude from Tel Aviv University. He undertook a career in opera training, studying under some of Europe and the United States' highest profile vocal teachers. He is the recipient of numerous prizes, including a special scholarship from the America Israel Cultural Foundation to study opera in New York.

Now Guy resides in the GTA, part of the vibrant ex-pat Israeli community in Toronto's north end. He teaches grade 8 at Bialik's Himel Campus. Many of you enjoyed Guy's dynamic High Holiday Services for young families. Once a month Guy guides our young family community through a brief and highly engaging Shabbat service. Don't miss the opportunity to learn with Guy at his "All in the Family" Torah class. Check our website for details.

YOUNG FAMILY
Shabbat
10:30am with
GUY MANNHEIM
Followed by lunch

SAVE THE DATES:
March 4, April 1, May 20, June 10

all in the family
A FRESH APPROACH TO TORAH STUDY
exploring our not-so-perfect forefathers (and mothers)
with *Guy Mannheim*

WEDNESDAYS 7PM - IN PERSON
March 1, March 22, April 19
register: beby.org/event/torahstudyguy

Bar/Bat Mitzvah Experiential and Educational Sessions

Families with Simchas March 2023-February 2024

MARCH 2ND 6PM

Purim Preparation Activity: A Hamentaschen Bake
Join individuals from Reena homes in baking hamentaschen to prepare for a Purim celebration.

APRIL 20TH 6PM

Canadian Friends of Simon Wiesenthal's "Digital Hate: What if Hitler had Social Media?" Training
An interactive educational workshop on the power and use of propaganda by the Nazis during the Holocaust and its relevance to modern day propaganda tool of social media.

JUNE 8TH 6PM

B'nai Mitzvah Wrap Up Event



Led by Rabbi Morrison
with featured guests.

FAMILY 

HANDS ON
Matzah Making Event
Sunday, March 26th 4PM

Meet at 4PM
770 Chabad Gate
Thornhill

members - free
non member kids - \$10

space is limited, register today for all family members
beby.org/event/matzah

sunday funday!



On Sunday, January 8 families from both Beth Emeth and Adath Israel came together for an afternoon of skating.

On Sunday, February 12 we welcomed Rabbi Yonah Vilenkin from the Interactive Jewish Education Centre, who lead our How to Havdalah workshop. We learned about Havdalah rituals before making our own spice kits and candles. We look forward to seeing everyone at more fun, family programs that are coming soon.



CHANUKAH PARTY ROUNDUP



recipe

Halvah ice cream



*Wishing you and your families a
Chag Purim and Chag Pesach Sameach!*

Rene Cuperfain

- 3 eggs
- 1/3 cup sugar
- 1 tub whipped topping. (To make it parve instead of cream)
- 2 tsp vanilla
- 1 package halva. Crumbled

1. Separate eggs and beat whites til stiff
2. Add sugar gradually and beat
3. Add yolks and vanilla into mixture
4. Fold whipped topping into egg mixture
5. Crumble halva and add to mixture
6. Pour into loaf pan lined with parchment paper and parchment on top to flatten out
7. Freeze

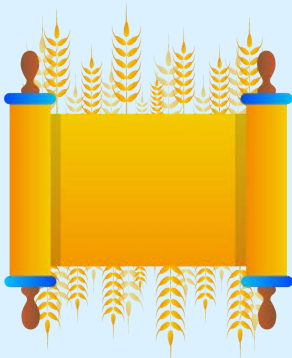


shavuot kesher

We'd love to share your news!

If any members would like to share recent births, Bar/Bat Mitzvahs, engagements, weddings, nachas announcements -

please email Sari at sari@beby.org by Monday, May 1.





*Wishing our friends
at Beth Emeth a
Happy Passover*

ORDER FOR PASSOVER BY MARCH 26th

Menu Available at:
www.apexkoshercatering.com

Send orders to:
passover@apexkoshercatering.com

Order Deadline: Sunday, March 26th

Pick-up Wednesday, April 5th @
Beth Emeth or Beth Tzedec

10:00 AM - 1:00 PM

Delivery - Starting at \$22



APEX
KOSHER CATERING

QTY SOUPS & APPETIZERS

- Butternut Squash and Pear Soup
\$18 per litre (serves 4)
- Chicken Noodle Soup
with Brunoise of Carrot, Celery, Onion and Diced Chicken
\$20 per litre (serves 4)
- Clear Chicken Soup
\$14 per litre (serves 4)
- Matzah Balls
\$2.50 per piece
- Sweet Gefilte Fish with Beet Horseradish
\$5 per 4oz portion
- Salt and Pepper Gefilte Fish with Beet Horseradish
\$5 per 4oz portion

SALAD

- Mixed Green Salad
with Orange, Grapefruit, Mandarin Segments, Sweet Pickled
Heirloom Carrots, Honey Berry Dressing
\$6 per portion
- Baby Spinach Salad
with Roasted Red and Golden Beets, Balsamic Vinaigrette
\$6 per portion

SIDES/STARCH

- Herb Crisp Potato with Garlic Chimichurri
\$6 per 6oz portion
- Potato Kugel
\$15 per pan (7" x 4")
- Apple Kugel
\$17 per pan (7" x 4")
- Herb Sauteed Mixed Vegetables
\$6 per 6oz portion

SEDER SET MENU

- \$47 per person
Minimum 2 people
- \$42 per person
Set of 10 people

*If you require meal division between households and/or family;
additional charges may apply

Seder Set Menu Includes:

- Chicken Noodle Matzah Ball Soup
- Baby Spinach Salad
- Choice of Main course: Pan Seared Chicken Supreme
 Citrus Glazed Salmon (Extra \$3)
- Herb Crisp Potato
- Herb Sauteed Mixed Vegetables
- Choice of Dessert: Frozen Lemon Cake
 Flourless Chocolate Cake

QTY MAINS

- Pan-Seared Chicken Supreme
Served with Mango Peach Salsa and Au Jus
\$19 per portion
- Citrus Glazed Salmon
Served with Citrus Pomegranate Salsa
\$23 per 8oz portion
- Montreal Spiced Braised Brisket
Served with Au Jus
\$28 per 8oz cooked weight

ADDITIONAL

- Cajun Spiced Chicken leg Quarter 6 Pieces - \$25
2 Pieces - \$12
- Crispy Chicken Fingers with Ketchup and Plum Sauce
\$30 per dozen
- Crispy Chicken Wings with BBQ Sauce
\$24 per dozen
- Charoset
\$16 per 500ml
- Red Beet Horseradish
\$8.50 per 250ml
- Seder Plate (Plenty for ritual display, not for each guest to sample)
\$20 per plate

DESSERTS

- Frozen Lemon Cake \$70 per Whole cake
\$8.50 per Individual piece
- Flourless Chocolate Cake \$60 per Whole cake
\$8.50 per Individual piece

PLEASE NOTE:
MINIMUM SPEND
\$90 +HST

CLIENT INFORMATION

Name:

Phone Number:

Email:

Address:

PAYMENT INFORMATION (Minimum spend \$90 + HST)

CREDIT CARD
Credit Card #
Expiry Date CVV

E-TRANSFER to m@apexkoshercatering.com

PICK UP / DELIVERY

- Beth Emeth
- Beth Tzedec
- Delivery - \$22.00

everyone's talking about...

kiddush

Our regular Shabbat attendees were delighted to return to a buffet format recently after (too) many months of individual Kiddush boxes.

Of course, the serving format isn't the only thing that has changed since Covid. Anyone who has been in a grocery store or watched the news is aware that food costs have risen dramatically.

We are deeply committed to being – and eating- together, especially after the long separations imposed by the pandemic. Quite simply, food builds community. It is also important that we are fiscally responsible. For some time now we have differentiated between sponsored and non-sponsored kiddushes. The purpose of this, frankly, is to encourage sponsorship.

Our current Kiddush pricing has been in place for at least 10 years. Even with a sponsor, we are losing upwards of \$15,000 annually on Kiddush expenses. We cannot continue to offer Kiddush at a loss to the shul.

Effective with Shabbat March 18th, the cost of kiddush sponsorship will increase as follows:

- Regular - \$450
- Enhanced - \$600

The office is happy to assist you with you with your Kiddush sponsorship.

As always, you can sponsor Kiddush in honour or memory of a loved one or join with others to share the cost of sponsoring “just because”.

Additionally, when making monetary donations to the shul, consider the Mitzvah Fund, which is our general fund and will help offset Kiddush costs.

sponsorships

Honour your loved ones and family milestones with a sponsorship at Beth Emeth.

BREAKFAST

What You Get...

Regular Breakfast (\$180)

- Bagels
- Cream Cheese
- Hard boiled eggs
- Cereal
- Coffee/Juice/Tea

Enhanced Breakfast (\$250)

- Platters with bagels, egg, tuna, cream cheese, lox, veggies
- Cereal
- Coffee/Juice/Tea

Sponsorship arrangements MUST be made with the office.

CONGREGATIONAL KIDDUSH

What You Get...

Regular Kiddush (\$450)

- Three of Egg/ Tuna/ Salmon/ Gefilte Fish
- Green/Veggie Salad
- Starch/Pasta Salad

Enhanced Kiddush (\$600)

- Three of Egg/ Tuna/ Salmon/ Gefilte Fish
- Green/Veggie Salad
- Starch/Pasta Salad
- Herring
- 1 hot dish (eg: kugel/lasagna)
- Pastries

SEUDAH SHLISHEET

What You Get...

Regular Seudah (\$108)

- Assorted salads
- Challah buns

Enhanced Seudah (\$180)

- Assorted salads
- Challah buns
- 1 hot dish (eg: kugel/lasagna)

Please note: Specific items may vary based on availability.



WEDNESDAYS

- 7:30 - 8:30 PM BEGINNERS
- 8:30 - 9:30 PM INTERMEDIATE

\$10 cash at the door

**Wear
comfy
shoes!**

**LOCATION:
BETH EMETH**

**CONTACT SHOSHI FOR MORE
INFO 416-317-2906**



WEDNESDAY GAMES

Mah Jongg and Rummikub

1:00 - 3:30 PM

All are welcome. **\$5** Refreshments served

supervised childcare

Shabbat mornings starting
at 9:30 AM
Kids ages 1-6



MINYAN WHATSAPP GROUP



Do you wonder if we are going to have a minyan each day? Are you debating about coming? We have started a WhatsApp group created to inform members if we have a minyan, or if we are in need for a few more daveners. If you wish to join the group, please contact the office with your number and we will add you to the group.

passover services schedule

WEDNESDAY APRIL 5

Shacharit 7:30AM

with Siyum Bchorim - Study for the first born

Mincha-Maariv 7:00PM

First Seder

THURSDAY APRIL 6

First day of Pesach

Services 9:00AM

Mincha-Maariv 7:30PM

Second Seder

FRIDAY APRIL 7

Second day of Pesach

Services 9:00AM

Mincha-Maariv 7:00PM

SATURDAY APRIL 8

Shabbat Chol-Ha'Moed

Services 9:00AM

Mincha-Maariv 7:30PM

SUNDAY APRIL 9

Chol Ha'Moed

Shacharit 7:15AM

Mincha-Maariv 7:30PM

MONDAY APRIL 10

Chol Ha'Moed

Shacharit 7:15AM

Mincha-Maariv 7:30PM

TUESDAY APRIL 11

Chol Ha'Moed

Shacharit 7:15AM

Mincha-Maariv 7:00PM

WEDNESDAY APRIL 12

Seventh day of Pesach

Services 9:00AM

Mincha-Maariv 7:40PM

THURSDAY APRIL 13

Eighth day of Pesach

Services 9:00AM

Yizkor will be recited

Mincha-Maariv 7:40PM

Passover ends 8:40PM

burning of chametz

WEDNESDAY, APRIL 5

7:00 - 11:00 AM

Beth Emeth
Parking Lot





Beth Emeth Bais Yehuda
A World of Jewish Experience

2023/5783

**PURIM/
PESACH**

KESHER

