## Shabbos

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
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<tbody>
<tr>
<td>Candle Lighting</td>
<td>7:54PM</td>
</tr>
<tr>
<td>Mincha/Kabbalas</td>
<td>7:00PM</td>
</tr>
<tr>
<td>Shabbos</td>
<td></td>
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<tr>
<td>Talmud Sotah</td>
<td>8:15AM</td>
</tr>
<tr>
<td>Shacharis</td>
<td>9:00AM</td>
</tr>
<tr>
<td>Shiur</td>
<td>7:10PM</td>
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<tr>
<td>Mincha</td>
<td>7:40PM</td>
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<tr>
<td>Havdalah</td>
<td>8:57PM</td>
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</tbody>
</table>

## Weekday

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Shacharis</td>
<td>8:00AM</td>
</tr>
<tr>
<td>Sun - Thur</td>
<td>8:00AM</td>
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</tbody>
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The weekly Shmooze News is dedicated by:
Jack and Susan Gluck in memory of Milton & Edith Gluck z"l and Nicholas Brecher z"l;
Stuart Harris in honor of Penny Harris; and
Aaron and Susan Weinberg in memory of Jack & Helen Weinberg z"l and
Morris & Nellie Fischer z"l.

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Shabbos Mevorchim Av, Rosh Chodesh is Monday

"Moshe was angry with the commanders of the army"

Bamidbar 31:14

When the Jewish people returned from battle after defeating the Midianites, Moshe became angry with his commanders for preserving the lives of the Midianite women who had enticed the Jewish men into committing sins of idolatry and immorality. It was as a result of these sins that a plague had broken out which claimed 24,000 Jewish lives. From Moshe’s anger the Talmud (Pesachim 66B) learns, “whoever gets angry, if he is a wise man, his wisdom departs from him.” This was the 3rd instance when Moshe showed anger which led to serious repercussions (it is crucial to realize that when we refer to Moshe Rabbeinu’s “anger” the Torah is speaking about the greatest prophet that ever lived, therefore the Torah magnifies his anger in order to teach us important lessons).
Many people suffer from their inability to control their temper. As a result of uncontrolled rage, marriages are ruined, families are broken, friendships are destroyed and business partnerships are dissolved. Once anger is released it is very difficult to control it or to restrain its far reaching consequences. There are people who mistakenly believe that they cannot control their anger because by nature they have tempers. This is not true. While some people may be more volatile than others, this does not preclude them from working to control and uproot this spiritual illness. If a person were diagnosed with a life threatening illness, he would go to any length and expense to obtain a cure. Why then should a person not try to heal himself from a potentially fatal sickness of the soul? It is tragic that some parents inflict lifelong emotional scars on their children by not controlling their tempers. In fits of rage, they call their children derogatory and demeaning names like “moron,” “fool,” or “idiot,” little realizing the damage they are causing them. By training oneself to suppress anger, a person will save himself much heartache and grief. Doing this is far from easy, but by realizing how much it will improve his life, a person will do whatever it takes to uproot this terrible trait.

*Sefer: Ateres Avraham*
*By: Rav Avroham Pam z"l*

**Wishing you an inspiring Shabbos!**

*Rabbi Moshe Gruenstein*

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**WE ARE LOOKING FOR SHABBOS KIDDUSH SPONSORS**

We are now in the “slower summer season” for getting Kiddush sponsors. We are therefore asking our members and friends to sponsor a Kiddush over the summer months in commemoration of special family occasions (anniversaries, birthdays, yahrzeits, etc.) or just as a gesture of support to our shul. We thank all for your support of this wonderful Young Israel tradition.

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Search for Young Israel of Bal Harbour
Mondays at 10:30AM – Ladies Tehillim Group in the Beis Midrash.

**Congregational Family and Shul News**

- Kiddush this week is sponsored by Jonathan Gerszberg in honor of the Sussman family’s generous hospitality.

**Refuah Sheleimah**

We wish refuah sheleimah to:
- Allen Packer, Alexander ben Esther Raizel.
- Rabbi Simeon Schreiber, Shimon ben Blima.

**Support our Shul with AmazonSmile**

When you shop on Amazon through the program called AmazonSmile, a portion of your purchases can be donated to the Shul. Please visit [www.smile.amazon.com](http://www.smile.amazon.com) and sign up your amazon account with Young Israel Congregation (National Council of Young Israel – Surfside). AmazonSmile is a simple and automatic way for you to support Young Israel every time you shop, at no cost to you. When you shop at [smile.amazon.com](http://smile.amazon.com), you'll find the exact same low prices and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to our Shul. Click here to go to [smile.amazon.com](http://smile.amazon.com) and begin supporting the shul.

**Yizkor Book**

We recently mailed the forms for our Yizkor Book. Please send us the names of your loved ones to be listed in the Yizkor Book as soon as possible. You can pay through our website via PayPal, call the office with a credit card or send a check.
From our Gallery

E-mail communication
When you e-mail the office please make sure your e-mail is to yakira@yicbh.org
NOT yibh.org
The e-mail for Florence, our new receptionist/secretary, is florence@yicbh.org

ATTENTION ALL MEN!
Please do not walk behind the 2 ladies’ sections during services.
Please use side doors to enter and exit Sanctuary after 10:00 AM.
Thank you for your cooperation.

If you are interested in sponsoring Kiddush or Seuda Shlishis,
please contact Stuart Harris or Yakira at (305) 866-0203.

Please submit all insertions for the Shmooze News to yakira@yicbh.org by noon on Thursday.