## A) Hearing Follow Up - The Senses & Feeling Alive

- י בהתאם ! הברי הכנסת, נא להתנהג בהתאם https://www.youtube.com/watch? v=msOyPsZICsk the Other Favorably -
- Roadblocks to Listening
- Filter of Self Affirmation/ Challenge of Advice (1)

http://www.management-issues.com/news/5652/why-we-only-listen-to-what-we-want-to-hear/

U of F study "People, they argued, tend to avoid information that contradicts what they already think or believe".

• Noisy- Distractions -except when want - answer not excuse (2)





The Science of Scent Smells to Remember and Odors to Forget

- Mussar Value (3) Resistance/Scoffers /Arrogance (4)
- Hope in Skill Development http://www.ted.com/talks/julian treasure 5 ways to listen better?language=en RSZA
- Listening to the other as Redemption Frankel Story
- Redemptive Organizations www.nefeshdovid.com http://haazinu.org
- Compensating & Strength of Senses http://www.scientificamerican.com/article/superpowersfor-the-blind-and-deaf/

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## B) Smelling -

- Negative side- Stink (<u>http://jgeilsband.net</u>) Kotzker "It smells out there"
- Parsha Link & the Power to Ruin and Embarrass (5)

I volunteer in a used clothing center (gemach) open in the mornings. There is one woman who comes in every week with a very strong smell of garlic. Since we are in a basement and don't have adequate ventilation, it is very disturbing to all present. We sometimes spray aerosol but it is only effective for a short while, and she stays longer. Can we ask her outright to eat her daily garlic for lunch? Will she be insulted? What is the right thing to do? http://ohr.edu/2497Dear S.,

• Malodorous circumstances and Brachot/Tefilla - Cute for the Parents only (6)

http://www.myfoxchicago.com/story/22855375/police-fire-emergency-response-called-to-scene-of-foul-smell-odor

- 3 categories Ikar, Remnant Smell, Tar (7)
- Damaging Smells (8) Perfume ban?

http://www.safetynewsalert.com/employee-wins-100k-over-allergy-to-co-workers-perfume/Employee wins \$100K over allergy to co-worker's perfume

April 1, 2010 By Fred Hosier 85 Comments

An employee who said a co-worker's perfume made her throat "close a little" will receive \$100,000 from her employer in a settlement. The company will also have to enact a new policy on personal scents. City of Detroit employee Susan McBride filed her lawsuit under the Americans with Disabilities Act (ADA). She claimed the city failed to reasonably accommodate her

**Thank you** for not wearing perfumes in consideration of those with asthma or allergies. **Women's Tehillim Group,** Mondays 9-10 am, Mellon home, 1148

- Loss of Smell & Taste
- Smell & death (U of Chicago) vs Smell & life (9)

http://www.theatlantic.com/health/archive/2014/10/the-eerie-relationship-between-smell-and-death/381057/

- C) Smelling as Embracing Life (9)
- The only Scent not to Sin at Creation Story (10) They heard serpent-delight in their eyes-touched it & tasted it.
- Gan Eden "to Go" (11)
- Hashem Smelling our Sweetness (12) and Ketoret & Avodat Yom Hakippurim
- Israel & Smell Yericho (13)



- The Antithesis of Aveilut (14) How about Yosef & Spices? (see Rashi 37:25)
- Smell & Memories and Creating them

http://www.sciencedaily.com/releases/2014/04/140416133341.htm

Waves in your brain make smells stick to your memories and inner maps. Researchers have recently discovered the process behind this phenomenon. The brain, it turns out, connects smells to memories through an associative process where neural networks are linked through synchronized brain waves of 20-40 Hz

In fact, it was a monologue rather than a dialogue. She talked and I "happened" to overhear. What did she talk about? I must use an halakhic term in order to answer this question: she talked me-inyana de-yoma. I used to watch her arranging the house in honor of a holiday. I used to see her recite prayers; I used to watch her recite the sidra every Friday night and I still remember the nostalgic tune. I learned from her very much.

Most of all I learned that Judaism expresses itself not only in formal compliance with the law but also in a living experience. She taught me that there is a flavor, a scent and warmth to mitzvot. I learned from her the most important thing in life — to feel the presence of the Almighty and the gentle pressure of His hand resting upon my frail shoulders. Without her teachings, which quite often were transmitted to me in silence, I would have grown up a soulless being, dry and insensitive.

The laws of Shabbat, for instance, were passed on to me by my father; they are a part of mussar avikha. The Shabbat as a living entity, as a queen, was revealed to me by my mother; it is Where it Counts (15)

Next Time

The Classic Application - Motzei Shabbat

Brachot (16) - Senses & Acknowledging that we are Alive