



Young Israel of Bal Harbour The Dose

Wednesday, January 14, 2015 Teves 23, 5775

**Sponsored by:
Louis and Manette Mayberg and Family**

We often hear people reflect upon struggles that they had to confront, and say “those struggles made me into the person I am today.” It is many times impossible to see the benefit of difficult situations while we experience them, but we must remember that G-d intends to build us into great people through the struggles he sends our way. The butterfly struggles mightily to exit its cocoon and spends many hours trying to force its body through the tiny opening. However, it is this very difficult struggle that causes the transfer of fluid from the butterfly’s body to its wings, which gives it the ability to fly. Sometimes, a struggle is precisely what we need in life to develop our “wings” so we can soar and reach great heights.

Sefer: Living Emunah

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein