



**Young Israel of Bal Harbour  
The Dose**

Friday, February 27, 2015 Adar 8, 5775

**Sponsored by:  
Louis and Manette Mayberg and Family**

Facing life's challenges with faith brings salvation and blessing, both spiritual and material. Rav Safrin of Kamarna taught that when a person responds to difficult situations in life by saying, "I don't know what and why you're doing this to me, G-d, but I know you love me and that this is the best thing for me, and I know that you are with me every step of the way." When a person says this, his soul is elevated as much as if he would have fasted 300 years. Such is the spiritual effect of strengthening one's Emunah.

(Sefer: Living Emunah)

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein