



June 25, 2017

Discover Hudson Valley Ride

Join **BIKENCSY** to help send NCSY teens to Israel for a gap year of Torah study and growth

OPEN TO ALL LEVEL BIKERS —
15 MILES, 33 MILES, 55 MILES, 75 MILES, OR 100 MILES

JOIN THE RIDE IN JUST THREE EASY STEPS:

1. **Register** at bike.ncsy.org
2. **Get** sponsors to reach your goal
3. **Bike!** Ride begins at Congregation Schomre Israel (18 Park Avenue, Poughkeepsie) and ends at Waryas Park (at the foot of Main Street, Poughkeepsie)

Registration includes access to the pre-ride breakfast at Congregation Schomre Israel, post-race gala BBQ at Waryas Park, and a complimentary bike jersey.

For more information, email bike@ncsy.org or call 646.459.5195