



Young Israel of Bal Harbour The Dose

Thursday, December 25, Teves 3, 5775

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One of the most potent tools to keep tranquility in the home is the ability to know when to keep quiet. The great Vilna Gaon explains how the first word in the Torah is an acronym for six of the most important pursuits of life. He says that the letter shin in the word Bereishis stands for shtika (quiet) -- not shalom, not simcha but shtika - - which just shows you how important this quality is, because it will lead you to shalom and simcha. As it states in Pirkei Avos 1:17, "Shimon the son of Rabban Gamliel says all his days he grew up amongst the great sages and found nothing better for the body (and of course the soul) than silence. "

*Sefer-Passionate Judaism
Rav Moshe Weiss*

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein