

Kesher



קשר

Beth Emeth Bais Yehuda Synagogue

Your Connection to the World of Beth Emeth Bais Yehuda

High Holy Days 2022 • 5783





We look forward to
welcoming our Beth Emeth
family back to shul this
High Holy Day season!



L'Shana
Tova!

Selichot

SATURDAY, SEPTEMBER 17, 2022

9:00 PM - STUDY SESSION WITH RABBI HOWARD MORRISON

Topic: Welcoming Cantor Yakov Zingboim - What Jewish law says about the requirements of a Shalich Tzibbur and a study of the Cantor's High Holy Day prayer called, Hinneni.

MAIN SANCTUARY / LIVESTREAM

10:00 PM - THE CHANGING OF THE MANTLES

MAIN SANCTUARY / LIVESTREAM

10:15 PM - THE SELICHOT SERVICE

Led by Cantor Yakov Zingboim

MAIN SANCTUARY / LIVESTREAM



HIGH HOLY DAY SERVICES @ BEBY

MAIN SANCTUARY SERVICE



A full, traditional service
in person and via livestream



SEE SCHEDULE FOR TIMES

ALTERNATIVE SERVICE - HHD 2.0

10:15 AM
TESSLER
LOUNGE

A fresh, discussion-based
perspective for experiencing
the High Holy Days



JEFF SPRINGER

YOUNG FAMILIES SERVICE



GUY MANNHEIM

An interactive service for
children 4 - 12 and their
parents/grandparents

10:30 AM
ARBACK
HALL

PLUS SUPERVISED CHILDREN'S PROGRAMMING

ROSH HASHANAH SCHEDULE

EREV ROSH HASHANAH - SUNDAY, SEPTEMBER 25, 2022

7:00 PM - Mincha/Maariv

DAY 1 ROSH HASHANAH - MONDAY, SEPTEMBER 26, 2022

8:00 AM - Shacharit

5:45 PM - Tashlich (G. Ross Lord Park Reservoir near Wilmington & Finch)

7:00 PM - Mincha/Maariv

DAY 2 ROSH HASHANAH - TUESDAY, SEPTMEBER 27, 2022

8:00 AM - Shacharit

7:00 PM - Mincha/Maariv

YOM KIPPUR SCHEDULE

KOL NIDREI - TUESDAY, OCTOBER 4, 2022

3:00 PM - Erev Yom Kippur Mincha

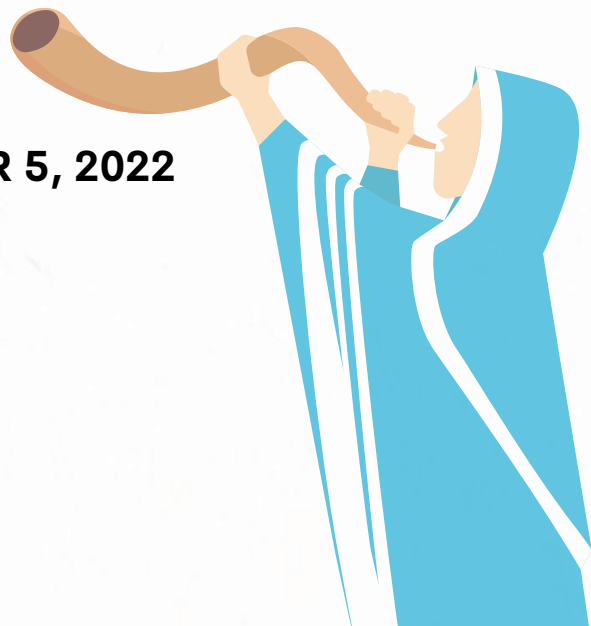
6:30 PM - Kol Nidrei

YOM KIPPUR DAY - WEDNESDAY, OCTOBER 5, 2022

8:30 AM - Shacharit (Yizkor)

5:00 PM - Mincha

6:30 PM - Neilah



SUKKOT SERVICES SCHEDULE

EREV SUKKOT - SUNDAY, OCTOBER 9, 2022

7:00 PM - Mincha/Maariv

SUKKOT DAY 1 - MONDAY, OCTOBER 10, 2022

9:00 AM - Shacharit

7:00 PM - Mincha/Maariv

SUKKOT DAY 2 - TUESDAY, OCTOBER 11, 2022

9:00 AM - Shacharit

7:00 PM - Mincha/Maariv

HOSHANA RABBAH - SUNDAY, OCTOBER 16, 2022

7:00 AM - Shacharit

6:45 PM - Mincha/Maariv

SHEMINI ATZERET - MONDAY, OCTOBER 17, 2022

9:00 AM - Shacharit (Yizkor)

6:45 PM - Mincha/Maariv

SIMCHAT TORAH - TUESDAY, OCTOBER 18, 2022

9:00 AM - Shacharit

7:00 PM - Mincha/Maariv

LULAV AND ETROG

Order by: Friday, September 30, 2022

Pickup: Sunday, October 9, 2022
between 9 - 11 AM

Cost: \$60

Limited number of sets available - to order visit

beby.org/form/Lulav

Save the Date

Memorial Plaque Dedication
Ceremony

Shemini Atzeret

Monday, October 17, 2022
during morning services

A festive banner for Simchat Torah. The word "Simchat" is in a blue cursive font, and "TORAH" is in large, bold, pink capital letters. The banner is light blue and flanked by orange tassels. It is decorated with colorful triangular bunting flags and illustrations of pomegranates and other fruits.

Simchat TORAH

CHILDREN'S PROGRAM

MONDAY OCTOBER 17TH @

AGES 2 +

CRAFT STATIONS

GAMES

KIDS' CANDY BAR

MARCH WITH THE TORAH

SEE A REAL TORAH UP CLOSE

REGISTER HERE: BEBY.ORG/EVENT/OCT 17

VOLUNTEERS NEEDED- PLEASE CONTACT THE OFFICE



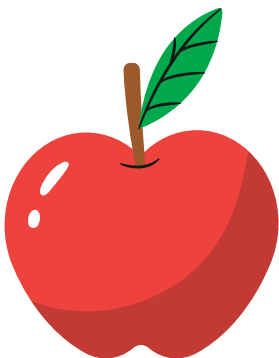
Support our High Holy Days Campaign
TOGETHER WE ARE STRONGER!

This year's High Holy Days Appeal is critical to keeping
Beth Emeth strong.

Please fulfill the *mitzvah* of *tzedakah* this Rosh
Hashanah by supporting our High Holy Days campaign
and expressing your commitment to our congregation.

Special appreciation to the generosity of the
Saul and Toby Feldberg family who are matching
EVERY \$1 YOU GIVE WITH AN ADDITIONAL \$1.

Donate at www.beby.ca or call 416-633-3838
to make your pledge by phone.



L'Shana Tova U'Metukah





Join Us!

BETH EMETH WELCOMES
BETSALEL STEINHART OF RAMAH-ISRAEL
FOR BREAKFAST
SUNDAY SEPTEMBER 18 AT 9AM

BETSALEL WILL BE ORGANIZING OUR
BETH EMETH TRIP TO ISRAEL
OCT 30 - NOV 13, 2023
HE WILL DISCUSS THE ITINERARY & EXPLAIN
OTHER PERTINENT INFORMATION ABOUT THE TRIP

HIGHLIGHTS INCLUDE:
JERUSALEM, TEL AVIV, NORTHERN ISRAEL,
SOUTHERN ISRAEL, EILAT, PETRA (JORDAN)
ADDITIONAL GROUP SUPPLEMENT TO PRAGUE
NOV 13-16
(IF SUFFICIENT GROUP INTEREST)

MORE DETAILS TO FOLLOW



RABBI MORRISON

"IF WE BUILD IT, WILL YOU COME?"

One of my favorite movies of all time is "Field of Dreams." As a baseball fan, I love this film. As a son who loved his father, I always shed a tear when the Kevin Costner character asks his father (brought back in life to a younger age) - "Do you want to have a catch?" That particular scene reminds me of the memories I cherish, and the memories I never had to cherish, with my own parents.

In the opening scene, a mysterious voice calls upon the Kevin Costner character, "If you build it, he will come." At that point, no-one knows that the reference is to an emotional and spiritual reunion of a parent with a child. Over the past two years, I have marveled at the annual summer baseball game played near the site of the movie. This year, a father played catch with his son, as Ken Griffey, senior, tossed a ball with Ken Griffey, junior, prior to the game.

Over the last two years, the pandemic has prevented many of us from attending shul in person for prayer, study, culture, or social activities. This year, I am hopeful that "If we build it, you will come."

With the active support of our professional and volunteer leadership, we are in the process of rebuilding a dynamic playing field for all kinds of activities at Beth Emeth.

For the High Holy Days, our new full-time Cantor, Yakov Zingboim, will spiritually enhance our sacred services. We welcome him and his daughters, Sivan and Shira, to our community.

For the High Holy Days, our beloved member, Jeff Springer, will lead an interactive reflective experience, geared for adults.

For the High Holy Days, our visiting educator, Guy Manheim, will oversee a new brand of a young family and youth High Holy Day experience.

For the High Holy Days, our own Adeena Zeldin, a Jewish educator who grew up attending Beth Emeth, will supervise our drop-in center for young children as well as age-appropriate holiday themed activities.

For the High Holy Days, I will be celebrating the beginning of my twenty-third year as Senior Rabbi at Beth Emeth. I cannot believe how fast the time has gone. I look forward to this year and many years to come in celebrating and commemorating Jewish life with you.

In preparation for a new beginning and a meaningful new year, I invite you all to our Open House on Sunday September 11th at 4:30PM to learn about all the various programs being envisioned and planned for the coming year. Meet our volunteer leaders, our professional staff, and our clergy. Participate in creative activities for all ages.

I wish us all a year of good health, prosperity, joy, and fulfillment.

Shanah Tovah U'Metukah!
Rabbi Howard Morrison

*Rabbi Morrison can be
reached at rabbi@beby.org
416-633-3838 x245*



Rabbi Howard Morrison

RABBI'S STUDY CLASSES

MAPPING THE MACHZOR

Get to know the Koren-Sacks Machzor
An overview of the High Holy Day services with a focus
on selected prayer passages

Monday, Sept 12 - 7:45 PM
(following Mincha/Maariv)

Monday, Sept 19 - 6:15 PM
(prior to Mincha/Maariv)

Monday, Oct 3 - 6:00 PM
(prior to Mincha/Maariv)

IN PERSON / LIVESTREAM
LERMAN CHAPEL



JOIN RABBI MORRISON FOR WEEKLY STUDY CLASSES

MONDAYS - JEWISH LAW & MODERN ISSUES
STARTING OCT 24TH AFTER EVENING SERVICES

TUESDAYS - TUESDAY MORNING STUDY GROUP
STARTING SEPTEMBER 13TH @ 10AM

IN PERSON & LIVESTREAM
FROM THE LERMAN CHAPEL

CANTOR ZINGBOIM

New beginnings are always exciting; they give hope for positive energy that awakens the heart and soul.

I am Cantor Yakov Zingboim from Herzliya, Israel. Since my childhood I have been performing on stages and synagogues as a Hasidic singer and cantor around the globe. It is a great privilege for me to touch the soul of a people, to strengthen them, to make them happy, and to be a part of the important times in their lives.

As the new cantor of the wonderful BEBY synagogue, I have a great hope and prayer in my heart to see our building filled again with kol sasson and kol simcha. With the voice of your happiness and the voice of your joy. For me, hearing the cry of a baby or the laughter of children running in the aisles during Shabbat and holiday services is a good sign that the community is alive and well, full of the spirit of life, with the sense that those children and their families feel that this is their home - their place.

During the coming year I look forward to leading a variety different activities in the community, which aim to unite, strengthen and bring us all together again.

I hope to raise a new generation of children and youth who will take an active part in leading Shabbat and holiday services. Therefore after the Tishrei holidays I will offer a series of group and individual sessions and teach how to become a shalich zibur. We will learn the text of the prayer and melodies in different styles.

Also, during the coming year I intend to hold meetings for adults, in which we will sing together songs and melodies from prayer as well as songs highlighting Jewish and Israeli identity.

We will learn and sing in these meetings pieces of poetry from the prayers in the circle of the year, thus we can all together be a more active part during the different services.

These are just a few examples of programs we will have during this year.

For me, being a community cantor is an opportunity to do the will of the Creator, to bring us all to true joy to a place where we feel as one person with one big heart, equals among equals.

Dear friends, I am available to you anytime you would like to share your experiences with me, your questions and your suggestions. I am here with you and for you, to share your happiness and your time of sorrow.

On behalf of my beautiful daughters Shira and Sivan and myself, I wish you all a blessed and sweet New Year with good health and true joy. May we all get to write and sign the book of the good life and for shalom.

Yakov
cantorzingboim@beby.org
416-633-3838 x260



Cantor Yakov Zingboim

PRESIDENT

L'Shanah Tova

Judaism is a culture that while celebrating the present and honouring the past, lives for the future- for its children. For me this the story of our Beth Emeth.

We have been a central part of the Jewish community for close to 70 years. There have been many ups and downs, not the least of which is the past 2 ½ years of Covid. But now, WE ARE BACK!

We are open every day for daily minyans. Every morning there are approximately 20 people attending services...and the breakfast that follows. For Mincha/Maariv we need your help. Please join us, make it a goal or personal challenge to come daily, weekly, on Shabbat or whatever makes you comfortable. We are here for you!

It is so hard to believe it is the High Holy Days, again and that I've been president (this time;) for almost a year. As I write this article in late August it is less than 5 weeks to Rosh Hashana!

So much changed this past year. The Strategic Planning Committee and our consultants, SuccessMap Inc. have continued their work and very shortly will report to the Board. The consultants held several focus groups within the shul and obtained some interesting and valuable results. I, of course will report to you their recommendations and how we will implement them.

We welcomed our new Chazzan, Yakov Zingboim and his daughter, Sivan to our community. His older daughter, Shira will be joining us for the Yom Tovim. I encourage all of you who have not had the opportunity to meet the Chazzan to make it your goal. Come to shul, we are open. It is a joy to hear music in our sanctuary once again.

Our Beth Emeth is a very busy place. A week seldom goes by without a simcha, whether an aufruf, baby naming, Bnai Mitzvah and lots of weddings. To quote Buffalo Springfield "there is something happening here".

Hopefully many of you attended our September 11 Welcome Back BBQ. It was a great success: lots of activities, seeing old friends, making some new ones and, of course, great food!

We have worked very hard over the past few months planning a variety of services for the Yom Tovim. Beside our traditional service lead by Rabbi Morrison and Cantor Zingboim, we have additional programming available. Jeff Springer who led our young family service for many years will now lead an Alternative Service in the Tessler Lounge where he will lead a discussion about different perspectives for experiencing the High Holy Days. Please register in advance, as seating is limited. We welcome Guy Mannheim, a middle school teacher at Bialik, who will run our Young Family Service in the Arback hall. And of course, we will provide holiday-themed programming for our younger members between the ages 2 and 12.

There are many programs running throughout the fall season, many of them are listed within the Keshet.

Don't forget to visit our revamped gift shop, open every Wednesday or by appointment. Information can also be found in this Keshet or just call Ilene Kuchinsky.

I am always available to our membership. Please feel free to contact me at any time if you have questions, concerns or compliments.

On behalf of my family and myself,
L'shanah tovah tikateivu
v'teichateimu

Stephen Werger, President
president@beby.org



Stephen Werger

CHAIRMAN OF THE BOARD

Rosh Hashana is a time of reflection and renewal. Over the last year, our Synagogue has been involved in a Strategic Planning process. Beth Emeth is going through a time of reflection, renewal, and transition. This is a healthy process for all synagogues. The Strategic Planning process enables us to learn from one another, assess our needs, identify our present strengths and deficits, and articulate directions forward.

Through our Strategic Planning process, the Board, clergy, professional staff, and congregant members have spent a lot of time looking at what we do well and what we can do better. Over the last year, we reached out to our members through surveys and focus groups. The focus groups offered young families an opportunity to provide feedback and ideas on what is needed to engage our next generation. Events for young families are already being planned and we look forward to hearing your feedback.

The next step in the Strategic Planning process is the development and implementation of the strategic plan. The Strategic Plan will identify critical success factors. One of the most important critical success factors is communication – communication to and from our members.

The professional staff, Ritual Committee and clergy have worked very hard to provide a meaningful High Holiday experience for all age groups. It is wonderful that after two years of minimal activities in the synagogue we were able to come together in person for the Welcome Back BBQ.

We are very fortunate at our synagogue to have dedicated lay leadership who volunteer their talents, experience, and skills. With the upcoming Board election, I encourage you to get involved. Join a committee, become a Board member.

On behalf of my husband Brian, my family and myself, I would like to wish you and your families a Shanah Tovah U'Metkah. A sweet and healthy new year.

Miriam Ziegler-Goldberg
Chairman of the Board
Vice President, GAASC
gaasc@beby.org



Miriam Ziegler-Goldberg

EXECUTIVE DIRECTOR

Both Sides Now

"something's lost, but something's gained in living every day" Joni Mitchell

Every generation has its defining moments: 'befores' and 'afters' that mark time, and inalterable shifts in our reality and our consciousness. These include World War II and the Holocaust, the assassination of JFK, 9/11 and now: Covid.

As we emerge from the pandemic phase of Covid we now have an opportunity to reflect on what has changed, what we learned and what we lost during that time. So many of our choices were limited or eliminated entirely. Conversely, we were constantly weighing options in terms of with whom and how we interacted socially. Ultimately, we asked ourselves:

Who am I willing to risk my health for and whose health do I need to protect? Those are serious questions.

Now that we can resume many of our regular routines we have different, but equally serious questions to ask ourselves:

- Who is my community?
- What is the role of that community in my life?
- What do I bring to the table?
- How can I incorporate deeper meaning into my life?

Many people enjoyed the slower and smaller life they were able to lead during Covid. I've had numerous conversations with members, in which they've lamented the speed with which life is returning to "normal".

Some of the reasons our parents and grandparents built and joined synagogues are no longer relevant today but our needs for connection and community are greater than ever before.

The pace and intensity of daily life can be overwhelming. We know this is true with many of our young people who are dealing with significant mental health issues around anxiety and depression. Adults and seniors are not immune to these pressures and challenges of daily life.

There is no quick antidote and no easy answers to our difficult questions. Our tradition provides many wonderful insights as to how we can reclaim balance in our lives. Shabbat is a great way to start. Shabbat dinner – with friends, family or both - is a great way to bring in the weekend and slow the pace. For these reasons and more, we will be offering a series of Shabbat dinners over the course of the year and I encourage you to join us.

Many of you told us that you want to see more children's and young family programs. Though our search for a Youth Engagement Specialist has not yet yielded the right candidate, we are offering a number of programs throughout the year for our youngest members and their families.

We are committed to increasing opportunities for engagement for our members but you have to meet us part way...join us for a dinner, a minyan, a program; stand for election to our Board of Directors, volunteer, come watch a movie or learn modern interpretations of Torah. There is much to do, see and learn. There are old friends to greet and new ones to meet. Please join us...often.

Wishing you and your families a healthy, fulfilling and meaningful new year,

Candace Vogel
Executive Director
candace@beby.org



Candace Vogel

SCHOLARSHIPS

DID YOU KNOW?

A little-known benefit of membership at Beth Emeth is the variety of scholarships available to children of members in good standing. These scholarships are available to assist in funding a variety of programs and educational opportunities. You are encouraged to explore.

Available scholarships fall into four categories:



THE RABBI KELMAN FUND

Offers scholarships for children attending approved Jewish overnight camps such as Camp Ramah, Camp Solelim, etc. Research shows definitively that attendance at Jewish overnight camp is a key factor in fostering Jewish identity among children.



THE ANISMAN ISRAEL FUND

Provides scholarships for those studying at recognized academic institutions or other immersive programs in Israel, such as USY Pilgrimage. These experiences often form the basis of a lifelong love of and commitment to Israel.



JOSEPH SMITH SPORTS ACHIEVEMENT SCHOLARSHIP

The Joseph Smith Sports Achievement Scholarship provides financial assistance to the younger members of our congregation who either wish to begin or continue their involvement in sports. The scholarship was established in memory of Joseph Smith z"l, an avid participant, fan and supporter of sports and athletics.



KAROL FAMILY SCHOLARSHIP FOR LIMUDAI TORAH

The Karol Family Scholarship Fund for Limudai Torah was established by the Karol Family in honour of Oren Shmuel Karol. This scholarship assists in funding students (or adults) wishing to pursue their goals and aspirations for higher learning in advanced Torah Study.



Applications can be found on our website at www.bemy.org/scholarships

Beth Emeth is proud to be able to support our members of all ages through our various scholarship funds. Our four scholarship funds last year supported over 25 youth and young adults in their various endeavors from studying Limudai Torah, to Jewish summer camps, to Israel gap year programs, to high level sporting activities.

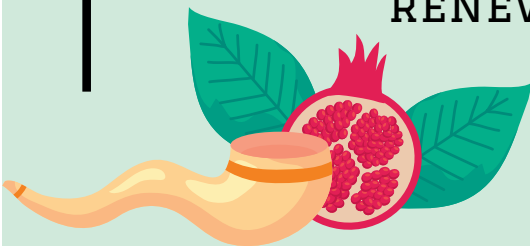
Over the years, our four scholarship funds— the Karol Family Scholarship for Limudai Torah, the Joseph Smith Sports Achievement Award, the Rabbi Kelman Endowment Fund and the David and Sandra Anisman Israel Fund—have assisted 100s of Beth Emeth members. We have supported future Rabbis, community leaders, teachers and more.

We continue to encourage all members to apply to our scholarship funds. Full descriptions of the funds and applications are available online at beby.org/scholarships

Please remember, the sustainability of these funds is dependent on your support. When contributing to the Synagogue, please consider donating to one of these funds to allow the Synagogue to award scholarships to more of our deserving members.

THE HIGH HOLY DAYS ARE JUST AROUND THE CORNER

CALL THE OFFICE OR LOG INTO YOUR ACCOUNT TO
RENEW YOUR MEMBERSHIP.



NEWS OF OUR MEMBERS



Mazel Tov to Jenna & Lucas Franchuk on the birth of their daughter, MARIAH LILY. Granddaughter to Cheryl & James Ebida and Marisa & Richard Franchuk. Great-granddaughter to Sheila Agasee and the late Leslie Agasse and Leon Ebidia and the late Lydia Ebidia

Mazel Tov to Rosalie Shadlyn on the birth of her great-grandson, OLIVER J. (*Zvi Moshe Avraham*), son to Lauren Handelsman & Kyle Moniz. Grandson to Suni & Jeff Handelsman. Lovingly remembered at this time is Harry Shadlyn ז"ל

Mazel Tov to Shayna & Zach Goldenberg on the birth of their daughter RUBY BLAKE. Granddaughter to Debby & Len Silverberg and Barbara Barak & Neil Goldenberg. Great-granddaughter to the late Harold & Miriam Rubinstein, the late Dora & Selig Silverberg, the late Eva & Max Barak and the late Renee & David Goldenberg

Mazel Tov on the birth of MELODY SKY, daughter of Hailey & Lee Mintz, sister to Dorian, granddaughter of Miriam & Brian Goldberg, Jolene & Brian Mintz, great-granddaughter of Louis Ziegler & Shoshana Ziegler ז"ל, Beverley & Brian Robinson and Beverly Goldberg & Alfie Goldberg ז"ל

Mazel Tov to Harry & Roslyn Turk on the birth of their great-grandson, son of Rachel Carr & David Czosniak, grandson of Terry & Adrienne Carr and Shoshana & Izzie Czosniak

Mazel Tov to Janet & Jerry Loterman on the birth of their grandson, EITAN SHALOM, son to Elise Loterman & Aron Savicky of Melbourne, Australia



Mazel Tov to Molly Goldberg, daughter of Deborah Greenwood and Warren Goldberg, granddaughter of Lori & Steven Greenwood and Minnie and Gerald Goldberg, great granddaughter of Leonard and Helen Greenwood ז"ל and Helen Gold ז"ל

Mazel Tov to Sari Eve Ziedenberg, daughter of Brian Ziedenberg & Tracey Lazare, and sister of Gabriel. Granddaughter of Gerald & Sheila Ziedenberg and Jerry & Anne Lazare from Montreal

Mazel Tov Aaron Joseph Seidman, son of Gwyneth Seidman and Sam Seidman. Grandson of Donna & Abe Seidman

Mazel Tov to Marlowe Reese Herman, daughter of Ashley Herman and Kara Gollan. Granddaughter of Larry Herman and Marty and Bonnye Gollan. Sister of Cole Herman

Mazel Tov to David Silverberg Shahaf, son of Bonnie Silverberg & Tomer Shahaf. Grandson of Jeff & Phyllis Silverberg and Yehuda & Miriam Shahaf



Mazel Tov to Bella Steinberg & Elliot Sinukoff on the engagement of their son Daniel to Elena Wolff, daughter of Cynthia Brown and Neil Wolff. Grandson of Joe Steinberg and Anne Steinberg ז"ל, Evelyn Sinukoff and Marvin Sinukoff ז"ל, and Joyce Bick and Harry Bick ז"ל, and granddaughter of Rhonda Brown and Stan Brown, and Howard Wolff and Judy Wolff ז"ל



Mazel Tov to Elina & Mark Schachter on the recent wedding of their son Louis to Ashley Lewenberg, daughter of Risa and David Lewenberg

Mazel Tov to Rosalie Shadlyn on the recent marriage of her grandson, Shawn Handelsman, son of Suni & Jeff Handelsman, to Amanda Friedman, daughter of Caryn & Allan Friedman. Lovingly remembered at this time is Harry Shadlyn ז"ל

Mazel Tov to Varda Springer-Kline & Alan Kline on the recent marriage of their son Joshua, to Tami, daughter of Ron & Dinah Poliwada

Mazel Tov to Debby & Len Silverberg on the marriage of their daughter, Hayley to Russell, son of Carol & Stephen Handelman. Granddaughter of Miriam ז"ל & Harold ז"ל Rubinstein and Dora ז"ל & Selig ז"ל Silverberg; grandson of Lionel & Ruth Fisch and Anne & Max ז"ל Handelman. Excited siblings Melyssa, Shayna, Zach, Robbie, Jessica, Bari, Adam, Geoffrey & Max

Mazel Tov to David & Renee Stier on the marriage of their son Brandon Stier to Sonya Yosopov, daughter of Geula and Raffi Yosopov of Ramal, Israel

Mazel Tov to Steve & Fay Rakoff on the marriage of their son Jared to Talia Priluka, daughter of Sergei Priluka & Natalia Goheen

Mazel Tov to Lisa & Peter Becker on the marriage of their son Daniel, to Jesse Schulman, daughter of Maxine and Josh Schulman. Brother of Ben Becker ז"ל. Grandson of Greta and Alan ז"ל Bluestone and Edith ז"ל and Bela ז"ל Becker; granddaughter of Henna and Irving ז"ל Pomeranz and Jo-Anne Nelson

Mazel Tov to Barbara & Sam Lazar on the recent wedding of their daughter, Ilana Lazar to Kevin Heymann, son of Sandra Heymann and Nick Heymann. Wishing them many years of love and fun and good health, ad 120!



Mazel Tov to Elaine Rubinoff on her 75th birthday on September 15th. May we spend many more wonderful years together. With love, Alan Rubinoff

Mazel Tov to Miriam & Rudi Abel on their granddaughter, Megan Chaya's acceptance into law school at the University of Ottawa

Mazel Tov to Miriam & Rudi Abel on their grandson Noah's graduation from Junior High School. He was recognized for his academic achievements by winning the S.T.E.M. award

Mazel Tov to Aaron Myles Kerzner for graduating with an honours Bachelor of Commerce - Business Management degree from Seneca College. Proud parents are Rochelle & Michael Kerzner and grandparents Max & Dolly Kerzner, Barbara & Norton Grimson ז"ל

Mazel Tov to Aubrey Yarmus, grandson of Sarah & Larry Yarmus, on his acceptance to the engineering program at The University of Waterloo

Mazel Tov to Hilda Swirsky on her Lifetime Achievement Award from the RNAO

BEREAVEMENTS

- **Adele Henry** ז"ל, mother of Mitchell Henry
- **Frances Kochberg** ז"ל, mother of Marshall Kochberg
- **Betty Sherr** ז"ל, mother of Stanley Sherr
- **Sidney Henry** ז"ל, father of Mitchell Henry
- **Shirley Shapiro** ז"ל
- **Menachem Lebel** ז"ל, brother of Rouhama Danto
- **Mervin Lass** ז"ל, husband of Myrna Lass
- **Jack Abrahams** ז"ל, father of Renee Stier
- **Gabriella Hartman** ז"ל, mother of Alex Hartman
- **Miriam Crystal** ז"ל
- **Shifra Knobel** ז"ל, mother of Pearl Grundland, Larry Noble
- **Brian Gordon** ז"ל, husband of Gloria Gordon
- **Harold Risman** ז"ל, brother of Frank
- **Norman SrebroLOW** ז"ל, husband of Michelle SrebroLOW, father of Ellen Hurwitz, Jimmy SrebroLOW, Gary SrebroLOW, Sandra Abram
- **Herta Herskovits** ז"ל
- **Tzipora Pressman** ז"ל, sister of Nathan Shiff

May their memories be for a blessing

BEBY at the Maccabiah games!

It was an amazing 3 weeks with the junior delegation in Haifa. 750 Canadian athletes and 10,000 more from 65 countries all together to celebrate being Jewish, Israel, and Sports.

The team (U16 girls soccer) that I was chaperoning won a Bronze medal and the Fair Play award. I am so proud of them. It was such a pleasure getting to know them and the coaches, both on the pitch and off. It was also fun meeting athletes from all over the world.

What an amazing experience for all of us.

Kelly Wood



BETH EMETH BAIS YEHUDA SYNAGOGUE
NOTICE OF GENERAL ELECTION – SUNDAY, NOVEMBER 13, 2022
INVITATION FOR CANDIDATE NOMINATIONS

Dear Member:

This is an invitation to Members with an interest in becoming a candidate for election as an Officer or Director of the Synagogue to indicate such interest to the Nominations Committee. The following positions will be voted upon: (a) One Vice-President; and (c) Eight seats on the Board of Directors.

A nomination form is enclosed. This form requires the signatures of the proposed candidate and seven other synagogue members in good standing. **Deadline for submission of nomination forms to the synagogue office is 2:00 pm Friday, October 7, 2022.** Nomination forms should be returned to the attention of Malcolm Weinstein, Chair-Nominations Committee.

The qualifications for holding office of Beth Emeth Bais Yehuda Synagogue are as follows:

- Vice-President: In addition to the qualifications for eligibility to serve on the Board, a candidate for election to the office of Vice-President shall have served no less than two years as a Director of the Synagogue.
- Directors: All directors and officers must be members in good standing, and must have been a member for not less than one year prior to the date of election and otherwise be lawfully entitled to act as director of a corporation.

If you wish to be considered for the role of Treasurer or Secretary (appointed positions) please indicate your interest to myself, at the address below or by calling the office.

If more information or clarification is required, please contact Malcolm Weinstein, Chair-Nomination Committee by e-mail at pastprez@beby.org.

Yours truly,



Malcolm Weinstein
Chair, Nominations Committee



BOARD NOMINATION FORM under section 6.1.2 of the BEBY Constitution

This document or any facsimile thereof shall be used as a nomination form for Members in Good Standing of Beth Emeth Bais Yehuda Synagogue ("BEBY") who wish to run for a seat on the Board of Directors at BEBY at the 2022 Annual General Meeting to be held on **November 13, 2022**. A nomination will require the signatures of the proposed candidate and seven (7) other Members in Good Standing. The deadline for submitting this nomination form to the Nominations Committee (Malcolm Weinstein, Chairman) in respect of a candidate for the elections is 2:00 pm. October 7, 2022.

The undersigned Member in Good Standing of BEBY wishes to put his/her name forward as a candidate for the office noted next to his/her name at the upcoming Annual General Meeting of the Synagogue. The undersigned hereby confirms that he/she qualifies to run for such office given the prerequisites for such office as set out in the BEBY Constitution.

_____	X
Date	Name of Candidate
	Office: _____

Each of the undersigned is a Member in Good Standing of BEBY and by signing below is indicating his/her willingness to nominate the above named candidate to run for a seat on the Board of Directors, of Beth Emeth Bais Yehuda Synagogue.

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name

_____	X
Date	Signature
	Print Name

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name:

_____	X
Date	Signature
	Print Name:

Jewish education is the answer to Jewish continuity

Rosh Hashanah is, among other things, the time to re-evaluate past practice and consider changes that move us forward in positive directions. Both individuals and institutions can benefit from this self-reflective exercise. What would we change? What would we maintain? What should we drop and what should we start doing?

Throughout this past year, synagogue representatives from Beth Emeth and several other synagogues in the city have been deeply involved in a research project led by Coriphery consultants to consider how to ensure that supplementary Hebrew school meets the needs of the students, their families and the community at large.

We at Aleph Beit Chadash Hebrew School have some significant takeaways from our year with the Coriphery project and from the interviews that were conducted with a wide range of community members. We remain committed to our curriculum, of which we are very proud. We encourage students to think critically about what they are being taught – to question and to consider if and how the lessons learned fit into their own lives, while recognizing that their own thoughts and opinions may and probably will change over time. Our mission is to inspire children to connect with their Jewish identity, learn our Jewish history and engage in learning that will help to build a solid foundation for Jewish continuity. We want Jewish children to become our Jewish leaders, proud of who they are and with a profound sense of belonging in “Am Israel.”

Several predominant themes came out of the interviews that were conducted throughout last year: a desire for a strong sense of community and interactive, fun, activity-based learning. In response, we have planned four family activity days with Beth David synagogue. The first day is Sunday, Nov. 6, when we will be participating in a Ve’Ahavta chesed initiative. As well, we are going to offer a menu of on-line lessons for the older students to give them the opportunity to choose topics they would like to investigate more deeply.

Our teachers are sensitive to and trained to support special education needs that students may have. We demonstrate the Jewish lesson of inclusion when we integrate, with support, every child who is part of our school.

The first day of Hebrew school is Sunday, September 11. Our registration package is on the synagogue website; click on Programming on the menu bar and scroll down to Aleph Beit Chadash Hebrew school. All tuition is tax receiptable. Register your children now to ensure that they will have a spot in this exciting, engaging, and enriching program. Call the shul to speak with Shauna Small, the Director of Education. Come visit us at the Welcome Back Bar-B-Q on the afternoon of Sept. 11.

We look forward to meeting you and your children or grandchildren early in the fall as we begin another year of learning together.

The staff and students of Aleph Beit Chadash Hebrew school wish everyone a healthy, safe and happy new year. We look forward to a new year filled with peace, prosperity and promise for a better future.

BEBY BOOMERS

Fall is approaching quickly, which represents renewal interest in synagogue activities. The BEBY Boomer's are looking forward in the next few months to hosting programs in person. The Covid situation has been difficult for all of us but the BEBY Boomer's has been able to provide you with programs which reflected wellness, fitness, religion, theatre and much more. In June we hosted Sheldon Parker present Fraud & Scams Against Seniors and David Chandress in June, "What is Health," A Journey into Wellness.

We are excited to announce our fall line-up of programs.

Thursday, September 8th-10 am-Florfit dance exercise fitness with Florine Moskowitz for 6 weeks. First Class free trial. \$30.00 for 6 classes

Thursday, September 29th-7:00 pm. (zoom)

Dr. Sarah Alexander, "In Sickness and in Wealth," How Society Impacts Wellness

Thursday, November 3rd-7:30 pm. (In Person)

Sheldon Parker, "The 10 tips for a Happy Life"

Both these programs will prove to be innovative and informative and presented by individuals with insight and knowledge. Plan to schedule these two programs in your agenda.

From our committee to all of you and your families, Shana Tova, Healthy & Happy New Year.

Co-Chairs

Marlene White & Ruth Gilbert



BEBY Boomers presents:

FLORFIT

Get fit on the dance floor with easy-to-follow dance moves geared to older adults.

Sept. 8 free trial class!

Thursdays
September 8, 15, 22, 29
October 6, 13
\$30 - 10:00 AM
60 min IN PERSON classes

with Florene Moskowitz
fellow Beth Emeth Boomer

Register here:
beby.org/event/florfit22

The poster for Florfit features a woman in a grey tank top and blue pants dancing in the bottom left corner. In the center, there is a colorful graphic of several stylized human figures in various colors (yellow, orange, blue, purple) in dynamic, dancing poses. The background is white with large, colorful, abstract circular shapes in shades of blue, green, and pink.

2022



20
23



BAR MITZVAH BAT MITZVAH *program*

For simchas booked from March 2023 - February 2024

Join us for a series of experiential and educational sessions!

This program aims to highlight the significance of becoming a Bar/Bat Mitzvah and your role in the community.

Led by Rabbi Morrison with featured guests

Thursdays - 6:00 PM

Oct 27, Dec 15, Feb 2, March 2, April 20, June 1

Pizza dinner provided

*Save
the
Date*

THURSDAY, SEPT 22 - 6:30 PM

Bring your whole family for the Bar/Bat Mitzvah program orientation

Casual pizza dinner provided

BEBY FAMILY EVENTS

2022/2023 YEAR AT A GLANCE

11
SEPT

Welcome Back Open House

17
OCT

Simchat Torah

18
DEC

Chanukah Celebration

5
FEB

Family wine making

6
MAR

Purim Celebration

2
APR

Getting Ready for Passover

2
JUNE

Summer BBQ

**** PLEASE NOTE THAT ALL DATES ARE SUBJECT TO CHANGE**

CHESED KNITTERS



Many of our knitters have returned to the shul in person to knit and chat on Monday mornings in the Library and we would welcome everyone, whether you are a member of the synagogue or not, to join us. We have patterns, yarn, and needles – everything that you might need.

Rosh Hashana is a time to close out the old year and welcome in the new. That being said, Channah Koppel, our contact in Israel who collected and distributed knitted hats to the IDF for us and for many other knitting groups around the world has decided, after 15 years and 75,000 hats, to retire. We are all in awe of what she has accomplished and thank her for all her work. K'ol ha kavod and wishing Channah all the best.

We are working with the Linus project to distribute blankets to children in hospitals and shelters and we are making hats, scarves and blankets to go up to Northern Ontario to the Mishkeegogamang community. Every item is a labour of love and each is more beautiful than the last. Each item brings with it a sense of accomplishment and pride, and producing them is truly an act of Chesed, lovingkindness.

Special shout-out to Sheila Cooper who continues to send us packages of yarn. Donations to the Chesed Knitters can be made through the synagogue office or website (click on Contribute, then Donate and select Chesed Knitters under type in Payment Details) and are gratefully accepted.

On behalf of the Chesed Knitters of Beth Emeth I want to wish everyone all the very best of everything for 5783.

Eleanor Minuk

Dedicated in memory of Magda Rogers ז"ל and Miriam Crystal ז"ל



CONTINUING EDUCATION

Here we are about to celebrate the upcoming Rosh Hashana 5783 and there is so much to talk about the year we are leaving behind. As we make our way out of the grip of Covid-19 and return to in-person programming it is our hope that you will come back and see all that we will be offering. Even though our plans will bring programs to Beth Emeth there will still be opportunities to tune in via Zoom.

The monthly Reel and Spiel nights have returned and we are arranging to keep this highly anticipated evening going on a regular basis. Check the weekly program updates in your email or via the BEBY website for the titles of upcoming movies. There will be a regular array of speakers and programs from those whom you have watched and listened to over the last few years. There will be more from Lockdown University, Barbara Kay, and Norman Zinman has been working feverishly on his next Jewish celebrity connections.

There will be two very special programs coming in late October and November you will want to be a part of. We are organizing a presentation about Hana's Suitcase by the author, Karen Levine, who will speak about her book. Further details about the time and date will be forthcoming. Join us late in November as we will be hosting Rabbi David Bauman who will be introducing his first book, What Would You DO?, which discusses the Jewish concept of Mussar and is written for our pre-teens and older teens. The last weekend in November is scheduled for this multi-part program so please mark your calendar.

Over the course of the last couple of years our programming periodically featured musical discussions and video displays. We have joined with the Music Committee to provide joint programming via Zoom and in-person. Together we will bring the joy of music along with a Jewish connection. All of the upcoming events and programs will be included in the weekly eblast for all to see.

As we move forward please plan to take this journey with us. Our hope is to continue to reach for interesting and exciting topics, educational speakers and insight into other places while keeping in touch with our Jewish roots and history.

We wish everyone a happy, healthy and sweet New Year for 5783. May this coming year bring us all back together more united than ever in our joint quest for Jewish learning and discussion. We are working hard on our part and the rest will be up to you.

Chag Sameach and Shana Tova Umetuca.

Perry Davis and Marlene White
Co-Chairs of Continuing Education

GREENING COMMITTEE



Included in this month of reflective accountability, we address the difficulties and challenges we face on our individual life's journey. We explore and respond to new possibilities for further growth by more fully utilizing our inner potential to continue to make a positive difference to our families, our communities and to our planet.

Unwavering is our faith's concept of Tikkun Olam, repairing the world; and Hashem's commandment to us in Genesis to be stewards of our earth and in our Midrash, ""Look at my works! See how beautiful they are – how excellent! For your sake I created them all. See to it that you do not spoil and destroy My world; for if you do, there will be no one else to repair it."

Every year, as part of Beth Emeth's Rosh Hashanah tradition, Rabbi Morrison leads the ceremony of Tachlich at the banks of the Reservoir at G. Ross Lord Park.

This year, please join us there one more time as Beth Emeth's Greening Committee partner's with the Women's League for Conservative Judaism to participate in Reverse Tachlich. Instead of throwing our sins into the water, we will clean up the banks of the Reservoir.

Sunday October 2 from 2 - 4PM

Where: G. Ross Lord Park Reservoir
near Wilmington & Finch

Gloves and Garbage Bags will be provided.

Please Join us once again as we contribute to Waste Reduction Week in Canada.

Wednesday November 2 from 7 - 9 PM

Where: In-person in the Tessler Lounge

Special Guest Speaker: Fred Winegust
founder of Reena's initiative: Greena.

Covid-19 has negatively impacted many organizations including the recycling of Jewish memorabilia.

On November 2, our program will present:
Information about the Circular Economy

- How to currently recycle Jewish memorabilia
- Reena's innovative Greena program presented by founder Fred Winegust and how we can get involved to assist
- Food insecurity and food wastes are currently major concerns. Please share one or two recipes of how you transform left-over food into nutritious meals instead of having discarded food add to landfills.

Mel and I wish that you and your families will be inscribed in the book of life for a healthy, prosperous, joyful year ahead filled with abundant blessings.

Hilda Swirsky, RN,BScN, MEd

Chair of Greening Committee

SAVE THE DATE

Sunday January 22nd 5 - 7PM

Special guest Dr.Gili Adler Nevo, Child & Adolescent Psychiatrist and Head of the Child & Adolescent Anxiety Clinic at Michael Garron Hospital will discuss Eco-Anxiety and Eco-Depression.

MARTY KESHEN CHESED COMMITTEE

Helping Shul Members and the Community

Although many activities are slowly returning to pre-pandemic levels, there are still Covid concerns in the community that impact traditional Chessed Committee activities such as visiting the bereaved, collecting food and other items for the food bank, and visiting those in need of visitors.

Members of the Chessed Committee continue to reach out to Beth Emeth Bais Yehuda seniors to keep in touch and to see how they are coping. Our members are truly appreciative of this outreach. We are available to contact, by telephone, others in our community in need of social interaction.

Virtual Coffee and Conversation on Zoom was an initiative of the Chessed Committee and BEBY as a place for members to get together and connect and chat during the pandemic. We met twice weekly until the end of August. It was treasured by the regular participants.

The Chessed Committee, on behalf of Beth Emeth, acknowledges individual birthdays and anniversaries with a personal phone call.

We have a group of dedicated volunteers who are available to provide much needed support to our members at all ages and stages of life.

Please contact the shul if you would like a member of the Chessed Committee to contact you:

- In times of illness
- In times of bereavement
- In times of loneliness
- Who need emotional and social assistance

You can call the shul office or email us at cheded@beby.org

Since there will not be the traditional collection of food for the food bank during the High Holidays, please, if you are able, consider making a donation of food or funds to a local food bank or to BEBY's Out of the Cold Program.

If you are interested in supporting members of Beth Emeth Bais Yehuda Synagogue, please contact us at the Chessed Committee to volunteer. We are also looking for a committee co-chair.

May you and your family have a Happy and Health New Year.

Marty Keshen Chessed Committee Chair:
Helen Katz

LIBRARY COMMITTEE

With the start of the school year, the library will again be open on Sunday mornings. We have a number of new books in our collection and are anxious to share them with you.

As well, we have our book events in place for this season. Thursdays is our Lunch and Literature series and, closer to each event, we will be able to determine whether we can offer our lunch program along with an in-person review of our books. On Oct. 13, Philippa Sheppard will be talking about Nicole Krauss' Forest Dark; on Nov. 17, Sheli Meyers will take us through Naomi Ragen's An Observant Wife; Cynthia Good will discuss House on Endless Waters by Emuna Elon on December 15; Phyllis Taylor will talk about her latest book The Prison Lady on January 26 and we finish off with a review by Lisa Levy on March 9 of Kristin Harmel's The Forest of Vanishing Stars. Many thanks to our generous sponsors, Amica Thornhill, Forestview Retirement Home, 147 Elder Street, Baycrest and 2 Neptune, and Chartwell Constantia.

Books and Bagels will run again on Sundays, starting on October 23, with Janice Baryshnik sharing with us her book Jewish Girls Who Dreamed Big...and Saved the World. Janice will be bringing copies of her book with her to sell for \$20 each. This is definitely a book to share with your family and would be a wonderful Channukah present. On November 6, the Library, in collaboration with BEBY Brotherhood, is hosting Mark Oppenheimer, author of Squirrel Hill – The Tree of Life Synagogue Shooting and the Soul of a Neighborhood. Copies of Mark's book are being sold through the office for \$20. On November 20, Gary Barwin is coming to talk about his latest book Nothing the Same, Everything Haunted. On January 15, Sylvia Solomon will be sharing her research on the Nuremberg Trials. On March 26, Mordechai Ben Dat will round out our series with his review of Raffi Berg's thrilling Red Sea Spies: The True Story of Mossad's Fake Diving Resort. We hope to be running in-person sessions for these events but will decide closer to the date how we can safely proceed. Special mention to our sponsors, VIVA Thornhill Woods, Four Elms Retirement Residence and Mosaic Home Care.

We are always looking for people to join our Library committee, and suggestions of books to include in future events are always appreciated. On behalf of the Library Committee, I want to wish everyone *G'mar chatimah tovah*. May we all be inscribed for a year of health, happiness and prosperity.

Eleanor Minuk
Library Committee



UPCOMING BOOK EVENTS



Lunch & Literature

Oct 13th – Forest Dark; Nicole Krauss

Nov 17th – An Observant Wife; Naomi Ragen

Dec 15th – House on Endless Waters; Emuna Elon

Jan 26th – The Prison Lady; Phyllis Taylor

Mar 9th – The Forest of Vanishing Stars; Kristin Harmel

Books & Bagels

Oct 23rd – Jewish Girls who Dreamed Big...and Saved the World*; Janice Baryshnik

Nov 6th – Squirrel Hill – The Tree of Life Synagogue Shooting...**; Mark Oppenheimer

Nov 20th – Nothing the Same, Everything Haunted; Gary Barwin

Jan 15th – The Nuremberg Trials; Sylvia Solomon

Mar 26th – Red Sea Spies: The True Story of Mossad's Fake Diving Resort; Raffi Berg

*** Author Janice Baryshnik selling her book \$20**

**** books available for purchase at the office \$20**

OUT OF THE COLD UPDATE

Homelessness in the GTA continues to increase at an alarming rate due to the economy and rapidly rising costs, making affordable housing extremely difficult to secure. Covid has magnified the problem as many of the volunteer shelters that have operated in the past have not been able to operate.

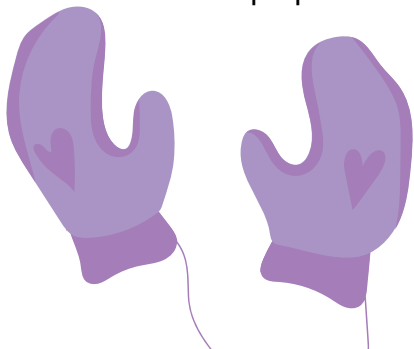
Beth Emeth Synagogue has been a long time supporter of programs to aid the homeless, especially by running our very successful Out Of The Cold Program. Given the focus on addressing homelessness in the downtown core, where homelessness is running rampant, our location is not currently viable as an Out of the Cold site.

To this end, we have partnered with the Coalition To Fight Homelessness that runs an Out of the Cold Program at Saint Luke's United Church . Last year we provided the site with 300 sandwiches each week for a 6 week period during January and February. The sandwiches were a huge success .

The OOTC Meal Program at Saint Luke's opened its doors for indoor meal service on December 13, 2020 operating on Sunday and Wednesday evenings. The program, which was supposed to run for 5 months, completed its 20th month serving over 48,000 meals and is still going strong. The need is clear and the cost is rapidly increasing. Presently the organization has been able to secure hot meals at a cost of approx. \$ 8.00 per meal.

To this end, Beth Emeth Bais Yehuda Synagogue is planning to increase its involvement as follows:

1. Establish a weekly sandwich making program (300 sandwiches per week for 52 weeks). Volunteers will be needed to prepare and pack sandwiches.



2. Collect and sort gently used clothing as the homeless are in dire need of clothing. Volunteers will be needed to come on Sundays to sort the clothes. We will transport them downtown to be distributed.
3. Sponsor some of the weekly hot meals.
4. Put together personal hygiene kits (consisting of toothbrushes, toothpaste and soap). Volunteers will be needed to source product and to put together the kits.
5. Source new clothing, specifically undergarments, gloves, hats and socks.

What we need to make our program successful:

1. Monetary donations to pay for ingredients for the sandwiches (please contact the shul office)
2. Volunteers (please contact Sari Gold at sarigoldootc@gmail.com)
3. Gently used clothing**
4. Monetary donations to pay for some of the weekly meals (600 meals per week are needed at a cost of approx. \$8.00 each)
5. Donations of personal hygiene products (soap, toothbrushes, toothpaste)**
6. Donations of new undergarments, gloves, hats, socks**

We know that this does not look like the program that we have all come to love and be so proud of but our BEBY Community can still make a meaningful contribution to help those in need.

We are hopeful that at some point in the future we will once again be able to open our doors and welcome back the homeless to our synagogue

****WE WILL ANNOUNCE WHEN WE ARE READY TO ACCEPT DONATIONS OF CLOTHING AND TOILETRIES. PLEASE DO NOT DROP OFF AT THE SHUL EXCEPT DURING DESIGNATED PERIODS**

Sincerely,
Your Out Of The Cold Steering Committee
Allan Fleisher and Renee Henry, Co-Chairs

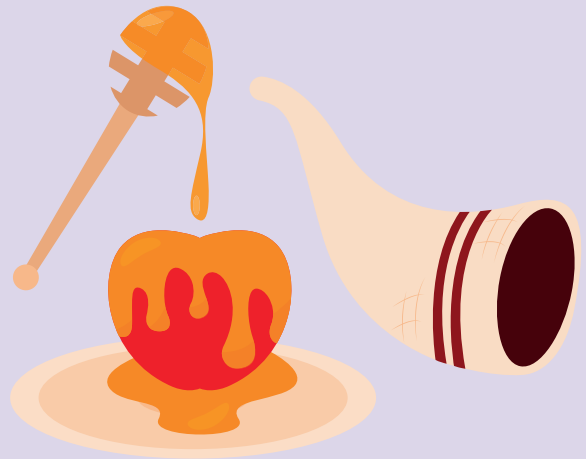
SOCIETIES

*Best wishes for a happy
and healthy New Year!*



*Your friends at the
Weirzbniker Society*

Chag Sameach!



*Your friends at the
Farband Society*



**Save
THE
Date**

SUNDAY, SEPTEMBER 18TH

Wierzbniker Society Haskara
10:45 am at Bathurst Lawn

Farband Society Haskara
11:45 am at Bathurst Lawn

VOLUNTEERS NEEDED!

**We are looking for
High Holy Day ushers and Child Care volunteers.**

**Call the office 416-633-3838 or email Marilyn
reception@beby.org if you are interested**



SPONSORSHIPS

*Honour your loved ones and your family milestones
with a sponsorship at Beth Emeth.*

Mincha/Maariv services - \$54

Breakfast - \$180

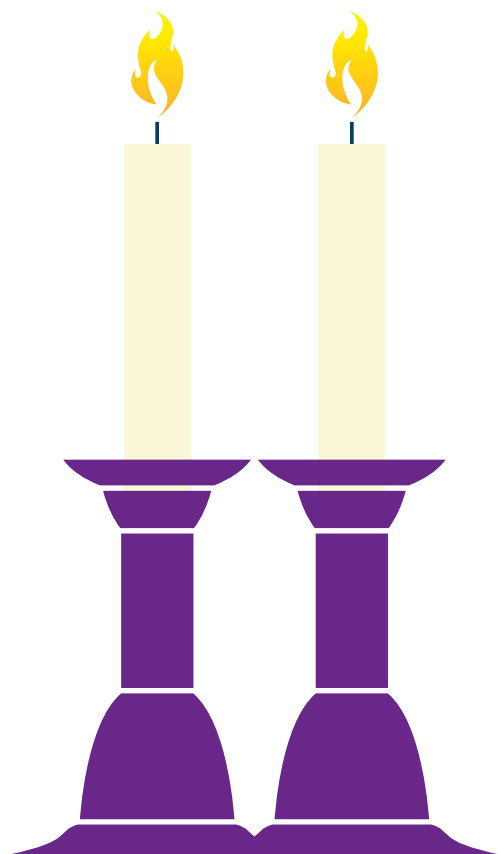
Enhanced breakfast - \$250

Kabbalat Shabbat / Havdalah - \$72

Shabbat morning services - \$108

Congregational Kiddush - \$360

Visit beby.org/form/sponsor or call the office



CANDLE LIGHTING TIMES

Date	Parsha	Candle Lighting	Havdalah
25-Sep	Rosh Hashana	6:51	
26-Sep	Rosh Hashana	7:50	7:48
30-Sep	Vayeilech	6:42	7:41
04-Oct	Yom Kippur	6:35	7:34
07-Oct	Ha'Azinu	6:29	7:29
09-Oct	Sukkot	6:26	
10-Oct	Sukkot	7:25	7:23
14-Oct	Sukkot	6:17	7:17
16-Oct	Shmini Atzeret	6:14	
17-Oct	Simchat Torah	7:14	7:12
21-Oct	Bereshit	6:06	7:06
28-Oct	Noach	5:55	6:56
04-Nov	Lech-Lecha	5:46	6:48
11-Nov	Vayera	4:38	5:40
18-Nov	Chaye Sara	4:31	5:35
25-Nov	Toldot	4:26	5:31
02-Dec	Vayetzei	4:23	5:29
09-Dec	Vayishlach	4:22	5:28
16-Dec	Vayeshev	4:23	5:30
23-Dec	Miketz	4:26	5:33



APEX
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and Prosperity. Today and All
Through The Year!
L'shanah Tovah!



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orders@apexkoshercatering.com



Rosh Hashanah Menu 2022 | 5783

Email Orders to orders@apexkoshercatering.com

All Orders Must be Received by Sunday September 18th, 2022

Available for Pick-Up From 11AM to 1PM on Sunday September 25th, 2022

Call 416 901 5044 ext 1

Soups & Appetizer

Butternut Squash and Pear Soup \$15 per litre (serves 4)	<input type="checkbox"/>
Chicken Noodle Soup with Brunoise of Carrot, Celery, Onion and Diced Chicken \$18 per litre (serves 4)	<input type="checkbox"/>
Matzah Balls \$2 per piece (2.5" – 3" Diameter)	<input type="checkbox"/>
Sweet Gefilte Fish With Red Horseradish and Carrots \$5 per 4oz portion	<input type="checkbox"/>
Salt and Pepper Gefilte Fish With Red Horseradish and Carrots \$5 per 4oz portion	<input type="checkbox"/>

Salad

Mixed Green with Aged Balsamic Watermelon, Sweet Pickled Cabbage, Rosemary Grilled Peaches, Cherry Tomatoes, Raspberry Vinaigrette \$5.50 per portion	<input type="checkbox"/>
Classic Caesar Salad Romaine, Herb and Garlic Croutons Creamy Caesar Vinaigrette \$5 per portion	<input type="checkbox"/>
Tossed Chickpea Salad Chickpeas, Tomato, Cucumber, Edamame, Maple Dijon Roasted Sweet Potato, Sweet and Spicy Croutons, Honey Lime Vinaigrette \$6.50 per portion (5oz)	<input type="checkbox"/>

Sides/Starch

Maple Dijon Roasted Sweet Potatoes \$5 per portion (5oz)	<input type="checkbox"/>
Potato Latke With Herb Garlic Swiss Charred Onion \$6 per piece (3" round)	<input type="checkbox"/>
Avocado Harissa "Butter" Roasted Tricolour Carrots, Parsnips, Butternut Squash \$5 per portion	<input type="checkbox"/>
Herb Sautéed Mixed Vegetables \$ per portion	<input type="checkbox"/>

Client Information

Name _____
Address _____
Date _____ Phone # _____
Email _____
Credit Card # _____
Expiry _____ CVC _____

Mains

Crispy Breaded Chicken Roulade Stuffed with Smoked Pastrami and Caramelized Onion Served with Au Jus \$18 per portion	<input type="checkbox"/>
Seared Chicken Supreme with Herb and Garlic Served with Cast Iron Grape and Mandarin Salsa With an Au Jus \$22 per portion	<input type="checkbox"/>
Chicken Scaloppini Topped with Spinach, Artichoke, Mushroom Ragout \$16 per portion	<input type="checkbox"/>
Applewood Home Smoked Brisket With Herb Mushroom Jus \$28 per 8oz cooked weight	<input type="checkbox"/>
Maple Orange Rosemary Salmon Filet With a Strawberry Mango Salsa \$18 per portion (6oz)	<input type="checkbox"/>

Additional

Chicken Fingers With Ketchup and Plum Sauce \$30 per dozen	<input type="checkbox"/>
Chipotle Chicken Wings \$24 per pound	<input type="checkbox"/>
Sticky Honey Garlic Chicken Wings \$24 per pound	<input type="checkbox"/>
Apple Kugel \$16 per pan (7"x4")	<input type="checkbox"/>
Potato Kugel \$14 per pan (7"x4")	<input type="checkbox"/>

Dessert

Frozen Lemon Cake \$65 per cake (Serves 12)	<input type="checkbox"/>
Apple Crumble Tart \$32 per tart (8-10 Servings)	<input type="checkbox"/>
Assorted Biscotti Apricot and Cranberry, Cinnamon Sugar, Mocha Chip \$36 per dozen	<input type="checkbox"/>
Chocolate Decadence Cake \$55 per cake	<input type="checkbox"/>
Honey Apple Cake \$32 per loaf pan (7"x4")	<input type="checkbox"/>

Pick Up: BE ☐ BT ☐ HBT ☐

Delivery \$15.00 In GTA ☐

RECIPE

Apple Torte

Crust:

- ½ cup corn starch
- ½ cup icing sugar
- 1 cup all purpose flour
- ¾ cup soft butter

Filling:

- 7 or 8 apples (any variety)
- 5 tbsp. ground cinnamon
- 2 tsp. granulated sugar

- Blend all crust ingredients well and press into an 8 inch springform pan as evenly as possible.
- Peel and slice apples. Toss with cinnamon and sugar to coat. Mix well.
- Place in pan. Mixture should come to top of pan.
- Bake for 1 hour, until crust is golden. Allow to cool completely. Decorate with whipped cream, caramel or the topping of your choice.



"The Secret of Getting Ahead is Getting Started." – Mark Twain

Our Mission:

Brain Power opens doors for bright students. Our communication, writing, math and public speaking programs are specialized and proven pathway to academic success in and out the classroom.

New North Toronto Location Opening at the Prosserman JCC in September 2022.

Brain Power, Canada's Award-Winning Enrichment Learning Provider, has established an exclusive partnership with the Prosserman JCC (4588 Bathurst st., North York ON M2R 1W6)

For further information,
please contact us by phone:
905-303-5457 or via email
info@brainpower.ca

Vaughan
Toronto
Hamilton
Virtual Learning



CONTACT US TODAY TO REGISTER!



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We'd love to share your news!

If any members would like to share recent births, Bar/Bat Mitzvahs, engagements, weddings, nachas announcements - please email Sari - sari@beby.org - by Friday, November 25.

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