

CONGREGATION TIFERETH BETH DAVID JERUSALEM

Shabbat Bulletin

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שבת שלום וחג שמח!

TBDJ Welcomes Scholar-in-Residence Ari Sacher

Tu B'Shvat is on Monday, February 6

Shabbat Shira

Shabbat Parshat B'shalach

Haftara: Shoftim 4:4 - 5:31

Friday, February 3

- 4:35pm Minha et Kabbalat Chabat -
Minyane Sépharade -
Lower Level Chapel
- 4:46pm Candle Lighting
- 4:50pm Mincha, Kabbalat Shabbat
and Maariv - Main Sanctuary
- 5:04pm Sh'kiah

Shabbat, February 4 / 13 Shvat

- 8:00am Shacharit - Hashkama Minyan
- 8:40am Parsha Shiur with Rabbi Claman
- 9:00am Shacharit - Main Sanctuary and
Minyane Sépharade
- 9:41am Sof Zman Kriyat Sh'ma
- 10:00am Kef Club Shabbat Programs
for Kids - Lower Level

Sermon in Main Sanctuary:

**The Best Offense is a Good Defense
with Scholar-in-Residence Ari Sacher**

- 4:30pm Minha, Seoudah Shleesheet
et Arvit - Minyane Sépharade
- 4:40pm Mincha, Seoudah Shleesheet
and Maariv - Main Sanctuary
- 5:06pm Sh'kiah
- 5:52pm Havdala
- 6:10pm Daf Yomi
- 7:30pm The Miracle of the Iron Dome
with Scholar-in-Residence
Ari Sacher**

COMMUNITY NEWS

Mazal Tov to **Leah & Jeremie Lasry** and their families on the birth of their daughter Olivia Chava on Tuesday, January 31. Sharing in their simcha are Olivia's big brother Nadav Moshe, her grandparents Hana & Ernie Lipkowitz and Marcelle & Sylvain Lasry and many delighted aunts, uncles and cousins.

Mazal Tov to **Joseph Salem** and his family on the birth of a great-grandson on Thursday, February 2 in New York City. Proud first-time parents are Leora & Josh Stern. Sharing in their simcha are grandparents Amanda & David Eisenstat and many delighted aunts, uncles and cousins.

Condolences to **Lionel & Karen Dubrofsky** and to **Tami Dubrofsky & Sue Buddo** and their families on the loss of their beloved father and father-in-law TBDJ Member **Reuben Dubrofsky z"l** who passed away on Monday, January 30. Beloved husband of the late **Frances Caplan Dubrofsky z"l**. Funeral took place on Tuesday, January 31. Shiva continues at his home until Monday, February 6; Shacharit at 7:00am and Mincha/Maariv at 4:30pm; face masks required at the shiva.

Refu'a Shleima to **Michael Goodwin** - מאיר זלמן בן רחל -

THANK YOU TO THE FOLLOWING SPONSORS

Kiddush in the Hashkama Minyan is sponsored by **Cheryl & Frank Fried** and their family in memory of Cheryl's beloved mother Roslyn Goodman Morton z"l (Raizel bat Shmerl - 17 Shvat) and in memory of Frank's beloved grandmother Reva Gesser z"l (Reva bat Avraham - 19 Shvat).

This Shabbat Bulletin is sponsored by **Rosaleen & David Hutman** and their family in memory of Rosaleen's beloved father David Rinzler z"l (David ben Chaim v'Shoshana - 17 Shvat).

SHABBAT PARSHAT BESHALACH
FEBRUARY 4

ARI SACHER

SHABBAT MORNING:

"The Best Offense is a Good Defense"

MOTZEI SHABBAT:

"The Miracle of the Iron Dome"



Second Annual Héma Québec Blood Drive at TBDJ

MONDAY, FEBRUARY 6, 1:30pm to 7:30pm

For details, see flyer on Page Four of this bulletin.

