

Shabbat Parshat Mishpatim
Second Day Rosh Chodesh Adar Alef
February 9 - 10, 2024 / 1 Adar Alef 5784

שבת פרשת משפטים
'ב' דראש חדש אדר א'
א אדר א' התשפ"ד

SHABBAT BULLETIN

CONGREGATION TIFERETH BETH DAVID JERUSALEM

RABBI CHAZAN SHEINI PRESIDENT EXECUTIVE DIRECTOR
Zolly Claman Rev. Amiel Bender Josh Orzech Stephanie Nagus

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בעזרת ה'
ויחז
ננצח

Ethan Gobert, Bar Mitzvah
Rosh Chodesh Adar Alef is on Friday, February 9 and Shabbat, February 10
Molad is on Friday, February 9 at 9:29pm and 5 chalakim

From the bima this Shabbat!
TBDJ Mission to Israel -
Post-Trip Reflections by
Michael Zukor and Shoshi Portnoy

Shabbat Parshat Mishpatim
Second Day Rosh Chodesh Adar Alef

Haftara: Yeshayahu 66:1-66:24, repeat 66:23

Friday, February 9

4:10pm Plag Hamincha
4:45pm Minha et Kabbalat Chabat -
Minyane Sépharade - Lower Level
Chapel
4:54pm Candle Lighting
4:55pm Mincha and Kabbalat Shabbat -
Library
5:13pm Shkiah

Shabbat, February 10 / 1 Adar Alef

8:00am Shacharit - Hashkama Minyan
8:30am Shaharit - Minyane Sépharade
8:40am Parsha Shiur with Rabbi Claman
9:00am Shacharit - Main Sanctuary
9:30am Kef Club Shabbat Programs -
Lower Level Youth Rooms
9:30am Youth Minyan - Youth Lounge
9:37am Sof Zman K'riyat Shma
10:15am *The Zone* for Kids in Gr. 1 to 3 -
Library
10:45am *The Zone* for Kids in Gr. 4 to 6 -
Library
4:00pm **Pre-Mincha Shiur by Special
Guest Rav Shaul Feldman,
Executive Director of Bnei Akiva**
4:30pm Minha, Seoudah Shleesheet et
Shiour - Minyane Sépharade
**avec l'invité spécial
Rav Raphaël Blum,
Roch Yechiva d'Afula, Israël**
4:45pm Mincha, Seoudah Shleesheet
and Maariv - Main Sanctuary
6:00pm Havdala

NEXT WEEK'S SCHEDULE

Mincha / Maariv: 5:00pm

Shacharit

Sunday: 8:00am

Monday and Thursday: 6:50am

Tuesday, Wednesday and Friday: 7:00am

Friday, February 16

Mincha - Minyane Sépharade: 17h00

Candle Lighting is at 5:05pm

Mincha - Library: 5:05pm

COMMUNITY NEWS

Mazal Tov to **Ethan Gobert** on becoming a Bar Mitzvah. Proud parents are **Lyndia & Quentin Gobert**. Sharing in their simcha are Ethan's sisters **Amelie Myriam** and **Naomi**, his grandparents Michele & Michel Dernis and Chantal & Pierre Gobert, his great-grandmother Mazal Lawee and many delighted aunts, uncles and cousins. Lovingly remembered at this time are Violette Corcos z"l, Edouard Landsman z"l and Alfred Lawee z"l.

Mazal Tov to **Shirley & David Shapiro**, Lois & Bill Shubert and Kati Egett on the engagement of their son and grandson Matt Shapiro to Yael Perlman of Squirrel Hill, Pennsylvania. Sharing in their simcha are Yael's parents Beth & Jonathan Perlman, her grandparents Karen & Harry Kissileff of Teaneck, New Jersey and many delighted siblings, aunts, uncles and cousins in both families.

Condolences to **Wilma & Yossi Suissa** and their family on the loss of Wilma's beloved mother Fadina Bitoun Elalouf z"l who passed away. Funeral took place on Thursday, February 8. Shiva continues at 184 Wexford Cr. in Hampstead; Friday 1:00pm-3:00pm, Sunday through Tuesday 2:00pm-4:00pm; Maariv at Petach Tikvah, 2650 rue Saint-Louis in Saint-Laurent.

THANK YOU TO THE FOLLOWING SPONSORS

Kiddush for the Minyane Sépharade is sponsored by **Lyndia & Quentin Gobert** in honour of the occasion of their son **Ethan** becoming a Bar Mitzvah.

Seudah Shleesheet is sponsored by Bnei Akiva North America in honour of our Special Guest Rav Shaul Feldman, Executive Director of Bnei Akiva North America.

Rabbi Claman's Sermon on Shabbat is sponsored by **Ruth Drazin** and her family to mark the 60th yearzeit for her beloved mother Gitel Wolfe Fried z"l (Gitel bat Elimelech v'Feiga - 2 Adar).

Rabbi Claman's Parsha Shiur on Shabbat Morning is sponsored by **Yair Meyers** and **Rachel Goodman Aspler** in honour of Ian Langleben "with our thanks for all your help with the website for our *Annual Mental Health Awareness Shabbat*, and with our best wishes to you on your recent engagement to Mettannah Jacobson."

This Shabbat Bulletin is sponsored by **Shirley & David Shapiro** and their family in honour of the engagement of their son Matt to Yael Perlman.



Weekly camaraderie,
lunch, and Parsha!

Lunch & Learn
with Rabbi Claman

WEDNESDAYS
Lunch at 11:30am
Class from 12:00-12:30pm





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OF THE UNITED STATES & CANADA

In conjunction with Bnei Akiva's Shevet HaShachar Canada Shabbaton, Bnei Akiva invites the entire community to a

Shabbat

BNEI AKIVA

with *Rav Shaul Feldman*
EXECUTIVE DIRECTOR OF BNEI AKIVA US & CANADA



PARSHAT MISHPATIM

FEBRUARY 9-10

Fri Night Dvar Torah

KOLLEL MINYAN AT HEBREW ACADEMY

After Tefillah 15 Min Shiur

KOLLEL MINYAN AT HEBREW ACADEMY

Shabbat Morning Drasha

BETH ZION

Shevet Hashachar Parsha Shiur

12:30PM HEBREW ACADEMY

Pre-Mincha Shiur

4PM TBDJ

Seudah Shlishit Dvar Torah

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28 CLEVE, HAMPSTEAD

Svp Inscription obligatoire à TBDJ.org/avotbanim



RAFFLE DRAW

Sunday, March 24, 2024

7:30pm

**Ticket
\$136**

1st prize	\$4000
2nd prize	\$ 1800
3rd prize	\$ 1000
4th prize	\$ 500

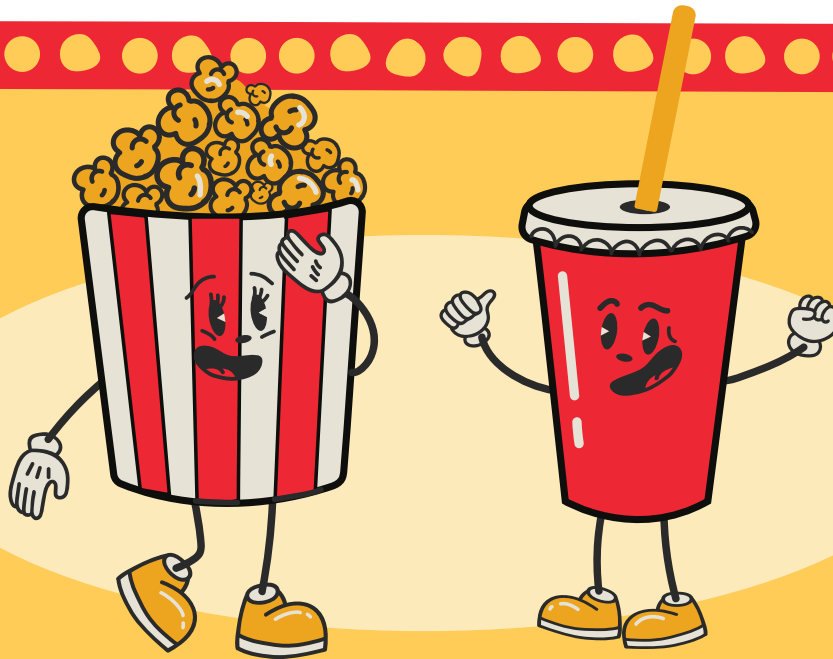
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Who: Women only

What: Pirkei Avot (Book of Ethics)

Where/When:

Jan 23 @ the Moss home (252 Netherwood)

Feb 6 @ the Feinberg home (27 Belsize)

Feb 20 @ the Kurlender home (14 Holtham)

At 8pm

Learning lead by: Penina Claman,
Chaya Faust, Avigail Salter, Danielle
Weinberg, Tamar Yechieli

**All learning levels welcome*

Parshat Mishpatim: I Shall Fill Your Days

Fact: Our birth certificates do not have expiration dates and, though we all pray and aspire for long and qualitative lives, we know that the length of our lives depends on Hashem's plan for us.

In this week's Torah portion, we find an interesting verse:

***There shall be no woman who loses her young
or is infertile in your land.
I shall fill the number of your days.***

Shmot 23:26

I find the latter part of this verse intriguing. What does it mean that Hashem will fill the number of our days? The *B'chor Shor* (12th century France) wrote that we will live to an old age, enjoy full days, and not have an untimely passing. This reward in life is a result of living a proper Hashem-fearing life. This is in contrast to the fate of the wicked. His commentary cites a verse in Proverbs 10:27 - *Fear of Hashem will add days, but the years of the wicked will be shortened.*

In several tractates (Rosh Hashanah 11a; Sotah 13b; Kiddushin 38a) the Talmud relates to the righteous with respect to the concept of filling the number of our days. What does this mean? The verse comes to teach us Hashem's assurance, that for those who serve him, he shall fill the number of their days. This means that Hashem assures the righteous people, such as Moshe and the patriarchs, that they will die on the exact date that they were born so that they will a full number of years. The Talmud further teaches that people who pass away on their birthday are righteous people who lived on a high spiritual level and connected with the higher worlds and the Creator. We learn that Moshe Rabeinu was born and passed away on the seventh day of Adar and that our three patriarchs Avraham, Yitzchak and Yaakov were born on and passed away on Pesach.

What is the significance of the merit of passing on your birthday? The Lubavitcher Rebbe teaches: *The Chassidic masters explain that on the day we are born we are entrusted with a mission. The righteous person lives his life achieving his fullest potential and completes his mission on earth in the most perfect way possible. This perfection is expressed in the fact that his mission ends on the very same day that it was begun.*

The Kabbalist Yosef Bitton echoes the idea of the righteousness of the people who pass on their birthday and adds that these people are rare and unique and live on a very high spiritual level. He teaches that they were put into our world for the purpose of תיקון עולם - repairing the world - to change things, to bring redemption. When these righteous people physically leave our world, they remain a part of it and are not considered as they have passed on. Rather, they are on a higher level and take

care to watch over the world and fix it. Bitton wrote that for people who pass away on their birthday it doesn't matter where the person is from or what his profession is, he is unique and there aren't many like him in the world. These people come to the world to atone for the sins of the bad people of the generation. These people are of special merit and do not look for fame in connection with their talents and creations. Bitton cites Moshe Rabeinu as a prime example for this prototype, a person who was the most modest person on the face of the earth.

I like to think that another way to understand "filling our days" refers to the quality of our lives and filling our time productively. A few days ago, I spoke about the above verse between Mincha/Ma'ariv and I connected the verse with a Mishnah from Pirkei avot (3:19):

***Everything is foreseen,
yet the freedom of choice is given.
The world is judged with goodness, and everything
depends on the abundance of good deeds.***

With our freedom of choice, we all have the potential to be people of merit in Hashem's world and have Hashem fill our days positively in accordance with our behaviour and conduct during our physical sojourn in Hashem's world. I spoke about the idea that Hashem has a mission for us on earth, and when the mission is over, our time on earth is over. While we certainly do not want our physical existence to end, we must be mindful of Hashem's plans for us with respect to our missions in His world.

I always marvel at how Hashem's world works. Following my short Dvar Torah at services - coincidentally on the day that I was writing this Torah thought - I went home for supper. While I was home, I saw a television commercial where a woman was saying that: *How I spend my time is up to me.* I smiled and thought: *Yes indeed. The way you spend your time is really up to you! Are you making the right decisions in filling your days?* The answer would be: *Yes. I make my own decisions as I please.* Hence our freedom of choice.

On a higher spiritual level though, we are cognizant of how we are to behave in Hashem's world and that the set of alternatives that are graciously provided by the Almighty for our interaction with the world around us and our connection to Heaven are there for our benefit - to properly *fill our days* in Hashem's glorious world. We are fortunate to have the privilege to make the right choices available for us under divine supervision.

I recently saw an amazing quote online: *Don't fill your life with days, fill your days with life.* This is what Hashem wants. We should all fill our days with the proper way of living our lives within our wonderful Jewish framework!

Shabbat Shalom,

Rev. Amiel

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