

YOM KIPPUR

CONGREGATION TIFEREH BETH DAVID JERUSALEM

RABBI
Zolly Claman

CHAZAN SHEINI
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לְשָׁנָה טוֹבָה תִּכְתְּבוּ וְתִחַתְּמוּ!



Congregation Tifereth Beth David Jerusalem wishes everyone a Shana Tova Umetuka!

May it be a year filled with happiness and health, and peace for all of Israel and the Jewish People.

Thank you to all our clergy, staff members, volunteers, donors, gabba'im, ba'alei tefilla, directors, committee chairs and committee members who have contributed to creating our High Holiday Services and Programs!

Friday, September 22 / 7 Tishrei 5784

6:25am Selichot - Main Sanctuary
7:00am Shacharit - Main Sanctuary
6:30pm Minha et Kabbalat Shabbath - Minyane Sépharade
6:34pm Candle Lighting
6:35pm Mincha and Kabbalat Shabbat - Main Sanctuary
6:53pm Sh'kiah

Shabbat, September 23 / 8 Tishrei 5784

Shabbat Shuvah / Parshat Ha'azinu

Haftara: Hosheya 14:2-14:10, Yoel 2:11-2:27, Micah 7:18-7:20

8:00am Shacharit - Hashkama Minyan
9:00am Shacharit - Main Sanctuary and Minyane Sépharade
9:30am Kef Club Shabbat Programs for Kids - Lower Level
9:30am Shabbat Youth Minyan - Youth Lounge
9:45am Sof Zman K'riyat Shma
10:15am The Zone for Kids in Gr. 1 to 3 - Library
10:45am The Zone for Kids in Gr. 4 to 6 - Library
5:40pm **Shabbat Shuva Drasha by Rabbi Claman**
- Main Sanctuary:
MasterClass on Tefila - Chana Teaches Prayer
6:30pm Mincha, Seudah Shleesheet and Maariv
- Main Sanctuary and Minyane Sépharade
6:51pm Sh'kiah
7:35pm Havdalah

Sunday, September 24 / 9 Tishrei 5784

Erev Yom Kippur

7:45am Selichot - Main Sanctuary
8:00am Shacharit - Main Sanctuary
2:00pm Minha - Minyane Sépharade - Lower Level Chapel
3:00pm Mincha - Main Sanctuary
6:30pm **Candle Lighting**
6:30pm **Kol Nidrei - Main Sanctuary,**
Minyane Sépharade, Parallel Service,
Hashkama Minyan
6:49pm Shkiah

Monday, September 25 / 10 Tishrei 5784

YOM KIPPUR / YIZKOR

8:00am Shacharit - Hashkama Minyan - Library
8:15am Shacharit - Main Sanctuary
8:30am Shacharit - Parallel Service and Minyane Sépharade
10:00am Kef Club Yom Kippur Programs for Kids
10:20am **Rabbi's Sermon followed by Yizkor Service**
4:30pm Minha - Minyane Sépharade
4:50pm Mincha - Main Sanctuary, Parallel and Hashkama
5:55pm Ne'ilah - Main Sanctuary, Parallel and Hashkama
6:30pm Ne'ila et Arvit - Minyane Sépharade
6:47pm Sh'kiah
7:31pm Tekiyat Shofar

Tuesday, September 26 / 11 Tishrei 5784

6:15am Daf Yomi - Library
7:00am Shacharit - Main Sanctuary
6:25pm Mincha/Maariv - Main Sanctuary

Wednesday, September 27 / 12 Tishrei 5784

6:15am Daf Yomi - Library
7:00am Shacharit - Main Sanctuary
6:25pm Mincha/Maariv - Main Sanctuary
7:00pm **Ordered Arba Minim Sets can be picked up**
from Rev. Bender - lower lobby (until 9:30pm)

Thursday, September 28 / 13 Tishrei 5784

6:15am Daf Yomi - Library
6:50am Shacharit - Main Sanctuary
6:25pm Mincha/Maariv - Main Sanctuary

Friday, September 29 / 14 Tishrei 5784

EREV SUKKOT

6:15am Daf Yomi - Library
7:00am Shacharit - Main Sanctuary
6:00pm Minha et Kabbalat Shabbath - Minyane Sépharade
6:21pm Candle Lighting
6:25pm Mincha and Kabbalat Shabbat - Main Sanctuary

UNVEILINGS

A MONUMENT IN MEMORY OF TBDJ MEMBER

ANNA MENDEL ז"ל

WIFE OF JOE MENDEL, MOTHER AND MOTHER-IN-LAW OF
MONICA & HAIM BENSOUSSAN, ANDREA & DEAN MENDEL
AND ASHLEY & SHAWN MENDEL,

WILL BE UNVEILED ON

SUNDAY, SEPTEMBER 24 AT 11:00AM

IN THE TIFERETH JERUSALEM #3 SECTION (C-21)
OF THE BARON DE HIRSCH CEMETERY ON DE LA SAVANE.

A MONUMENT IN MEMORY OF TBDJ MEMBER

SAUL HANDELMAN ז"ל

HUSBAND OF ESTHER ZUNENSHEIN HANDELMAN,
FATHER OF ELLIOT, JORDAN AND MINDY,

WILL BE UNVEILED ON

SUNDAY, SEPTEMBER 24 AT 12:00PM

IN THE TIFERETH JERUSALEM #3 SECTION (C-21)
OF THE BARON DE HIRSCH CEMETERY ON DE LA SAVANE.

5784 Harry Karpman Memorial Kol Nidrei Appeal

Harry Karpman z"l was a dedicated member and past president of Tifereth Beth David Jerusalem. For over fifty years, he played a leading role in every facet of our synagogue, including fundraising in support of TBDJ's many programs and activities, and introducing this annual Kol Nidrei Appeal.

Please give generously by placing a metal clip next to your desired donation level on the card that has been placed at your seat. You can also donate online at tbdj.org/knappeal5784.

DONATION LEVELS

\$5,000 = one month of Youth Programming

\$3,600 = one month of Adult Education Programs

\$1,800 = one month of Social Programs

\$1,000 = one month of Chesed Activities

\$500 = "Builder" / \$360 = Double Chai / \$180 = Chai

TBDJ THANKS YOU IN ADVANCE FOR YOUR SUPPORT!

COMMUNITY NEWS

Mazal Tov to **Roslyn & David Guttman** and their family on the engagement of their granddaughter Rivkah Guttman to Naftali Rubin. Sharing in their simcha are delighted parents Rabbi Amir & Gita Guttman of Boca Raton, Florida and Rabbi Eliezer & Dena Rubin of Miami, Florida.

Condolences to **Ruth Borenstein Sacher** and to **Gershon & Joy Sacher** and their family on the loss of beloved husband, father, father-in-law, grandfather and great-grandfather TBDJ Member **Dr. Edward Sacher** who passed away in Montreal on Sunday, September 17. Funeral and burial took place in the Eretz Hachaim Cemetery, Beit Shemesh, Israel on Tuesday, September 19. Shiva continues until Sunday, September 24 in Suite #201 at 5790 Rembrandt Ave. in Cote St. Luc; Ma'ariv on Saturday at 8:30pm, Selichot and Shacharit on Sunday at 8:00am, Mincha on Sunday (Erev Yom Kippur) at 3:00pm.

Refua Shleima to Paul Weinstein פלטיאל רפאל בן ראובן ואסתר

THANK YOU TO THE FOLLOWING SPONSORS

Kiddush for the Hashkama Minyan on Shabbat, September 23 is sponsored by **Bella Lehrer** and **Jack & Linda Lehrer** in memory of Bella's beloved husband and Jack's beloved father David Lehrer z"l (Avraham David Yehoshua HaKohen ben Moishe Eliezer Lipa HaKohen - 6 Tishrei).

Kiddush for the Minyane Sépharade on Shabbat, September 23 is sponsored by **Nathaly & Jacques Hazot** in memory of Nathaly's beloved mother Yvonne Amsellem z"l (Esther bat Miriam - 14 Tishrei).

This Yom Kippur Bulletin is sponsored by **Rochelle & Jeffrey Rein** in memory of Jeffrey's beloved mother Olga Rein z"l (Toba bat Shlomo v'Chana - 8 Tishrei).

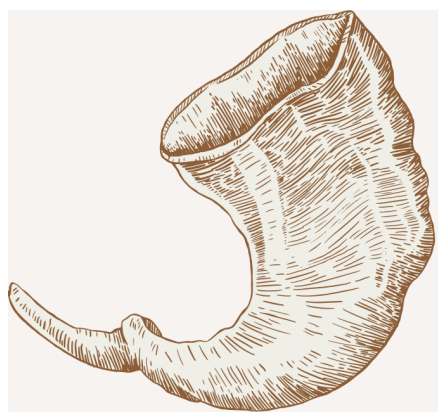


**Arba Minim Sets for Succot
are now available for purchase.**

**Please place your order by writing amiel@tbdj.org
before midnight on Saturday, September 23.**

You can also text him at 514-969-1089.

**Ordered sets can be picked up at TBDJ on
Wednesday, September 27 from 6:30pm to
9:00pm.**



5784



BSD

VEN 15 SEP 2023

ROSH HASHANA

VEILLE DE ROSH HASHANA

Vendredi 15 septembre

Minha : 18h15
Bougies : 18h47
Arvit : 18h50

JOUR 1 DE ROSH HACHANA

Samedi 16 septembre

Shahrit : 8h00
Torah : 10h00 Moussaf 11h00
Minha : 18h30 suivi de de Tashlikh
Arvit : 19h35 Bougies après : 19h49

JOUR 2 DE ROSH HASHANA

Dimanche 17 septembre

Shahrit : 8h00
Torah : 9h30
Shofar : 10h45 & 18h00
Minha : 18h30
Arvit : 19h40 Havdala 19h47

JEÛNE DE GÉDALIA & SHABBAT SHOUVA

JEÛNE DE GUÉDALIA

Lundi 18 septembre

Début du jeûne: 5h07
Fin: 19h36

SHABBAT SHOUVA

Vendredi 22 septembre

Minha : 18h30
Bougies : 18h34
Arvit : 18h55

SHABBAT SHOUVA

Samedi 23 septembre

Shahrit : 9h00
Minha : 18h30
Arvit : 19h30
Havdala : 19h40

VEN 29 SEP 2023

SOUKKOT

VEILLE DE SOUCCOT

Vendredi 29 septembre

Minha : 18h00
Bougies : 18h20
Arvit : 18h45

DIM 24 SEP 2023

YOM KIPPOUR

VEILLE YOM KIPPOUR

Dimanche 24 septembre

Minha : 14h00
Kol Nidrei : 18h30
Bougies : 18h30

YOM KIPPOUR

Lundi 25 septembre

Shahrit : 8h30
Torah : 11h00
Minha : 16h30
Néila + Arvit : 18h30
Havdala après 19h37

JOUR 1 DE SOUCCOT

Samedi 30 septembre

Shahrit : 9h00
Minha : 17h45
Bougies après : 19h27

JOUR 2 DE SOUCCOT

Dimanche 1 octobre

Shahrit : 9h00
Minha : 17h45
Havdala: 19h25

SHEMINI ATSERET

Vendredi 6 octobre

Minha : 17h45
Bougies : 18h07
Arvit : 18h30

Samedi 7 octobre

Shahrit : 9h00
Minha : 18h30

SIMHAT TORAH

Samedi 7 octobre

Bougies après : 19h14
Arvit + Hakafot : 18h45

Dimanche 8 octobre

Shahrit : 9h00
Minha : 17h30
Havdala: 19h12

HOSHANA RABA

Jeudi 5 octobre

Veillée Kraya - à venir

DIM 8 OCT 2023

REPAS COMMUNAUTAIRE DE SIMHAT TORAH

Samedi 7 octobre

Pour toute la famille
Après Shahrit : 13:00

Détails à venir
P.A.F. gratuit
RSVP en ligne



Kef Club

YOM KIPPUR

programming

10:00- ROOMS OPEN &
ACTIVITY IN TENT



10:30-11:30 TFILLA AND YOM
KIPPUR PROGRAM (GRADES 1-3)

11:30-12:00-LUNCH FOR NON-
FASTING KIDS - IN TENT

12:00-1:00-TFILLA AND YOM
KIPPUR PROGRAM (GRADES 4-6)

1:00- RAFFLE AND FREE PLAY

2:00- ROOMS CLOSE



Rending Our Hearts

I'm sorry, I apologize, I did the wrong thing... We all hear it, we all say it... This is the season of the year where we say these words to Hashem and to our loved ones, colleagues, and peers alike.

The Shabbos between Rosh Hashanah and Yom Kippur is called שבט שובה - the Shabbos of returning. The name is adapted from the first verse of the Haftarah which is read: שובה ישראל - return O Israel. Last Shabbos, on the first day of Rosh Hashanah we began the period known as עשרת ימי תשובה - the Ten Days of Repentance. These Ten Days of Returning begin with Rosh Hashanah and end with Yom Kippur - the Day of Atonement, the holiest day of the year. Rabbi Yitzchak Zweig cites Miamonides that it is a mitzvah - a positive commandment - to repent. In other words, the Almighty Himself is asking us to return to Him. With our repentance we are not only returning to Hashem. I daresay that we are returning to... ourselves... to what we strayed from, should be and are expected to be as members of Hashem's עם סגולה - His chosen people...

How do we return? There are four stages in the process of repentance:

1. Regret - We must recognize what we have done wrong and regret it.
2. Cessation - We must stop doing the transgression.
3. Confession and Restitution - We must verbally confess and ask the Almighty to forgive us. We must correct whatever damage that we can, including asking forgiveness from those whom we have hurt - and making restitution, if due.
4. Resolution - We must accept upon ourselves not to do it again in the future.

We must think about what we did, cease to transgress, verbally confess, and accept a new resolution. I remember as a child that when I did something wrong, my parents would approach me in the following manner: *What did you do? You must stop this behavior! Do you take responsibility for your actions? Don't do this again!*

The Torah teaches us that there is a strong source for sin which resides deep within us... in our hearts...

At the end of Parashat Breisheet, the first portion of the Torah, we read of Hashem's despairing thoughts concerning man as evil rapidly spread over the earth:

And Hashem saw that the evil of man was great in the earth, and every imagination of his heart was only evil all the time
(Breisheet 6:5)

Commentary teaches that the heart is, indeed, the source of where the evil comes from. Towards the end of the Torah, in Parashat Nitzavim, we read the following verse which prescribes attending to our spiritually affected heart as a step towards repentance:

And Hashem, your G-d, will circumcise your heart and the heart of your offspring, [so that you may] love the Lord your God with all your heart and with all your soul, for the sake of your life
(Devarim 10:6)

The Alter Rebbe of Lubavitch wrote that the process of *circumcising the heart* is to remove one's material desires through the process of teshuvah to the extent that it reveals the true nature of the innermost essence of one's heart. The Rebbe wrote that at the core of one's heart is G-d's essence, the pintele Yid in all of us. The Pintele Yid is often referred to as a "Jewish spark". It is a Yiddish phrase describing the notion that every Jewish person has an essential core of Yiddishkeit within them, even if they are assimilated or are unaware of their Yiddishkeit. This spark, deep inside of us is ignited in many ways, and the essence of what we are gears us towards repentance.

As the theme of שבט שובה is repentance, I chose to present an interesting thought provoking verse from the Haftarah which speaks volumes about the correct attitude for a penitent.

וקרעו לבבכם ואל-בגדיכם ושובו אל ה' אלקיכם כי חנון ורחום הוא אך אפים ורב חסד ונחם על הרעה

And rend your hearts and not your garments, and return to Hashem your G-d, for He is gracious and merciful, slow to anger, and of great kindness, and He repents of the evil
Yael 2:12-13

The prophet speaks of an interesting contrast if you will, between torn clothing and torn hearts. The act of Kriah, tearing our clothes in mourning, is an ancient tradition and the Ibn Ezra (1089-1167) wrote that this was the adopted custom when bad things happened. When our patriarch Yaakov believed that his son Yosef was dead, he tore his garments. Likewise, when King David learned of the death of his son Absalom, he immediately tore his garments. Similarly, when Iyov was told of the untimely demise of his children, he tore his clothing.

Indeed, on the second day of our Rosh Hashanah prayers, the Chazan chants the following words:

אתיתי לחנוך בלב קרוע ומורתך, בקש רחמים כעני בפתח
I have come to implore you with a torn and impassioned heart,
pleading for mercy, like a beggar at the door

Torn garments and Torn hearts... The prophet presents an interesting comparison. The pain from within regarding our sins should provide us with sufficient anguish to tear our hearts in the same way that the pain of mortal loss is expressed through rending our clothes for our departed loved ones. Another thought comes from Radak (1160-1235) who teaches that if we rend our hearts and remove all evil thoughts from within, there will be no need to rend our clothing. In other words, repairing our spiritual incompetencies will ensure that the sin or evil within us will dissipate and gain us inscription in the book of life and our garments need not be torn for - G-d forbid - possible divine punishment.

What goes on inside our hearts is powerful and much has been written about the heart by our sages and contemporary scholars. The simple understanding about our heart is that our heart is the seat of our desires and emotions, etc. But from the words of the Sages, we see that the heart is much deeper than that; that there are many details to the heart.

In *Kohelet Rabbah* the abilities of the heart are listed. The first on the list is that the heart sees, as it is written, *My heart has seen much wisdom*. The heart listens, for it is written, *And You gave to Your servant a heart that listens*. The heart speaks, for it is written, *I spoke with my heart*. The heart walks, for it is written, *To him, his heart walks*. The heart also can fall, stand, be joyous, scream, comfort, be pained, strengthen, distance, fear, break, feel conceited, rebel, meditate, reflect, whisper, think, desire, stray, lust, be satiated, be stolen, be humbled, makes effort, trembles, awakens. This but a small sample of the heart's characteristics.

We can rend and circumcise our hearts. It is not beyond us. Can we strive to be perfect and not sin? The following verse from *Kohelet* 7:20 teaches us to be sensible:

כי אדם אין צדיק בארץ אשר יעשה טוב ולא יחטא
For there is no righteous man on earth who does good and sins not

When it comes to sinning, we are vulnerable. Some sins may be pre-meditated and come from the heart while other sins may be committed by us that we are unaware of. How vulnerable are we when it comes to sinning? About 4-5 short minutes following the Shofar blast symbolizing the conclusion of Yom Kippur, we say the following words in the Shmoneh Esre of our evening prayers:

Forgive us Father for we have erred, pardon us our King for we have willfully sinned, for you pardon and forgive...

Seriously? A few minutes after Yom Kippur we are again, asking Hashem for forgiveness? We are standing in Shul! We haven't gone anywhere! When have we had time to sin in those few short minutes? The answer is - we never know... We may have had an evil thought in our heart. We may have said the wrong thing to our Shul seat neighbor, or we may have unintentionally sinned between the end of the fast and the beginning of Maariv. Sin happens and it isn't always in our control!

There is an anecdote about the righteous man who passes on and arrives at the gates of heaven. The angel informs the man that he cannot be admitted. The man is amazed and screams: *Why? I have kept all the commandments! I have never transgressed! The angel informs him: That is the problem. You are perfect and only Hashem can be and is perfect. We need to send you back downstairs and the minute you sin, you can come back up!*

Let us all try to be as perfect as we can!

Shabbat Shalom and G'mar Chatima Tova!

Rev. Amiel



WEEKLY BRIDGE AT BAILY

RESUMES

ON MONDAY, OCTOBER 2!!!!

LIGHT BUFFET LUNCH BEGINS AT 11:30AM
GAME BEGINS AT 12:30PM

\$15 ADMISSION FEE
INCLUDES LUNCH

TO REGISTER, SEND AN EMAIL TO LINDA:
l.schmaltzbridge@gmail.com

MIZRACHI CANADA FAMILY TRIP TO

ISRAEL



WINTER BREAK 2023/2024
DECEMBER 22, 2023 – JANUARY 4, 2024

- Walk in the footsteps of our ancestors
- Hike through the waterfalls in the desert
- Daven at the Kotel on Friday Night
- Walk through the water tunnels of King Hezekiah
- Explore the Golan with a thrilling ATV tour

AND SO MUCH MORE!

GIVE YOUR FAMILY THE TIME OF THEIR LIFE