

Zhana Tova



Support our High Holy Days Terumah Campaign

TOGETHER WE ARE STRONGER!

This year's High Holy Days Terumah campaign is critical to keeping Beth Emeth strong.

Please fulfill the mitzvah of tzedakah this Rosh Hashanah by supporting our campaign and expressing your commitment to our congregation.

Special appreciation for the generosity of the Saul and Toby Feldberg family who are matching EVERY \$1 YOU GIVE WITH AN ADDITIONAL \$1.

Donate at www.beby.ca or call 416-633-3838 to make your pledge by phone.

L'Shana Tova U'Metukah

OUR TEAM

PROFESSIONAL AND EXECUTIVE, BOARD AND ADMINISTRATIVE STAFF SYNAGOGUE CONTACTS

































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Candace Vogel | candace@beby.org

Selichot

SATURDAY, SEPTEMEBER 9

9:00 PM STUDY SESSION WITH RABBI MORRISON

TOPIC: PRAYERS FOR A NEW JEWISH YEAR
Fischtein Hall

10:00 PM SELICHOT SERVICE

Lerman Chapel

ROSH HASHANAH

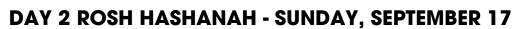
EREV ROSH HASHANAH - FRIDAY, SEPTEMBER 15

7:00 PM - Mincha/Maariv

DAY 1 ROSH HASHANAH - SATURDAY, SEPTEMBER 16

8:00 AM - Shacharit

7:00 PM - Mincha/Maariv



8:00 AM - Shacharit

5:30 PM - Tashlich

7:00 PM - Mincha/Maariv

YOM KIPPUR

EREV YOM KIPPUR - SUNDAY SEPTEMBER 24

3:00 PM - Mincha

6:45 PM - Kol Nidrei

YOM KIPPUR - MONDAY, SEPTEMBER 25

8:30 AM - Shacharit

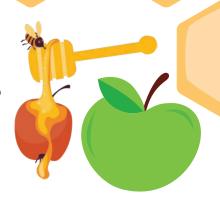
5:00 PM - Mincha

6:30 PM - Neilah





Yizkor takes place during services on Monday, September 25 and Saturday, October 7





EREV SUKKOT - FRIDAY SEPTEMBER 29

6:30 PM - Mincha/Maariv

SUKKOT DAY 1 - SATURDAY SEPTEMBER 30

9:00 AM - Shacharit

6:15 PM - Mincha/Maariv

SUKKOT DAY 2 - SUNDAY OCTOBER 1

9:00 AM - Shacharit

6:30 PM - Mincha/Maariv

CHOL HA'MOED AND HOSHANAH RABBAH - MONDAY OCTOBER 2 - FRIDAY OCTOBER 6

7:00 AM - Shacharit

6:30 PM - Mincha/Maariv

SHEMINI ATZERET - SATURDAY OCTOBER 7

9:00 AM - Shacharit

6:30 PM - Mincha/Maariv

SIMCHAT TORAH - SUNDAY OCTOBER 8

9:00 AM - Shacharit

6:30 PM - Mincha/Maariv

Simchat Torah Chinese Buffet

SATURDAY, OCTOBER 7

Details to come

Sponsored by BEBY Brotherhood and Larry & Rose Ross



LULAV AND ETROG

Order by: Friday, September 22 12 PM

Pickup: Friday, September 29 10 AM - 1 PM

Cost: \$60

Limited number of sets available beby.org/form/Lulav

Memorial Plaque Dedication Ceremony Shemini Atzeret Saturday, October 7 during morning services



HIGH HOLY DAY SERVICES @ BEBY

MAIN SANCTUARY SERVICE



MORRISON

A full, traditional service in person and via livestream



CANTOR RON DONENFELD

SEE SCHEDULE FOR TIMES

ALTERNATIVE SERVICE - HHD 2.0

10:30 AM TESSLER LOUNGE A fresh, discussion-based perspective for experiencing the High Holy Days



JEFF SPRINGER

YOUNG FAMILIES SERVICE



An interactive service for children 4 -12 and their parents/grandparents

10:30 AM ARBACK HALL

PLUS SUPERVISED CHILDREN'S PROGRAMMING

YOUNG FAMILIES HIGH HOLY DAY







ROSH HASHANAH DAY 1 - SEPT 16

FEATURING: TASLICH AND JEWPARDY

ROSH HASHANAH DAY 2 - SEPT 17

FEATURING: ROSH HASHANAH SEDER
AVINU MALKEINU "BUFFET"

YOM KIPPUR

FEATURING: AN INTERACTIVE READING

OF THE STORY OF JONAH
AND
A SPIRITUAL DETOX

REGISTER HERE:
BEBY.ORG/EVENT/HOLYDAYS2024



MY THIRTY-SIX YEARS IN THE RABBINATE - A PERSPECTIVE OF PAST, PRESENT, AND FUTURE

Dear Congregational Family,

It is hard to believe that I was ordained as a rabbi in May of 1987. This coming High Holy Days will be my thirty-sixth as a congregational rabbi, and my twenty-third at Beth Emeth. In my thirty-six years as a rabbi, I have served in three synagogues. I first served in Union, New Jersey for four years. That synagogue closed down many years ago and is now the site of a men's Orthodox yeshiva. I later served in Long Island for nine years. That synagogue has amalgamated a couple of times. The building and location are the the same, demographic is very different.

Twenty-three years ago, my family and I moved here to Toronto. My boys were six and two. They are now twenty-nine and twenty-five, as of this Rosh Hashanah. When I arrived, I sat on the Bima with Rabbi Joseph Kelman, of blessed memory, and with Cantor Louis Danto, of blessed memory. It is hard to believe that they both have been physically gone for fourteen years and thirteen years respectively. Over the years, I have worked with fine Cantors, assistant Rabbis, ritual directors, executive directors, youth/young family directors, and amazing building managers, office staff, and custodial staff. I have been blessed to work with dedicated presidents, executives, boards of directors, committees, and other talented volunteers.

An 1100 family congregation prior to the pandemic, we came out of the pandemic with an affiliation of 900 families, and we are motivated to grow to higher levels of membership in the coming year. With the support of a small professional and volunteer base, we worked hard to maintain our synagogue over the past three and a half years during and immediately following the pandemic. This year, my double chai in the rabbinate, I believe we will build and arow our shull qualitatively and quantitatively. Toward this goal, we have added two vital personnel to our professional team, Avivit Yoffe and Ron Donenfeld.

Avivit Yoffe will assume the position of director of youth and young family programming. She worked previously at Adath Israel and continues to teach at Bialik Day School. Avivit is enthusiastic and already has developed new ideas for creative programming in many ways. In addition, she will oversee our Aleph Beit Chadash Hebrew school and our Bar/Bat Mitzvah She will link her program. constituent groups with the entirety of our membership. I am excited to work with her.

Ron Donenfeld will assume the position of director of spiritual engagement. A certified Cantor, Ron will lead many services on the Bimah, but he will do much more. He will provide outreach to many segments of our congregation offering education and inspiration by teaching Torah based classes, alternative models of prayer, and will serve as an augment when called upon for lifecycle officiations.

After the lapse caused by the pandemic, we will welcome back two Shinshinim to our congregation - Omri and Sharon.

Now more than ever, Diaspora Jews need to feel connected to the State of Israel. There is no better way than our hosting two Israeli teenagers who will connect with young and old of Beth Emeth.

Our new executive director, Candace Vogel, officially began her duties on the eve of the pandemic. She did amazing work to maintain our shul during an unprecedented time. Now, God willing and with your support, she, I, and a new invigorated lineup of fresh talent will give our best efforts to move our community forward and become the best synagogue we can be.

As I celebrate my double chai in the rabbinate, I truly believe that the new year of 5784 will bring a new exciting chapter of Jewish life for our Beth Emeth family.

I wish everyone Shanah Tovah U'Metukah -A sweet and good new year.

Rabbi Howard Morrison

Rabbi Morrison's
Monday night
and Tuesday
morning study
classes will return
November 20-21,
2023

JOIN

RABBI MORRISON

ON ZOOM

SPIRITUAL PREPARATIONS FOR THE FALL HOLY DAYS

- Tuesday September 12 Introducing the Rosh Hashanah Machzor (Obtain a copy of the Koren Machzor from the office)
- Monday September 18 Introducing the Yom Kippur Machzor (Obtain a copy of the Koren Machzor from the office)
- Tuesday September 26 Introducing the Sukkot liturgy and practices

8:00 - 9:00 PM

DIRECTOR OF SPIRITUAL ENGAGEMENT RON DONENFELD ron@beby.org

Dear Beth Emeth Bais Yehuda.

With immense gratitude and a joyful heart, I write to you today as your new Director of Spiritual Engagement. It is an honor beyond measure for my wife, Estefania, and me to be welcomed into this sacred kehillah, and I am humbled by the trust that you have bestowed upon me.

When I first set foot in our extraordinary synagogue, I felt an instant, genuine kinship. The warmth, sincerity, and deep-rooted ruach that permeate these walls embraced me, and I knew in my heart that we had found our spiritual home. The journey we have embarked upon together fills me with great anticipation and a profound sense of purpose.

Throughout the meticulous interviewing, your receptiveness, generosity of spirit, and genuine connection was very moving. Each interview, interaction, and moment spent with you confirmed my belief that this congregation is an oasis of love, wisdom, and untapped potential for our Jewish community. The bond we have formed over the course of these transformative experiences has only strengthened my conviction that we are destined to achieve greatness together.

Very special thanks should be publicly given to the Steve, Eric, Rick and the whole Board, to Rabbi Morrison, to Candace, Rouhama, to the office staff, and to all of the congregants who truly went above and beyond in welcoming us. It's very touching, and G-d willing, I look forward to reciprocating your sincerity of spirit.

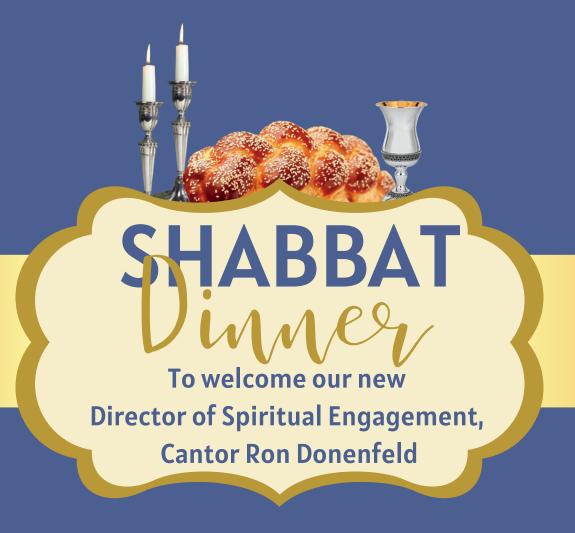
During my week among you, I witnessed firsthand the remarkable spirit that animates this community. I had the privilege of learning more about BEBY's remarkable history, leading you in prayer, sharing holy and ancient melodies. Your enthusiastic response, the spirited singing, and the sheer unity we experienced were nothing short of awe-inspiring. BEBY's love for music and its transformative power fills me with renewed purpose and a profound desire to continue igniting your spirits through love of Hashem, Torah and music.

I was even more moved by the hunger for Torah knowledge and spiritual growth that emanates from each and every one of you. Our interactive classes were a testament to your thirst for wisdom, understanding and knowledge. Your receptiveness to my teachings and your insightful questions revealed a kehillah spiritually hungry for growth, and a deeper connection to our sacred heritage. G-d willing, we will have many years of shared learning, and connecting to Hashem through song.

We share a passion for embracing the future and expanding our membership, particularly in a post- COVID world. There is a true "epidemic of loneliness" going on, and we are blessed to have our holy community to lean upon for comfort, for spiritual growth....for community! With G-d's help, and with all of us working together, I believe that we can breathe new life into our synagogue, ensuring its vitality for generations.

Dear congregants, our journey together is only beginning. Please don't be afraid to reach out; I would love to meet everyone, and for us to learn more about each other. I am humbled and privileged to be your Director of Spiritual Engagement and your Shliach Tzibbur, and Estefania and I eagerly await the many adventures that are before us.

With much love and respect, Cantor Ron Donenfeld



FRIDAY, SEPTEMBER 8

KABBALAT SHABBAT - 6:00 PM FOLLOWED BY DINNER

MEMBER ADULTS \$40 NON MEMBER ADULTS \$50 CHILDREN (5-12) \$25

REGISTER HERE: BEBY.ORG/EVENT/SEPT8

REGISTRATION CLOSES - MONDAY SEPTEMBER 4 @ NOON



L'Shana Tova

Rosh Hashanah commemorates the creation of the world and marks the beginning of the Days of Awe, a 10-day period of introspection and repentance that culminates in the Yom Kippur holiday, also known as the Day of Atonement. It is hard to believe Rosh Hashanah is upon us. I sit here today on Tisha b'Av trying to update you all about the goings on at our synagogue, Beth Emeth Bais Yehuda.

We are back and open. We continue to have minyanim twice daily but we struggle in the evening to get a minyan; please try to come and support your fellow Jews who are saying kaddish

We welcome to our synagogue our new Director of Spiritual Engagement, Cantor Ron Donenfeld. Ron joined us at the beginning of August. Not only will he lead some prayer services on Shabbat and Yom Tovim, but he will be bring exciting programming geared to all generations of our shul. Please check the flyers and online for programs. Please make an effort to meet Ron; come to shul!

Also joining us earlier this summer is Avivit Yoffe, in the newly created role of Family Engagement Director. Avivit is committed to delivering engaging and interactive programming for families and young people of all ages. As well Avivit will serve as our principal of Aleph Beit Chadash School, lead our Bat/Bar Mitzvah program and act as Shinshinim supervisor.

Last year I reported that the Strategic Plan was being developed. In early May we presented the results of the plan to our members at a town hall meeting. For more information please read Miriam Goldberg's article found in the Kesher.

Members have been asking about 'the merger' with Adath Israel. All the information that I can provide is that discussions are ongoing.

We are a very busy place, but not as busy as we could be. So if you are planning a wedding, aufruf, bar/bat mitzvah or other simcha please consider our beautiful shul.

We have worked very hard over the last few months preparing for the High Holy Days. Beside our traditional services in the sanctuary, our own Jeff Springer will return to lead a new, exciting interactive alternative service. Guy Mannheim will again facilitate our Young Family service in the Arback Hall.

As I write, I encourage you to get involved with Beth Emeth. We have an election coming at the end of November. There is a need for new, younger and eager individuals to get involved. I'm pleased to acknowledge that our current Board is one of the youngest average age since I joined the Board, so many years ago. We have many committees that need new people and new ideas. Without change we become stagnant, so get involved and share your ideas!

Getting involved is easy. I challenge each of you to make a commitment to attend services, daily or on Shabbat. Not every day but once or twice a month, whatever works for you.

I find it spiritually enlightening and believe that you will find the sense of community and connection to be powerful and positive.

Financially we are in a good position, but it could always better. Think about donating to Beth Emeth. Large or small we appreciate your contribution. If you have thoughts of donating, please contact Candace, our Executive Director to set up a meeting.

Our new and enhanced gift shop has wonderful gift ideas. I may have even bought my High Holiday socks there!

There are many events on the calendar this fall. Peruse this edition of the Kesher and check the website and our e-blasts often for updates. Watch for details of our upcoming concert November 16th and many other interesting engagement, education and social opportunities.

My term ends this fall, so this is my last High Holiday Kesher article as your president. It has been an honour and a pleasure to serve my beloved community...again.

I am always available to our community should you discuss any shul matters or share your ideas.

I wish you on behalf of my family, L'shanah tovah tikateinu.

Stephen Werger President

HONOUR YOUR LOVED ONES AND FAMILY MILESTONES WITH A BREAKFAST OR KIDDUSH SPONSORSHIP AT BETH EMETH. VISIT BEBY.ORG/SPONSORSHIPS

BOARD CHAIR MIRIAM ZIEGLER -

MIRIAM ZIEGLER - GOLDBERG

chair@beby.org



In life, change is inevitable. In business, change is vital. - Warren G. Bennis

As I write this Kesher article, summer is half over and although there is some sadness that our summers are so short, there is also excitement for the upcoming High Holy Days. Rosh Hashana is one of my favourite holidays. I am already planning the menu and developing a mental image of my Rosh Hashana, Yom Kippur and Sukkot project plan.

Another project plan that is on my and the BEBY Board's mind is the Strategic Plan and its next steps. On June 15th we held a town hall meeting to share the Strategic Plan with our members. Thank you to all our members who participated in person and via livestream. Your questions and comments are invaluable as we proceed to developing a detailed implementation plan.

We will be engaging consulting services to assist in the facilitation and development of the implementation plan. The Strategic Plan will provide the roadmap for the implementation plan. The implementation plan will set priorities; identify deliverables; develop the timeline and milestones; ensure that each deliverable has a measurable evaluation metric; and identify resources required (volunteer and staff). Once developed, the Strategic Plan (including implementation details) will be shared with our membership.

The Strategic Plan identified some of the challenges our shul is facing, many of these challenges are consistent with other shuls and religious institutions. Some of the challenges we are facing include:

- Declining membership BEBY loses members by death each year; under 40s are not engaged; service attendance is no longer a cultural expectation for many; and how to create loyalty beyond the High Holidays.
- Loss of vibrancy at the shul overall perception is that the shul is lacking a vibrant feel; people want to feel more spirituality; and members value authentic leadership.
- Role of music beautiful music is very important to the congregation.
- Lack of programming for young families, youth and the under 40s.
- Role of women in ritual future role of women in ritual practices in alignment with a traditional shul need to be addressed.
- Outdated governance structure perception that governance and Board of Directors structure is outdated and ineffective; and decision-making and change implementation is perceived as slow.

Although we still need to move to the next phase of strategic planning – implementation plan; the staff, clergy, committees, and Board have worked to implement some of the deliverables already. Accomplishments to date include:

 Informal opportunities for relationship building - Shabbat dinners for different age groups; welcome back BBQ; Israel picnic; Chanukah party; Purim carnival; Continuous Education programs; music programs; Young Family Shabbat; alternate Shabbat Scholar services; and in Residence programs.

- Governance Board leadership development and team building; and a new Constitution being developed in line with governance best practices and new provincial legislation.
- Under the guidance and approval of the Sr. Rabbi and leadership we are exploring ways to honour traditional Jewish traditions while expanding the role of women in ritual; reviewing ritual services to identify any areas where modernization can be incorporated; and examining ritual services to identify any areas where modernization can be incorporated.
- Relevant and engaging programming for youth and young families - Family Engagement Director on board; Aleph Beit Chadash school has added new grades for SK and younger; new Bar/Bat Mitzvah program; two Shinshinim; and a new Youth Advisory Council.
- Music, ritual support; and spiritual engagement – Director of Spiritual Engagement (DES) onboard. Also, our new DES is also a Cantor.

As we move forward with our Strategic Plan, we are expanding the Strategic Planning Task Force, if you want to be part of shaping our future, please contact Candace Vogel.

Two-way communication between our membership and our Board will be a fundamental critical success factor in the implementation of the Strategic Plan. You may have noticed that I used the words "our Board". Your Board of Directors are also members; are elected by you to represent the members and be responsible to the needs of the membership. The Board and BEBY Committees are comprised of volunteers who dedicate their free time, skills, and experience to be involved.

Thank you to the Board and Committees for your commitment and for what you do for our shul and its members. I hope that you too will consider getting involved.

On behalf of my husband Brian, my family and myself, I would like to wish you and your families a Shanah Tovah U'Metkah. A sweet and healthy new year.

Miriam Ziegler-Goldberg Board Chair, GAASC

MEMBERSHIP DEVELOPMENT RICK GOLDBERG

mdsc@beby.org



It's such an interesting time of the Jewish year.

I write this in the month of Av. You'll receive your Kesher in the month of Elul. And many of you will read it over the High Holiday period in the month of Tishrei. Av starts in sadness, with the 9 days leading up to Tisha b'Av, but the mood quickly turns as we get to the Tu b'Av, which is described as the happiest day of the Jewish year. For the second half of Av (which is when I'm writing this) you can start to feel Elul approaching. I'm preparing my shofar and thinking about who to invite for which night of yontif. Once Elul arrives, the King is in the field. We start blowing the shofar every morning and reading the penitential psalm, Psalm 27 every morning and evening until the end of Sukkot. All of this is to prepare us for the Awe that are the holidays of the month of Tishrei.

Psalm 27 has always been very special to me. I'm giddy with spiritual excitement as we read it for the first time on Rosh Chodesh Elul

And when we say it for the last time on Shemini Atzeret, it's like I'm saying goodbye to an old friend. The crescendo of the Psalm for me (as I suspect many of you) comes in the middle: Achat sha'alti me'eit Hashem, otah avakesh:shivti b'veit Hashem kol y'mei chayai. One (thing) I ask of the Lord, that I seek, that I may dwell in the house of the Lord all the days of my life.

King David wants nothing more than to dwell in the Holy Temple. (Or, maybe he's talking about the tabernacle, since the temple wouldn't have been built yet. Or, maybe he's asking that he get to build the temple himself so that he can dwell in it. Or... well, this parenthesis is becoming its own article). And who could blame him? If we had the Temple, a place where the heavens and earth connect, who wouldn't want to spend all their time there? But, alas, the Temple is no more, It's so fitting that we mourn the loss of the temple just weeks before starting say Psalm 27.

Of course nothing can replace the Temple (may we be privileged to see it rebuild speedily in our days!), but since its destruction, it is the synagogue that fills many of its roles. So perhaps, relating to Psalm 27 today, we're asking "to dwell at Beth Emeth Bais Yehuda all the days of our life."

The Psalm doesn't just tell us to "dwell in the House of Hashem", it tells us to do that "all the days of our life." To borrow from another holiday, perhaps "the days of our life would mean only the days, but all the days of our life would include the night." Well, good news, we have programming for you day and night, 7 days a week!

Once the High Holidays wind down, the BEBY calendar winds up. Twice daily minyan, Torah learning, adult education classes, concerts, Israel programming, youth programs, programs for seniors, singles, young professionals, families, music, movies, sports, dancing and everything else you can imagine. Look through the pages of this Kesher, keep an eye on our website, read our weekly emails and I know you'll find something that speaks to you! Come out to a program, try something new, bring a friend, or make a new one while you're here.

But again, with apologies to the Haggadah, maybe "all the days of our life" has another meaning. Maybe "days of our life" would mean your lifetime, but "all the days" would include the lifetimes of your children and grandchildren. In order to ensure we can fulfil that prayer, we need to make sure BEBY stays vibrant for generations to come - and for this, we need you!

If you're a grandparent, bring your grandchild to an event. If you're a child, encourage your parents to join us for something. If you're a parent, register your parents and children and make it a three generation event. If you need support at a difficult point in your life - your BEBY family is here for you, come and seek comfort among friends. If you have something to celebrate, sponsor a kiddush to share that joy with the community. This is how we "dwell in the House of Hashem all the days of our life."

On behalf of myself and my entire family, I wish each and every one of you a Shanah tovah u'metuka - a happy and sweet new year!

Rick Goldberg MDSC

EXECUTIVE DIRECTOR CANDACE VOGEL



candace@beby.org

For last year's words belong to last year's language. And next year's words await another voice. And to make an end is to make a beginning.

T.S. Eliot

Even though Pesach is my favourite holiday, Rosh Hashanah is my favourite time of year. As a child, I loved everything about back-to-school- even going back to school: the pilgrimage to Grand & Toy (for those who don't know what that is, think of it as Staples before there was Staples) for school supplies, new clothes and shoes, seeing my old friends, making some new ones, too. When I grew up, I appreciated the cooler days (sweater weather!) and the changing leaves.

Later, Rosh Hashanah came to signify quality time in shul with my father- one of my most precious memories.

This year, I find myself experiencing the same sense of anticipation I did in my youth. It occurs to me that a break from the familiar can make the return that much sweeter. I think I loved going back to school so much because of the summer break. I've been seeing signs for some time that people are open, once again, to coming to shul, participating in community events, and resuming all kinds of normal activities. I like to think that the much-too-long break imposed by the pandemic has left us hungry to return to the familiarity of shul: old friends and new, the sense of tradition and history and of course, community. The connection something larger than ourselves important and reminds us of our place in the wider community.

Rosh Hashana provides the perfect opportunity for a reboot: spiritually, emotionally and physically. What changes do I want to make in my life, my habits, my perspective and my spiritual practice? Am I at peace with my relationships? The beginning of a new year is great time to take a personal inventory.

As I take stock of life at Beth Emeth, I am excited to work with two new colleagues: Avivit Yoffe and Ron Donenfeld. I look forward to sharing their ideas and plans and to their contagious energy and enthusiasm. We have a full slate of wonderful opportunities for engagement and connection. Won't you join us?

I hope to see you in shul.

With best wishes for a healthy, happy and meaningful new year,

Candace Vogel
Executive Director

ANNUAL GENERAL MEETING



SUNDAY, NOVEMBER 12

ELECTION YEAR!

chanukah kesher

We'D LOVE TO SHARE YOUR NEWS!

If any members would like to share recent births, Bar/Bat Mitzvahs, engagements, weddings, nachas announcements - please email Sari at sari@beby.org

Deadline to submit: Wednesday, November 8



THE HIGH HOLY DAYS ARE JUST AROUND THE CORNER



Call the office or log into your account to renew your membership.

SCHOLARSHIPS

DID YOU KNOW?

A little-known benefit of membership at Beth Emeth is the variety of scholarships available to children of members in good standing. These scholarships are available to assist in funding a variety of programs and educational opportunities. You are encouraged to explore.

Available scholarships fall into four categories:



THE RABBI KELMAN FUND

Offers scholarships for children attending approved Jewish overnight camps such as Camp Ramah, Camp Solelim, etc. Research shows definitively that attendance at Jewish overnight camp is a key factor in fostering Jewish identity among children.



THE ANISMAN ISRAEL FUND

Provides scholarships for those studying at recognized academic institutions or other immersive programs in Israel, such as USY Pilgrimage. These experiences often form the basis of a lifelong love of and commitment to Israel.



JOSEPH SMITH SPORTS ACHIEVEMENT SCHOLARSHIP

The Joseph Smith Sports Achievement Scholarship provides financial assistance to the younger members of our congregation who either wish to begin or continue their involvement in sports. The scholarship was established in memory of Joseph Smith z"l, an avid participant, fan and supporter of sports and athletics.



KAROL FAMILY SCHOLARSHIP FOR LIMUDAI TORAH

The Karol Family Scholarship Fund for Limudai Torah was established by the Karol Family in honour of Oren Shmuel Karol. This scholarship assists in funding students (or adults) wishing to pursue their goals and aspirations for higher learning in advanced Torah Study.



Applications can be found on our website at www.beby.org/scholarships

Beth Emeth is proud to be able to support our members of all ages through our various scholarship funds. Our four scholarship funds last year supported over 25 youth and young adults in their various endeavors from studying Limudai Torah, to Jewish summer camps, to Israel gap year programs, to high level sporting activities.

Over the years, our four scholarship funds— the Karol Family Scholarship for Limudai Torah, the Joseph Smith Sports Achievement Award, the Rabbi Kelman Endowment Fund and the David and Sandra Anisman Israel Fund—have assisted 100s of Beth Emeth members. We have supported future Rabbis, community leaders, teachers and more.

We continue to encourage all members to apply to our scholarship funds. Full descriptions of the funds and applications are available online at beby.org/scholarships

Please remember, the sustainability of these funds is dependent on your support. When contributing to the Synagogue, please consider donating to one of these funds to allow the Synagogue to award scholarships to more of our deserving members.



The Pomegranate Guild of Judaic Textiles, Toronto



Bigdei HaCohen, made by members of the Pomegranate Guild for the 25th anniversary

Are you interested in textile art and needlework. Do you enjoy being inspired by what others do? Would you like to produce items that have more of a Jewish theme? And would you like to be part of a group of like minded people who love to learn and practice the skills discussed during friendly zoom sessions? Or even a combination of in person and zoom sessions when available.

We are the **Pomegranate Guild of Judaic Textiles,** Toronto and our in person sessions are held at Beth Emeth Synagogue (BEBY).

We are fortunate to have many enthusiastic members from beginners to advanced skills and from far and wide. Zoom has opened our world to amazing get togethers from people around the globe. Be part of our lunch and schmooze on Tuesdays and Thursdays.

Take a moment and check out our web site. https://pomegranateguild.ca

NEWS OF OUR MEMBERS



Mazel Tov to Miera & Zak Maresky on the birth of their daughter, NESSA. Granddaughter to Jimmy & Sandra Srebrolow and David & Nolene Maresky. Sister to Hart and Zellie. Great-granddaughter to Michelle Srebrolow. Lovingly remembered at this time are great-grandparents Norman Srebrolow זייל, Helen Fogel זייל and Mayer Fogel זייל.

Mazel Tov to Erica & Daniel Levine on the birth of their daughter, ANNIE PEARL. Granddaughter to Joe & Pam Rivietz and Rick & Eda Levine. Sister to Austin.

Mazel Tov to Leah & Zach Schendel on the birth of their son, MYLES (*Mayer*) COLE. Grandson to Mark & Elissa Pearl and Jerry & Susan Schendel. Great-grandson to Nellie Pearl and Meyer Pearl 7"7. Myles is named in loving memory of his great-grandfather, Meyer Pearl 7"7.

Mazel Tov to Zoe Mimran & Ira Jelinek on the birth of their son, ARI SAMUEL. Grandson to Ellen & Sid Jelinek and Ann & Saul Mimran. Brother to Seleste, Sunny, and Sophie.

Mazel Tov to Joshua & Tami Kline on the birth of their son, AARON JACOB (*Aharon Yacov*). Grandson to Varda Springer-Kline & Alan Kline. Named in loving memory of his great-grandfathers, Aaron זייל and Yacov.

Mazel Tov to Alex & Jesse Karkoukly on the birth of their son, JULES DAVIS. Grandson to Evy Eisenberg and Ernie Karkoukly and Neil and Rhonda Travis. Great-grandson to Corrine Travis.

Mazel Tov to Rochelle & Jason Gregor on the birth of their daughter, CHARLOTTE DEVORAH (*Tziporah Chaya Menucha*). Granddaughter of Sonda & George Gregor and Debra 7"7 and Martin Derlick. Great-granddaughter of Howard Glazer. Sister to Theodore.

Mazel Tov to Kevin Snow & Dr. Alexi Millman on the birth of their son, PHILIP MARC. Proud grandparents are Susan & Allan Snow and Dr. Dorothy Shaw and Marc Millman זייל

Mazel Tov to Lindsay & Jamie Cole on the birth of their daughter, DAISY MEERA. Granddaughter of Eric Cohen & Joy Kaufman and Robin Drutz Cole & Bruce Cole. Great-granddaughter of Nora Kaufman and Rosemary Cohen. Lovingly remembered at this time are great-grandfathers, David Kaufman ז"ל and Mervyn Cohen ד"ל



Mazel Tov to Fran & Jonathan Isaacs and Harriet & Alan Zimmerman on the engagement of their children, Sarah Isaacs to Steven Zimmerman.

Mazel Tov to Rochelle & Sheldon Title on the engagement of their daughter, Bailey Title to Adam Green, son of Carrie & Earl Green. Delighted grandparents are Alice Title, Honey & Gary Moscowitz, and Elana Green. Lovingly remembered at this time are Shirley 7"7 & Henry Tyr, and Jerry Green 7"7,



Mazel Tov to Jimmy & Sandra Srebrolow on the marriage of their daughter, Rachel to Jordan Montekio, son of Robert & Sandra Montekio. Granddaughter of Michelle Srebrolow. Lovingly remembered at this time are grandparents Norman Srebrolow זייל, Helen Fogel זייל and Mayer Fogel זייל.

Mazel tov to Maytal Korobkin (nee Cuperfain) and Aaron Korobkin on their marriage which took place June 13. Maytal is the daughter of Joel Cuperfain and Susan Belisowski, granddaughter of Reni & David Cuperfain, and Jerry & Evie Stein, niece of Michele Cuperfain and Ronnie & Elise Cuperfain. Aaron is the son of Rabbi Daniel and Rebbitzin Karen Korobkin.



Mazel Tov to Elena & Lance Duke on their 26th wedding anniversary. Originally married at Beth Emeth. To many more years of blessings and nachas.

Mazel Tov to Benjamin and Jordana Duke on their university undergraduate studies. Benjamin completed his Bachelor of Business Administration degree from Schulich School of Business at York University and Jordana completed her Specialized Honours Kinesiology and Health Science degree at York University. Proud parents and sibling are Elena, Lance, and Nathan Duke and grandparents Dina & Michael Polyak and Megan & Ron Duke.

Mazel Tov to Marshall & Riva Lofchick who celebrated their 50th wedding anniversary May 29, 2023. Married at Beth Emeth by Rabbi Kelman.

Mazel Tov to Lorie & Anne Goldfinger who celebrated their 50th wedding anniversary May 20, 2023. Married at Beth Emeth by Rabbi Kelman.

BEREAVEMENTS

- Evelyn Gurvey 7"7, mother of Martin Gurvey
- Judit Groyecki 7"7, mother of Jerry Groyeski
- Harry Stein 7"7, father of Michael Stein, Lorne Stein, Sharyn Hurwitz
- Golda Brudner 7"7, daughter of Harold & Ruth Brudner
- Rosalie Shadlyn ז"ל
- Jerry Weinper 7"7, husband of Marilyn Weinper
- Chaim Feinberg '7", husband of Gloria Feinberg, father of Evie Jesin

- Phillip Gotlieb "7", husband of Esther Gotlieb
- Barbara Shore 7"7, wife of Abraham Shore
- George Seidel ז״ל
- Anne Wise ז"ל, mother of Gerry Wise
- Luba Smuschkowitz 7"7, mother of Howard Smuschkowitz, Michael Smoskowitz
- Irving Stal 7"7, husband of Cathy Stal
- **Hy Himmel 7"7,** husband of Ebie Himmel, father of Stuart Himmel

May their memories be for a blessing

Hebrew Reading Class Level 1



FREE ON ZOOM This course is targeted at beginners with little or no background in Hebrew.

Students will learn the Hebrew letters and vowels, so that by the end they can slowly read Hebrew and understand some words.

5 Tuesdays



October 10, 17, 24, 31 November 7



7:30 PM - 9:15 PM

REGISTER NOW Deby.org/event/hebrewreading

VOLUNTEERS OF THE MONTH

Volunteers are a critical to the success of many organizations, and we are no exception. Beth Emeth is fortunate to have many dedicated volunteers, who make significant contributions to our shul community.

We are delighted to reintroduce our Volunteer-of-the-Month feature, recognizing the contributions of some of the wonderful people who truly make a difference at BEBY.



David was a dedicated member of Shaar Shalom Congregation and joined Beth Emeth is 2015, after Shaar Shalom closed.

David didn't waste any time in getting involved here at BEBY; he joined the Continuing Education Committee and began sourcing all kinds of interesting programs for our community. When the pandemic hit, David pivoted to online programs and brought us numerous opportunities for learning through the Lockdown University. David truly exemplifies the concept `lifelong of learning'!

We are so grateful to David for all of his efforts on our behalf.



Marlene has been a dedicated member of Beth Emeth for 45 years!

She has served as president of sisterhood, branch sisterhood President, and on many shul committees. She is currently a Board member as well as the co-chair of both our Continuing Education and BEBY Boomers committees.

Marlene works tirelessly to bring interesting and engaging speakers, events and programs to Beth Emeth.

We are so grateful to Marlene for all of her efforts on our behalf.



Rita is a friendly face everyone around Beth Emeth is familiar with.

She's always happy to greet our members, direct a stranger or roll up her sleeves and help out. She was instrumental in our getting breakfasts started after the pandemic. She is a fixture at many Beth Emeth programs and helps to organize our Mahj games on Wednesday afternoons.

Many of our members think of Beth Emeth as their second home...Rita says it's her first home. Thank you, Rita, for all you do.

JUNE 2023

JULY 2023

AUGUST 2023

Volunteering is neither difficult nor tedious when you are doing something you enjoy. The trick is to find the activities that are of interest, or, if you see they aren't already happening, to initiate them.

Eleanor helps to run the Chesed Knitters and the book events at Beth Emeth. She assists with Out of the Cold and serves as a Director on the Board and on the Executive of the shul. She developed the Time Capsule for the 60th anniversary of the synagogue, helped to plan the year of activities to celebrate the Czech Torah and co-chaired several programs for seniors in the community through the shul. For the past number of years, Aleph Beit Chadash Hebrew school has been under her purview.



SEPTEMBER 2023

Two years ago, she was involved in a year-long research study with Candace Vogel about what families across the city want their children's Hebrew school experience to be, and she is extremely proud of the changes we have made at the school, the program that we offer (including the Family Activity Day events with Beth David and the on-line study component that was put in place last year) and is also very excited to see what the future year will bring now that Avivit Yoffe, Family Engagement Director, is here.

Special shout out to all the synagogue staff who help to make our programs so successful.

Eleanor's parents, Ruth and Irving Cooper were both very active in the synagogue and honouring their memories was part of the impetus for her volunteering. Eleanor and her husband Michael were married at BEBY in 1978 and have been members since. Their children, Ronit and Richard, celebrated life cycle events here, and their grandchildren enjoy many of the programs for young children that the synagogue offers.

There is a great satisfaction to be had from volunteering and Eleanor encourages everyone, regardless of how much (or little) time they can devote to the shul, to participate in whatever ways they can. It is far easier to convince our children and grandchildren of the value of helping others, repairing the world and making good things happen when our actions show them that we walk the walk. To discuss volunteer opportunities contact Eleanor at secretary@beby.org.

Eleanor is honoured to be recognized as Volunteer of the month and takes this opportunity to wish everyone all the very best for the coming year. Shana tova!





KOREN SACKS MACHZOR DEDICATIONS

We were delighted to be able to use our beautiful Koren Sacks machzor once again this past year and will do so again for the upcoming yamim noraim.

Now you have the opportunity to dedicate individual copies of the machzor in honour or memory of a loved one or to commemorate a special occasion.

- Individual dedications \$72 each
- Up to six (same) dedications \$65 each
- Seven or more (same) dedications \$60 each



CALL THE OFFICE TO DEDICATE YOURS TODAY!



BETH EMETH BAIS YEHUDA SYNAGOGUE NOTICE OF GENERAL ELECTION – <u>SUNDAY, NOVEMBER 12, 2023</u> INVITATION FOR CANDIDATE NOMINATIONS

Dear Member:

This is an invitation to Members with an interest in becoming a candidate for election as an Officer or Director of the Synagogue to indicate such interest to the Nominations Committee. The following positions will be voted upon: (a) President (b) Three Vice-Presidents; and (c) Seven seats on the Board of Directors.

A nomination form is enclosed. This form requires the signatures of the proposed candidate and seven other synagogue members in good standing. **Deadline for submission of nomination forms to the synagogue office is 2:00 pm Friday, October 6, 2023.** Nomination forms should be returned to the attention of Malcolm Weinstein, Chair-Nominations Committee.

The qualifications for holding office of Beth Emeth Bais Yehuda Synagogue are as follows:

- President: In addition to the qualifications for eligibility to serve on the Board, a
 candidate lection to the office of President shall have served for no less than four years
 as follows: a)Two years as a Director of the synagogue and b) Two years as a member
 of the Executive Committee
- Vice-President: In addition to the qualifications for eligibility to serve on the Board, a candidate for election to the office of Vice-President shall have served no less than two years as a Director of the Synagogue.
- Directors: All directors and officers must be members in good standing, and must have been a member for not less than one year prior to the date of election and otherwise be lawfully entitled to act as director of a corporation.

If you wish to be considered for the role of Treasurer or Secretary (appointed positions) please indicate your interest to myself, at the address below or by calling the office.

If more information or clarification is required, please contact Malcolm Weinstein, Chair-Nomination Committee by e-mail at pastprez@beby.org.

Yours truly,

Malcolm Weinstein

Malcolm Weinstein
Chair, Nominations Committee

BETH EMETH BAIS YEHUDA SYNAGOGUE - NOMINATION FORM

This document or any facsimile thereof shall be used as a nomination form for Members in good standing of Beth Emeth Bais Yehuda Synagogue ("BEBY") who wish to run for a seat on the Board of Directors or run for the office of President or Vice President of BEBY at the 2023 General Meeting to be held on November 12, 2023. A nomination will require the signatures of the proposed candidate and seven (7) other Members in Good Standing. The deadline for submitting nomination forms to the Nominations Committee (Malcolm Weinstein, Chairman) in respect of a candidate for the elections is 2:00 pm. October 6. 2023

The undersigned Member in Good Standing of BEBY wishes to put his/her name forward as a candidate for the office noted next to his/her name at the upcoming Annual

Date

Name:

X

Date

Name:

X

Name:

Name:

Name:

X

Name:

Date





Join us for sushi and a Sukkah makeover!

Help make our Sukkah beautiful!

register here: beby.org/event/craft \$18 per person

ALEPH BEIT CHADASH

My name is Avivit Yoffe and I am the new Family Engagement Director and principal of Aleph Beit Chadash at Beth Emeth. I'm happy and excited to start working here and be part of Beth Emeth community.



Activities for Youth and Young Families

Chodesh Elul and the days before Rosh Hashanah are a good time to pause and review what we have done, what we are doing and where we are heading in our lives. It is time to value what we have and to cherish what we had.

We are heading into a new year; a fresh start, new goals and new adventures! This year at Beth Emeth you can join a variety of new family programs that will engage your whole family: adults, children and grandchildren - in our Jewish culture and community.

Our first event will be on Sunday, September 10th - Shanah Tova Event @ 4pm.

The Shinshinim (Israeli ambassadors who have completed high school and will be starting their army service after their year here) are back! They will join our community this year and will share with us their love of Israel and theor passion for the Holy Land.

Aleph Beit Chadash Hebrew School



Our children are our future. At our Hebrew school, **Aleph Beit Chadash**, students will continue to learn about the Jewish holidays and culture, Israel and prayers as well as work on their Hebrew literacy skills and critical thinking, all through experiential learning.

The Shinshinim will work with the students on a special new curriculum about Israel and strengthen the connection to Hebrew and the Jewish land.

This year we are expanding our program by including classes for children JK and SK age in a play-based format. Of course, we will continue to welcome all students entering Grade 1 to pre-Bar/Bat Mitzvah in our program. We are expanding our highly successful family activity day program that we initiated last year with the students and their families from Beth David Hebrew school. There is lots to learn and we are working hard at Aleph Beit Chadash to meet the needs of both our students and their families as they build bonds with other Jewish families at Beth Emeth and in the larger Toronto Jewish community.

Registration is now open and we offer discounts for siblings. Please note that all tuition is tax receiptable. A special school scholarship is also available.

We all know that it takes a village to raise a child and at Beth Emeth we are proud to be part of your village.

I hope to see you all and meet you in person at our upcoming event on September 10th at 4pm!

Wishing you and your family Shanah Tova U'metuka, Avivit Yoffe



www.beby.org/abcschool

BEBY BOOMERS

The Fall Season is approaching, which represents renewal interest in Synagogue activities. BEBY Boomers are planning many in person programs for the New Year. We are looking forward to not only learn, but socialize with our members. Our goal is always to provide programs that include wellness, fitness, religion, legal issues and much more. In May, we had Anne Balaban, psychologist, present Common Sense is Not Common. In June, Sheldon Parker enlightened us on Wills and Power of Attorney issues. For the summer months we have had Circle of Care present a 12 week course called Falls Prevention. The demand was so high we have two classes on Mondays & Wednesdays mornings!

We are excited to announce our fall line-up:

• Thursday, October 19 - 7:30 PM (in person)

Ryan Uytdewilligen will speak on the film, To Kill a Mockingbird, has just turned 60 years.

• Thursday, November 2 - 7:30 PM (in person)

Sheldon Parker - The 10 tips for a Happy Retirement

Both these programs will reflect innovation, interest and by individuals with insight and knowledge of their topic. Please mark these 2 dates in your calendar!

From our committee to all of you and your families, Shana Tova, A Healthy and Happy New Year.

Marlene White and Ruth Gilbert Co-Chairs



CHANUKAH TOY DRIVE

It's never too early to start thinking about... Chanukah!

We're back for the 19th annual Chanukah Toy Drive! Donations can be only made online or by calling the synagogue office and must be done by the deadline of December 31, 2023.

Once again, all donations collected will go directly to Chai Lifeline. Chai Lifeline, is a charity that provides services and emotional support that enables patients, siblings, and parents to find hope and joy in their lives.

When considering to make a donation at Beth Emeth in honor or in memory of a loved one, please think of the Barbara Frances & Norton Lorne Grimson Chanukkah Toy Drive Fund.

Chag Sameach! Wishing you and your family a Shana Tova! Rochelle Kerzner



BETH EMETH SYNAGOGUE AND CHAI LIFELINE PRESENT



the 19th CHANUKAH annual TOY DRIVE

Dedicated in loving memory of Barbara Frances & Norton Lorne Grimson"

TO DONATE VISIT BEBY.ORG/CHANUKAH-TOY-DRIVE

All cash donations collected will go towards purchasing gift items from the Chai Lifeline Wish List for the children.

Donation deadline: DECEMBER 31, 2023

Cash donations are tax receiptable to the maximum allowed



SCOTCH PAIRING

Wednesday September 6 - 7:00 PM \$75

Join us for a tasting and food pairing tour of whisky from across Scotland



register early - limited spots! register here: beby.org/event/sept6

BROTHERHOOD

Dear Friends,

I would like to invite you to join us for another year of Brotherhood sponsored events.

Last year we were fortunate to bring you Dara Horn and her best-selling book "People Love Dead Jews" and Mark Oppenheimer to discuss "Squirrel Hill", his book about the "Tree of Life Shooting" as well as his highly successful podcast "Unorthodox".

This year we have many events planned and in the works:

- On September 6, we will be hosting an **Introduction to Scotch Pairing** with offerings from Apex Kosher Catering.
- On September 16 and 17, once again we will host our annual Rosh Hashana Kiddush.
 As always, we welcome donations of bottles or financial contributions. Please call the office or go online to donate.
- October 4th we will host a BBQ in the Sukkah.
- We are excited to bring back our **Simchat Torah Chinese Buffet on Sat, October 7**, which we are proud to co-sponsor.
- Watch for our Grey Cup Tailgate Party November 19
- On February 11, 2024 join us for our annual World Wide Wrap Breakfast.
- On May 6, 2024 our **Yom HaShoah** (yellow candle) program will take place in the Children's Garden.

We are always looking for program ideas and volunteers to make the Beth Emeth programs the best they can be. Please contact the office if you're interested or to get further details. Watch our weekly e-blast for program updates.

Allan Snow Beth Emeth Brotherhood President



BEBY BROTHERHOOD'S ROSH HASHANAH KIDDUSH IS BACK!

Please join us, September 16 and 17! Our kiddush is a great chance to catch up with old friends, make some new ones, schmooze and nosh.

As always, we need your help in the form of financial donations and/or bottle donations to ensure that we have enough food and drink for everyone.

Contact the office to make a donation or drop off a bottle.

Financial donations may be made online at beby.org/donate

Please note that this is a 19+ event and Smart Serve protocols will be in place.



Greetings fellow congregants and music lovers,

We hope that everyone has had a great summer. Now, it is time to look ahead to upcoming programs and events.

At the time of writing this article, we will have already enjoyed two of our three part series with Dr. Mike Daley. The first, on Barbra Streisand and the second, on Carole King, which were very well received. The third and final installment of the series will be on 'Satchmo" Louis Armstrong and will be held on September 5th. As always, Dr. Mike Daley delivers, educates and entertains us.

Looking forward, we are pleased to present another three part series entitled "For the Love of Opera" with Guy Mannheim. The programs will be:

- Opera, who needs it? (An introduction to the world of opera and operatic voices) on October
 11th.
- What Happened in Seville or Paella and Flamenco (Carmen & Spanish music) on December 6th
- The Middle East from the Nile to the River of Babylon (the grand operas that take place in the Middle East Aida, Nabucco, Samson) **January 2024** date to be confirmed.

Looking further ahead, we will once again welcome back The Toronto Jewish Chorus, led by Judy Gershon. Two of our committee members, Andrea and David Kirshenblatt, are proud members of this wonderful choir. The program will be take place during Chol Hamoed Pesach, **April 25th, 2024.**

Our committee is very excited to welcome Cantor Ron Donenfeld, Director of Spiritual Engagement and look forward to his input in the planning of future music events.

It has been some time since we have enjoyed a major concert at Beth Emeth and so, we are happy to announce that on **Thursday, November 16th, 2023**, immediately following Remembrance Day, the Music Committee will be presenting its first concert in four years entitled "Remembrance" A Classical Concert Honouring the Memory of those we have cherished. The concert will feature, Shoshana Telner, virtuoso pianist (also a member of our committee); The Penderecki String Quartet; Julie Nesrallah, mezzo Soprano; Ron Donenfeld and David Guber. Please note the flyer which appears in this publication and which outlines the various ticket prices and sponsorship opportunities. This is the perfect time for you to memorialize a loved one. We look forward to your support for what we know will be a most enjoyable evening.

If you have a love for music and would like to join our committee, please reach out to us. We are always looking for new music program ideas, so do not hesitate to contact us and let us know what you would like to see. On behalf of our committee: Eric Goldberg, Andrea & David Kirshenblatt and our two newest members, Shoshana Telner and Jerry Loterman, we extend wishes for a peaceful, sweet, happy and healthy New Year.

Bernice Levine & Ilene Kuchinsky Music Committee Co-Chairs











BETH EMETH MUSIC COMMITTEE PRESENTS

REMEMBRANCE

A CLASSICAL CONCERT

HONOURING THE MEMORY OF THOSE WE CHERISH

THURSDAY, NOVEMBER 16 AT 7:30 PM

FEATURING

SHOSHANA TELNER

VIRTUOSO PIANIST

PENDERECKI STRING QUARTET

JULIE NESRALLAH

MEZZO SOPRANO

RON DONENFELD

CANTOR

DAVID GUBER

CANTOR

GENERAL ADMISSION \$36 AND \$54
PURCHASE TICKETS HERE: BEBY.ORG/EVENT/NOV16
OR CALL THE OFFICE 416-633-3838

SPONSORSHIP OPPORTUNITIES INCLUDE:

RESERVED SEATING, DESSERT RECEPTION, MEMORIAL DEDICATION AND RECEIPT CONTACT BERNICE LEVINE - 416-587-3240 OR ILENE KUCHINSKY - 647-884-7974 BETH EMETH SYNAGOGUE 155 WILMINGTON AVE

MARTY KESHEN CHESED

Helping Shul Members and the Community

Members of the Chesed Committee are available to reach out to Beth Emeth Bais Yehuda members to keep in touch and to see how they are coping. Our members are truly appreciative of this outreach. We are available to contact, by telephone, those in our community in need of social contact.

Virtual Coffee and Conversation on Zoom was an initiative of the Chesed Committee and BEBY as a place for members to get together and connect and chat. We continue to meet weekly. This initiative is treasured by the regular participants.

The Chesed Committee, on behalf of Beth Emeth, acknowledges individual birthdays and anniversaries with a personal phone call. We have a group of dedicated volunteers who are available to provide much needed support to our members at all ages and stages of life.

Please contact the shul if you would like a member of the Chesed Committee to contact you:

- In times of illness
- In times of bereavement
- In times of loneliness
- Who need emotional and social assistance

You can call the shul office or email us at chesed@beby.org

Since there will not be the traditional collection of food for the food bank during the High Holidays, please, if you are able, consider making a donation of food or funds to a local food bank or to BEBY's Out of the Cold program.

If you are interested in supporting members of Beth Emeth Bais Yehuda Synagogue, please contact us the Chesed Committee to volunteer. We are also looking for a committee cochair.

May you and your family have a Happy and Health New Year.

Marty Keshen Chesed Committee Chair Helen Katz



CHESED KNITTERS

In some aspects of our lives, things change so quickly. The latest technology can feel outdated in a few short months, what was au courant is now passe, and everyone anxiously awaits the next big change. Knitting and crocheting can provide the reprieve that is often just the thing we need to help slow change and catch our breath in this rapidly evolving world.

Every Monday morning at 10 AM in the library we enjoy a little bit of a break and work on blankets for children in hospitals and shelters and on hats and scarves for the Mishkeegongamang community in Ontario's far north. We are still sending hats to the IDF and thank the shull members who are going to Israel in the fall for delivering our hats.

We welcome knitters from the synagogue and the community at large, whether you are experienced or want to learn how to knit or crochet. We provide yarn, needles and patterns.

We accept donations of acrylic (non-wool) yarn as well as donations to the Chesed Knitters so we can continue to purchase our supplies.

On behalf of the Chesed Knitters of Beth Emeth, I want to wish you and your families G'mar chatima tova, good health, happiness and peace.

Eleanor Minuk



CONTINUING EDUCATION

The summer months are moving towards the fall. This year, the time has passed by quickly and before long we will be gathering to celebrate Rosh Hashana. Looking back over the last 12 months we have seen a change from strictly video presentations to a move towards in-person programming. We are so pleased to see our members make the move back to Beth Emeth to enjoy our programs. The Committee has been busy putting ideas into programs and we look forward to seeing all of you in person.

Our Reel and Spiel movie program has been very successful as we adjusted our schedule to show the movies during the afternoon each month. As we go into the fall, our plan is to return to movies in the evening as the days get shorter and the nights are cooler. An enhancement to our movie program will be a series of four feature films that we will offer over the coming months.

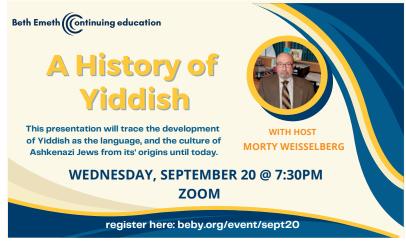
Using our large screen set up in the Fischtein Hall we can project just like a theater. The movies will offer a range of topics we hope you will enjoy. Heading Home is about the Israel baseball team participating in the World Baseball Classic. Jews and Blues will discuss the Jewish connection to this wonderful music. On Broadway will portray a wealth of information on the many Jewish contributors to theater. Lastly, Glickman is a documentary on a Jewish athlete during the 1936 Olympic Games in Berlin. Come and join us for all of these great films. Check your eblast regularly for times and dates.

We are continuing with our joint programming with the Music Committee as we bring you more of Mike Daley and his wonderful presentations. For those who saw the Sherlock Holmes program, we are planning on bringing back the presenters for a new program you will want to see. These are just a few of the many interesting programs we are currently working on. As always if you have any suggestions or ideas regarding programming please feel free to contact the office who will pass them along to us. In the meantime keep your calendar open and your pen handy so that we can be a part of your busy Beth Emeth Education season.

On behalf of the Committee, Marlene and I and our families would like to wish all of you a Happy, Healthy and meaningful New Year. Enjoy your apples and all the sweetness that life offers.

Perry Davis and Marlene White Co-Chairs







GREENING

During this time of heated outrage and angry divisive positions, it is time to also take a deep breath and reflect that no matter what our differences are, we are united as one with the commonality of breathing. We all breathe in and out; from a newborn's first breath until our last breathe at the end of our lives. Recently, with so much wildfire smoke having occurred, we have become acutely aware of the impact of poorer air quality that seems to have affected the entire planet along with frequent, intense extreme weather events such as extreme heat, flooding, drought and wildfires resulting in environmental refugees who have lost all their worldly possessions and are faced with starting over with only the clothes they wore when they escaped with their lives.

Yet, even in such challenging times, there is room for hope and optimism. In our recent Greening Committee program Councillor James Pasternak, Rabbi Morrison and our guest speaker Dr. Melissa Lem drew our attention to the transformative power of nature.

York Centre's City of Toronto Councillor James Pasternak shared his greening Toronto action plan for updating parks and green spaces. He supports the creation of infrastructures that integrates work, home life, active transportation and greening spaces including increasing the tree canopy, having accessible playgrounds and pathways, to achieve an integrated, accessible, equitable and greener Toronto.

Rabbi Morrison pointed out that so many Jewish holidays and traditions began with an agricultural base. Sabbath, once a week, and our holidays gives us a rest from work and time to be able to walk leisurely outdoors and enjoy the sights and smells. On one of the happiest days of the year, Tu B'Av, men and women danced in the forests as they hoped to meet and match with loving partners.

Dr. Melissa Lem shared numerous research studies and data that is now available to prove the boost to physical and mental well-being that being in nature for 20 minutes twice a week brings. Backed by this researched evidence, Melissa spoke about how good nature is for our brains and how rewarding she feels writing Parx Prescriptions for her patients and therefore contributing to their personal and planetary health. Research identifies that 90% of us say we're happier when we are outside and our stress hormone levels drop significantly after just 15 minutes. Increasing our time in nature reduces our risks of developing heart disease, high blood pressure and diabetes.

Being in nature, two hours a week for 20 minutes is easy to do as we connect with our families and friends and embrace our High Holiday traditions and some synagogue outdoor activities. We act on the key Jewish principle of Repairing the Earth. "Tikkun Olam" We remain planetary stewards who protect and promote the health of our plane as Rabbi Morrison had pointed out, right from Genesis and knowing that nature is good for our health.

Humbly, with introspective prayers asking for forgiveness, we ask Hashem, for a good year as we begin another clean, clear chapter in our life's journey. As we prepare for Rosh Hashanah; we appreciate our faith, our traditions, our community and cherish, more than ever, our friends, our families and being able to socialize together. Grounded, engaged and inspired, we look forward to Rosh Hashanah's familiar solemn prayers, reflection and the beautiful sound of the Shofar and the inspiring words of hope and comfort: On Rosh Hashanah it is written and on Yom Kippur it is sealed. We hope sealed for a good year and we pray during the days of atonement and fast on Yom Kippur praying for forgiveness for our sins. Immediately following next is the elated jubilation of Sukkot when we will individually and collectively be out in nature and feel how good nature is to our brains as we breathe in fresh outdoor air. Our Sukkahs are inclusive. No matter what our status, the description of how our sukkah should be constructed is universal. Let's commit to spending time in nature in the year ahead and in return enjoy the benefits of feeling a boost in our memory, creativity and overall satisfaction and well-being.

Mel and I wish you a Shana Tova: May you and your family be inscribed for a sweet, healthy, peaceful, joyous, prosperous year ahead.

Hilda Swirsky, RN, BScN, MEd

BEBY COMMUNITY GARDEN

Israel made the desert bloom...Beth Emeth has made the asphalt bloom!

We are incredibly proud of the inaugural edition of our community garden, in partnership with GReena (Reena's sustainability initiative). If you've been to shul recently, no doubt you've noticed the lush green foliage spilling out of containers near the entrance.

We have zucchini, cucumber, beans, tomatoes, peppers, eggplant and onions planted currently. It is a pleasure to see the growth and changes from day-to-day. We plan to share our bounty with local food banks, our caterer, Apex, and to use some of the produce for our shull breakfasts.















LIBRARY

Your Library Committee has organized another terrific line up of book events for this upcoming year. Our Thursday programs, called Lunch and Literature, start at 1:00, feature a light lunch and a book review. Our Books and Bagels happen on Sundays at 10:00 and participants enjoy a book review with a nosh of bagel and a coffee. Whether you've read the book in advance or not, there is always lots to gain from the review and the accompanying discussion, so please consider joining us!

We start the season on **Thursday, October 12**, with Dawn Promislow talking about her book <u>Wan</u>, which tells the story of a South African matriarch who is reflecting on her life during Apartheid and what she now understands about it. That event is generously sponsored by Malcolm Weinstein. Dawn will be bringing copies of her book to sell at \$24.95 each.

On **Sunday, October 22**, we are hosting Ruth Markel, author of <u>The Unveiling</u>. She will share details about her book, her insights into crime and also grandparent alienation. This event is cosponsored by VIVA Thornhill Woods, BEBY Continuing Education, BEBY Brotherhood and the BEBY Library. The special start time for this presentation is 3:00 PM. Ruth has been interviewed on numerous media outlets about her efforts to bring her son's murderers to justice and her fight to have access to her late son's children.

On **Thursday, November 9**, Cynthia Goode will be reviewing <u>House on Endless Waters</u> by Emuna Elon. A man discovers a picture of his parents with a child he does not know while on a tour of Yad Vashem. He tries to determine who the child is and how he is related. This event is generously sponsored by Sagecare – 147 Elder Street.

On **Sunday, November 19**, Debbie Levison will be talking about her book <u>The Crate</u>. The title refers to the crate containing human remains that her family discovered underneath their newly renovated cottage. While they are solving the mystery of the crate, Debbie also learns about her parents' experiences during the Holocaust. Baycrest and 2 Neptune are our generous sponsors for this event. Debbie will also be bringing copies of her book to sell.

Allan Rosenfeld will be joining us on **Sunday, December 3** to share with us his book <u>Holocaust Lumber</u> about growing up in Bathurst Manor and being the son of survivors. This poignant and sometimes humorous book will ring true for many of our members. The event is generously sponsored by Forestview Retirement Residence.

Alina Adams' newest book, My Mother's Secret, will be the focus of Alina's presentation on **Thursday, December 14**. The Jewish Autonomous Region, to which Russia intended to send all Russian Jews, is explored through the plot of the book. Alina will be joining us through Zoom from her home in New York. Many thanks to Four Elms for their kind sponsorship of this event.

Chartwell Constantia is the generous sponsor of our **Thursday**, **January 18**, **2024** program on Anne Berest's <u>The Postcard</u>. A woman receives a very old postcard dating back to World War II. The names of four of her relatives who perished are written on the card. Who wrote the postcard, why the names of the relatives are the only writing on the card and why it was mailed now are the mystery that must be solved. At the same time, antisemitism in modern France is explored and questions are raised about what constitutes racism and why we, as targets, may often feel compelled to excuse the antisemitism that is directed towards us.

Mitch Consky, journalist and author of <u>Home Safe</u>, will be our guest speaker on **Thursday**, **February 15**. Mitch's father was diagnosed with cancer at the start of the pandemic and Mitch moved back into his family home to help care for him. Mitch's insightful book explores what he learned about caring for gravely ill family members. He now supports organizations that assist families dealing with cancer. Mosaic Home Care is the generous sponsor for this event.

Mordechai Ben Dat is returning on **Sunday, March 3** to discuss <u>The Jewish World of Alexander Hamilton</u> by Andrew Porwancher. The book begins with strongly supported evidence that Alexander Hamilton was born Jewish and looks at life for Jews in the late 1700s and early 1800 in the United States. We thank Forestview Retirement Residence for sponsoring this event.

Our final Lunch and Literature session of the year takes place on **Thursday, April 4**. Baycrest and 2 Neptune are our generous sponsors for our discussion about <u>Signal Fires</u> by Dani Shapiro. Two teens are involved in a car accident that results in the death of a passenger. The book explores the impact on the lives of the survivors and their family. A very gentle perspective of death is presented at the end of the story.

Stay tuned for a final Books and Bagels event in the spring, kindly sponsored by Kensington Retirement Residence.

Our library is open every Sunday morning during the school year. We have many new books on the shelves including all the books in our book events. Come check us out!

Flyers advertising our programs can be found on the stands outside of the main sanctuary.

Please register well in advance for all book events to allow us to prepare for all the participants. You can register online under the Programming section on the menu bar of the synagogue website, beby.org, and by going either through Library Committee or Upcoming Events. You can also call the synagogue office to register.

Committee

On behalf of the Library Committee I want to wish everyone a *G'mar chatimah tovah*. May we all be inscribed for a year of health, happiness and prosperity.



Book Svents

BOOKS & BAGELS

Members \$5 / Non Members \$10

Sun, Oct 22 - 3 PM **The Unveiling** - Ruth Markel Sponsored by VIVA Thornhill Woods, BEBY Brotherhood, Continuina Ed & Library

Sun, Nov 19 - 10 AM The Crate - Deborah Vadas Levison Sponsored by Baycrest & 2 Neptune

Sun, Dec 3 - 10 AM Holocaust Lumber - Allan Rosenfeld Sponsored by Forestview

Sun, March 3 - 10 AM The Jewish World of Alexander **Hamilton** - Andrew Porwancher Sponsored by Forestview

PRESENTED BY THE BETH EMETH LIBRARY COMMITTEE Register at beby.org or call 416-633-3838

LUNCH & LITERATURE

\$25 per session / Light lunch served

Thurs, Oct 12 - 1 PM

Wan - Dawn Promislow Sponsored by Malcolm Weinstein

Thurs, Nov 9 - 1 PM House on Endless Waters - Emuna Elon Sponsored by Sagecare 147 Elder Street

Thurs, Dec 14 - 1 PM My Mother's Secret - Alina Adams Sponsored by Four Elms

Thurs, Jan 18 - 1 PM The Postcard - Anne Berest Sponsored by Chartwell Constantia

Thurs, Feb 15 - 1 PM **Home Safe** - Mitch Consky Sponsored by Mosaic Home Care

Thurs, April 4 - 1 PM Signal Fires - Dani Shapiro Sponsored by Baycrest & 2 Neptune



TWO NEPTUNE DRIVE A Baycrest Residential Property

Residence and Community

THORNHILL WOODS





CHARTWE CONSTANTIA retirement residence

BOOKS AND BAGELS SESSION 1



SUNDAY, OCTOBER 22

Brainwashed Children, Crime and Grandparent Alienation

UNVEILING

RUTH MARKEL

A MOTHER'S REFLECTION
ON MURDER, GRIEF,
AND TRIAL LIFE

PRESENTED BY RUTH MARKEL





BEBY'S CONTINUING EDUCATION



3:00 PM IN PERSON

BETH EMETH - 155 WILMINGTON AVE

TO REGISTER VISIT: BEBY.ORG/EVENT/OCT22
OR CALL 416-633-3838

MEMBERS - \$5/ NON MEMBERS - \$10

OUT OF THE COLD

Beth Emeth Synagogue has been a long time supporter of programs to aid the homeless, especially by running our very successful Out Of The Cold Program. Given the focus on addressing homelessness in the downtown core, where homelessness is running rampant, our location is not currently viable as an Out Of The Cold site.

To this end, we have partnered with the Coalition To Fight Homelessness that runs an Out Of The Cold Program at Saint Luke's United Church. Last year we provided the site with 300 sandwiches each week for a 6 week period during the months of January and February. The sandwiches were a huge success.

The OOTC Meal Program at Saint Luke's opened its doors for indoor meal service on December 13, 2020 operating on Sunday and Wednesday evenings. The program, which was supposed to run for 5 months, completed its 20th month serving over 48,000 meals and is still going strong. The need is very apparent and the cost is rapidly increasing. Presently the organization has been able to secure hot meals at a cost of (approx.) \$10/per meal.

To this end, Beth Emeth is planning to increase its involvement as follows:

- 1. Establish a weekly sandwich making program (300 sandwiches per week for 52 weeks per year). Volunteers will be needed to prepare and pack sandwiches.
- 2. Collect and sort gently used clothing as the homeless are in dire need of clothing. **Volunteers will be needed to come on Sundays and sort the clothes**. We will transport them downtown to be given out.
- 3. Sponsor some of the weekly hot meals.
- 4. Put together personal hygiene kits (consisting of toothbrushes, toothpaste and soap). Volunteers will be needed to source product and to put together the kits.
- 5. Source new clothing, specifically undergarments, gloves, hats and socks.

What we need to make our program successful:

- Monetary donations to pay for ingredients for the sandwiches
- Volunteers
- · Gently used clothing
- Monetary donations to pay for some of the weekly meals (600 meals per week are needed at a cost of approx. \$8 each)
- Donations of personal hygiene products (soap, toothbrushes, toothpaste)
- Donations of new undergarments, gloves, hats, socks

We know that this does not look like the program that we have all come to love and respect, however our BEBY Community can still make a meaningful contribution to help out those in need. Perhaps next year we will be able to open our doors and welcome back the homeless to our Synagogue

Sincerely Your Out Of The Cold Steering Committee Allan Fleisher and Renee Henry

SPECIAL EVENTS

Beth Emeth Bais Yehuda Synagogue is presenting a Holocaust Remembrance Event 2023 on **Sunday, November 12, 2023** at the synagogue. The purpose of this event is to honour all the survivors of the Holocaust, especially BEBY survivors and their families.

It is with horror that we see anti-Semitism on the rise here at home and around the world. We must not forget, especially today with the loss of many if not most of the survivors, that we remember and honour, those who went to their deaths for the sole reason of being Jewish.

It is also important that we remember and honour those who put their lives in danger and/or perished in their efforts to save Jews.

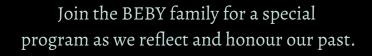
Despite the hatred, despair, murder and anguish, the death of 6 million, Jews the survivors rebuilt their lives, had families and built strong Jewish communities the world over.

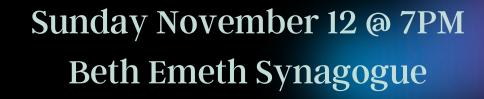
Please join us in remembering, respecting and honouring those victims of the Holocaust who survived, those who were murdered and those who chose to help.

Please join us on Sunday November 12, 2023 at 7pm at Beth Emeth Bais Yehuda Synagogue

Ella Jacobs and Joan Segal Co-Chairs











June 1

BEBY FAMILY EVENTS

2023/2024 YEAR AT A GLANCE

| September 21 September 30 Shabbat in the Sukkah Ctober 3 Ctober 7 Simchat Torah Ctober 10 Teen focus group Ctober 15 November 19 November 21 Movie Night November 21 Movember 25 Challah baking Per Chanukah event February 25 Challah baking March 24 Purim Party May 7 Yom Hashoah Zikaron Basalon May 7 Lag B'omer FAMILIES FAMILIES EVERYONE EVERYONE EVERYONE FAMILIES ADULTS FAMILIES ADULTS FAMILIES FAMILIES APULTS FAMILIES ADULTS FAMILIES FAMILIES ADULTS FAMILIES FAMILIES ADULTS FAMILIES FAMILIES FAMILIES FAMILIES FAMILIES FAMILIES | September 9 | Shabbat welcome the Shinshinim | EVERYONE |
|---|--------------|--------------------------------------|-----------------|
| September 30 October 3 Teen Sukkah hop October 7 Simchat Torah Teen focus group October 10 Teen focus group October 15 School opening ceremony November 19 Making a Shabbat Box Movie Night ADULTS November 21 Movie Night ADULTS Teen night - Escape room December 3 Pre Chanukah event January 27 Havdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party April 14 Passover program May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES | September 10 | Shana Tova event | EVERYONE |
| October 3 October 7 Simchat Torah Teen focus group October 10 Teen focus group October 15 School opening ceremony November 19 Making a Shabbat Box Movie Night ADULTS November 21 Movie Night Teen night - Escape room December 3 Pre Chanukah event January 27 Havdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party April 14 Passover program FAMILIES May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES | September 21 | Tailgate Tashlich with Beth David | EVERYONE |
| October 7 Simchat Torah October 10 Teen focus group October 15 School opening ceremony November 19 Making a Shabbat Box November 21 Movie Night November 26 Teen night - Escape room December 3 Pre Chanukah event January 27 Havdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party April 14 Passover program May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES FAMILIES FAMILIES FAMILIES FAMILIES FAMILIES FAMILIES | September 30 | Shabbat in the Sukkah | FAMILIES |
| October 10 Teen focus group School opening ceremony November 19 Making a Shabbat Box Movie Night ADULTS November 21 Movie Night Teen night - Escape room December 3 Pre Chanukah event January 27 Havdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party April 14 Passover program May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES | October 3 | Teen Sukkah hop | TEENS BOB |
| October 15 November 19 Making a Shabbat Box Movie Night November 21 Movie Night ADULTS November 26 Teen night - Escape room December 3 Pre Chanukah event February 27 Haxdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party Passover program FAMILIES May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES | October 7 | Simchat Torah | FAMILIES |
| November 21 Movie Night ADULTS November 26 Teen night - Escape room December 3 Pre Chanukah event Havdalah in the pool with Beth David February 25 Challah baking March 24 April 14 Passover program May 7 Yom Hashoah Zikaron Basalon May 26 May 26 FAMILIES FAMILIES | October 10 | Teen focus group | TEENS BOG |
| November 21 Movie Night Teen night - Escape room December 3 Pre Chanukah event January 27 Havdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party Passover program May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer ADULTS ADULTS FAMILIES | October 15 | School opening ceremony | SCHOOL FAMILIES |
| November 26 Teen night - Escape room Pre Chanukah event January 27 Havdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party Passover program April 14 Passover program Yom Hashoah Zikaron Basalon May 7 Lag B'omer TEEHS 13 0 6 EVERYONE EVERYONE AVERYONE FAMILIES ADULTS | November 19 | Making a Shabbat Box | FAMILIES |
| December 3 Pre Chanukah event January 27 Havdalah in the pool with Beth David February 25 Challah baking Purim Party Passover program April 14 Passover program FAMILIES May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES | November 21 | Movie Night | ADULTS |
| January 27 Havdalah in the pool with Beth David February 25 Challah baking March 24 Purim Party EVERYONE April 14 Passover program FAMILIES May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES | November 26 | Teen night - Escape room | TEENS 13-013 |
| February 25 Challah baking March 24 Purim Party April 14 Passover program May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer FAMILIES | December 3 | Pre Chanukah event | EVERYONE |
| March 24 April 14 Passover program May 7 Yom Hashoah Zikaron Basalon May 26 Lag B'omer Purim Party EVERYONE FAMILIES FAMILIES | January 27 | Havdalah in the pool with Beth David | EVERYONE |
| April 14 Passover program FAMILIES May 7 Yom Hashoah Zikaron Basalon ADULTS May 26 Lag B'omer FAMILIES | february 25 | Challah baking | EVERYONE |
| May 7 Yom Hashoah Zikaron Basalon ADULTS May 26 Lag B'omer FAMILIES | March 24 | Purim Party | EVERYONE |
| May 26 Lag B'omer FAMILIES | April 14 | Passover program | FAMILIES |
| | May 7 | Yom Hashoah Zikaron Basalon | ADULTS |
| May 31 Israel picnic EVERYONE | May 26 | Lag B'omer | FAMILIES |
| | May 31 | Israel picnic | EVERYONE |

Shinshinim farwell

EVERYONE

JOIN BETH EMETH & BETH DAVID
FOR OUR FIRST FAMILY JOINT PROGRAM OF THE YEAR

TAILGATE TASHLICH

Getting ready for Yom Kippur
Bring your own snacks and come do Tashlich with us!

Let's cast away the old and start the new year with a clean slate

Date: Thursday September 21st @ 6:30PM Location: Don Valley River next to running water

Families with children of all ages are welcome Meeting spot emailed upon registration





Our program will address our individual connection to Jewish history, traditions, community and Israel.

Students will meet Tuesdays at 6:30PM for a light dinner and a discussion group.

Various quests will join us throughout the sessions.

MAZEL

Tuesdays 6:30pm - 8:30pm January 16 - March 5 2024



Kids Shabbat with the Shinshinim



ages 3-12



9:30am-Followed by Kiddush

September

Saturday Sept 9 Saturday Sept 23

October

Saturday Oct 7 Saturday Oct 14 Saturday Oct 21 Saturday Oct 28

November

Saturday Nov 4 Saturday Nov 25

December

Saturday Dec 2 Saturday Dec 9 Saturday Dec 16

January

Saturday Jan 13 Saturday Jan 20 Saturday Jan 27

february

Saturday Feb 3 Saturday Feb 10 Saturday Feb 24

March

Saturday March 2 Saturday March 16 Sunday March 23 Saturday March 30

April

Saturday April 6 Saturday April 13



OMRI & SHARON



with special Shabbat games!

May

Saturday May 4 Saturday May 11 Saturday May 18



Saturday June 1

VANILLA NOODLE KUGEL

Kugel Ingredients

- 1 cup prepared vanilla pudding (homemade or from a mix)
- 1 pound egg noodles
- 8 ounces cream cheese, softened
- 3/4 cup sugar
- 4 large eggs
- 1 1/2 cups milk (any percentage is fine, except nonfat)
- 3/4 cup lowfat sour cream
- 1 teaspoon vanilla
- 1/4 teaspoon salt

Topping Ingredients

- 8 ounces vanilla wafer cookies (makes about 2 cups of crumbs)
- 2 tablespoons sugar
- 1/2 teaspoon cinnamon
- 2 tablespoons unsalted butter, melted

1. Take cream cheese out of the refrigerator to let it soften. Prepare pudding according to package directions and chill until soft set (thickened, but it doesn't need to be completely firm).

Preheat oven to 350 degrees F.

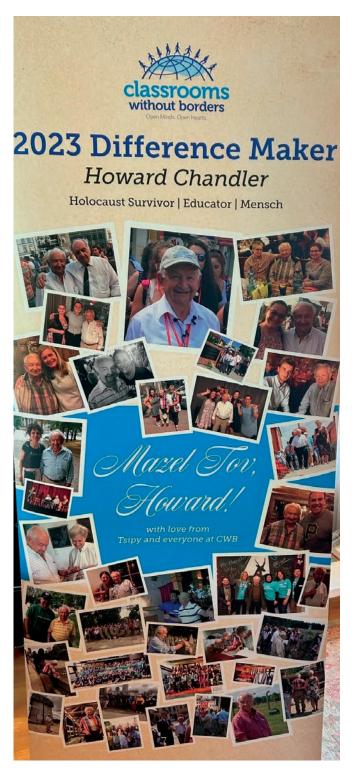
- 2. Boil the egg noodles according to package directions until they reach an al dente texture (cooked, but not too soft or limp). Drain and rinse with cold water until noodles are cool. Drain again.
- 3. Use an electric mixer to cream together the cream cheese and sugar. Add the eggs and mix again until blended.
- 4. Add pudding, milk, sour cream, vanilla and salt. Mix on medium high until all ingredients are well blended.
- 5. Pour noodles into the liquid mixture. Stir to combine noodles and liquid, making sure all noodles are covered in liquid and no noodle clumps have formed.
- 6. Pour noodle mixture into a greased casserole or baking dish.
- 7. Crush vanilla wafer cookies to a crumbly texture using a food processor, or by placing the cookies into a sealed plastic bag and pounding them with a mallet. You want them crushed fine, but not to a powder-- a little texture is good. Place crumbs into a small mixing bowl.

Add sugar, cinnamon, and melted butter to the crumbs. Mix with a fork for a couple of minutes until all of the crumbs are evenly moistened by the butter.

- 8. Evenly sprinkle the crumbly topping across the top of the kugel.
- 9. Bake kugel uncovered on the middle rack of the oven for 1 hour to 1 hour 15 minutes, turning the dish once during baking to make sure it bakes evenly. Kugel is done when the topping lightly browns all the way across. Remove from the oven.
- 10. You can serve this kugel warm or cold. Store it in the refrigerator to avoid spoilage. The topping won't be as crunchy the second day, but it will still taste delicious. Enjoy!

NEWS FROM THE SOCIETIES

Wiezbniker member, Howard Chandler, was recently acknowledged by *Classrooms without Borders* as the 2023 Difference Maker! *Yasher Koach Howard!*





FARBAND OF LITHUANIA

Our annual Memorial service will take place on

SUNDAY, SEPTEMBER 10

10:00 AM

Bathurst Lawn - Section 45

WIERZBNIKER SOCIETY

Our annual Memorial Service (aroisfur) will take place on

SUNDAY, SEPTEMBER 10

10:45 AM

Bathurst Lawn - Section 38

WIERZBNIKER SOCIETY

Our annual Haskara will take place at Beth Emeth Synagogue

SUNDAY, OCTOBER 29

ISRAELI PICNIC RECAP

In the sweltering heat on Friday, June 2, many of you joined us for our Israeli Picnic and Kabblat Shabbat evening. There were crafts, games, ice cream, falafel, music, bingo and a whole lot more!

We look forward to seeing you at our next event!





















WEDNESDAYS

- 7:30 8:30 PM BEGINNERS
- 8:30 9:30 PM INTERMEDIATE

\$10 cash at the door

Wear comfy shoes!

LOCATION:
BETH EMETH

CONTACT SHOSHI FOR MORE INFO 416-317-2906

SEBY GIFT SHOP

To make an appointment call liene 647-884-7974



GAMES

Bring your friends! Join us for Mahjong on Wednesday afternoons!

12:30 - 3:00 PM \$2

Coffee, tea, and cookies served



THE SHENSHENEM ARE COMENG BACK!

Are you interested in being a HOST FAMILY?



All you need is a spare bedroom, access to a bathroom and a seat at your table

contact Candace if you are interested candace@beby.org



James Pasternak York Centre

416-392-1371 councillor_pasternak@toronto.ca www.JamesPasternak.ca

Your trusted representative at Toronto City Hall



May the new year bring you joy and happiness



Supporting UJA's Walk with Israel with Deputy Mayor Jennifer McKelvie, Councillor Lily Cheng, and Ana Bailão



Shofar blowing with the community and Rabbi Cohen to commemorate Elul



Commemorating International Holocaust Remembrance Day at City Hall with Friends of Simon Wiesenthal and special guests

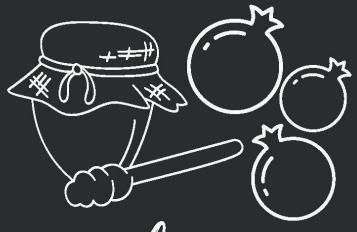


Raising the Flag of Israel at City Hall with Consul General of Israel Idit Shamir, Deputy Mayor Jennifer McKelvie, Councillors Brad Bradford and Mike Colle

BETH EMETH IS GOING TO ISRAEL! OCTOBER 30 - NOVEMBER 13

JOIN RABBI MORRISON
FOR THE FINAL MEETING BEFORE THE TRIP!

Monday, October 2 7:30 PM Tessler Lounge



Shana TOWAH

שנה טובה

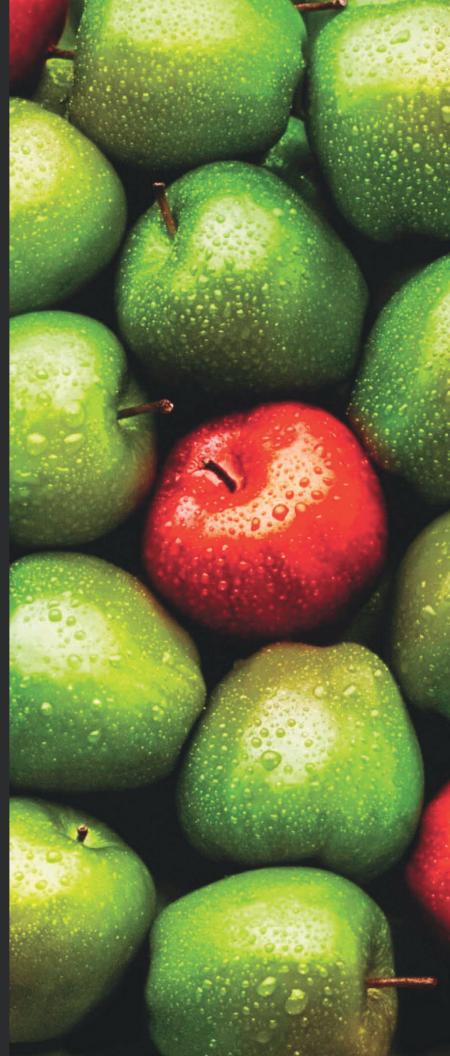
We are grateful for everything we've done together and look forward to working together with you in the new year.

Sincerely, The Apex Team



The Rosh Hashana Menu is available on our Website: www.apexkoshercatering.com Call: 416-901-5044

Email: info@apexkoshercatering.com





WE APPEAL to the Jewish people throughout the Diaspora to rally round the Jews of Eretz-Israel.

- Israel's Declaration of Independence, 5708/1948



WE APPEAL to every seat holder to celebrate Israel at 75 and mark the High Holy Days by investing in Israel Bonds. 5784/2023

The story of Israel is that of a brave people building a future through sheer determination and boundless innovation.

In Canada, since 1953, Israel Bonds has been a beloved mainstay in the landscape of our Jewish community.

Each purchase of an Israel Bond helps strengthen the only country in the world that is the national homeland of the Jewish people.

On behalf of the entire Israel Bonds family, we wish you, your loved ones, and the people of Israel, a very heartfelt, peaceful, sweet, and healthy Rosh Hashanah.



Raquel Benzacar Savatt Chief Executive Officer







See current rates here: israelbonds.ca

BROTHERHOOD SEFER HAFTARAH PLEDGE FORM

Beth Emeth is fortunate to have a beautiful Haftorah scroll. Haftorah readers may elect to read from this scroll on Shabbat or holidays. Consider dedicating a Haftorah in honour or memory of a loved one.

REMAINING HAFTARAH

SHEMOT

- Mishpatim
- Vayekhel (Ashkenazic)
- Vayekhel (Sephardic)
- Pikudei

VAYIKRA

- Tzav
- Metzora
- Acharei Mot

BAMIDBAR

- Bamidbar
- Pinchas
- Mattot

DEVARIM

- Devarim
- Reeh

Ki Tavo

Dedications might include the following:

Bar/Bat Mitzvah • The anniversary of a past Bar/Bat Mitzvah Birth of a child/grandchild. Wedding anniversary Graduation • Yahrzeit or other memorial dedication Public service honour • Other significant milestones

HOLIDAYS

- Yom Kippur morning
- Sukkot Day 1
- Sukkot Day 2
- Shabbat Chol Hamoed Sukkot
- Zachor
- Ha Chodesh
- Pesach Day 1
- Pesach Day 2
- Chol Hamoed Pesach
- Pesach Day 7
- · Pesach Day 8
- Shavuot Day 2
- Tisha B'Av morning
- Fast Days (afternoon)

The cost of a haftarah dedication is \$1000

Please fill out the pleage form below and return to the synagogue office.

| Name: | |
|-----------------------|----------------------|
| Address: | |
| City and Postal Code: | |
| Email: | Visa/MasterCard/AMEX |
| Phone | //// |
| | Expiry / CVV |
| Haftarah selection: | |
| Dedication: | Name on card |
| | Phone Number |

YIZKOR BOOK

This year's Yizkor Book will be published for Pesach 2024. Take this opportunity to remember your loved ones by having their names inscribed in our Yizkor Book. Please return this form to the Synagogue office.

The deadline to submit is January 31, 2024.

Please include the names of my loved ones in the Beth Emeth Yizkor book. **List names as they are to appear.**

| Remembered by: | |
|---|--------------|
| | |
| | |
| In Loving Memory of: | |
| | |
| | |
| Total: \$ | |
| Cheque EnclosedVisa/MasterCard/AMEXExpiry// | /// |
| Name on card | Phone Number |
| Duinan | |

Prices:

Name Listing - \$18 1/4 page - \$90 Half page - \$180 Full page - \$360

