

# Shabbat Bulletin

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## SHABBAT SHALOM • שבת שלום

### Shabbat Parshat Yitro

*Haftara: Yeshayahu 6:1-7:6 and 9:5-9:6*

#### Friday, February 10

- 4:45pm Minha et Kabbalat Chabat -  
Minyane Sépharade -  
Lower Level Chapel
- 4:56pm Candle Lighting
- 5:00pm Mincha, Kabbalat Shabbat  
and Maariv - Main Sanctuary
- 5:14pm Sh'kiah

#### Shabbat, February 11 / 20 Shvat

- 8:00am Shacharit - Hashkama Minyan
- 8:40am Parsha Shiur with Rabbi Claman
- 9:00am Shacharit - Main Sanctuary and  
Minyane Sépharade
- 9:36am Sof Zman Kriyat Sh'ma
- 10:00am Kef Club Shabbat Programs  
for Kids - Lower Level
- 4:30pm Minha, Seoudah Shleesheet  
et Arvit - Minyane Sépharade
- 4:40pm Mincha, Seoudah Shleesheet  
and Maariv - Main Sanctuary
- 5:16pm Sh'kiah
- 6:01pm Havdala
- 6:20pm Daf Yomi

### COMMUNITY NEWS

Mazal Tov to **Adrianne & Shlomo Drazin, Malca & Louis Drazin** and Debra & David Segal and their families on the occasion of their son and grandson Ilan chanting Parshat Yitro for the first time at TBDJ on the second anniversary of his Bar Mitzvah. Sharing in their simcha are Ilan's siblings Mia, Meir, Azi and Raquel and many delighted aunts, uncles and cousins.

Mazal Tov to **Judi & David Grunbaum** and their family on the occasion of their grandson Asher becoming a Bar Mitzvah on Monday, February 13. Proud parents are Dayna & Ami Grunbaum. Sharing in their simcha are Asher's siblings Jagger and Grayson, his maternal grandparents Vivian & Robert Lapkovsky, and many delighted aunts, uncles and cousins.

Mazal Tov to **Dina & Daniel Lieberman, Renee & Martin Lieberman** and **Susan Lieberman** and their families on the birth of daughter, granddaughter and great-granddaughter Zoe Rose (Shifra Reizl) Lieberman on Sunday, February 5. Sharing in their simcha are Zoe's siblings Max, Emily, Charlie and Jack, his maternal grandparents Shira & Leslie Westreich of New York City and many delighted aunts, uncles and cousins.

Condolences to **Stella & Robert Barcessat** and their family on the loss of Stella's beloved brother Boris Srebrnik z"l who passed away on Shabbat, February 4 in Miami, Florida. Funeral and burial was held on Wednesday, February 8 in Montreal. Shiva continues until the evening of Monday, February 13 in Suite 2208 at Hotel Le Westin, 270 St. Antoine West, Montreal H2Y 0A3; 1:00pm-3:00pm and 7:00pm-9:00pm.

Refu'a Shleima to **Michael Goodwin** - מאיר זלמן בן רחל

### THANK YOU TO THE FOLLOWING SPONSORS

Kef Club's *Kids' Kiddush* on Shabbat is sponsored by **Adrianne & Shlomo Drazin** in honour of their son Ilan chanting Parshat Yitro at TBDJ for the first time on the second anniversary of his Bar Mitzvah, and "in honour of Dr. Shimshon Hamerman with our sincerest gratitude for his assistance in preparing Ilan for his Bar Mitzvah."

Rabbi Claman's Parsha Shiur on Shabbat Morning is sponsored by **Eileen & Imre Erdos** and their family in memory of Imre's beloved father Zoltan Erdos z"l (Shlomo Zalman ben Yisrael v'Amalia - 18 Shvat).

This Shabbat Bulletin is sponsored by **Sharon & Robert Hecht** and their family in memory of Sharon's beloved mother Naomi Goodin Karpman z"l (Nechama bat Pinchas v'Dina - 20 Shvat).

Kiddush in the Main Sanctuary on Shabbat is sponsored by **Judi & David Grunbaum** in honour of their grandson Asher becoming a Bar Mitzvah on Monday, February 13.

Kiddush in Minyane Sépharade on Shabbat is sponsored by **Ofira & Nino Saad** and **Karine & Laurent Tordjman** and their families in memory of Ofira and Karine's beloved mother Yardena Parienti z"l (Yardena bat Liliane - 24 Shvat).

Kiddush in the Hashkama Minyan on Shabbat is sponsored by **Susan & Ron Schondorf** and their family in memory of Susan's beloved father Lester Leonard Fox z"l (Eliezer Aryeh ben Baruch v'Bessie - 23 Shvat).

Breakfast on Thursday, February 9 was sponsored by **Suzanne & Mark Gans** in memory of Mark's beloved father Nathan Gans z"l (Nosn Nottah ben Avraham v'Masha - 19 Shvat).

Breakfast on Tuesday, February 14 is sponsored by **Roslyn & David Guttman** in memory of David's beloved mother Zelda Schwartz Guttman z"l (Zelda bat HaRav Ephraim v'Rivka - 22 Shvat).

Rabbi Claman's Lunch & Learn Program on Wednesday, February 15 is sponsored by **Shirley & David Shapiro** in memory of Shirley's beloved father Adolf Egett z"l (Yitzhak Isaac ben Yehuda Aryeh - 24 Shvat).

A special *Toda Raba* from the entire TBDJ Community to Yakov Lev, Yair Meyers and the Chesed Committee for their leadership and support of this week's successful *Second Annual Héma-Québec Blood Drive* at TBDJ.

### NEXT WEEK'S SCHEDULE

**Mincha/Maariv:** 5:00pm

#### Shacharit

Sunday: 8:00am

Monday and Thursday: 6:50am

Tuesday, Wednesday and Friday: 7:00am

#### Friday, February 17

Minha - Minyane Sépharade: 16h55

Mincha - Main Sanctuary: 5:10pm

Candle Lighting is at 5:06pm

For our full schedule, go to [tbdj.org/calendar](http://tbdj.org/calendar).



# Kef Club

## Yitro

February 11th  
20 Shvat

**Grades 1-6:**

10:00 - Games  
10:30 - Tefilla  
10:40- Parsha questions  
(register here to get the questions)  
10:50 - Tu Bishvat activity!  
11:20 - Kef club kiddush.



**Nursery:**

10:00 - free play  
10:50 - songs and tefilla  
with madrichot  
11:10 - Story time  
11:30- Kef club kiddush

**Earn your  
Shabbos Shekels  
and get prizes!**







HOSTS



# *A Night at the Museum*

TBDJ INVITES YOU TO AN EVENING OF ART & MASQUERADE.  
EXPLORE NEW ARTISTS, EAT AND DRINK IN GOOD COMPANY,  
AND WELCOME THE ARRIVAL OF PURIM

**MARCH 2, 2023 | 7 PM**  
**SALON RICHMOND**

\$180 PER PERSON  
\$150 EARLY BIRD UNTIL FEB 15

COCKTAIL DÎNATOIRE, OPEN BAR, LIVE MUSIC, ART EXHIBIT &  
VALET PARKING INCLUDED

[www.tbdj.org/artgala](http://www.tbdj.org/artgala)



TORAH תורה  
מציון MITZION  
KTM MONTREAL



JNF  
CANADA  
BUILDING ISRAEL TOGETHER



EN ASSOCIATION AVEC • IN ASSOCIATION WITH

Agents de Liaison  
PJ Library  
Parent Connectors

ונטעתם כל עץ מאכל  
**SPRING  
GARDENING  
EVENT**

Sunday March 19, 2023  
10:00am at TBDJ



## A Special "Hands-On" Program

Led by the *Backyard Planting Montreal* group  
with special remarks from Rabbi Zolly Claman & Rav Eitan Maazari

Learn the basics of planting... compare the different seeds for different plants...  
gain an appreciation for the beauty of dirt... and start your own mini garden!

**LOCATION: CONGREGATION TBDJ, 6519 BAILY RD, COTE ST-LUC**

**REGISTER AT: [TBDJ.ORG/PLANTING](https://tbdj.org/planting)**

ALL PROCEEDS WILL BE  
DIRECTED TOWARDS JNF

If you have any questions, please  
email [mtlgardening@gmail.com](mailto:mtlgardening@gmail.com)

- \$15 PER KIT - INCLUDES GARDEN POT, SOIL, BASIL SEEDS... PLUS 1 SEED TYPE OF YOUR CHOICE: PEPPERS, TOMATOES, PEA/BEAN, MARIGOLD, OR EGGPLANT
- \$65 PER SUPER KIT WHICH INCLUDES ALL SEED TYPES!

**DEADLINE: FRIDAY MARCH 10**





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# Programming

התשפ"ג



TBDJ invites all families and teens to come and learn how to perform Cardiopulmonary Resuscitation (CPR) on

**SUNDAY, MARCH 19 at TBDJ**

**2:00PM-5:00PM**

**\$50 per person**

**Register before Thursday, March 9**  
**at [tbdj.org/CPR](http://tbdj.org/CPR)**



*Course given in English by Claude Scherrer and his professional team from CardioScience. Go to [www.cardioscience.ca](http://www.cardioscience.ca) for more information.*

*For adults and teens over 11 years old  
who are physically able to perform cardio massage.  
Those over 14 years old who pass the course  
will receive an official CPR certificate.*

LE COURS CARDIO-SECOURS RCR ET DEA  
ABORDE LES THÈMES SUIVANTS:

COMMENT LA RCR DE HAUTE QUALITÉ  
AMÉLIORE LA SURVIE

LES CONCEPTS DE LA CHAÎNE DE SURVIE

RECONNAÎTRE LES SITUATIONS OÙ LA RCR EST  
NÉCESSAIRE

LA RCR CHEZ L'ADULTE ET UTILIZATION D'UN DEA

LES SECOURS AUX VICTIMS D'ÉTOUFFEMENT  
(ADULTES)

THE HEARTSAVER  
CPR AED COURSE COVERS:

HOW HIGH-QUALITY CPR IMPROVES SURVIVAL

THE CONCEPTS OF THE "CHAIN OF SURVIVAL"

RECOGNIZING WHEN SOMEONE NEEDS CPR

ADULT CPR AND THE USE OF AN  
AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

HOW TO HELP AN ADULT WHO IS CHOKING

## Advice from the In-Laws

**וישמע משה לקול חתנו ויעש כל אשר אמר  
Moshe heeded the voice of his father-in-law,  
and did everything that he had said;**

(Shmot 18:24)

Seriously? Moshe Rabeinu listened to his father-in-law, Yitro, and did everything that he said? Absolutely everything? Sort of makes you reflect on the degree to which we listen or listened to our in-laws... We often hear about challenging in-law relationships. I will try not to get myself in trouble here...

Way back in 1988 BC - before children – Cheryl and I were driving up to the Golan Heights to spend the holiday of Shavuot with my in-laws. Cheryl had completed a night shift at the Beilinson hospital in Petach Tikvah and I was after a night shift in the IDF. We were both, you could say, a little tired and we got a late start for our two-and-a-half-hour ride up north in our little Italian 1981 Autobianchi, a cute little car which could do a U-turn in a hallway closet. It was later in the afternoon and the holiday was quickly approaching. Our little car faithfully chugged its way up north but encountered some problems as it negotiated climbing the steep - at least for our car - Golan Heights mountains.

At a certain point, on an incline, I pulled over to the side of the road and I turned off the engine. Bad move... the car wouldn't re-start. Good news - my father-in-law was a mechanic. Bad news - this was 1988 and there were no cell phones yet. The only way to reach my father-in-law - whose home was about a half an hour away - was to flag down a passing car and ask the driver to call him to rush over to us to give us a boost or to give us a ride to their house before the holiday and fix the car after yomtov. Cheryl and I got out of the car and got lucky as almost immediately a passing car stopped for us. I hurriedly asked him. *Do you know Yitzchak the mechanic from Moshav Nov?* He smiled as he answered: *Everyone knows Yitzchak!*

Cutting short the potential for a long conversation which we didn't have the time for, we asked the gentleman to please call my father-in-law the minute he got home and to please send him to help us. The minutes ticked away, but my father-in-law made it in time to give us a boost and get us home in time for the holiday. His opening words as he got out of the car and reminisced the words that he shared with me when I purchased the car: *Amiel, I told you that I don't like these small cars...* No, I did not listen to my father-in-law on that occasion of the car purchase ...

Back to Moshe? Remember him? Moshe was the 80-year-old who was living the quiet semi-retired life in sunny Midian, shepherding his father-in-law's flocks. That is, until his encounter with the burning bush and the launching of his new career as the leader and CEO of the chosen Jewish nation.

At the beginning of our Torah portion, we read about Yitro's visit with Moshe, Aharon and the nation's Elders. The Jewish people have just miraculously crossed the Red Sea and the young Jewish nation is getting down to business. The Torah tells us that the following scene happens on the *next day when Moshe sat to judge the people*. Commentary teaches that the *next day* was the day after Yom Kippur. Rashi indicates that the people came for judgement on the day after Yom Kippur, a day when the Jews forgive each other and join as a single nation. Rabbi Yosef Dov Soloveitchik Z"L taught that the people came to Moshe for judgement as a continuation of the spirit of the day of judgement, Yom Kippur, out of a desire to continue the day's spirit of unity.

The Torah informs us that Moshe was a rather busy older man who commenced his leadership by singlehandedly catering to the judicial needs of the young nation and teaching them Hashem's laws, teaching them Torah. Sforno teaches that the order of Moshe's priorities was the reason that so many people needed to wait so long for him to administer justice. Moshe first responded to questions from the leaders regarding the public welfare to seek Hashem. Then he ruled on the disputes of the leaders themselves, teaching them the application of the laws so that they would be able to, in turn, guide the people. Finally, he would turn to the needs of the general population and consequently ordinary people would be forced to wait in line. The verse continues: *and the people stood by Moshe from the morning till the evening* (Shmot 18:13).

