



CONGREGATION TIFERETH BETH DAVID JERUSALEM

Shavuot Bulletin

Rabbi
Zolly Claman

Chazan Sheini
Rev. Amiel Bender

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חג שבועות שמח ושבת שלום!

TBDJ Welcomes our 5783 Shavuot Scholar-in-Residence Dr. Michelle Levine

Associate Professor of Bible, Rebecca Ivry Department of Jewish Studies at Stern College for Women, Yeshiva University

Erev Shavuot - Thursday, May 25

PREPARE AN ERUV TAVSHILIN.

- 8:11pm Candle Lighting
- 8:15pm Mincha/Maariv - Main Sanctuary and Minyane Sépharade
- 8:29pm Shkiah
- 9:24pm Kiddush can be recited after this time
- 11:00pm **Shiur with Rabbi Claman at TBDJ: *Ed Sheeran vs. Marvin Gaye - The Fascinating Debate About Intellectual Property in Halacha***
- 11:30pm **Shiur with Dr. Michelle Levine at TBDJ: *Into the Wilderness - The Journey from Egypt to Har Sinai - Lessons in Emunah***
- 1:05am **Shiur with Dr. Michelle Levine at Kollel Torah MiTzion: *Moshe Rabbenu at Ma'amad Har Sinai - Ascending and Descending the Mountain***

Day One of Shavuot - Friday, May 26

- 4:15am Early Shaharit - Minyane Sépharade
- 5:14am Netz - First Day of Shavuot
- 8:00am Shacharit - Hashkama Minyan
- 9:00am Shacharit - Main Sanctuary and Minyane Sépharade
- 9:03am **Sof Zman K'riyat Shma**
- 9:30am Kef Club Shavuot Programs for Kids
- 12:00pm Baily Road Diner Lunch - *preregistration for this program is now closed.*
- 5:45pm **Shiur with Dr. Michelle Levine at TBDJ: *Zachor v'Shamor b'Dibbur Echad - The Mitzvah of Shabbat, A Taste of Gan Eden***
- 5:45pm **Kef Club Junior Tikkun Leil Shavuot - for kids in Grades One to Six**
- Shavuot Family Learning Program with Parents, followed by Shavuot Supper for Kids.**
- 6:30pm Mincha et Kabbalat Shabbat - Minyane Sépharade
- 6:45pm Mincha and Kabbalat Shabbat - Main Sanctuary
- 8:12pm Candle Lighting
- 8:30pm Shkiah

Day Two of Shavuot - Shabbat, May 27

- 8:00am Shacharit - Hashkama Minyan
- 9:00am Shacharit - Main Sanctuary and Minyane Sépharade
- 9:30am Kef Club Shavuot Programs for Kids
- 10:15am **Rabbi's Sermon and Yizkor Service**
- 4:00pm **Shiur for Women with Dr. Michelle Levine at the home of Brenda & Samuel Gewurz: *Redemption, Restoration and Royalty in the Book of Ruth***
- 7:15pm **Shiur with Rabbi Claman at TBDJ: *Lot vs. Ruth - The Fascinating Generational Connection That Led to King David***
- 8:00pm Mincha - Main Sanctuary and Minyane Sépharade
- 8:31pm Shkiah
- 9:15pm Maariv followed by Havdalah at 9:26pm
- 9:26pm Arvit - Minyane Sépharade

NEXT WEEK'S SCHEDULE

Mincha/Maariv: 8:15pm

Shacharit

Sunday: 8:00am / Monday and Thursday: 6:50am / Tuesday, Wednesday and Friday: 7:00am

COMMUNITY NEWS

Mazal Tov to **Amanda & David Ettedgui** and their family on the birth of a daughter on Wednesday, May 24. Sharing in their simcha are the baby's siblings Emma, Isaac and Jonathan, her grandparents Pam & Clifford Singer and Marilyn & Jacky Ettedgui, her great grandmother Arlene Singer, and many delighted aunts, uncles and cousins. Lovingly remembered at this time are, zichronam livracha, Amanda's grandparents Saul Singer and Esther & Sydney Fox and David's grandparents Esther & David Ettedgui and Katie & Louis Shapiro.

Condolences to **Gloria & Eli Chalupovitch** and their family on the loss of Gloria's beloved mother Wanda Walvkiewicz Batynski z"l who passed away on Monday, May 22. Funeral took place on Wednesday, May 24. Shiva has been observed.

