

CONGREGATION TIFERETH BETH DAVID JERUSALEM

Shabbat Bulletin

כד ניסן התשפ"ג שבת פרשת שמיני Shabbat Parshat Sh'mini April 14 - 15, 2023 / 5783

Please print this bulletin before Shabbat.

Rabbi Zolly Claman Chazan Sheini Rev. Amiel Bender President Josh Orzech Executive Director Stephanie Nagus

6519 Baily Road, Côte Saint-Luc, Québec H4V 1A1 Canada • 514-489-3841 • www.TBDJ.org • stephanie@tbdj.org

SHABBAT SHALOM • שלום שלום

TBDJ Welcomes Special Guest Rabbi Elan Mazer, National Director of Mizrachi Canada Yom Hashoah is on the 27th of Nisan - Tuesday, April 18

Rosh Chodesh Iyar is on Friday, April 21 and Shabbat, April 22 / Molad is on Thursday, April 20 at 2:08pm and 13 chalakim

Shabbat Parshat Sh'mini

Haftara: Shmuel Bet 6:1 - 7:17

Friday, April 14

6:00pm Mincha and Kabbalat Shabbat -

Main Sanctuary

6:15pm Plag Hamincha

7:00pm Later Mincha and Kabbalat

Shabbat - Main Sanctuary

7:10pm Minha et Kabbalat Chabat -

Minyane Sépharade -Lower Level Chapel

7:21pm Candle Lighting

7:39pm Sh'kiah

Shabbat, April 15 / 24 Nisan

8:00am Shacharit - Hashkama Minyan 8:40am Parsha Shiur with Rabbi Claman 9:00am Shacharit - Main Sanctuary and

Minyane Sépharade

In the Main Sanctuary after Musaf: Va'yikra's Vision for the

Jewish State

with Rabbi Elan Mazer

9:32am Sof Zman K'riyat Shma 10:00am Kef Club Shabbat Programs

for Kids - Lower Level

7:05pm Minha, Seoudah Shleesheet

et Shiour - Minyane Sépharade

Mincha, Seudah Shleesheet

and Maariv - Main Sanctuary

7:41pm Sh'kiah 8:27pm Havdala

THANK YOU TO THE FOLLOWING SPONSORS

Kiddush for the Hashkama Minyan is sponsored by Barbara & Mair Fried and by **Cheryl & Frank Fried** in memory of Mair's beloved father, and Frank's beloved grandfather, Sam Fried z"l (Yisroel Moshe ben Yitzchak - 28 Nisan) and in memory of Mair and Frank's beloved aunt Pearl Deuitch z"l (Perel bat Yisroel Moshe - 24 Nisan) and in honour of Yakov Lev and the TBDJ staff with great appreciation for their hard work and kindness to the community over Pesach.

Rabbi Claman's Parsha Shiur on Shabbat Morning is sponsored by **Michaëlla & Guilad Krief** and their family in honour of their daughter **Raphaëlla Etienne-Krief** "who will be performing at the Yom Hashoah Commemoration at the National Holocaust Monument in Ottawa on April 18 at 11:00am - with our best wishes for a Hatzlacha Raba."

This Shabbat Bulletin is sponsored by **Laura & George Korman** and **Ann & Aron Korman** in memory of George and Aron's beloved father Yekutiel Zev Korman z"l (Yekutiel ben Yankl Moshe - 25 Nisan).

תודה רבה וכל כבוד!!!

Thank you to Rabbi Claman, Rev. Bender, the TBDJ Chesed Committee, Yakov Lev and all the TBDJ Staff, and all other TBDJ members who made extraordinary efforts to assist our community during the first days of Pesach after the power went out. A special and heartfelt "Kol Hakavod" to those who shared food, welcomed additional guests into their homes and who worked to offer a comfortable place for over 80 people to celebrate the seders right here at 6519 Baily Road!

NEXT WEEK'S SCHEDULE

Mincha / Maariv: 7:25pm (at 6:40pm on Monday, April 17)

Shacharit

7:15pm

Sunday: 8:00am

Monday and Thursday: 6:50am Tuesday and Wednesday: 7:00am Friday (Rosh Chodesh): 6:45am

Friday, April 21

Mincha - Main Sanctuary: 6:05pm & 7:00pm

Plag Hamincha: 6:22pm

Minha - Minyane Sépharade: 19h25 Candle Lighting is at 7:30pm

Tifereth Beth David Jerusalem extends a heartfelt *Thank You and Yishar Koach* to our Youth Shabbat Participants!

Gavi Aspler Reuven Drazin Sam Drazin Henry Harris Ari Hollander Ari Kohl Jacob Meyers Nadav Miller Aron Widman Yanek Widman Jonah Yalovsky

A SHABBAT MESSAGE FROM REVEREND AMIEL BENDER

Encountering the "Red Seas" of Yesterday and Today

The splitting of the Red Sea - a glorious moment in history and an epic moment for the ages - was proclaimed by not only the leaders of the nations at the time it happened, but also by sages and historians throughout the centuries which followed.

Rabbi Yissocher Frand wrote about what Yitro, Moshe Rabeinu's father-in-law, heard upon our miraculous exodus from Egypt: *And Yitro heard...* (Shemot 18:1) This alludes to the Talmudic explanation (Zevachim 116a) that Yitro heard about the events of the splitting of the sea and the war with Amalek, prompting him to come to join with Moshe and Bnei Yisrael. We know that *nations heard about it and trembled; fear gripped those who lived in Plashes* (Shemos 15:14). Everyone had heard about the events surrounding the Jews' exodus from Egypt. Everyone heard about the miraculous splitting of the Red Sea

It was a Hollywood moment for the ages, and the 1956 movie *The Ten Commandments* portrays the scene of the ultimate miracle at the sea in an incredible manner, with drama, resplendent in cinematic colour. Though the movie was filmed bereft of rich Torah commentaries and midrashim that would have added authenticity to the scene of the splitting of the sea, watching the event unfold on-screen is still an awe-inspiring movie-viewing experience. It was indeed a challenging moment for Moshe Rabeinu, and maybe a sign of what was to come in dealing with the needs of our people, as the older leader led our young Jewish nation away from Egypt under the banner of Hashem's strong hand - חזקה די.

We are familiar with the scenario at the sea where Bnei Yisrael had the sea in front of them and the Egyptians behind them. With no-where to go, panic set in and Moshe speaks words of encouragement: Moshe said to the people: "Fear not; stand by and see the salvation of Hashem which He will show you today. For as you have seen Egypt this day, you shall not see them again, forever. Hashem shall fight for you, and you shall be silent." Hashem said to Moshe: "Why do you cry out to Me? Speak to the children of Israel, that they should go forward." (Shmot 14:13–15)

The Midrash teaches that our ancestors formed four groups: There were those who said *let us throw ourselves into the sea*. A second group said *let us return to Egypt*. A third faction argued *let us wage war upon the Egyptians*. Finally, a fourth camp advocated *let us pray to Hashem*.

Moshe takes the mantel of leadership, and he rejects all options. His encouraging words are the response to the four different groups. Fear

not, stand by and see the salvation of Hashem is Moshe's response to those who had despaired of overcoming the Egyptian threat and wanted to plunge into the sea. As you have seen Egypt this day, you shall not see them again is addressed to those who advocated surrender and return to Egypt. Hashem shall fight for you is the answer to those who wished to battle the Egyptians. You shall be silent is Moshe's rejection of those who said: "This is all beyond us. All we can do is pray."

The Lubavitcher rebbe teaches about the four groups. Different people have different reactions. One person embarks upon a quixotic crusade to change the world. A second gives up the world for lost, and retreats into whatever protective walls he can erect around himself and his loved ones. A third takes a pragmatic approach, accepting the world for what it is and doing his best under the circumstances. A fourth recognizes his inability to deal with the situation and looks to a higher power for guidance and aid.

We are approaching Yom Hashoah, our annual memorial day for the *Martyrs of the Holocaust*, which almost immediately follows the last days of Pesach. A somber mood sets in which contrasts the celebration of the miracle at the sea and an elegy comes to mind which is recited on Tisha B'Av. The elegy commemorates the joy of leaving Egypt and contrasts that joy to the pain of leaving Jerusalem at the time of the destruction of the Beit Hamikdash.

There are contemporary contrasts which come to mind as we remember the קדושים - the Holy Souls - who were murdered, who gave their lives to sanctify Hashem's Holy Name. While our ancestor's crossed the Red Sea, our Holocaust martyrs and survivors negotiated seas of blood, seas that were red in a staggering and horrendous way. At the crossing of the Red Sea, four different groups surfaced among our ancestors. Similarly, many groups formed to negotiate the *Red Seas* of the Holocaust, among them partisans and fighters, religious resistance and more. Yes, there were many miracles during the years of the Holocaust, but there was an over-abundance of murder, terror, pain, and sorrow. As I think and write these thoughts, I find that the pain of the Holocaust is real, today more than ever.

As these words are written, terror has again struck our people in Israel. As we celebrated the redemption from Egypt, and as we remember our martyrs who were brutally murdered during the Holocaust and in this past week, let us pray for the ultimate redemption - the Geula - speedily in our time.

Shabbat Shalom,

Rev. Amiel





For more information, including details about bus transportation, go to https://israelcelebration.ca.



5TH ANNUAL JEWISH COMMUNITY MENTAL HEALTH AWARENESS SHABBAT

MENTAL HEALTH SYMPOSIUM

Reconnecting With What Matters: How Investing In Our Relationships Helps Us Thrive

Thursday May 4, 2023 | 7:30-9:00PM EST

Congregation Tifereth Beth David Jerusalem 6519 Baily Road, Côte Saint-Luc, QC H4V 1A1

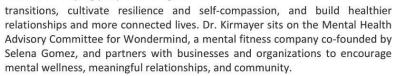
Livestream at: mentalhealth.tbdj.org

Featuring a panel of local speakers

- Dr. Rachel Goodman, Moderator Co-Chair, Mental Health Shabbat 2023
- Rabbi Zolly Claman
 Rabbi, Congregation Tifereth Beth David Jerusalem
- Allan Ptack, M.S.W., M.Mgmt Social Worker, Psychotherapist, COO Agence Ometz
- Connie DiNardo
 AMI-Quebec

Keynote Speaker: Dr. Miriam Kirmayer

Dr. Miriam Kirmayer is a clinical psychologist and leading friendship expert who has studied the science of connection for over a decade. Her work focuses on helping people to navigate life

























In support of CMHA Mental Health Week, join us for a special virtual event

5TH ANNUAL JEWISH COMMUNITY MENTAL HEALTH AWARENESS SHABBAT

TEEN MENTAL HEALTH WORKSHOP

Keynote Speaker:

Dr. Miriam Kirmayer

Dr. Miriam Kirmayer is a clinical psychologist and leading friendship expert who has studied the science of connection for over a decade. Her work focuses on

helping people to navigate life transitions, cultivate resilience and self-compassion, and build healthier relationships and more connected lives. Dr. Kirmayer sits on the Mental Health Advisory Committee for Wondermind, a mental fitness company co-founded by Selena Gomez, and partners with businesses and organizations to encourage mental wellness, meaningful relationships, and community.



Stay Connected: The Power of Authentic Friendships

FRI | MAY | 5 10AM EST

Join the livestream at: mentalhealth.tbdj.org

* This event is designed for High School students

























A full list of participating schools will be displayed on our website.

In conjunction with the Orthodox Union's Mental Health Awareness Month

