



Young Israel Congregation Shmooze News

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Parshas Naso, June 6, 2020

Rabbi Moshe Gruenstein – rabbi@yicbh.org President Menno Ratzker

**SHABBAT SHALOM!
PLEASE STAY SAFE AND TAKE CARE OF YOURSELVES.**

In this week's parsha, we find that the laws of nazirus come right after the laws of sotah. Our sages offer different explanations for the juxtaposition of these two topics which seemingly have nothing to do with each other. One of the great commentators on the Tanach, the Ralbag (Rav Levi ben Gershom [14th Century] of France, a descendant of the Ramban), offers the following psychological insight into the reason that the laws of Nazir and Sotah are mentioned together. The Nazir is someone who realizes that his yetzer hara (evil inclination) is pulling him in the wrong direction and this person wants to put a roadblock in place to rein in his yetzer hara. Therefore, he takes upon himself the stringency of being a Nazir. The Ralbag explains that the Nazir is bringing a sense of peace and equilibrium to himself. Recognizing the personal tug of war that exists between his body and soul, he is self-aware enough to address his personal issues and becomes a Nazir in order to give himself a spiritual realignment. The Sotah is also in a conflict between body and soul. The body wants what it desires, and the soul is fighting to do what's right. In other words, to oversimplify it, people who are not at peace with themselves, will not be able to be at peace with others, and as long as the body is in control, a person will never find peace from within. So at the of the day, if a person is not at peace with him or herself, it will be very difficult to be at peace with a spouse or anyone else. This is why people often make a mistake and think, "Well, when I get married, somehow my issues will be resolved." Not only do they not get resolved, they become much worse. People who, on a regular basis, find themselves at odds with others – getting into quarrels and fights, etc. – are usually people who are inevitably at odds with themselves. The Nazir teaches us to face our problems and bring peace and harmony within ourselves. Inner tranquility creates outer tranquility. The key is, to thine own self be true. Once a person has taken that step, the road to shalom is not too far away.

**Wishing you an inspiring Shabbos.
With much blessing and love,
Rabbi Moshe Gruenstein**

Shabbos

Candle Lighting 7:25PM/7:52PM
Mincha/Kabbalas 7:00 PM
Shabbos

Shabbos afternoon

Mincha 6:00 PM
Havdalah 8:55 PM

Those davening at home during the week, can connect by zoom with the davening in shul

Weekday Mincha

Sun-Thu 8:00 PM

Next Fri candle lighting 7:55 PM



**The weekly Shmooze News is dedicated by:
Jack & Susan Gluck in memory of Milton & Edith Gluck z"l ;
Nicholas & Margaret Brecher z"l;
Penny Harris in memory of Arnold & Myrtle Mullens z"l and Stuart Harris z"l;
Aaron & Susan Weinberg in memory of Jack & Helen Weinberg z"l
and Morris & Nellie Fischer z"l.**

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Message from the Rabbi:

After all of us dealing with the COVID-19 pandemic and thinking it can't get much worse than this, all of a sudden, riots have broken out all over the United States in protest of the unfortunate death of George Floyd, an African American, at the hands of a white police officer who used excessive force resulting in the demise of this young man. Racism and hatred against any group of people is abhorrent whether it be against Jews, African Americans, Indians, or Asians, as the Torah says that Man was fashioned in the image of G-d. Bigotry of any kind cannot, and should not, be tolerated under any circumstances. At the same time, living in a free, democratic society that allows its citizens to civilly protest the injustices perpetrated by others does not give anyone the license to behave in a sub-human fashion by looting, destroying property and putting the lives of decent law-abiding citizens in danger. For then, we become guilty of the very same crime of hatred, bigotry, and racism that we are protesting against. Unfortunately, human beings often are creatures of their own emotions and not their intellects. When a person is invested in a certain ideology or negative pattern of behavior, one can advance all the iron-clad logic and proofs in the world to contradict that, and it still will not make a difference. It's "please don't confuse me with the facts."

