



## **Young Israel of Bal Harbour The Dose**

Wednesday, November 19, Cheshvan 26, 5775

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This is a time that we find ourselves desperately in need of help from above. Rashi tells us in this week's Parasha (18:23) that there is a special form of prayer which is similar to war. In a war, success can only be achieved if an army focuses all its manpower, energy, and skill on one goal which is conquering the enemy. So too when it comes to prayer if one focuses their mind, heart and soul on a single request from G-d and constantly beseeches him on that one issue that is a very potent type of prayer which is bound to have a positive effect. In reference to the terrible tragedy that recently took place in Jerusalem maybe our main focus of prayer should be the redemption of our people and the coming of Mashiach may he come speedily in our days.

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein