

Erev Tisha B'Av Wednesday July 29	Mincha 6:00PM	Fast begins 8:08PM	<u>Maariv 8:25 PM</u> followed by Megilas Eicha	
Tisha B'Av Thursday July 30	<u>Shacharis</u> 9:00 AM No Tallis and Tefillin	Kinos will be said at home	<u>Mincha</u> 7:55 PM Tallis and Tefillin	<u>Fast ends</u> 8:45

The Ninth of Av

The Talmud enumerates five tragic events that occurred on Tishah B'Av.

1. When the spies came back with a negative report about the land of Israel, the Jewish people wept all night. The night they cried was the Ninth of Av.
- 2-3. The 1st and 2nd temples were destroyed.
4. Fifty-two years after the destruction of the 2nd temple, Bar Kochba gathered a large army in the city of Beitar and led them in revolt against the Roman Empire for three and a half years. On the Ninth of Av, Beitar was destroyed and half a million were killed by the Romans.
5. On the Ninth of Av after the destruction of the 2nd temple, the wicked Roman Turnus Rufus razed the city of Jerusalem and ploughed over the city and the Temple Mount.

Laws of Tisha B'Av – July 30, 2020

- The fast of Tisha B'Av is unique in that it begins at sunset of the previous day, (like Yom Kippur) unlike the other fast days which begins at sunrise.
- It is forbidden to wear shoes which contain any leather in the construction of the shoe (ornamental strips of leather are permitted).
- One is not allowed to wash any part of one's body, even with cold water. Upon rising in the morning one should wash hands three times up to one's knuckles.
- If one becomes soiled you may wash in a manner necessary to remove the dirt.

- On Tisha B'av night it is forbidden to have marital relations. If a woman is supposed to go to the Mikvah on Tisha B'av night, she postpones it till after the fast.
- One should not sit on a regular chair on Tisha B'Av until after Chatzos (midday) Sunday July 22 1:27PM.
- One does not greet a friend on Tisha B'Av. If someone who does not know the law greets you then you should answer in a solemn manner and explain why to prevent ill will.
- It is forbidden to use moisturizing creams or oils; also no perfumes or colognes. Deodorant is permitted.
- It is the custom not to work on Tisha B'Av until midday - 1:27pm
- Tallis and Teffilin are not worn at Shacharis but are worn at Mincha. The Tallis Koton is worn all day without a brocha.
- It is forbidden to study Torah on Tisha B'Av. The laws of mourning and topics in the Talmud and Midrash pertaining to the destruction of our Temple are permitted.
- **Seudah hamafsekes**, which literally means the concluding meal (the final meal before the fast). First, you have a regular meal before mincha, which will be at 6:00 pm, and then, sometime after mincha, you will have this special meal. One should eat this meal whether they are fasting or not. The prevalent custom in eating the seudah hamafsekes is to sit on the floor, eating bread and a hard-boiled egg or lentils (these are the foods of mourners), with a glass of water. One should also dip some of the bread into ashes and say, “this is the Tisha b’Av meal.”
- **Friday, the 10th of Av**
- When Tisha B’av falls on a Thursday, then the tenth of Av is obviously on erev Shabbos. Therefore, Thursday night, you can already do laundry. Bathing and haircuts are permitted Friday morning and, if need be, can even be done Thursday night after the fast. Listening to music and eating meat is not permitted until Friday afternoon at 1:27pm.