



Young Israel of Bal Harbour The Dose

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**Sponsored by:
Louis and Manette Mayberg and Family**

A man once came to the Baal Shem Tov and asked, "please teach me the proper way to serve G-d so I can earn reward in this world and the next." The Baal Shem Tov told him, קבל על עצמך להיות תמיד שמח, "Take it upon yourself to be always satisfied with your lot, and content with the way G-d is dealing with you in all matters." When one says, "G-d you are in charge, you are directing my life, you know what needs to be done, and you can do anything, I am completely in your hands," and keeps these thoughts in mind, even at a time when they are getting knocked down, this level of faith causes the very heavens to tremble. If one maintains this level of Emunah, even during very critical and troubling moments, it opens up the floodgates of blessings to fall upon that individual.

(Sefer: Living Emunah)

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein