It is hard to believe that this past Sunday we welcomed the month of Elul. We have begun our forty day period of reflection and self-introspection that culminates with Yom Kippur. The Rambam in Hilchos Teshuva identifies three components to complete teshuva. The first is recognition of the sin, confessing committing it, and refraining from it immediately. The second is regret over having committed the sin in the past, and the third is resolving to shy away from the sin in the future. While on a cognitive level this process may seem very clear and even simple, placing it into action may be more challenging. It is important to remember that teshuva, repentance, is a process, and that even if we are not successful at first, any movement in the right direction is the foundation for conquering a particular aveira. The first component that of identifying and leaving the aveira, is the hardeststand most critical. One cannot do teshuva if they don’t know what they have done wrong. Once one is able to identify what is wrong with their behavior and articulate it to Hashem in the form of viduy, he or she is on the right path. Unfortunately there are many times when we are unaware of...
or disregard our negative behavior. Once we recognize it, we can begin the process of recovery from its negative consequences. Rabbi Zwickler

Wishing you an inspiring Shabbos!
Rabbi Moshe Gruenstein

We ask all those with balances due to please pay your balance as soon as possible. If you will be joining us for the High Holidays, please reserve your seats without delay, since Rosh Hashana starts on Sep 9. Please note that High Holiday seats will only be available for members whose accounts are paid in full. If you have any questions, please contact the office. Your support and cooperation are greatly appreciated, and may we all be blessed by Hashem with a Happy and Healthy New Year.

The talent of Stuart Harris z"l for continuously sustaining kiddush sponsorship on a weekly basis was truly amazing. Our wonderful kiddush tradition has allowed members and friends to get to know one another and socialize in a place of kedusha, holiness. We look forward to continuing this wonderful tradition, and we ask for your ongoing support.

Please contact Yakira (yakira@yicbh.org) or Shelly Lisbon (slisbon7346@aol.com) if you would like to sponsor a kiddush. We are currently looking for sponsors through August.

Yahrzeit Plaques Now Available
If you are interested in purchasing a permanent satin brass Yahrzeit Plaque for a dearly departed loved one on the newly installed automated Yahrzeit memorial displays in our main sanctuary, space is limited, so please fill out the form recently emailed as well as mailed to you and return to our office. If you have any questions, please speak to David Herman. To order a plaque online, please use the website www.yiplaques.com.

The Refuah Fund, established about a year ago to provide meals for families that are experiencing an illness or sitting Shiva, needs a desperate replenishment of funds. Please donate directly to the Young Israel indicating on your check, or alternative payment, that it is specifically for the Refuah Fund. Special thanks to Susan Gluck and Susan Packer for establishing and continuing this very important mitzvah.

The Refuah committee would like to thank everyone who contributed to the Refuah fund!
Congregational Family and Shul News

- This week’s Kiddush is unsponsored. If you would like to sponsor this week’s Kiddush, please let the office know and we will publish it next week. Yasher Koach and thank you to George & Joni White who sponsored last week’s Kiddush.
- Mazal Tov to Ed & Rose Leventhal on the engagement of their daughter Bonnie to Daniel Esquenazi.
- Mazal Tov to Miriam & Sheldon Lisbon on the marriage of their granddaughter Dena Schreiber to Shmuel Katz.
- With profound sadness, we announce the passing of Frieda Solnik, z"l beloved Grandmother of our esteemed member Bianca (and Joey) Senker and beloved Great Grandmother of Jonas, Liam and Nolan Senker.

Building Fund

Please pay your Building Fund pledge as soon as possible. We would like to pay off our Building Fund loan obligation to the bank to avoid paying continued loan interest.

Refuah Sheleimah

We wish refuah sheleimah to: Shlomo Mayer, Allen Packer, Minnie Schraga, Howard Barbanel.

More than half a million Floridians have already voted in the August 2018 primary election. If you are one of the 1.5 million Floridians who have not returned their mail-in-ballots, send yours back as soon as possible. Early voting poll locations opened this week in Broward, Miami-Dade and Palm Beach counties. You can find early voting locations on your county’s supervisor of elections website. The Jewish community turning out to vote tells our elected officials that we care about funding for our schools. If you have any questions about how to vote contact teachflorida@ou.org.

IF YOU ARE PLANNING A SIMCHA....

Please note that all members or non-members, planning to use our social hall for a private lunch on Shabbat or Yom Tov at the Young Israel will be able to have their private affair ONLY after our Congregants have finished their regular Shabbat or Yom Tov Kiddush in the FULL Social Hall. Reservations for a Simcha, by members or non-members, will be on a first come basis and the date will be finalized once the deposit is provided.

We appreciate everyone's cooperation.
If you are interested in sponsoring Kiddush or Seudah Shlishis, please contact Yakira at (305) 866-0203.

Please submit all insertions for the Shmooze News to yakira@yicbh.org by noon on Thursday.