



Congregation Schomre Israel of Poughkeepsie

Shabbat Bulletin

י"ב ניסן התשפ"ד
שבת פרשת מצורע

שבת הגדול

Parshat Metzora

Shabbat HaGadol

April 19-20, 2024 / 5784

Rabbi
Shlomo Krasner

President
Michael Rosenblatt

Gabbai
Abe Weisfelner

Sisterhood
Cassia Brown Roberta Grosman

שבת שלום * *Shabbat Shalom*

Shabbat Parshat Metzora

Haftara: Malachi 3:4-24

Friday, April 19

7:23pm Candle Lighting
(Earliest Lighting 6:17pm)

7:00pm Mincha

Kabbalat Shabbat and Maariv
8:24pm Earliest Time for Shema

Shabbat, April 20

9:00am Shacharit
9:30am latest time for Shma

1:29pm Earliest time for Mincha

8:25pm Havdala

Please daven for our Schomre Families called in War:

Yoni Schneider
Avi Nattan bas Beila Miriam
Evyasar Shalom ben Leah
Yaakov Daniel ben Avigayil
Yonaton Yizchak ben Yocheved
Shira Dina bas Yocheved
Eliyahu Yeshaya ben Adina Naomi
Naftali Yehuda ben Adina Naomi
Noam Chaim ben Adina Naomi

COMING WEEK SCHEDULE

Sunday, April 21

Shacharis 8:30am
Search for chometz around 8:30pm

Monday, April 22

Any Chometz sold through Rabbi Krasner cannot be eaten
Matzah may not be eaten during the day
Shacharit - 8:00am
Siyum for First Born - approximately 9:00am
Chometz Burning - 9:00am - 10:00am
Finish eating chometz - before 10:13am
Nullify Chometz, burn, flush, feed pet, give away, or
destroy all unsold chometz - before 11:34am
Candlelighting - 7:26pm (earliest Candlelighting 6:19pm)
Mincha/Maariv - 7:20pm (at 60 Whittier)
Community Seder open to all at 60 Whittier Blvd
Midnight - 12:53am

First Day of Pesach, Tuesday, April 23rd

Shacharit - 9:00am
Mincha/Maariv - 7:30pm
Candlelighting and preparing for the second seder - after 8:28pm
Community Seder open to all at 60 Whittier Blvd
Second Seder
Count the Omer, Day 1

Second Day of Pesach, Wednesday, April 24th

Shacharit - 9:00am
Mincha/Maariv - 7:30pm
Earliest Havdallah - 8:30pm (shortened for Holiday)

Chol HaMoed, Thursday, April 25th

Shacharit - 8:00am
Mincha/Maariv - 7:00pm



5000 flowers planted for a strong message:
“We are Waiting for You”

StandWithUs

**House resolution
 CONDEMNING
 "From the River to the Sea"
 as antisemitic has passed.**



**Seder
 seat
 for a
 hostage**

Commemorating the Festival
 of Freedom, Remembering
 Those in Captivity



This Pesach, the Board of Deputies of British Jews is launching a 'Seder Seat for a Hostage' initiative, to urge individuals and families to set an extra place at their Seder table for one of the more than 100 men, women and children still held captive by Hamas.

Chol HaMoed, Friday, April 26th

Shacharit - 8:00am
 Candlelighting -7:30pm (earliest 6:23pm)
 Mincha with Kabbalat Shabbat - 7:00pm

Shabbos, April 27th

Shacharit - 9:00am - Shir HaShirim
 Havdallah - 8:33pm

Chol HaMoed, Sunday, April 28th

Shacharit - 8:30 AM
 Mincha/Maariv - 7:00pm
 Light a two day yahrtzeit candle
 Candlelighting - 7:30pm (earliest 6:24)

Seventh Day of Pesach, Monday, April 29th

Shacharit - 9:00am - Az Yashir - Song of the Sea
 Mincha/Maariv - 7:30pm
 Candlelighting - after 8:35pm

Eighth Day of Pesach, Tuesday, April 30th

Shacharit - 9:00 AM
 Yizkor - 11:00 AM
 Mincha/Maariv - 7:30 PM
 Pesach ends - 8:36 PM you can eat chometz
 Wait till after 10:00 PM to eat chometz that was sold over Pesach

Birthdays

Sunday, April 21 - Daniel Jason Fox
 - Jeffrey Mark Fox
 Friday, April 26 - Daniel Knop
 Shabbat, April 27 - Harold Robert Fox
 Pesach, Monday, April 29 - Elise Ale
 Pesach, Tuesday, April 30 - Marsha Sandy Weiner

Yahrtzeits

Sunday, April 21 - Bernie Tulin
 Monday, April 22 - Siegfried Kaufman
 Pesach Tuesday, April 25 - Robert Wexler
 - Regina Zeger
 Pesach, Monday, April 29 - Minnie Mednick
 Pesach, Tuesday, April 30 - Ethel Gollin
 Wednesday, May 1 - Beverly Lapidus

Taking Action

Thank our Representatives for focusing on Poughkeepsie, and not on the ridiculous lies of the Anarchist Fascists (term not used lightly)

“While fortunately this week’s City of Poughkeepsie City Council focused on what it should, which is City business...the Councilmember at large



Da’Ron Wilson has been taking a beating. He stood strong and did the tough, but right action. We need to send him a message of thanks and gratitude, so he knows he is not alone and did the right thing. We would like to request that you please take a moment to send him quick email thanking him. Da’ron Wilson dwilson@cityofpoughkeepsie.com (Feel free to thank Nathan Shook as well for he too has been adamant from the beginning that the City of Poughkeepsie should not be wasting time on items not related to the City of Poughkeepsie: nshook@cityofpoughkeepsie.com)” - Director Jewish Federation Dutchess

[Sign Petition to UC Regents](#) – to protect students from Abuse

Take 3 Minutes to urge Congress to support Emergency Measures for Israel <https://action.aipac.org/call-congress>

Young Israel has a variety of programs to support our soldiers. They are a very reliable organization and their [support page can be found here](#).

[Download Yeshiva University’s Pesach To Go](#)
[Download Mizrahi’s Pesach](#)
[Star-K Pesach Lists](#)
[Michal Horowitz’s Pesach Essays](#)

[Project Inspire’s Women’s retreat Ad](#)

Sometimes you need to look for Comedy ...
 Sometimes life itself just sends it right to you:

Rabbi David Schlusberg [@RavSchluss](#)

When the Jews left Egypt, please tell me where they were headed?

JOIN US AT WWU JVP'S

ANTI-ZIONIST PASSOVER SEDER

MONDAY, APRIL 22ND AT 5:30 PM
LOCATION TBD

Join us in celebrating Pesach! Build community, learn about the holiday, make friends

Masks required & will be available at door

For disability accommodations, please email wwujvp@gmail.com

2,666 likes
 rabbi_david_schlusberg Gotta be some awkward parts of this seder...



Marror & Charoses, Bitter-Sweet

Michal Horowitz

Chag Ha'Pesach 5784. Chag Ha'Matzos. Chag Ha'Aviv. Zman Cheiroseinu. Passover, the Festival of Matzos, the Holiday of the Spring, the Time of our Freedom.

And it is this that has stood for our forefathers and us, for not one alone rises up to destroy us, but in each and every generation they arise to destroy us, and HKB"H saves us from their hands (V'hi She'amdah, recited in Maggid on Leil ha'Seder).

It is seven months since Shmini Atzeres-Simchas Torah 5784 (this was an ibur shana, a Jewish leap year, with two Adars, hence it is seven months from Simchas Torah till Pesach). Seven months since a brutal, savage and terrible war was launched against Am Yisrael, Eretz Yisrael and Medinat Yisrael. Seven months of bereavement for thousands of our brothers and sisters in Eretz Yisrael. Seven months of longing, waiting, wondering, hoping and praying for redemption, shalom, ahava and the Presence of Hashem to manifest in all Its Glory once again in Tzion and Yerushalayim.

This year, the highchair of Kfir Bibas, the chair of his brother, Ariel, and the seats of their parents, Shir and Yarden, will remain empty at the Seder table.

The family patriarch, Shlomo Manzour, who turned 86 in captivity a few weeks ago, will not be at his Seder table, unable to tell his family the story of the Exodus from Egypt, nor the story of his personal exodus from Baghdad, Iraq, after surviving the Farhoud of 1941, to the land of Israel.

Romi Gonen, 23 years old, kidnapped from the site of the Rei'im music festival, remains in captivity. I met her parents, and spoke personally with her mother, at the site of the Nova Music Festival when we visited this past January. I told her mother (in Ivrit), I would like to say something to you, but I have nothing to say. She replied, "ba'makom she'ein milim, chibuk yachol, in a place where there are no words, a hug will do." And so we hugged. Two Jewish women, one orthodox and one secular. One living in America, the other in Israel. One who speaks English, and the other Ivrit. Two women, two mothers, two Jews, one heart.

This year, while we yet await and pray for miracles of redemption, it seems that the Bibas Family, Shlomo Manzour, Romi Gonen and the other hostages, will not be at their Seder tables.

I did not know what dvar Torah to share with you this erev chag. There are so many thoughts we all have, so much pain we share, so many tefillos we all offer, so much confusion and darkness in the world at large, yet so much hope and faith we maintain in the coming of the Redemption, and so much pride and beauty in our nation and our Land.

It is the symbolism of the marror, the bitter herbs, dipped in charoses, the sweet paste, that reminds us of the destiny and journey, of our nation.

So I chose to share the following words of Rabbi Dr. Norman Lamm, which he penned before Pesach, 1967. They are as relevant today as they were when penned decades ago. Perhaps, even more so.

Rabbi Dr. Lamm z'l teaches, "The marror that we eat at the Seder is more than just a vegetable recalling the hard times inflicted upon our remote ancestors in ancient Egypt. It is the very symbol of human anguish through all the ages, and what we do with it is an expression of the Jewish philosophy of suffering as it issues out of the historical experience of the Jewish people.

“Consider how astounding is our attitude toward this piece of food and how it speaks volumes about us as a nation. We do not weep when we eat it. We take this marror, this morsel of misery itself, and we recite a bracha over it! It is as it we are saying, ‘Thank You G-d for this miserable memory!’ We then take this bitter herb and dip it into the charoses, the sweet paste of wine and nuts and fruit. Life, we say in effect, is neither all bitter nor all sweet. With rare exceptions, it is bitter-sweet, and we ought not to bemoan our fate but to bless G-d for it.

“Ever since Adam and Chava ate of the Tree of Knowledge of Good and Bad, our kabbalists teach us, good and evil have been co-mingled, and life offers us neither pure, unadulterated goodness, nor pure, unredeemable wickedness. The pessimist deplores the bitter and the bad that corrupts the sweet and the good. The optimist is delighted that the sharp edge of bitterness is softened with sweetness, that there is so good everywhere.

“That is why when the Jew, the eternal optimist, dips his marror into the charoses he makes a bracha. That is why, when we celebrate the zeman cheiroseinu, the festival of our freedom, the Jew at this time reclines while he eats. He plays the role of nobleman even while the gentile majority persecutes and oppresses and embitters him. Let others laugh at the comic Jew who tells himself he is a melech, a king, while he is being tormented. We know it is true. Life is bitter, but we have dipped it into the sweetness of charoses.

“Hence, as we come to Pesach this year and every year, we relearn our lesson. Many of us enter the holiday burdened with a secret sigh, with the heavy heart, the mind distracted, and the soul sorely troubled. Yet, as Jews, we shall look for the sweet, we shall perform the tibbon marror b’charoses (dipping the bitter herbs in charoses), and experience by sheer will the simchas yomtov, the happiness and joy of the festival... A people that dips marror into charoses and makes a bracha over it is never defeated by fate or foe. A folk that can find the mellow in a morsel of misery can drive away the darkness with its own light, the outer sorrow with the inner joy” (Festivals of Faith, p.243-244,247).

As we sit down to leil ha’Seder this year, a night when we will ask ‘why is this night, this year, this Pesach, different than all others?’; a night when so many chairs remain empty; a night of almost ten years since Hadar Goldin and Oron Shaul were captured and whose remains are still held by Hamas y’s; a night of reflecting upon the slavery of Egypt and the turmoil of the past seven months, we will yet reaffirm our faith, recommit ourselves to Hashem, reconnect with our nation and our Land, we will remind ourselves, and declare to all those with whom we share the night of Redemption, that though they arise to destroy us, it is truly the greatest truth in the history of the world, that HKB”H saves us from their hands.

And though galus is dark, exile is bitter, and the marror is great, the sweet charoses reminds us of the blessings of Hashem, the goodness in our lives, the gift that is Torah, the miracle of our Land, and the redemption that is Medinat Yisrael.

*Join Us for Schomre Israel's
135th Anniversary
Luncheon*

**Honoring the Families of our
Founders and Leadership**

18 Park Ave, Poughkeepsie, NY

May 19th

- 1:30 - Meet and Welcome the families,
a collective Siyum, and Divri Bracha**
- 2:30 - Visit and pray at our family and friends
at the Schomre Cemetery**
- 3:30 - Luncheon with the presentation of the
Anniversary Journal.**
 - At this time, people will be invited to come
up and tell over their family history and/or fond
Schomre Memories.**

**Please RSVP by
May 1 (latest)
Ad Deadline - Pesach
schomre1@aol.com &
rabbishlomok@gmail.com
443-388-0033 for questions**

Anniversary Journal Ads
* **Diamond Sponsor \$1000**
* **Full Page \$500**
* **Half Page \$360**
* **Quarter Page \$180**

Siyum sign up - hadranalach.com/2903