Condolences to **Robert Kurlender & Alysa Langburt** and their family on the loss of Robert's beloved father Larry Kurlender z"l who passed away on Saturday, May 20. Funeral took place on Monday, May 22. Shiva has been observed.

Refu'a Shleima to **Michael Goodwin** - מאיר זלמן בן רחל

Refu'a Shleima to **Edward Sacher** - יהודה בן צביה

THANK YOU TO THE FOLLOWING SPONSORS

Our 5783 Shavuot Scholar-in-Residence is sponsored by The Gewurz Family Foundation Scholarship Fund.

Floral Arrangements for Shavuot are co-sponsored by **Mendy Dalfen**.

Floral Arrangements for Shavuot are co-sponsored by **Bonnie & Leo Grunstein** in memory of the members of the Stein and Grunstein families who were murdered in the Holocaust on Shavuot.

The *Junior Tikkun Leil Shavuot* on Friday, May 26 - Day One of Shavuot - is sponsored by **Hessa & Donald S. Davis** in honour of Rabbi Claman "with appreciation for all the great work he does for the TBDJ community."

Kiddush for the Hashkama Minyan on Shabbat is sponsored by **Frank & Cheryl Fried**, Rabbi Tuvia & Sari Fried, Roberta & Michael Levine and Ari & Naama Fried in honour of the 91st birthday of their beloved father and father-in-law Mair Fried.

Kiddush and Seudah Shleesheet for the Minyane Sépharade on Shabbat is sponsored by Wilma & Yossi Suissa in memory of Yossi's beloved mother Izza Edery Suissa z"l (Izza bat Saada v'Yair - 7 Sivan) and by Renee Benoualid in memory of Meir ben Esther z"l.

Seudah Shleesheet for the Main Sanctuary on Shabbat is sponsored by **Chaviva & Brian Smith** in memory of Brian's beloved parents Sadie Cohen Smith z"l (Sara bat Shimon Gedalia HaCohen - 23 Iyar) and David Smith z"l (Dovid ben Ephriam - 7 Sivan).

This Shavuot Bulletin is sponsored by **Carolyn & Arnold Steinman** in memory of their beloved parents Lottie & Jack Notkin z"l (Yocheved bat Yehuda Leib v'Menucha and Yochanan ben Yosef v'Chana) and Bella & Meyer Steinman z"l (Bayla bat Chaim v'Ita and Meir ben Moshe v'Chana).

Rabbi Claman's Sermon on Shabbat, May 27 is sponsored by **Michele & Brian Cale** in memory of Brian's beloved father Leon Cale z"l (Yehuda Arie ben Avraham v'Golda Sarah - 11 Sivan).

Thank you to the following TBDJ youth who are participating in Shavuot Services in the Main Sanctuary this year:

Diurei Torah on the First Day of Shavuot - Friday, May 26

Olivia Araz
Emma Portnoy
Rebecca Dahan

Chloe Ardman
Cecelia Yalousky
Ruby Cale

Chanting of Megillat Rut on the Second Day of Shavuot - Shabbat, May 27

Nadav Heymann
Naftali Steckler
Jacob Bybelezer
Jacob Meyers
Ari Hollander
Uri Greenfeld
Ariel Shostak
Daniel Bybelezer

Caleb Moss
Henry Harris
Tal Greenfeld
Eitan Greenfeld
Yoni Rossdeutscher
Noah Orzech
Eli Lieberman
Nadav Miller
Aaron Garber

Thank you to Rev. Amiel Bender for preparing this group of participants.

5783 / 2023

SHAVUOT PROGRAMS

TIKKUN LEIL SHAVUOT AT TBDJ

LEIL SHAVUOT - THURSDAY NIGHT - MAY 25

11:00PM

Rabbi Claman

Ed Sheeran V Marvin Gaye:
The Fascinating Debate of
Intellectual Property in Halacha

11:30PM

Dr. Michelle Levine

Into the Wilderness: The
Journey from Egypt to Har
Sinai - Lessons in Emunah

All-Night Learning Program continues at KTM

1:05AM - Dr. Michelle Levine: Moshe Rabbeinu at Ma'amad
Har Sinai - Ascending and Descending the Mountain

SCHOLAR IN RESIDENCE: DR. MICHELLE LEVINE

SHAVUOT DAY 1 - FRIDAY AFTERNOON - MAY 26

5:45PM

PUBLIC LECTURE
AT TBDJ

Zachor v'Shamor b'Dibbur Echad: The
Mitzvah of Shabbat, A Taste of Gan Eden

SHAVUOT DAY 2 - SHABBAT AFTERNOON - MAY 27

4:00PM

WOMEN'S LEARNING
AT HOME OF BRENDA & SAM GEWURZ
Redemption, Restoration,
and Royalty in the Book of Ruth

LEARNING WITH RABBI CLAMAN

SHAVUOT DAY 2 - SHABBAT AFTERNOON - MAY 27

7:15PM

Lot V Ruth: The Fascinating Generational
Connection that led to King David

BAILY ROAD DINER

12:00PM

SHAVUOT
DAY ONE

FRIDAY MAY 26

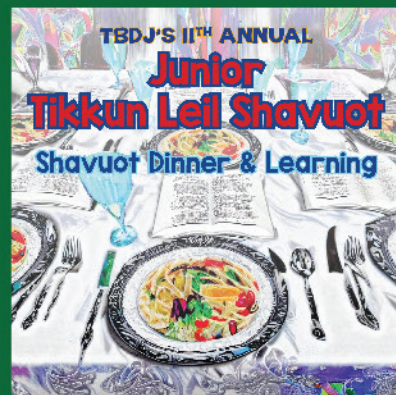


JUNIOR TIKKUN LEIL SHAVUOT

5:45PM

SHAVUOT
DAY ONE

FRIDAY MAY 26



5783 SHAVUOT SCHOLAR IN RESIDENCE



TBDJ WELCOMES **DR. MICHELLE LEVINE**

Associate Professor of Bible
Rebecca Ivry Dept. of Jewish Studies
Stern College for Women

**TIKUN LEIL SHAVUOT
THURSDAY NIGHT
MAY 25**

@ TBDJ 11:30PM

Into the Wilderness: The Journey
from Egypt to Har Sinai:
Lessons in Emunah

@ KTM 1:05AM

Moshe Rabbeinu at Ma'amad
Har Sinai: Ascending and
Descending the Mountain

**SHAVUOT DAY 1
FRIDAY AFTERNOON, MAY 26**

**PUBLIC LECTURE
@ TBDJ 5:45PM**

Zachor v'Shamor b'Dibbur Echad:
The Mitzvah of Shabbat,
A Taste of Gan Eden

**SHAVUOT DAY 2
SHABBAT AFTERNOON, MAY 27**

**WOMEN'S LEARNING
@ HOME OF BRENDA & SAM GEWURZ
4:00PM**

Redemption, Restoration,
and Royalty in the Book of Ruth

Sponsored by the Gewurz Family Foundation Scholarship Fund
for Montreal Jewish Day School Graduates

SHAVOUOTH

5783

JEUDI 25 MAI



Erouv tavchlin



20h10

20h15 Minha

20h50 Arvit yom tov

PROGRAMME DE LA KRAYA

11h30 à 1h00 : Tikoun partagé.

1h00 à 4h00 : Série de Shiourims

& programme des jeunes > 11 ans avec Jonathan Hazan.

4h15 : 1er Minyan Chaharit, Netz 5h13

VENDREDI 26 MAI & LECTURE DES 10 COMMANDEMENTS

9h : 2ème Minyan (heure limite Shéma 8h16)

17h30 Hazarot & Meguilat Ruth

18h30 Minha et Kabbalat shabath



shabath avant 20h11

SHABATH /YOM TOV 2EME JOUR 27 MAI

9h odou (Shema avant 8h16)

Kidoush offert par Mr Yossi Suissa leilouy nishmat Izza bat Saada z'l

20h Minha

Seouda shelishit offerte conjointement

par Mr Yossi Suissa leilouy nishmat Izza bat Saada z'l &

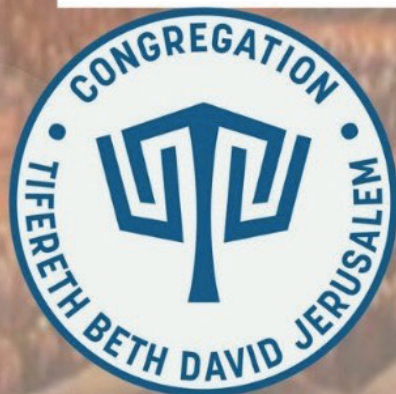
par Mme Renée Benoualid leilouy nishmat Meir ben Esther z'l



21h26
Arvit



suivi de birkat halevana



MINYAN SEPHARADE

ברוכים הבאים



ALL NIGHT SHAVUOT LEARNING

THURSDAY, MAY 25, 2023 - 11:45PM-7:30AM

ENTRANCE WILL BE FROM THE FRONT DOOR: 5700 KELLERT AVE

SEPHARDI BEIT MIDRASH

ROOM 052

STUDENTS ONLY/ART ROOM

12:15 PM
↓
1:00 AM

"WHEN WE MUST DRIVE ON SHABBAT"
Rabbi Michael Whitman

"I THINK THEREFORE I AM" THE TORAH'S
TAKE ON DESCARTES' STATEMENT OF CERTAINTY
Rabbi Moshe New

12:15 PM
↓
12:45 PM

DID YOU HEAR THE VOICE?
Rabbi Eliyahu Gateno

1:05 AM
↓
1:40 AM

MESIRAH: "MAY A JEW ASSIST IN
THE CRIMINAL PROSECUTION OF A JEW?"
Rabbi Reuben Poupko

MOSHE RABBENU AT MA'AMAD HAR SINAI:
ASCENDING AND DESCENDING THE MOUNTAIN
Dr Michelle Levine Prof. of Tanach at YU/Stern

12:50 AM
↓
1:20 AM

THE INNER DIMENSION OF SPORTS
Rabbi Eddie Shostak

1:45 AM
↓
2:25 AM

ED SHEERAN V MARVIN GAYE : THE
FASCINATING DEBATE OF INTELLECTUAL
PROPERTY IN HALACHA.
Rabbi Zolty Claman

IS SHAVUOT A DAY OF TESHUVAH?
Rabbi Eliyahu Gateno

1:25 AM
↓
2:00 AM

FROM AUSCHWITZ TO SINAI.
THE LIFE OF SHLOMO PIEPRZ.
Rabbi Avraham Swartz

2:05 AM
↓
2:35 AM

BIG QUESTIONS
Rabbi Daniel Salter

2:25 AM
↓
2:40 AM

הפסקה

2:35 AM
↓
2:45 AM

הפסקה

2:40 AM
↓
3:20 AM

CLARIFICATION OF THE HALACHA:
MOABITE AND NOT A MOABITESS
AMONITE AND NOT A AMONITESS
FROM THE MEGILLAH RUTH.
Rabbi Eitan Maazari

NO, REALLY, YOU MUST: UNDERSTANDING
OUR LOVE STORY WITH HASHEM AND TORAH
Rabbi David Wallach

2:45 AM
↓
3:15 AM

NOTHING LIES LIKE MEMORY:
THE COMPLICATED REALITY
OF OUR ZACHOR COMMITMENT
Ms. Eliana Rohr

3:25 AM
↓
4:10 AM

THE BEAUTIFUL STUBBORNNESS
OF THE JEW
Rabbi Eddie Shostak

THE CONSTANT JOURNEY FROM A TO B.
Rabbi Avraham Swartz

3:20 AM
↓
3:50 AM

HASHEM, THE LAND AND
THE PEOPLE - A RELATIONSHIP
KTM Bachurim

3:50 AM
↓
4:20 AM

HASHEM AND AM ISRAEL
PRESENT: - WELCOME TO
THE ENGAGEMENT PARTY!!
Dror Yechieli

4:20 AM: שחרית

INDIVIDUAL AND CHAVRUTA LEARNING WILL TAKE PLACE IN THE LIEBERMAN BEIT MIDRASH - LEARNING SESSIONS FOR HS STUDENTS IN THE LIEBERMAN BEIT MIDRASH



TBDJ welcomes back

Rav Eliyahu Gateno

Former Rosh Kollel of Kollel Torah MiTzion

Torah Learning

after Shacharit at 8:00am

on Sunday, May 28 at TBDJ



Sleeping In

Sleeping in...what a mechayeh! I accidentally slept in this past Tuesday morning. I actually woke up to my 5:10am alarm, but after resetting the alarm for a second wake-up call at 5:30, I forgot to turn on the alarm. I eventually woke up at 6:00 and had to rush through a faster and less relaxed start to the day. My job does not afford me the luxury of sleeping in and years of rising early to open the shul for the morning minyan have conditioned me to wake up early. My biological clock even tends to wake me early on Shabbat and holidays when davening starts later.

If there is one week where the idea of sleeping in has any significance, this is certainly the week. There is an interesting midrash which relates that Bnei Yisrael slept in on the morning of Matan Torah and had to be awakened for the event. Considering the obvious excitement that the nation had about receiving the Torah, which is recorded in the Torah itself, it seems strange that they would be sleeping in on the day the Torah was given. The Torah tells us about all the preparations, the warnings not to touch the mountain, and the Israelites' enthusiastic declaration that *everything Hashem tells us we will do.* (Shmot 19:8) Yet they slept in. The midrash states that *the sleep of Atzeret (Shavuot) is sweet, the night is short, and the insects don't bite.* It further relates that when Hashem arrived in the morning to give the Torah, He was dismayed, and proceeded to wake them.

Indeed, in Pirkei D'Rabbi Eliezer 41, we find the following words of Rabbi Hanina based on an *agad'dita* relating to Bnei Yisrael's sleeping in and the fact that Shavuot-time has a very short night: *In the third month - the month of the giving of the Torah - the day is double the night, and the Israelites slept through two hours of the day, as sleep on the feast of Shavuot is pleasant, as the night is short. And Moshe went forth and came to the camp of the Israelites, and he roused them from their sleep, saying to them: "Get up! Hashem desires to give you the Torah! Already the groom wishes to meet the bride and enter the marriage canopy (chuppah). The hour has come for giving you Torah!"*

This is one of the reasons for the custom of remaining awake and learning throughout the night of Shavuot - known as *Tikkun Leil Shavuot*. By learning Torah all night, we are rectifying our ancestors' act of sleeping in.

In a 2014 article entitled *Preparing for Matan Torah*, Reb Yoel Kahn puts a positive spin on the sleep of Bnei Yisrael on that fateful day in our history:

We must therefore conclude that the sleep was intended as a form of preparation for the Torah. Sleep is a process by which the soul partially departs from the body; it's said to be a sixtieth of death, and that's intended in a good way. Our souls are ordinarily confined within our bodies, no matter how refined those are; even the souls of צדיקים גמורים are restricted by their bodies while vested there. But "when we sleep, our soul rises to Heaven and draws life." There are numerous tales of sleeping צדיקים who absorbed Torah that would've otherwise demanded effort, because the soul is only capable of maximizing its potential once separated from the body.

And so, the Jews reckoned that the giving of the Torah, the fiftieth level - after rising forty-nine levels in holiness - was so sublime and beyond their reach, that the best preparation would be to sleep and enable the soul to be unfettered by the physical body, and thereby be ideally positioned for the experience of Matan Torah. Thus, their sleep was spiritually "sweet," and the night, representing darkness and concealment, was "short," since by the time the last night of sefirah arrived the only darkness left was what was inherent to their bodies. This exalted level of sleep explains why they remained unbitten by insects in defiance of nature. Had their sleep simply been a straightforward case of apathy and carelessness, then there'd be no basis for the insects miraculously not biting them, but this was a noble, "sweet" sleep, to the extent that it affected the creatures in their vicinity.

How do you not sleep in? Years ago, I saw a spiritual antidote written in a book called *Orot HaTehillim* which serves as a segula to awaken in the early morning. The idea is to say the following verse from Tehillim 57:9 three times:

עורה כבודי עורה הנבל וכינור אעירה שחר
Awaken, my honour; awaken [me], lyre and harp;
I will awaken the dawn.

and then three times backwards:

שחר אעירה וכינור הנבל עורה כבודי עורה

The author of *Orot HaTehillim* continues:

ואחר כך יאמר את השעה שהוא רוצה להתעורר
ואז יתעורר מאליו באותה שעה וזה בדוק ומנוסה

After reciting the verse, you say to yourself the time that you want to wake up and you say *Shma* and go to bed. According to this text, it is something that... works! I figured that I would try this out and Shavuot morning was the perfect time for this test. Years ago, I was up all-night learning with my high school boys and other Beth Ora congregants. Following a 4:30am shacharit minyan and a quick kiddush, I arrived home at 7:10am to catch a catnap before waking up to go back to shul for 10:00am to read the Torah and to set up and run a youth activity. Ensuring that my wife Cheryl would wake me up at 9:15am, I followed the instructions for the spiritual alarm clock, saying the magic verse from Tehillim forwards and backwards, following which I said to myself that I wanted to get up at 9:00am, fifteen minutes earlier than I told my wife, to see if I actually woke up on my own. It worked and when Cheryl came to wake me up that morning, she found me awake and ready to go. Since then, when needed, my spiritual alarm clock option has worked well for me, and I have woken up within ten minutes of my designated time at a very high frequency.

A pleasant and humorous memory of my mother z"l brings back a summer morning during my high school years. My mother was very disciplined about our getting up on time during the year and even when school was out. Rather than relying on alarm clocks, she made sure to wake us up. One summer morning upon waking me up, I asked her to wake me up in another fifteen minutes. Fifteen minutes later my mother came back and again I asked for another fifteen minutes. My mother returned and for a third time I asked for another fifteen minutes. She woke me up again. Not fifteen minutes later, but almost immediately with a glass of cold water poured over my head!

Covid-19 proved to challenge my waking practices. With the onset of the pandemic, at the first Seder of Pesach 2020, I filled the first of my four seder cups with wine. Cheryl commented that I usually use a lighter alcohol percentage for the first cup. I told her that tomorrow morning I don't have anywhere to wake up early to go to! Still, my biological clock woke me up on time for when services would have commenced and I went to what became my regular Covid-19 davening spot, at the top of the shul stairs outside the main doors. The truth is that sleeping in during the early Covid-19 days was a no-brainer. We didn't have the parking lot or tent minyanim yet and there was no morning zoom for prayers. Early morning Covid-19 prayers took place in the *Young Israel Of The Living Room*. For a week or so I set my alarm for 7:00am instead of my usual 5:10 wakeup call. It didn't work for me though because I was so used to davening early in the morning and it didn't feel right to me to change my davening times because the shul was closed. I quickly reverted to the early morning wakeup and davening at regular TBDJ Shacharit times.

Wishing you all a Chag Shavuot Sameach and a Shabbat Shalom,

Rev. Amiel

T B D J P R E S E N T S

WHAT?

What EVER HAPPENED TO?

TAKING A **NOSTALGIC LOOK** AT
PARTS OF JUDAISM THAT ARE
NO LONGER WHAT THEY USED TO BE
AND **UNDERSTANDING WHY**

**ALL CLASSES AT TBDJ - WITH RABBI CLAMAN
7:00PM FOLLOWED BY MINCHA/MAARIV**

**ON
AIR**



TUE. MAY 2

**KARAITE JEWS: THE IMPACT THEIR BREAKAWAY HAD
& WHERE ARE THEY NOW?**

TUE. MAY 16

**KSAV IVRI: WAS THE TORAH WE RECEIVED AT HAR SINAI
WRITTEN IN THE SAME BLOCK LETTERS WE HAVE TODAY?
IF NOT, WHY DID WE CHANGE?**

TUE. MAY 30

**THE BET-DIN OF YESTERYEAR: SAME OR DIFFERENT THAN
THE BET-DIN OF TODAY? WITH RAV EDERY**

TUE. JUNE 13

THE ARK: IF INDIANA JONES DIDN'T FIND IT - WHERE IS IT?

TUE. JUNE 27

**TCHEILET: THE GOOD 'OL BLUE FRINGE THAT THE GUY
NEXT TO YOU IN SHUL HAS ON HIS TALLIT - WHAT'S WITH THAT?**

DEDICATED IN MEMORY OF LUCY, MAIA AND RINA DEE HY"D

SERIES AND SESSION SPONSORSHIP OPPORTUNITIES AVAILABLE

LE MINYAN SÉPHARADE DE TBJ



VOUS INVITE À LA CONFÉRENCE DE RAV

RAV SHIMON GOBERT

MISER SUR DU VRAI !!



MERCREDI 7 JUIN

À 20 PM 🕒

📍 6519 CHEM. BAILY CSL

👤 PUBLIC MIXTE 👤

CONFÉRENCE SUIVIE D'ARVIT ET D'UNE COLLATION