NEXT WEEK'S SCHEDULE

Mincha/Maariv: 4:50pm

Shacharit

Sunday: 8:00am / Monday and Thursday: 6:50am / Tuesday, Wednesday and Friday: 7:00am

Friday, February 10

Mincha - Minyane Sépharade: 16h45 / Mincha - Main Sanctuary: 5:00pm

Candle Lighting is at 4:56pm





Kef Club

Beshalach

February 4th
13 Shvat

Grades 1-6:



10:00 - Games
10:40 - Tefilla
11:00- Parsha questions
(register here to get the questions)
11:10 - Tu Bishvat BINGO
11:30 - Kef club kiddush.



Nursery:

10:00 - free play
10:50 - songs and tefilla
with madrichot
11:10 - Story time
11:30- Kef club kiddush

**Earn your
Shabbos Shekels
and get prizes!**





F 2
E 0
B 2
4 3

PARSHAT
BESHALACH

TBDJ
WELCOMES

Ari Sacher

Rocket Scientist,
Land and Naval Warfare Division
Rafael Advanced Defense Systems



SHABBAT MORNING, FEBRUARY 4:
"The Best Offense is a Good Defense"

MOTZEI SHABBAT, 7:30PM:
"The Miracle of the Iron Dome"

Ari Sacher is a Rocket Scientist, and has worked in the design and development of missiles for over thirty years. He has briefed hundreds of US lawmakers on Israeli Missile Defense and Israeli-US Defense collaboration, including three briefings on Capitol Hill at the invitation of the House Majority Leader and the Israeli Ambassador to the U.S.



COLLECTE DE SANG

BLOOD DRIVE



HÉMA-QUÉBEC

2nd Annual TBDJ Blood Drive Give from the Heart

En collaboration avec
In collaboration with



Lundi 6 février - 13h30 à 19h30

Monday, February 6 - 1:30 p.m. to 7:30 p.m.

SUR RENDEZ-VOUS | BY APPOINTMENT

**CONGRÉGATION TIFERETH
BETH DAVID JÉRUSALEM**
6519, chemin Baily, Côte Saint-Luc



Prenez rendez-vous dès aujourd'hui !

→ hema-quebec.qc.ca

→ 1 800 343-7264

Visit our website or call us to book an appointment.





HOSTS



A Night at the Museum

TBDJ INVITES YOU TO AN EVENING OF ART & MASQUERADE.
EXPLORE NEW ARTISTS, EAT AND DRINK IN GOOD COMPANY,
AND WELCOME THE ARRIVAL OF PURIM

MARCH 2, 2023 | 7 PM
SALON RICHMOND

\$180 PER PERSON
\$150 EARLY BIRD UNTIL FEB 15

COCKTAIL DÎNATOIRE, OPEN BAR, LIVE MUSIC, ART EXHIBIT &
VALET PARKING INCLUDED

www.tbdj.org/artgala

In support of CMHA Mental Health Week, join us for a special event

5TH ANNUAL JEWISH COMMUNITY MENTAL
HEALTH AWARENESS SHABBAT

MENTAL HEALTH SYMPOSIUM

*Reconnecting With What Matters: How Investing In Our
Relationships Helps Us Thrive*

Thursday May 4, 2023 | 7:30-9:00PM EST

Congregation Tifereth Beth David Jerusalem
6519 Baily Road, Côte Saint-Luc, QC H4V 1A1

Livestream at: mentalhealth.tbdj.org

Featuring a panel of local speakers

- **Dr. Rachel Goodman, Moderator**
Co-Chair, Mental Health Shabbat 2023
- **Rabbi Zolly Claman**
Rabbi, Congregation Tifereth Beth David Jerusalem
- **Lanya Samuelson McClintock, MSW**
Manager - L'Annexe,
The Ometz Centre for Young Adults
- **Family Caregiver**
AMI-Quebec

Keynote Speaker:

Dr. Miriam Kirmayer

Dr. Miriam Kirmayer is a clinical psychologist and leading friendship expert who has studied the science of connection for over a decade. Her work focuses on helping people to navigate life transitions, cultivate resilience and self-compassion, and build healthier relationships and more connected lives. Dr. Kirmayer sits on the Mental Health Advisory Committee for Wondermind, a mental fitness company co-founded by Selena Gomez, and partners with businesses and organizations to encourage mental wellness, meaningful relationships, and community.



EVENT PARTNERS



A full list of participating synagogues & organizations will be displayed on our website.

In conjunction with the Orthodox Union's Mental Health Awareness Month

For more information, please contact: tbdjmentalhealth@gmail.com

In support of CMHA Mental Health Week, join us for a special virtual event

5TH ANNUAL JEWISH COMMUNITY MENTAL
HEALTH AWARENESS SHABBAT

TEEN MENTAL HEALTH WORKSHOP

Keynote Speaker:

Dr. Miriam Kirmayer



Dr. Miriam Kirmayer is a clinical psychologist and leading friendship expert who has studied the science of connection for over a decade. Her work focuses on helping people to navigate life transitions, cultivate resilience and self-compassion, and build healthier relationships and more connected lives. Dr. Kirmayer sits on the Mental Health Advisory Committee for Wondermind, a mental fitness company co-founded by Selena Gomez, and partners with businesses and organizations to encourage mental wellness, meaningful relationships, and community.

**Stay Connected: The
Power of Authentic
Friendships**

FRI | MAY | 5
10AM EST

Join the livestream at:
mentalhealth.tbdj.org

* This event is designed for High School students

EVENT PARTNERS:



A full list of participating schools will be displayed on our website.

In conjunction with the Orthodox Union's Mental Health Awareness Month

For more information, please contact: tbdjmentalhealth@gmail.com

Shabbat Shira

Shabbat Shira is so called because on this special Shabbat we read the Torah portion of B'shalach which contains שירת הים - the Song Of The Sea, sung by Moshe and Bnei Yisrael following the miraculous splitting of the Red Sea. This event marks the dramatic highlight of the divine redemption of our ancestors from their slavery in Egypt.

As this Shabbos is musically celebrated around our Jewish world, I would like to share with you the story of a modest, but powerful, legend of Jewish song and liturgy. My friend Rabbi Moshe Rosenberg wrote the following about his father, Rabbi Israel D. Rosenberg zt"l, the Chazan Sheini and Ritual Director of New York City's Kehillath Jeshurun, the shul at which I davened during my high school years:

It was another Shavuot morning, over seventy years ago, in the Polish town of Levertov, and the Levertover Chassidim waited. Nine o'clock, ten o'clock, but the Rebbe, Rav Moshe Yechiel Elimelech Rabinowitz did not emerge from his room to daven. Finally, a delegation of Chassidim gathered the courage to seek the reason for the delay. "The final niggun we sang last night was a depressing one," explained the Rebbe. "Before we can start this morning, we need a new melody - an uplifting one, to set the mood for receiving the Torah. Call in Srul Duvid, ד"ר קליינע איטשע מוטע, And so, astonished Chassidim found themselves approaching thirteen-year-old Yisroel David, son of the Rebbe's assistant Yitzchok Mordechai, with instructions to extemporaneously compose a Niggun Shel Simcha. Only once the boy had composed that niggun, taught it to the assembled Chassidim and led them in dance, did the Rebbe begin the Tefillah. Israel David Rosenberg has been weaving melodies into the fabric of Jewish life ever since.

His melodic interpretation of a poetic letter written by the previous Lubavitcher Rebbe is still sung by Chassidim; the niggun he wrote for my mother when they were engaged is a family treasure, the prelude to a duet of nearly fifty years. It played at my wedding, testimony to undiminished love and devotion.

Drinking deeply at the Chassidic founts of his youth: Levertov, Lubavitch, Amshenov, Modzitz, he imbibed their Torah, spirit, and music. He had the uncanny knack of hearing a melody once and remembering it exactly as sung. Sadly, yet proudly, that was to become his life's work.

When the institutions and individuals that peopled his youth in pre-war Poland became memories reflected only in the tears he shed secretly, his job became recreating them from the wisp of a melody recalled. From what he had seen דער היינטיגער איין my father brought a sense of "heimishness" to these shores. Not heimish in the sense used to promote hotels or brands of gefilte fish, but in the feeling of rootedness, of connection to truths of an ancient tradition as practiced by one who saw firsthand how it all was done. Small wonder that one current member, descended of Gerer Chassidim, ended her search for a synagogue when she heard a Kriyat HaTorah and Havdalah that transported her back to the time when נוסח - musical style or tradition - was an art.

If Neginah is the language of the soul, perhaps that explains why this Ba'al Menagen was uniquely able to touch the souls of others. Many are the forms of uneasiness that can afflict the shul goer, and each found a perceptive diagnostician and skilled therapist in the Ritual Director of KJ. Successful executives, at home in any boardroom, can feel totally lost in the unfamiliar routines of shul life. The road from door to seat is serpentine and the windings of tefillin labyrinthine. Enter Mr. Rosenberg: First experience of the Jew-off-the street, tour guide, shoulder, teacher, friend, diplomat, peacemaker, keeper of the arena in which any Jewish soul can find its Creator.

The mourner, coming to services to recite Kaddish for a loved one, seeks G-d out of pain, bitterness, and despair, and needs a roadmap toward hope. Enter the master cartographer. When the brother of a well-known Jewish scholar and author concluded kaddish for his wife, he told his brother, "This man saved my life!" How? By sitting next to him, day after dreary day. No one will ever know the words that passed between the two or if any passed at all; healing is communicated on many levels whose common denominator is Chesed.

It was never enough for my father that his Ramaz and KJ Bar Mitzvah students be proficient; it was a given that every accent would be in place, every שוא - Hebrew vowel sign - properly pronounced, with מרכא-טפחא no טפחא-מרכא. Torah notes that are traditionally juxtaposed - combos allowed to masquerade as מרכא-טפחא. But he wanted more. Every boy had to be a favorite, with his own inside jokes, his own special relationship, even his own pet name of endearment. I believe not even מוטע-מסי - the largest double Torah portions read together on a single Shabbos - well-read gave him as much satisfaction as the time a timid student approached with hurt in his eyes because "you have a nickname for everyone else in the class except me!" Wherever I go in communal life I find his students, expert Torah readers and teachers who still recall most his warmth, his love and his pedagogy. Doctors will forget their stethoscopes and lawyers their briefs (oops!) before one of my father's students forgets his Chinese מונח - Torah note.

Sometimes he had done the near impossible. How do you tell an indignant board member, just arrived in shul from the airport, that he cannot lead services for his father's yahrzeit...unless he puts on a tie? Whom do you send to the Amud when three people have yahrzeit the same evening...? How do you shoehorn three services of people into two High Holiday services, and manage still to please those who "must have seventeen consecutive women's seats in the main shul overlooking their husbands at an angle, degrees of which to be specified"? For some twenty years, after the bookkeeper who had done it left, my father managed to pull off the miracle year after year. The year he gave it up, the third service was founded...

Niggunim don't end; they permeate secret places of the heart long after their actual chords are hushed. What next? Certainly not rest - tzaddikim מנוחה אין להם - the righteous, says the Talmud, are not entitled to rest when there is so much to be done: the nusach and melodies of Modzitz, personally witnessed, still unredeemed; the tales of Vilna, Japan, Shanghai waiting to be told; generations of descendants reaching for the Torah and love they no longer have to share...

Shabbat Shira is a special Shabbos on my personal calendar. As a musician I celebrate Jewish song in its many styles. Learning שירת הים, with its many commentaries is inspiring and enlightening. As I have been blessed with a rewarding career as a Chazan Sheini and Ba'al Tefillah for almost 33 years at Beth Ora and TBJ, an occupation that I was guided to by Hashem in his infinite wisdom, and as a lover, composer and teacher of Jewish music, liturgy and Torah and Megillah reading, I chose to celebrate Shabbat Shira with והכרת הטוב, with extreme gratitude, to Reverend Rosenberg, by offering the above account of this jewel of a man who brought and ensured the post Holocaust survival of the knowledge and beauty of Jewish song, liturgy and nusach in its many forms as he brought it from Europe to our shores.

Reverend Rosenberg taught about the beauty of Jewish song and liturgy not only to his community at KJ in New York, but to me as well. As a Kehilath Jeshurun shul-goer and a Ramaz student from grades 9-12, I was fortunate to be able to learn and perfect my Torah and Megillah reading skills. A good portion of my Shabbos Mincha davening is what I learned from this wonderful and modest role model who taught us to maximize our liturgical skills. He was quiet to the point that you wouldn't notice him at times, yet KJ wouldn't, and couldn't, operate efficiently in the ritual sense without this gentle, modestly statured giant working things the way things needed to be done. I adapted many of my Chazan Sheini skills from my memories of Reverend Rosenberg in shul: how he would send people up to daven - listening to them with a quick probe when necessary, his friendly handshakes and smiles and so much more.

I remember my first Purim at KJ in New York City. I was in Grade 9. A few months before the holiday, Reverend Rosenberg approached me and informed me that I was reading the eighth chapter of Megillat Esther on Purim night. I remember my trepidation and my telling him that I didn't know the trop, the liturgical notes, for reading Megillat Esther and that the prospect of reading in front of a full house scared me. I realized that I really didn't have much of a choice in the matter and I benefited from the experience of learning from a kind, patient and brilliant teacher who demanded perfection from his students as they stood before Hashem in the holiness of performing daily, Shabbos and Yom Tov rituals.

This week my family is observing the fourth yahrzeit for our late mother, grandmother and great-grandmother, Rena Zambrowsky Bender z"l. My mother was an accomplished artist who shared and expressed her Yiddishkayt on canvass and in print with beautiful and inspiring ideas and colors. In the same awesome way that musical notes come together in song, my mother blended her colours, bringing them together in the most beautiful way as her pictures and prints sing out to all who see them. In connection with the joy of Shabbat Shira, here is my mother's interpretation of dancing Chassidim...

Shabbat Shalom,

Rev. Amiel

לעילוי נשמת אמי מורת'
רינה בת הרב צמח מנחם הלוי ובעלא חדוה ז"ל





Winter in Kef club! (January-February)

Parashat Va'era
January 21st

10 Plague
Pick-A-Box



Parashat Bo
January 28th



Escape From Egypt!

Parashat Beshalach
February 4th



Tu Bishvat Bingo

Parashat Yitro
February 11th



10 commandment
Game!

*Kef Club rooms will be open from 10 am



MAKING A DIFFERENCE, TOGETHER.

MONTREALERS NEED OUR HELP
TO STAY WARM THIS WINTER.

Be a part of this incredible chesed
opportunity, as we collect warm
outerwear for families in our community.

WE ARE COLLECTING:

- Winter coats, gloves, hats and boots
- New and gently used winter gear
- Ages: Adults and Children

**HELP IN ANY WAY THAT YOU CAN,
EVERY LITTLE BIT GOES A LONG WAY!**

DEADLINE FOR DROP-OFF FEB 05

FOR DROP-OFF LOCATIONS,

PLEASE CONTACT
LORI BASSAL, DAVID TORDJMAN
OR YAIR MEYERS

lbassal@hotmail.com

514.594.5511

davidtordjman@gmail.com

514.232.0882

yairmeyers@gmail.com

438.393.5950



BNEI AKIVA MONTREAL

IN PARTNERSHIP WITH

BETH ISRAEL BETH AARON

INVITE YOU TO JOIN OUR



Tu Bishvat Family Seder

SUNDAY FEBRUARY 5TH

5-6:30PM @ BIBA

GRADES K-6 & PARENTS INVITED!

LEARNING ● GAMES ● CRAFTS

SNACKS AND LOTS MORE!

