

CONGREGATION SCHOMRE ISRAEL

Bulletin

Rabbi Eliezer Langer



Established 1888

ק"ק שומרי ישראל

בס"ד

July - August 2018

18 Tammuz - 20 Elul 5778

Message From the Rabbi



Dear Friends,

The hallmark of the Jew is that we are גומלי חסדים merciful, modest and that we do acts of kindness. The Gemorah defines two types of kindness; that which we do with the expectation of a return favor and those acts which we do purely for the mitzva, without an expectation of recompense. One is an investment; the other is a selfless act.

The story of the destruction of the Second Temple as told in the Talmud *Masechet Gittin* resulted from a person who refused to have his "enemy" as a guest at his party. No matter what he was offered, the refusal was adamant and immutable; he refused to open his door to the "unwanted".

The Talmud reports that he was so hurt and upset, that he went straight to the Roman authorities and gave slanderous reports of disloyal behavior among the Jews. This fueled the Romans' anger, and they proceeded to attack and destroy the Holy Temple.

We attribute the destruction of the Second Temple to a series of events out of our control. According to our traditional approach, it was *sinas Chinam* - baseless hate - that caused the destruction and our exile. Likewise, the traditional view is that lack of unity that prevents the complete redemption.

While the "Three Week's" is a time to mourn the losses it is likewise the time to concentrate on mending the errors of the past. Division and strife need not be our legacy. During these next week's leading up to the new year may we make it our goal to address this one issue.

Is there a relative or a former friend With whom you haven't spoken or communicated, is there a neighbor with whom you had an argument? Now is the time to make amends. Don't wait for the Rosh Hashanah rush. If baseless hatred caused such destruction imagine what *ahavas chinam* - love and understating - can do. And then as a result Tisha b'Av will turn from a day of sadness and mourning to a day of joy and celebration.

Best regards and wishes,

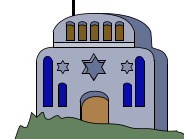
Rabbi Eliezer Langer

CALENDAR FOR JULY — AUGUST 2018
845.454.2890 - schomre1@aol.com - www.schomreIsrael.org

DATE	SHABBAT CANDLE LIGHTING	MINCHA	TORAH PORTION	SHABBAT ENDS
July 6	8:14 PM	7:00 PM	Pinchas	9:14 PM
July 13	8:11 PM	7:00 PM	Matot - Masei	9:11 PM
July 20	8:06 PM	7:00 PM	Devarim (Shabbat Chazon / Erev Tisha B'Av)	9:06 PM
July 27	8:00 PM	7:00 PM	Va'etchanan (Shabbat Nachamu)	8:59 PM
Aug. 3	7:52 PM	7:00 PM	Ekev	8:52 PM
Aug. 10	7:44 PM	7:00 PM	Re'eh (Rosh Chodesh Elul)	8:43 PM
Aug. 17	7:34 PM	7:00 PM	Shoftim	8:33 PM
Aug. 24	7:23 PM	7:00 PM	Ki Tetze	8:22 PM
Aug. 31	7:12 PM	7:00 PM	Ki Tavo (Selichot at night)	8:11 PM
Sept. 7	7:00 PM	7:00 PM	Nitzavim	7:59 PM
Sept. 14	6:48 PM	6:50 PM	Vayelech (Shabbat Shuva)	7:47 PM
Sept. 21	6:36 PM	6:40 PM	Ha'azinu	7:35 PM

DATES TO REMEMBER . . .

July 01	Shivah Asar B'Tammuz (FAST 4:14AM – 9:15PM)
July 22	Tisha B'AV (FAST 7/21 8:24PM – 7/22 9:05PM)
July 27	15th of Av
September 1	Selichot
September 10 - 11	Rosh HaShanah
September 12	Fast of Gedaliah (FAST 5:37AM – 7:52PM)
September 19	Yom Kippur
September 24 - October 2	Sukkot, Shemini Atzeret, Simchat Torah



Tisha B'Av 2018/5778 at Schomre Israel



Saturday, July 21st:

Fast begins: 8:24 pm

Mincha: 8:00 pm followed by **Maariv** at 9:40 pm and **Megillat Eichah**

Sunday, July 22nd:

Shacharit: 8:30 am

Mincha: 7:45 pm (**please note:** we wear tallit and tefillin)

Special video presentation - V'Nikdasti at 6:45 pm

Fast ends: 9:05 pm

Congregation Schomre Israel in conjunction with The Rabbi Leib Geliebter Memorial Foundation and Torah Umesorah will screen "*V'Nikdasti*" on Tisha b'Av presenting the inspirational narrative of the survivors of the *Shoah* and their determination to rebuild Jewish life.

V'Nikdasti presents dramatic and inspirational stories told by survivors of sacrifice and *Kiddush HaShem* that will inspire all of us to greater adherence to *mitzvot* and will help us strengthen our *Emuna* — faith.

The Rabbi Leib Geliebter Memorial Foundation was founded in 1989 in memory of Rabbi Leib Geliebter zt"l, a scholar whose deep and abiding faith and love for every Jew were manifest in his spiritual heroism in the bleakest hour of the Holocaust and in his decades of rebuilding. The Foundation has collected oral testimonies of survivors and develops innovative educational programs, documentaries, and resources for schools and communities.

THE SIGNIFICANCE OF TISHA B'AV

The saddest day of the year, Tisha B'Av, commemorates several tragedies. These include:

- A. The destruction of both the first and second Temples in Jerusalem (586 B. C.E. and 70 C.E.).
- B. The fall of Bethar in the Bar-Kochba rebellion (135 C.E.). This disaster marked the end of all Jewish aspirations for freedom from Rome.
- C. In later centuries other sad occurrences were associated with this day. Among them the expulsion of the Jews from Spain in 1492.

The severity of Tisha B'Av equals that of Yom Kippur in that both fast days commence on the previous evening. The atmosphere in Shul is gloomy, the lights are dimmed, the curtain is removed from the Ark and most worshipers sit on low stools or on the floor. The Book of Lamentations (Megillas Eichah) is read, and the special Kinos (prayers of lamentations) are recited.

Among other Halachic injunctions observed on Tisha B'Av are:

1. Complete fasting.
2. No bathing.
3. No conjugal relations.
4. No leather shoes are worn (rubber or canvas shoes are allowed).
5. It is even prohibited to study Torah on this day because Torah study is considered a very great joy and happiness. (There are certain texts that are permitted).
6. It is not customary to greet people with the usual greetings such as "hello" or "good morning". However, if you are greeted by someone who doesn't know the law, you should answer in a soft voice in order not to offend or hurt their feelings.
7. One should try to avoid business transactions or important decisions on this day if possible. Needless to say, in all cases where health is an issue the law is very lenient. The Rabbi should be consulted in all such cases.

**A VERY WARM WELCOME TO
OUR NEW MEMBER**

Stacey Platt

Congregation Schomre Israel takes this opportunity to wish Ros Fox mazel tov, on the occasion of her 95th Birthday. May G-d bless you with good health and happiness 'biz 120'.

PLEASE INFORM THE RABBI

Congregants are urged to call Rabbi (845.454.2890) if you hear, Heaven forbid, of any member who is ill. It is a great Mitzvah to visit the sick and very often we just don't get to hear of a member's indisposition. Your help in this endeavor is much appreciated.



Schomre Israel Sisterhood fundraiser...

Flower Centerpieces for the Holidays

We will be ordering centerpieces from Hudson Valley Gardens and Florist for Rosh HaShanah for all members and non-members in the community who wish to have a beautiful floral centerpiece for the holiday. The cost per centerpiece will be \$25.

Prepaid orders should be made by September 3, 2018. Please complete the form below and mail with your check (payable to Schomre Israel Sisterhood) to the shul at 18 Park Ave, Poughkeepsie, NY 12603.

Pick up will be at the shul on Sunday, September 9, 9:00 AM - 10:00 AM.

* * * * *

PLEASE PRINT LEGIBLY

Name: _____ E-mail: _____ Phone: _____

Number of centerpieces: _____ Amount Enclosed: _____

Community Jewish Heritage Night



Please join us as the Renegades
host the Brooklyn Cyclones
Sunday, August 19 at 5:05 PM



Gates open 3:30 PM

**\$12 PACKAGE:
1 Ticket + 1 Cap**

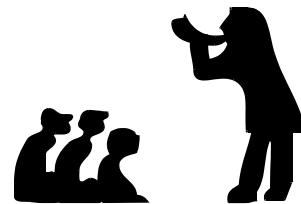
**\$20 PACKAGE:
1 Ticket + 1 Kippah**

**Purchase online at
www.gadesgroups.com
Password: jewishheritage
or
Contact the Shul office,
schomre1@aol.com
845-454-2890,
for more information**

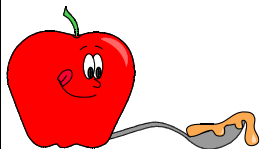
Questions? Call the ticket office at 845-838-0094

ELUL SHOFAR BLOWING

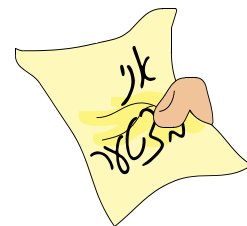
Harold Warren will begin blowing the Shofar on behalf of the congregation during the month of Elul on Sunday morning, August 12, 2018.



ROSH HASHANAH 5779 AND YOM KIPPUR ARE FAST APPROACHING



Rosh Hashanah - September 10 and 11
Yom Kippur - September 19



Rosh HaShanah Eve - Sunday, Sept. 9

7:00 pm - Mincha/Maariv
6:57 pm - Candlelighting

Rosh HaShanah, First Day - Monday, Sept. 10

8:30 am - Shacharit
10:45 am - Torah Reading
11:30 am - Sermon
11:45 am - Shofar
6:00 pm - Tashlich
6:40 pm - Mincha/Maariv
after 7:55 pm - Candlelighting

Rosh HaShanah, Second Day - Tuesday, Sept. 11

8:30 am - Shacharit
10:30 am - Torah Reading
11:15 am - Sermon
11:30 am - Shofar
6:40 pm - Mincha/Maariv
7:54 pm - Candlelighting

Fast of Gedaliah - Wednesday, Sept. 12

5:37 am - Fast Starts
8:30 am - Shacharit
6:40 pm - Mincha/Maariv
7:52 pm - Fast Ends

The Board of Directors approved the following procedures regarding High Holiday services:

- 1 - There will be no charge to a non-member the first time he/she attends High Holiday Services.
- 2 - If the same person/family attends a second year, the charge will be \$100 per person. If the non-member decides to join Schomre Israel, the monies will be credited towards the membership fee.
- 3 - Immediate relatives (adult children/parents/siblings) of Schomre members who live within the greater Poughkeepsie area will be charged (see #1 & #2).
- 4 - Immediate relatives (adult children/parents/siblings) of Schomre members who live more than 25 miles from the greater Poughkeepsie area will not be charged.

We encourage members to invite non-affiliated relatives and friends who live in our area to become members of Schomre.
Membership includes High Holiday privileges.

SISTERHOOD NEWS

THIS AND THAT -

♥ Share a *simcha* with the Shul by sponsoring a Kiddush. Please call Cassia, 452.8317, or Roberta, 471.5105, for pricing and details.

♥ If you wish to send a **Golden Book Card** (\$3.00 payable to: *Sisterhood*) or **Shrubbery Card** (\$5.00 payable to: *Congregation Schomre Israel*), please call Marcia Fishman, 471.1241 between 7:00 PM and 9:00 PM week nights (requests should not be made during Shabbos). These cards can be used for any occasion, they are inexpensive and they are always appreciated by those who receive them.

♥ Please remember to check out the new items in the Gift Shop. Do you need a wedding gift, hostess gift, or a graduation gift? We might have just what you are looking for. Call Roberta Grosman, 471.5105, for special orders or questions. New items appropriate for the High Holidays are arriving daily.

*Many thanks
for sponsoring a Kiddush*

Marsha Weiner at the time of family Yahrtsaits

*Lucy and Rabbi Langer in honor of the engagement of their granddaughter,
Chanala Pogrow, to Mordechai Seltzer*

RECIPE OF THE MONTH

PERFECT SWEET GLAZED PINEAPPLE BABY CARROTS from aish.com

On Rosh Hashanah it is customary to eat carrots as a good omen for a sweet New Year

- 2 cups baby carrots
- 1 cup pineapple chunks or tidbits (8 ounces) drained; reserve juice
- ¼ cup brown sugar
- 1 Tbsp oil or margarine
- 2 tsp cornstarch
- ½ tsp ground cinnamon

In a 4 quart pot cook carrots until fork tender about 10 minutes. Drain and set aside in a serving bowl.

In the same pot combine pineapple juice, sugar, margarine, cornstarch, and cinnamon. Cook and stir until clear and thickened.

Combine carrots and pineapple chunks/tidbits with pineapple mixture, heat and serve warm or room temperature.

Preparation 20 minutes. Serves 6-8

YahrzeitsJULY 2018

01 Sidney Davis
 03 Morris Schreiberman
 04 Clara Budman
 Sam Razon
 Samuel Robles
 05 William Kaplan
 06 Anna Gollin
 Jacob Sacks
 07 Rose Pastreich
 Louis Stich
 14 Harry Koenig
 15 Israel Korfman
 Itta Silber
 17 Louis Feldman
 18 David Effron
 21 Saul Ezikiel
 Sophia Mollott
 Morris Spira
 26 Joseph Shapiro
 29 Helen Goldman
 31 Jack Goldman
 Boruch Grossman

AUGUST 2018

02 Naomi Koffman
 04 Henrietta Berkman
 06 Benjamin Levine
 09 Frances Spira
 14 Harold Klein
 15 Harriette Goldstein
 16 Fay Kronberg
 Doris Ruben
 17 Max Kantrowitz
 18 Jack Davis
 19 Benjamin Goldberg
 23 Libby Jesse Rosenthal
 24 Effroim Kessler
 27 Jesse Effron
 29 Marvin Skolnik
 30 Clara Messinger
 31 Nathan Chernys
 William Levine

CONDOLENCES

Our sincere condolences
 are extended to
 Rhoda Fox and family
 on the loss of her beloved husband
 Stuart Fox.

