



**Young Israel of Bal Harbour  
The Dose**

Friday May 8, 2015, Iyar 19 , 5775

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Rav Shlomo Wolbe Z”L makes the following observation in his famous sefer Alei Shur: One who craves attention from others has not yet found himself. He is unaware of his true worth. Lacking self-esteem, he depends upon the opinion of others and he hungers for their praise, for without their appreciation and compliments he feels worthless. When people fail to recognize him and applaud him he becomes dejected and therefore hostile and angry.

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein