



**Beth Emeth Bais Yehuda**  
A World of Jewish Experience

# **Beth Emeth Bais Yehuda Solidarity Trip to Israel With Ramah Israel**

**Itinerary Draft 4, as of April 11, 2024, Subject to Change**

**May 14-22, 2024**



## **Tuesday, May 14, 2024: Bruchim Habai'm- Yom Ha'atsmaut**

Depending on time of Arrival:

- Meet your Ramah Staff at Ben Gurion Airport
- Drive to Jerusalem
- Tour in the Old City including mincha at Azarat Yisrael, egalitarian section of the Kotel Southern wall tour
- Volunteer **tying tzitzit for IDF soldiers**
- Check into hotel
- Dinner and Orientation at hotel

**Overnight: Prima Royale Hotel, Jerusalem**



## **Wednesday, May 15, 2024: To Till and To Tend**

- Breakfast at the hotel
- Travel to a **local farm to volunteer our time helping to pick/tend to produce.** The agricultural sector of the economy has been hit hard by the war and the entire country has been volunteering to help save this season's crops. We will lend a hand with whatever needs to be done - tending the fields, picking and/or packaging fresh produce, doing maintenance on greenhouses, etc. and participants should prepare for a physically demanding few hours of manual labor.
- Lunch on own
- Return to Jerusalem
- **Geopolitical bus tour** around the city to better understand the roots of the conflict
- Dinner at hotel
- Guest Speaker: Menachem Bombach speak about Haredi enlistment into the IDF and revolutionizing the Haredi education system

**Overnight: Prima Royale Hotel, Jerusalem**

## **Thursday, May 16, 2024: To Nourish Those Who Need Nourishment**

- Breakfast at Hotel
- Volunteer **packing produce and canned goods for the needy** with Tachlit
- Lunch at the **WZO headquarters** and meet with **Yizhar Hess**, the Vice chairman of the WZO
- **Bake Challah for soldiers and evacuated families** with Chef Nisimi Naim Naor and hear about his unique job in the army
- **Jacqui and Yaron Vital** whose daughter was killed on October 7, and hear about her as well as **Yaron's remarkable story** of surviving the attacks at Kibbutz Holit
- Dinner at hotel and free evening

**Overnight: Prima Royale Hotel, Jerusalem**

### **Friday, May 17, 2024: Israeli Solidarity throughout History**

- Breakfast at the hotel
- Visit the New **National Library of Israel**
- Visit the **Supreme court** and **Knesset** (outside) with briefing on Israeli politics
- Lunch on own and Shopping at Machane Yehuda market
- Prepare for Shabbat
- *6:51pm Candle Lighting*
- **Kabbalat Shabbat** as a group at the hotel OR in the Old City (Azarat Yisrael)
- Dinner at the hotel

**Overnight: Prima Royale Hotel, Jerusalem**

### **Saturday, May 18, 2024: Shabbat in Jerusalem**

- Breakfast at the hotel
- **Optional Tefillah** as a group at the hotel OR at Local Synagogue/s
- Lunch at the hotel
- Walking tour with guide
- **Visit the Michael Levin Lone Soldier Base** and meet with lone soldiers (TBC)
- *8:06pm Havdalah*
- Dinner at hotel and free evening

**Overnight: Prima Royale Hotel, Jerusalem**

### **Sunday, May 19, 2024: Bear Witness**

- Breakfast at the hotel
- Drive to **Otef Aza** and tour Sderot which was hit on Oct. 7, hearing stories from locals
- **Volunteer with clean up/restoration**
- Packed lunch
- Visit the site of the **Nova music festival** and meet survivor
- Host a **BBQ for Israeli soldiers** at their base- cooking and serving the food and eating with them, includes dinner for the group
- Late Return to Jerusalem

**Overnight: Prima Royale Hotel, Jerusalem**

### **Monday, May 20, 2024: Modern heroes**

- Breakfast at hotel
- Volunteer with **Citrus and Salt making food** for soldiers/families in hostage square
- Lunch on own at the Carmel market
- Meet with **Project Twenty Four** and visit the residents of Kibbutz Re'im at their temporary housing complex in Tel Aviv
- Go to **Kikar Hahatufim** - "Hostages Square." The public square outside Habima Theater has become a gathering place for the families of hostages and hundreds of daily visitors who come to show their support. We will have the opportunity to speak with families and observe the various art installations, including the [Empty Long Shabbat Table](#).
- Return to **Jerusalem**
- Dinner at hotel and free evening

**Overnight: Prima Royale Hotel, Jerusalem**

## Tuesday, May 21, 2024: Impact on the Locals

- Breakfast at hotel
- **Agricultural volunteering #2**- help Israel where the help is needed most.
- Packed lunch
- Tour in **Ein Rafa- Israeli Arab** village and hear about their contributions to the war effort
- Meet with **BEBY Shinshinim** at the hotel for dinner and hear their stories

**Overnight: Prima Royale Hotel, Jerusalem**

## Wednesday, May 22, 2024: To Share Chizuk and Receive Chizuk

- Breakfast at the hotel
- Check out
- **Volunteer** with **ThankIsraeliSoldiers** making packages and writing letters to soldiers. All goods that were brought to be donated will be dropped off here.
- Study Session at the **Shalom Hartman Institute**
- Lunch on own
- Tour **Har Herzl** and see how it has changed since the start of the war
- **Summary Session** - what do we take back with us from this trip and what can we do to help when we get home?
- **Final Dinner together** at a local restaurant
- Travel to the airport
- Late night **DEPARTURE**

**Overnight: On Flight**



**להתראות ! Lehitra'ot**

## **Suggested Packing List**

- Comfortable everyday clothing/underwear for the duration of the trip, including e.g. t-shirts, some long sleeve shirts for agricultural work, a sweater for cool evenings, shorts, pants/skirts.
- Gardening gloves
- Clothing for Shabbat
- Small comfortable backpack for day trips
- Closed-toe water-proof walking shoes/sneakers with support (shoes should not only be comfortable, but also broken in)
- Pajamas/sleepwear
- An extra pair of glasses or contact lenses if you wear them
- Toiletries (toothpaste, toothbrush, comb/brush, tissues, deodorant, personal items)
- Medicines (Rx, over-the-counter: anti-diarrhea, Tylenol, cold medicine, band aids, basic first aid kit, sewing kit, safety pins)
- Hand sanitizer and/or towelette packages
- Siddur, kippah, tallit and tefillin as needed
- Phone/camera + charger + portable battery pack
- Reusable water bottle

NOTE: Please refrain from bringing any valuables, jewelry, sentimental items etc. Neither Ramah Israel, nor the hotel, will take responsibility for any lost or stolen items.