It is at this point that Moshe's visiting and esteemed father-in-law Yitro observes Moshe's judgement sessions and offers his advice. He helps Moshe realize that maybe, just maybe, he has too much responsibility on his hands. The Torah tells us that Moshe's father-in-law cautions him:

*When Moshe's father-in-law saw what he was doing to the people, he said, "What is this thing that you are doing to the people? Why do you sit by yourself, while all the people stand before you from morning till evening?"*

*Moses said to his father-in-law, "For the people come to me to seek G-d. If any of them has a case, he comes to me, and I judge between a man and his neighbor, and I make known the statutes of G-d and His teachings." Moses' father-in-law said to him, "The thing you are doing is not good. You will surely wear yourself out both you and these people who are with you for the matter is too heavy for you; you cannot do it alone."*

(Shmot 18:14-18)

*continued.....*

Looking deeper into Yitro's words, we may understand that it was not only that Moshe had to judge alone. Yitro is saying that *It is a burden on the people as well making them wait for another to be judged.*

According to Rabbi Bechaye, Moshe replies that aside from judgements, many people come to him for prayers, for healing. Yitro answers: *Pray for the Jews, teach them Torah — but you cannot judge them all by yourself. You must choose other wise men from among the Jews to sit as judges.*

Yitro then offers his advice —

*Now listen to me. I will advise you, and may the Lord be with you. [You] represent the people before G-d, and you shall bring the matters to G-d. And you shall admonish them concerning the statutes and the teachings, and you shall make known to them the way they shall go and the deed[s] they shall do.*

*But you shall choose out of the entire nation men of substance, G-d fearers, men of truth, who hate monetary gain, and you shall appoint over them [Israel] leaders over thousands, leaders over hundreds, leaders over fifties, and leaders over tens. And they shall judge the people at all times, and it shall be that any major matter they shall bring to you, and they themselves shall judge every minor matter, thereby making it easier for you, and they shall bear [the burden] with you. If you do this thing, and the Lord commands you, you will be able to survive, and also, all this people will come upon their place in peace."*

(Shmot 18:19-23)

Moshe's reply? *Moshe obeyed his father-in-law, and he did all that he said* (Shmot 18:24). Moshe accepts Yitro's advice and institutes, with G-d's blessing, the leadership and judicial system of our faith.

Rabbi Jay Kelman writes that *Moshe Rabeinu, serving as a role model for us, not only displayed respect and affection for his father-in-law, he valued his advice and his presence amongst the Jewish people.*

Rabbi Tzvi Nightingale writes about the positive relationship of Moshe and his father-in-law:

*Moshe had the proper sense of gratitude to Yitro, not only for creating the woman whom he married but also in recognition of the fact that it was Yitro who took him in when he was a fugitive from Egypt. Moshe never forgot that it was Yitro who saw his true character and qualities and believed in him to the point of allowing him to marry his daughter and live alongside him for many years until G-d called upon him at the Burning Bush to do his important mission.*

*It is thus fully appropriate and by design that the parsha that gives us the most vital and central laws of humanity that are contained within the Ten Commandments, should begin with an emphasis on the essential trait of gratitude that Moshe displayed for his father-in-law. As high as Moshe rose and as important as he became, he always held onto the awareness that he would be nothing without the efforts of Yitro. And thus, we are reminded, over and over and over and over again — through the constant repetition of Yitro being Moshe's father-in-law — that Moshe could never have become the greatest figure in world history without Yitro.*

Objectivity speaking, at Moshe's advanced age and with so much work at hand, he was in a situation where his father-in-law's advice was exactly what he needed. Moshe proceeded to apply his father-in-law's plan, and the rest is history...

I will conclude with a father-in-law joke...

A young man gets married and his father-in-law, a store owner, takes him in as a business partner. The gentleman returns from his honeymoon and asks his father-in-law what he will be doing in the store. The father-in-law answers that there are two choices: *You work in the front, and I work in the back, or you work in the back, and I work in the front.* The young man chooses to work in the front of the store.

The gentlemen try this arrangement for six months, after which the young man informs his wife's father that he doesn't like the working arrangement. I want to work in the back, and you work in the front! He tells his father-in-law. Another six months go by, and the young man is still unhappy. This isn't working he tells his father-in-law. *Well what do you want me to do?* the older man asks him. The young man smiled: *I want you to buy me out...*

Shabbat Shalom,

*Rev. Amiel*





# Winter in Kef club! (January-February)

Parashat Va'era  
January 21st

10 Plague  
Pick-A-Box



Parashat Bo  
January 28th



Escape From Egypt!

Parashat Beshalach  
February 4th



Tu Bishvat Bingo

Parashat Yitro  
February 11th



10 commandment  
Game!

\*Kef Club rooms will be open from 10 am