



LEARNING



CHESED



## Elul Program Guide

An array of programming to help lead us into  
Rosh Hashanah, Yom Kippur, and the new year

תשע"ח - 2018



GROWTH



Congregation Tifereth Beth David Jerusalem  
6519 Baily Road, Cote-St-Luc, Quebec, H4V-1A1  
[www.TBDJ.org](http://www.TBDJ.org) [facebook.com/TBDJ.org](https://facebook.com/TBDJ.org)

## ROSH CHODESH ELUL PROGRAM FOR WOMEN



## ROSH CHODESH WOMEN'S PROGRAM

חולת תשע"ח  
Elul 5778



Shabbat, August 18, 2018 at 5:30pm  
Featuring Rabbi Yechezkel Freundlich

**Preparing for Rosh Hashanah**  
*A Balance Between  
Remembering and Forgetting*

Hosted by Reesa Kandelstein  
268 Harrow Crescent, Hampstead

## SPECIAL ELUL KADDISH CIRCLE



## The Kaddish Circle



A special pre-Yom Tov session of The Kaddish Circle, open to anyone mourning the loss of a loved one - within the first year or beyond - to support each other during the Holiday season.

**Sunday, September 2 at 10:00am**



## CALENDAR

### AUGUST

<b>Shabbat, 18</b> 5:30pm	Women's Rosh Chodesh Program
<b>Tuesday, 28</b> 8:00pm	Lecture: Journey Through the Machzor - Part I
<b>Wednesday, 29</b> 6:15am	Gemara Shiur with Rabbi Freundlich
<b>Thursday, 30</b> 8:00pm	Gemara Shiur with Rabbi Freundlich
<b>Friday Night, 31</b> 7:20pm	Heimishe Dinner with The Traveling Chassidim

### SEPTEMBER

<b>Shabbat, 1</b> 9:00am	Shabbat with The Traveling Chassidim
<b>Shabbat, 1</b> 5:45pm	Be A Better...YOU!
<b>Motzei Shabbat, 1</b> 10:00pm	Musical Selichot with The Traveling Chassidim
<b>Sunday, 2</b> 10:00am	The Kaddish Circle
<b>Monday, 3</b> 10:00am	Family Volunteer Day at MADA
<b>Tuesday, 4</b> 8:00pm	Lecture: Journey Through The Machzor - Part II
<b>Wednesday, 5</b> 6:15am	Gemara Shiur with Rabbi Freundlich
<b>Thursday, 6</b> 8:00pm	Gemara Shiur with Rabbi Freundlich
<b>Shabbat, 8</b> 5:30pm	Be A Better...YOU!
<b>Wednesday, 12</b> 6:15am	Gemara Shiur with Rabbi Freundlich
<b>Thursday, 13</b> 8:00pm	Gemara Shiur with Rabbi Freundlich
<b>Shabbat, 15</b> 5:30pm	Rabbi Freundlich's Shabbat Shuva Drasha
<b>Sunday, 16</b> 8:00pm	Rabbi Yissocher Frand's Tshuva Shiur (Video Broadcast)

**This Elul Program Guide is sponsored by Rhona Grunstein, Alyssa & Yair Meyers, and Erica & Zac Grunstein in memory of**

יוסף חיים בן שלמה זלמן  
צבי בן יוסף הכהן  
פסעס בת יהודה לייב  
שלמה זלמן בן משה

## SHABBAT AFTERNOONS OF ELUL

# BE A BETTER...YOU!

*A series of inspiring  
short sessions to prepare you for  
Rosh Hashanah by being the best  
you can be*

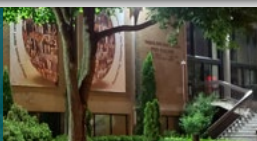
### Shabbat Parshat Ki Tavo - September 1, 5:45-7:00pm

- **Be a Better Believer: Where is G-d in my everyday life?**  
...with Rabbi Aryeh Royde, The Traveling Chassidim
- **Be a Better Davener: Sometimes Tefilla just doesn't speak to me**  
...with Rabbi Eric Grossman, Akiva School
- **Be a Better Schmoozer: When should and shouldn't I share this information?**  
...with Rabbi Yechezkel Freundlich

### Shabbat Parshat Nitzavim - September 8, 5:30-6:45pm

- **Be a Better Listener: Hearing the sound of our inner Shofar**  
...with Rebbetzin Rifki Freundlich
- **Be a Better Connector: Using the Shabbat experience for more than an afternoon nap**  
...with Rabbi Yedidya Noiman, Kollel Torah MiTzion
- **Be a Better Learner: The role of Torah study in our lives**  
...with Rabbi Yechezkel Freundlich

## ELUL SHIURIM & CLASSES



## ELUL LECTURE SERIES



### • Weekly Gemarah Shiur

Rabbi Freundlich's weekly Gemarah shiur will focus on Masechet Rosh Hashanah and the topic of: **Singing Songs on the Shofar - Do Mitzvot require intention?**

Wednesdays at 6:15am: Aug. 29, Sept. 5, Sept. 12  
or

Thursdays at 8:00pm: Aug. 30, Sept. 6, Sept. 13



### • Shabbat Shuva Drasha

Join us on Shabbat afternoon for Rabbi Freundlich's Shabbat Shuva drasha, on the topic of: **Counting our Blessings - What the Garden of Eden Teaches Us About Teshuva**

Shabbat Parshat Vayeilech  
September 15 at 5:30pm



### • Rabbi Yissocher Frand - Video Broadcast

Few surpass Rabbi Yissocher Frand's blend of Torah scholarship, humor, eloquence, passion and sensitivity. As a rosh yeshiva at Baltimore's Ner Israel, Rabbi Frand educates hundreds of students and broadcasts weekly shiurim to over 70 locations across the globe.

#### **Teshuva Drasha**

Sunday, August 16 at 8:00pm

### Journey Through The Machzor:

**אִם כְּבָנִים, אִם כְּעֲבָדִים**

*Whether As Your Children  
or As Your Servants*



A 2-part series with Rabbi Freundlich, highlighting the dual nature of our relationship with Hashem as it appears throughout the machzor.

Based on the writings of the Nesivos Shalom, Reb Sholom Noach Berezovsky. The Slonimer Rebbe understood people and incorporated their contemporary faults into a roadmap that leads them to a higher place.

**Tuesday, August 28 at 8:00pm**  
**Tuesday, September 4 at 8:00pm**



שבת!

Come celebrate once again with...

## The Traveling Chassidim

Shabbat  
Parshat Ki Tavo

September 1, 2018

Featuring  
A Heimeishe Shabbat Dinner  
& Motzei Shabbat Selichot

Visit  
[TBDJ.org/TC2018](http://TBDJ.org/TC2018)

## TBDJ FAMILY VOLUNTEER DAY

at **MADA** 6875 Boul Decarie

Monday, Sept. 3, 2018 (Labour Day)  
10:00am - 12:00pm

Please email [chesed@TBDJ.org](mailto:chesed@TBDJ.org) to register

Join us in helping our community

We know. Davening is long and difficult.

Our **40 For 40** program aims at providing meaning and relevance in under 40-minutes for anyone under 40(ish) years of age in an interactive and engaging environment.

**40 For 40** will once again meet with Rabbi Y & Rebbetzin Rifki Freundlich during Mussaf on both Rosh Hashanah and Yom Kippur.

**40FOR40**  
ראש השנה • יום כפור