Having said that, the Jewish people abhor injustice no matter where it raises its ugly head. What happened in Minneapolis is a tragedy and the officers who are guilty should face the severest of consequences. At the same time, the actions of a few should not reflect on the thousands of police officers and law-abiding citizens who put their lives on the line each and every day to protect the people of this great country. We, of course, respect and support the rights of others to civilly protest egregious behavior leveled against them. And we hope and pray that people of all faiths, colors, and persuasions can iron out their differences and issues in an environment of peaceful dialogue and mutual respect.

Rabbi Moshe Gruenstein

For those davening at home over Shabbos, please see below for the schedule of approximate times and associated notes:

Friday Evening

- *Candle Lighting: 7:25 PM/7:52 PM*
- *Early Mincha: 7:00 PM*
- *Lecha Dodi: Approx. 7:30 PM; let us all sing together (on balcony, outside home, etc.)*
- *Say Vayechulu after Shemonah Esrei, but do not say the next three paragraphs.*

Shabbos Morning

- *Schacharis: 9:00 AM*
- *Do not say Vayehi Binsoa and Berich Shmei (the prayers for taking out the Torah)*
- *Note: It is appropriate to read both the parsha and the haftarah during the day*
- *Parsha: Naso, p. 748 in Stone Chumash.*
- *Haftarah: P.1181 in Stone Chumash.*
- *Say first paragraph of Yekum Purkan; do not say the next two paragraphs*
- *Say Av Harachamim*
- *Do not say Mizmor L'David and U'venucha Yomar*

Shabbos Afternoon

- *Mincha: 7:00 PM, followed by seudah shlishis*
- *Say Tzidkuscha Tzedek*
- *Havdalah: 8:55 PM*

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Schedule

- Monday – Pirkei Avos via zoom 7:15PM
- Wednesday - Navi Class via Zoom: 7:15PM
- Thursday – Shiur on the Parsha/Shabbos message 7:15PM
- Note: Zoom link sent out by email to entire membership
- All those interested in joining the group that receives Rabbi Citron's Daf Yomi Shiurim, can do so via the WhatsApp link by clicking [here](#).

Refuah Sheleimah

- We wish refuah sheleimah to Aaron Benveniste, Ginette Dekelbaum, Allan Krieger, and Allen Packer.



Search for Young Israel of Bal Harbour

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Yahrzeits June 6 – June 12, 2020

14 SIVAN	Marc Gleitman for his mother, Leah bas Pinchas HaKohen, on Shabbos, June 6
16 SIVAN	Steven Storch for his father, Boruch Storch, on Monday, June 8
16 SIVAN	Rona Mittleman for her father, Meir Haber, on Monday, June 8
18 SIVAN	Edith Berger for her father, Yehonasan Binyamin ben Izik Zvi, on Wednesday, June 10
20 SIVAN	Joel Wiener for his mother, Rivkah Wiener, on Friday, June 12
20 SIVAN	Barbara Bermanski for her mother, Chana Leiba, on Friday, June 12
20 SIVAN	Lois Rosengarten for her grandmother, Rose Kaplinsky, on Friday, June 12

Please report any errors or omissions to Dr. Jared Plitt at jared@drplitt.com or to yakira@yicbh.org

Eruv Bal Harbour: While the Eruv in Surfside includes both walking paths, in Bal Harbour the Eruv only includes the inner (western) walking path. The pier at Haulover Cut is not included. We would like to emphasize that every Erev Shabbos, individuals should call the Eruv Hotline to make sure that the Eruv is operational prior to carrying on Shabbos. The number is 305-866-ERUV (3788). The Eruv message is recorded approximately two hours prior to Candle Lighting. Miami Beach Eruv web page: www.miamibeacheruv.com

Please submit all insertions for the Shmooze News to
yakira@yicbh.org by noon on Thursday

If you are interested in sponsoring Kiddush or Seudah Shlishis,
please contact Yakira at (305) 866-0203 or Max Dekelbaum (240) 832-5054