

**General Halachos pertaining to the period of the nine days that starts Rosh Chodesh Av,
Friday August 2, 2019**

1. One is not allowed to wash or iron clothing during the 9 days even if it is done by a non-Jew.
2. It is forbidden to wear new or freshly laundered garments during the 9 days (except underwear and socks). In case of need one may rely on the opinion that permits changing shirts.
3. If one's clothing becomes soiled and one has no more clean clothing to wear, you may wash during the week preceding Tisha B'Av.
4. It is permitted to wash all children's clothing during the week preceding Tisha B'Av.
5. It is forbidden to purchase any new clothing even underwear and socks during the "9 days" even if you only are going to wear them after Tisha B'Av! if one needs sneakers for Tisha B'av you can buy them during the "9 Days".
6. Linen (Except for a guest) and tablecloths should not be changed during the "9 Days". Freshly laundered tablecloths may be used on Shabbat.
7. One should not buy expensive items like furniture-silver-gold-Jewelry etc. during the "9 days".
8. One should not weave, sew or make alterations on new clothing. Fixing a minor tear or sewing back a button is ok, if needed.
9. One is not allowed to eat meat or chicken during the "9 Days" except for Shabbos or a seudas Mitzvah - Bris Milah - Bar Mitzvah or finishing a tractate of the Talmud etc..
10. It is forbidden to drink wine or Grape Juice during the "9 Days" except Shabbos. However by Havdalah the wine should be given to a child who is older than five but less than 9 years old. If a child is not able to drink it then an adult may drink it himself.
11. It is forbidden to shower or bathe for ones enjoyment or refreshment. Swimming is also not allowed. If one is sweaty it is permitted to take a quick lukewarm shower.
12. A woman preparing for the Mikva may wash with hot water in the usual manner.