



Young Israel of Bal Harbour The Dose

Wednesday June 3, 2015, Sivan 16 , 5775

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Everyone has the ability to be happy no matter what is going on in his or her life. As the saying goes “we all want to be in the city of happiness, but the city of happiness can only be found in the state of mind”. The attitude one has in life can either make you or break you. A story is told of a king who took seriously ill, and the doctors said the only cure is for him to wear the jacket of the world’s happiest person. His servants frantically searched for the happiest person in the world and finally found him. Unfortunately they discovered that he didn’t own a jacket. It doesn’t matter what we have or don’t have. We chose whether to be happy or to complain.

Sefer: Living Emunah

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein