



CONGREGATION TIFERETH BETH DAVID JERUSALEM

Shabbat Bulletin

בס"ד

שבת שירה / פרשת בשלח
יז שבט ה'תשפ"א

Shabbat Shirah
Parshat B'shalach

January 29-30, 2021 / 5781

Please print this bulletin before Shabbat.

Rabbi
Yechezkel Freundlich

Chazzan Sheini
Rev. Amiel Bender

President
Josh Orzech

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SHABBAT SHALOM • שבת שלום

Shabbat Parshat B'shalach

Haftara: Shoftim 4:4 - 5:31

Minyanim at TBDJ are restricted to members who have pre-registered. When davening at home, it is preferable to do so at the same time as the rest of the community.

Friday, January 29

3:00pm Daf Yomi on Zoom
3:50pm Minha & Kabbalat Shabbat -
Minyane Sépharade
3:57pm Plag Hamincha
4:38pm Candle Lighting
4:45pm Mincha, Kabbalat Shabbat &
Maariv
4:57pm Sh'kiah
5:30pm Kabbalat Shabbat & Maariv

Shabbat, January 30 / 17 Shvat 5781

7:30am Shacharit - begins at Nishmat
8:30am Shacharit - Minyane Sépharade
9:30am Shacharit - begins at Nishmat
9:43am Sof Zman K'riyat Shma
10:30am Shacharit - begins at Nishmat
11:30am Shacharit - begins at Nishmat
12:30pm Early Mincha
3:30pm Minha - Minyane Sépharade
3:58pm Plag Hamincha
4:00pm Mincha
4:30pm Mincha & Early Maariv
4:58pm Sh'kiah
5:30pm Maariv
5:45pm Havdala
5:50pm Maariv - Minyane Sépharade
6:15pm Musical Havdala and Kumzitz on
Facebook with Rev. Bender
6:30pm Daf Yomi on Zoom

COMMUNITY NEWS

Condolences to the family of TBDJ Member **Shoshana Zweig Piasetski z"l** who passed away on Saturday, January 23. Beloved wife of the late Isaac Piasetski z"l, the late David Walzer z"l and the late Mordechai Husid z"l. Funeral was held on Monday, January 25.

SPONSORSHIPS AND THANK YOUS

This Shabbat Bulletin is sponsored by **Heather & Sam Shuldiner** in memory of Heather's beloved father Maurice Rubenstein z"l (Moshe ben Shlomo - Shvat 21).

Rabbi Freundlich's "Lunch and Learn" Shiur on Thursday, January 28 was sponsored by **Vera Honigwachs** and family in honour of the birth of her great granddaughter Aura Chaya Herman.

DAILY SCHEDULE: JANUARY 31 - FEBRUARY 5

SUNDAY	MONDAY	TUESDAY
Mincha on Zoom: 4:40pm Shkiah: 5:00pm	Mincha on Zoom: 4:40pm Shkiah: 5:01pm History Lecture: 7:45pm	Lunchtime Halacha 12:00 Mincha on Zoom: 4:40pm Shkiah: 5:03pm
WEDNESDAY	THURSDAY	FRIDAY
Parsha Shiur 12:15pm Music Shiur: 3:00pm Mincha on Zoom: 4:40pm Shkiah: 5:04pm	Mincha on Zoom: 4:40pm Shkiah: 5:06pm Chumash Shiur 8:00pm	Candle Lighting 4:49pm Sh'kiah 5:07pm

D'VAR TORAH FROM RABBI FREUNDLICH

Like Manna from Heaven

Over the centuries, this has actually become a catch-phrase, representing something that falls into your lap through no effort of your own, a gift from heaven. But the truth is, the original manna was not only a gift, but also a responsibility. There were a number of laws and restrictions attached to it – for example, one was not permitted to leave any leftovers until the morning and no one was permitted to go out and gather any manna on Shabbos.

There was one additional detail of the gathering of the manna that imbued the Jewish people with a trait that continues to guide us. There is no simple word for it in English; in Hebrew it's called הסתפקות. It loosely translates into "having enough with what you have."

Moshe instructs the people that each person should gather "l'fi achlo", according to what he eats – exactly one omer measure per person. The Torah then states clearly how the people went out to gather, but not entirely sure or confident how this new previously unheard-of manna thing would work out, "and some took more and some took less." But when they arrived home, "they measured an omer. Whoever took more had nothing extra, and whoever took less was not lacking; everyone according to what he eats, had they gathered" (Shmot 15:17-18).

Manna could not be stored for another day. It could not be put in reserves or squirrelled away for security. Every day one got exactly what they needed, no more and no less. And that, the saintly Rav Mendel of Rymanov explained, taught us this great lesson of הסתפקות. The ability to live with what one has, to ingrain within ourselves the trait of frugality and not to seek luxuries.

Gut Shabbos!

Mincha on Zoom is at **4:40pm** this coming week -
to join us, go to <http://tbdj.org/zoom-mincha>.

To view all times for sh'kiah, davening, shiurim & candle
lighting, go to www.tbdj.org/calendar.

To view details about our all our programming,
go to www.programming.tbdj.org.

Joining Together in Song

Rav Yisrael Taub of the Chassidic dynasty of Moditz was an amazing composer and singer who inspired his followers with his Torah and his powerful music. Especially on Shabbos, the Rebbe and his followers would engage in singing soul-stirring, uplifting and exquisite melodies during the davening as well as during the Shabbos meals. It is said that throngs of people, Jewish and otherwise, would congregate outside, mesmerized during these exalted moments when they would allow their spirits to soar.

Not far from the rabbi's court was the building that hosted the army's music division, a place of study and training for the most talented musicians. The chief officer of the academy was a masterful musician and conductor. One Shabbos he happened to pass by the Moditzer Beis Medrash at the time of Seudah Shlisheet, the third Shabbos meal. Like all others he stood outside, captivated by the Rebbe's song. Unable to release himself from the irresistible pull of music, he found himself drawn into the darkened room full of singing chassidim. The power of the singing awakened his Jewish soul, compelling to discover more about his religion. The officer requested a private audience with the Rebbe and when his turn came he shared his life story with him. As a child the officer had converted to Christianity together with his mother and siblings, and he had never given a second thought to it. That is, until he passed by the Moditzer Beis Medrash. The melodies that he heard jolted him, penetrating the very core of his existence and exposing a yearning, thirsty Jewish soul.

The Rebbe devoted a considerable amount of time to the chief officer and his wife, until slowly but surely, they became baalei teshuvah and regulars at the Rebbe's court. Their newfound return to their heritage was kept secret from the government and the army. As Pesach drew near, the officer enlisted the help of some of his men to assist in cleaning his quarters, with strict instructions to refrain from bringing in any chametz. This aroused suspicion, resulting in a subsequent investigation and an eventual dismissal from his job, due to the fact that his services were "no longer deemed necessary". Devastated and with nothing to lose he went to his superior, the one who had signed his dismissal document. He told him the story of his youth and of his recent encounter with the Moditzer's music that had made such a profound impact on his life. Intrigued, the superior officer agreed to reinstate his job, providing that he be allowed to accompany him to the Rebbe's table the following Shabbos without disclosing his identity. Needless to say, the officer was glad to oblige. Upon hearing the musical compositions and their powerful rendition, the second officer was also visibly moved, and he, too, became a regular at the Rebbe's Court... (Adapted from: Through Music and Song by Rabbi Elysha Sandler)

Our songs and nigunim may penetrate our hearts in the deepest and most meaningful way, whether they be sung for Shabbat or for festivals, and whether they come from the songbooks of the Jews of Czarist Russia or the Jews of Morocco.

Welcome to Shabbos Shira! This Shabbos, when we read the Torah portion of Beshalach, is traditionally designated as the "Shabbos of Song" as the Torah reading contains the joyous Shirat Hayam - the Song of the Sea sung by Moshe and Bnei Yisrael after the splitting of the Red Sea. It is a Shabbos that is celebrated musically in synagogues and Jewish homes alike around the world. For many, the musical experience of this awesome Shabbos continues into the Havdalah ceremony on Saturday night. Before this devastating pandemic infected the world, Jewish communities everywhere featured Motzei Shabbos concerts and evenings of Jewish song - the "icing on the Shabbat Shira cake". Even though as Jews we are used to constantly singing praise and thanking Hashem with abundant song and chanting, this Shabbos gives us an extra measure of musical joy and celebration.

Shabbos is an appropriate day for song as it is specifically our souls which acutely sense the majestic aura of the Shabbat day. Rabbis in the Zohar refer to Shabbos as יומא דנשמתא - the day of the soul. Rabbi Elysha Sandler writes that song and music are the language of the soul, a means through which the soul can be accessed and communicated with, as well as a medium through which it can communicate and express its deepest yearnings. He quotes from Shabbos Malkesa 3:9 - "Shabbos is entirely a day of song, because Shabbos is beyond our grasp in the likeness of the world to come. Indeed, that which the soul perceives and the heart understands on Shabbos is not able to be articulated by the mouth or to be fully comprehensible to the heart. We are therefore significantly occupied with singing."

Rav Ahrele Roth in *Shomer Emunim* extols the virtue of attaining joy through music, offering a deeper appreciation of how this is achieved: "There are numerous pieces of advice and strategies to attain the level of joy. One of the loftiest methods, that is tried and tested without a doubt, is to sing a given joyous song for a certain period of time. The way a person acts below reflects the way he is treated from above. By singing a joyous song with heavenly intentions, he becomes connected to the world of joy. Of its own accord then, joy automatically flows into his heart".

Moshe led the nation in song and the nation sang responsively with him. It was sung at a time when song was essential, when our people realized the beginning of נצח ישראל, the beginning of an eternal bond with Hashem as his eternal chosen people. They rose to a spiritual high at that moment, a moment of elevated prophecy where they realized the purpose and harmony in Hashem's world, a moment expressing the highest level of faith in Hashem with the realization that Moshe his servant spoke in his name. It was a moment expressed in spontaneous, jubilant and heartfelt song, a song that gained momentum towards the ultimate proclamation securing their connection with their creator who redeemed them from Egypt: ה' ימלוך לעולם ועד - Hashem shall reign for all eternity.

Our forefathers sang together as a nation, and under the current health restrictions many of us long for the opportunity to sing together again. Congregational singing with its wholesome and harmonious sound motivates our prayers, energizing them with adrenalin and momentum, lifting us to higher spiritual levels. A recent article in the Montreal Gazette stated: "The health ministry said the loosening of the restriction on gatherings carries some limits. For example, singing will be barred during religious services since the activity carries a risk of transmitting the virus." It is interesting to note that singing was also barred at the very scene of the splitting of the Red Sea. When Bnei Yisrael were saved and the Egyptians were drowning, the angels asked to sing a song of praise before Hashem. However, Hashem told them: "The work of my hands is drowning in the sea, and you will sing before Me?" (Sanhedrin 39b) The angels were quiet. This year, it is us, not the angels, who are quiet. Shirat Hayam opens with the words: אז ישיר. Rather than the word שר - sang, the verse tells us: י - will sing. Shirat hayam is a song of the past, present and future. It is a song that reminds us where we came from and who we are. Presently our nation is silent, barred from singing. We will, please G-d, come together in song very soon...

לעילוי נשמת אמי מורתי רינה בת הרב צמח מנחם הלוי ובעלצא חדוה

Shabbat Shalom,

Rev. Amiel

UPCOMING PROGRAMS

For more programs, shiurim and classes... please visit <http://programming.tbdj.org>

Monday Morning Tehillim WITH RIFKI FREUNDLICH

EVERY MONDAY AT 11:00AM
HOSTED IN TBDJ'S ZOOM SOCIAL HALL

*** Led by Rifki Freundlich, For Women***

Monday, February 1 at 11:00am // Location: Zoom Social Hall



Modern Jewish History - Part I:
Laying The Groundwork
From the Mussar Movement
to the First World War (Early 1800s to 1918)

Modern Jewish History: The Great War

Monday, February 1 at 7:45pm // Location: Zoom Social Hall



VIRTUAL DIASPORA
by  **living room tours**

Online Tour of the Island of Majorca, Spain

Tuesday, February 2 at 1:00pm // registration required - see email



**JOIN
TBDJ
AND
JOY
WILSON
FROM
JOY OF
CAKES**



Women's Program: "Chocolate Bomb" Making with Joy Wilson

Wednesday, February 3 at 8:00pm // Pre-Registration Required

HOT

IT WARMS YOU UP

CHOCOLATE

LEARN THE TRICKS OF THE
TRADE

BOMBS



WOMEN'S INITIATIVE
& YOETZET HALACHA

**JOIN
TBDJ
AND
JOY
WILSON
FROM
JOY OF
CAKES**



FEBRUARY 3RD IN THE TBDJ ZOOM
SOCIAL HALL @ 8:00PM

Register at: <http://tbdj.org/chocolate5781>

Register by Jan. 27th, 2021

Cost: 35\$ includes everything you need to make your
delicious chocolate bombs!





PRESENTS

Shalom Bayis

ENRICHMENT WORKSHOP

WITH RABBI & RIFKI FREUNDLICH

Rabbi & Rifki Freundlich present an interactive, virtual workshop on strengthening your marital relationship. Join them for two sessions of *fun, humorous* and *engaging* activities that will be sure to strengthen your marriage by providing you and your spouse with practical tools and effective techniques to better understand each other.

For couples of all ages. Each session is an independent unit.

You must attend together with your spouse -

The two of you will be doing all of the talking!

(Don't worry, there is no public sharing - only private conversations)

Session 1

Saturday, February 6

**Life Maps, Love Languages
and Bidding Wars:
*What makes your spouse tick?***

Session 2

Saturday, February 20

**The Lost Art of Apologizing,
Complimenting, and
Fighting Fair**

REGISTER TODAY: tbdj.org/bayis5781

One time registration fee: **\$18 per couple**

BOTH SESSIONS BEGIN AT 8:30PM

ON ZOOM IN TBDJ'S ZOOM SOCIAL HALL

(LINK WILL BE SHARED UPON REGISTRATION)

LITTLE NAPOLI

SWEET SUNSATION

SUNBURST

REDBOR

ט"ו בשבט הגיע חג לאילנות



TU B'SHVAT GARDENING

Sunday, February 28, 2021
10:00am



A Special "Hands-On" Program on Zoom

Led by the "*Backyard Planting Montreal*" group
featuring TBDJ's own Oshri Cohen, Adrienne Drazin & Yair Meyers

With special remarks for Tu B'Shvat from Rabbi Freundlich

Learn the basics of planting... compare the different seeds for different plants...
gain an appreciation for the beauty of dirt... and start you own mini garden!

**Information &
Registration at**
[TBDJ.org/Planting](https://www.tbdj.org/Planting)

\$18 PER KIT INCLUDING GARDEN POT, SOIL,
AND 1 SEED TYPE (TOMATO, GREEN BEAN,
KALE, PEA) - OR ALL FOUR SEEDS FOR \$65
WITH A PORTION OF PROCEEDS
DIRECTED TO JNF ISRAEL

PICKUP/DELIVERY
OF MATERIAL ON
FEBRUARY 21



3RD ANNUAL COMMUNITY

MENTAL HEALTH SHABBAT

SAVE THE DATE • MAY 6-9, 2021

FEATURING SCHOLAR-IN-RESIDENCE

DR. RONA NOVICK

THEME: RESILIENCE

*All events on Thursday, Friday & Sunday will be held online.