



# Young Israel Congregation Shmooze News

9580 Abbott Avenue, Surfside, FL 33154 [www.yicbh.org](http://www.yicbh.org) - [yakira@yicbh.org](mailto:yakira@yicbh.org)

**Parshas Shemini, April 10, 2021**

President Menno Ratzker

**SHABBAT SHALOM!**

**PLEASE STAY SAFE AND TAKE CARE OF YOURSELVES.**

**WELCOME TO RABBI YISROEL & REBBETZIN AMY GOTTLIEB!**

**Shabbos Mevarchim Chodesh Iyar  
Rosh Chodesh will be Monday and Tuesday.**

**This Week's Dvar Torah Given By Rabbi Yisroel Gottlieb.**

Renowned surgeon and noted author, Atul Gawande, penned his first work, *Complications*, while still in his surgical residency. The book, arranged in three parts, provides an eye-opening window into the potential pitfalls and perils of the medical field.

In an intriguing chapter on gastric-bypass surgery, Gawande reflects on the complex relationship between human beings and their food. He recounts the history of weight loss treatments as a long string of failures, concluding, "It is hard to contemplate the human appetite without wondering if we have any say over our lives at all."

The obesity epidemic that has become a public health crisis in America (and a major co-morbidity factor in the current pandemic) is a reflection of that complex relationship. Food is a necessity, essential for survival, but it is also one of our greatest sources of pleasure. Its unyielding grip on us as sensual pleasure leads Pulitzer Prize-winning journalist, Michael Moss, to contend in his new book, *Hooked*, that America has become a nation of addicts, and that the drug of choice is processed foods.

Our ability to master our relationship with food is, in the opinion of Rambam, a central tenet of the Torah's dietary laws, the bulk of which can be found in this week's Parsha. As Rambam writes in chapter four of his magnificent, eight-chapter introduction to *Pirkei Avos*, the laws surrounding the foods we are and are not allowed to consume help to guide and balance our attitude towards them.

## Shabbos

Candle Lighting	7:23PM
Mincha	7:00PM
Early Minyan	8:00AM
Shacharis	9:00AM
Mincha	6:45PM
Havdalah	8:21PM

Those davening at home during the week, can connect by zoom with the davening in shul at 7:00AM minyan

## Weekday

### **Shacharis**

Sunday	8:00AM
Mon-Fri	7:00AM-8:00AM

### **Mincha**

Sun – Thu	7:30PM
	In The Young Israel

**Next Fri Candle lighting 7:26PM**



The weekly Shmooze News is dedicated by:

Jack & Susan Gluck in memory of Milton & Edith Gluck z"l ;

Nicholas & Margaret Brecher z"l;

Penny Harris in memory of Arnold & Myrtle Mullens z"l and Stuart Harris z"l;

Aaron & Susan Weinberg in memory of Jack & Helen Weinberg z"l

and Morris & Nellie Fischer z"l.

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In Rambam's worldview, a primary goal of the *mitzvos* of the Torah is the perfection of the human being, and that perfection can be found in the Aristotelian golden mean. All human behaviors and character traits can find expression in excess or in excessive frugality. The goal in all areas is moderation, striking the perfect balance. Somewhere between gluttony and asceticism sits the precise food balance, that elusive golden mean.

The Torah's highly regulated diet plan is designed to drive us to that middle ground. Restricted, yet not overly restricted in diet, we learn to exert control over the foods we eat rather than them controlling us. We become the masters of, not slaves to our desires, drives, and urges, as we consciously choose when and when not to indulge.

The Rambam's viewpoint may offer a novel perspective on the *chametz* prohibition of the *yom tov* just passed. The extraordinarily restrictive rules regulating the very bread that we eat, the staple of life, are religious dietary laws taken to the extreme. Perhaps that is precisely the point. Much like many diet programs are kick-started by an initial phase, a brief, intense version of the long-term program, the prohibition of *chometz* is meant to kick-start our spiritual diet of exercising dominion and control in all aspects of life, including, and especially with relation to our gustatory experience.

The L-rd pulled us out of the bondage of Egyptian slavery to eternal liberty. But, what freedom would we have if we simply traded one master for another? If Pharaoh were to be replaced with a new master composed of our urges, cravings and compulsions, the bottom line is that we would still be slaves, not freemen. It is only when we become the masters of our desires that we are truly and completely free of bondage.

Our tenuous freedom from slavery is cemented by our gaining control of our impulses, our seven (or eight) day intensive program kick-starting that process. That initial push, coupled with the year-round dietary laws and restrictions assure us that we will be able to strike gold at the middle ground of self-perfection. It is certainly something to think about while waiting on the pizza-shop line the night after Pesach.

**Rabbi Yisroel Gottlieb**

**We are pleased to advise that, starting on April 8, we will enjoy the visit of each Rabbinical candidate for a long weekend. Rabbi Yisroel Gottlieb, followed by Rabbi Gidon Moskovitz on April 15 and followed by Rabbi David Cohen on April 22.**

**Please reserve these dates.**

**VIRTUAL KIDDUSH:**  
**PLEASE ENJOY YOUR SHABBOS KIDDUSH AND SEUDAH AT HOME WHILE**  
**SHARING THE COMMEMORATION OF A SPECIAL OCCASION**

**This week's virtual kiddush is being sponsored by Susan and Aaron Weinberg in honor of the engagement of their granddaughter Deanna Price to Elie Pariente Cohen. Mazel Tov to the Weinberg family, Deanna's parents, Rena and Dr. Richard Price, and Elie's parents, Esther and David Pariente Cohen.**

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### Parshas Shemini, April 10, 2021

#### Schedule

- The Daf Yomi shiur is now being given live via Zoom. Please note the new Zoom info for the Daf Yomi: Meeting ID: 873 8224 2928 - Passcode: 613613  
9:00AM Sundays - 7:20AM Monday to Friday.

#### Refuah Sheleimah

- We wish refuah sheleimah to Ginette Dekelbaum, Allan Krieger, and Allen Packer.

#### Rabbi Gottlieb Schedule

Rabbi Gottlieb will speak between Mincha/Maariv Friday night, at both morning minyans, give a shiur before mincha, and speak during Shalosh Seudot.

Please note the schedule of times for Shabbat as it is different than usual:

##### Friday April 9

7:00 PM Early mincha

##### Shabbat April 10

8:00 AM Shacharit

9:00 AM Shacharit

6:00 PM Shiur "Bringing the Parsha to Life: Passover 1935, Coca Cola, and the Birth of the American Kashrus Industry"

6:45 PM Mincha

7:05 PM Shalosh Seudot

8:10 PM Maariv

For those unable to attend in person there are several live events Sunday & Monday that will also be streamed on Zoom.

Sunday morning will be brunch and "Q & A". Sunday evening there will be a women's only meeting with the Rebbetzin.

Rabbi Gottlieb will be available throughout the day Sunday for scheduled one on one meetings, will give a lecture Sunday evening, and brief Dvar Torah's between Mincha and Maariv on Sunday & Monday.

##### Sunday April 11

10:30 AM Brunch in shul, Q&A w/ Rabbi & Rebbetzin - For men & women

6:30 PM Shiur "The State of Israel at 73: Sanctity Through Sacrifice"

7:30 PM Mincha/Maariv

8:00 PM Women only, meeting w/ Rebbetzin

##### Monday April 12

11:30 AM Lunch & Learn in shul - For men & women

7:30 PM Mincha/Maariv

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**Yahrzeits April 10 – April 16, 2021**

28 NISAN	Howard Felson for his grandmother, Betty Felson, on Shabbos, Apr. 10
29 NISAN	Howard Barbanel for his mother, Alice Barbanel, on Sunday, Apr. 11
29 NISAN	Cynthia Rosenberg for her father, Herman Stanger, on Sunday, Apr. 11
29 NISAN	Annette Sanson-Eichen for her father, Yitzchak ben Binyamin, on Sunday, Apr. 11
30 NISAN	Arthur Schwartz for his mother, Asnath Schwartz, on Monday, Apr. 12
30 NISAN	Allan Krieger for his father, Avraham Abba ben Moshe Chayim, on Monday, Apr. 12
30 NISAN	Joyce Stern for her mother, Estelle Blanks, on Monday, Apr. 12
1 IYAR	Pessia Frankel for her mother, Golda Leah, on Tuesday, Apr. 13
2 IYAR	Paula Hertzberg for her father, Gershon Hertzberg, on Wednesday, Apr. 14
3 IYAR	Eli Grossman for his father, Yaakov Grossman, on Thursday, Apr. 15
4 IYAR	Ricardo Berner for his grandfather, Avraham Tuvie ben Nissan, on Friday, Apr. 16

Please report any errors or omissions to Dr. Jared Plitt at [jared@drplitt.com](mailto:jared@drplitt.com) or to [yakira@yicbh.org](mailto:yakira@yicbh.org)

**Eruv Bal Harbour:** While the Eruv in Surfside includes both walking paths, in Bal Harbour the Eruv only includes the inner (western) walking path. The pier at Haulover Cut is not included. We would like to emphasize that every Erev Shabbos, individuals should call the Eruv Hotline to make sure that the Eruv is operational prior to carrying on Shabbos. The number is 305-866-ERUV (3788). The Eruv message is recorded approximately two hours prior to Candle Lighting. Miami Beach Eruv web page: [www.miamibeacheruv.com](http://www.miamibeacheruv.com)

**Yahrzeit Plaques Available**

If you are interested in purchasing a permanent satin brass Yahrzeit Plaque for a dearly departed loved one on our beautiful, automated Yahrzeit memorial displays in our main sanctuary, please contact David Herman or the Young Israel office. To order a plaque online, please use the website [www.yiplaques.com](http://www.yiplaques.com)

**The Refuah Fund provides meals for families that are experiencing an illness or sitting Shiva. Please donate directly to the Young Israel indicating on your check, or alternative payment, that it is specifically for the Refuah Fund. Special thanks to Susan Gluck and Susan Packer for establishing and continuing this very important mitzvah. Thanks for everyone who already contributed to the Refuah fund!**

Please submit all insertions for the Shmooze News to  
[yakira@yicbh.org](mailto:yakira@yicbh.org) by noon on Thursday