



CONGREGATION TIFERETH BETH DAVID JERUSALEM

# Shabbat Bulletin

טז כסלו התשפ"ג  
שבת פרשת וישלח

Shabbat Parshat Va'yishlach  
December 9 - 10, 2022 / 5783

Please print this bulletin before Shabbat.

Rabbi  
Zolly Claman

Chazan Sheini  
Rev. Amiel Bender

President  
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## SHABBAT SHALOM • שבת שלום

TBDJ's Minyane Sépharade welcomes Scholar-in-Residence Rav Shimon Gobert

### Shabbat Parshat Va'yishlach

Haftara: Sefer Ovadia

#### Friday, December 9

- 3:50pm Minha et Kabbalat Chabbat  
- Minyane Sépharade - Chapel
- 3:53pm Candle Lighting
- 3:55pm Mincha and Kabbalat Shabbat  
- Main Sanctuary
- 4:11pm Sh'kiah
- 5:30pm Shabbat Dinner  
with Rav Shimon Gobert -  
*preregistration for this event is now closed.*
- 6:45pm Lecture by Rav Gobert  
- Minyane Sépharade

#### Shabbat, December 10 / 16 Kislev

- 8:00am Shacharit - Hashkama Minyan
- 8:40am Parsha Shiur with Rabbi Claman
- 9:00am Shacharit - Main Sanctuary
- 9:00am Odou - Minyane Sépharade
- 9:30am Youth Minyan - Youth Chapel
- 9:35am Sof Zman Kriyat Sh'ma
- 10:00am Kef Club Shabbat Programs for Kids - Lower Level Classrooms
- 12:00pm Buffet Lunch with Rav Gobert -  
*preregistration for this event is now closed.*
- 12:45pm Lecture by Rav Gobert  
- Minyane Sépharade
- 3:30pm Minha et Seoudah Shleesheet  
- Minyane Sépharade - Chapel
- 3:45pm Mincha, Seoudah Shleesheet  
and Maariv - Main Sanctuary
- 4:11pm Sh'kiah
- 5:01pm Havdala and Melave Malka
- 5:20pm Daf Yomi

### COMMUNITY NEWS

Condolences to the family of **David Mazaltarim z"l** who passed away on Tuesday, December 6. Funeral was held on Wednesday, December 7. Shiva continues until Tuesday, December 13 in Suite 605 at 5900 Armstrong Avenue, Cote St. Luc H4W 2Z5. Shiva minyanim take place at Congregation Or Hahayim, 5700 Einstein, Cote St. Luc.

Refu'a Shleima to **Michael Goodwin** - מאיר זלמן בן רחל

### THANK YOU TO THE FOLLOWING SPONSORS

Seudah Shleesheet in the Minyane Sépharade is sponsored by the **Hazot** family in memory of Rav Jacob ben Mesaouda z"l.

This Shabbat Bulletin is sponsored by **Rosaleen & David Hutman** and their family in memory of David's beloved mother Donna Selick Hutman z"l (Devosha bat Dov v'Chana - 18 Kislev).

Seudah Shleesheet is sponsored by **Susan Lieberman** and her family in memory of their beloved husband, father, father-in-law, grandfather and great-grandfather Aron Lieberman z"l (Aharon ben Eliezer v'Reizl - 20 Kislev).

Rabbi Claman's Parsha Shiur on Shabbat Morning is sponsored by **Rochelle & Jeffrey Rein** and **Michaela & Cyril Weintraub** in memory of Rochelle and Cyril's beloved mother Dolly Weintraub z"l (Dobrusha bat Nachum Hakohen - 17 Kislev).

Rabbi Claman's Shabbat Sermon is sponsored by **Barbara & David Zukor** in memory of Barbara's beloved father Morris Schwartz z"l (Moshe Shimshon ben Shimon HaKohen - 5 Kislev) and in memory of David's beloved father Leslie Zukor z"l (Yitzchak Chaim ben Yosef - 17 Kislev).

Kiddush in the Hashkama Minyan is sponsored by Laura & Elliott Silverman in memory of Elliott's beloved grandmother Phyllis Shapiro z"l (Menucha Pesha bat Tzvi Hersch - 19 Kislev) and in memory of his beloved grandfather Abie Silverman z"l (Avraham ben Velvl - 26 Kislev).

The end of the 2022 Tax Year is fast approaching!  
Charitable donations for 2022 must be submitted by  
end of day on Sunday, December 25.

Save time! Log into your TBDJ Account on ShulCloud  
and pay any outstanding charges with your credit card online!  
If you have never logged in before,  
write to [brian@tbdj.org](mailto:brian@tbdj.org) to receive instructions.

### NEXT WEEK'S SCHEDULE

**Mincha/Maariv:** 3:55pm Sunday to Thursday

#### Shacharit

Sunday: 8:00am - **followed by "Daf Dive" In-Depth Gemara Class**

Monday and Thursday: 6:50am / Tuesday, Wednesday and Friday: 7:00am

#### Friday, December 16

Minha - Minyane Sépharade: 15h40 / Mincha - Main Sanctuary: 3:55pm  
Candle Lighting is at 3:54pm

For our full schedule, go to [tbdj.org/calendar](http://tbdj.org/calendar).







LE MINYANE SÉPHARADE DE TBDJ

VOUS INVITE AU SHABBATON AVEC LE

# RAV SHIMON GOBERT

SHABBAT 9-10 DÉCEMBRE PARACHAT VAYISHLAH

Thème du shabbat

UNE VIE DE FAMILLE RÉUSSIE

## AU PROGRAMME :

- 15H50 MINHA SUIVI DE KABALAT SHABBAT 

- 17H15 OUVERTURE DE LA SALLE  
SUIVI DU KIDDOUSH ET REPAS

(L'INSCRIPTION À CET  
ÉVÉNEMENT EST  
MAINTENANT FERMÉE.)

- 18H45 CONFÉRENCE :  
ET ACTIVITÉS POUR LES ENFANTS 

- 9H "ODOU" 

- 11H30 OUVERTURE DE LA SALLE  
SUIVI DU KIDDOUSH ET REPAS

(L'INSCRIPTION À CET  
ÉVÉNEMENT EST  
MAINTENANT FERMÉE.)

- 12H45 CONFÉRENCE  
ET ACTIVITÉS POUR ENFANTS 

- 15H30 MINHA SUIVI DE SÉOUDAT SHLISHIT   
ET CONFÉRENCE

SÉOUDA SHLISHIT OFFERTE PAR LA FAMILLE HAZOT LEILOUY NICHMAT RAV JACOB BEN MÉSAOUDA Z"l

- 17H01 FIN DE SHABBAT

PASSEZ UN EXCELLENT SHABBAT !!







# Kef Club

## Vayishlach

December 10th  
16 Kislev

**Grades 1-6:**



10:00 - Games  
10:30 -Parasha questions  
(Register here to get the questions)  
10:45 - Tefilla  
11:05 - Wheel of  
FOUR-"Imahot"  
11:20 - Kef club kiddush.



### Nursery:

10:00 - free play  
10:45 - songs and tefilla  
with madrichot  
11:00 - Story time  
11:20 - Kef club kiddush

**Earn your  
Shabbos Shekels  
and get prizes!**





# SHABBAT

# ACHDUT אחדות

SHABBAT PARSHAT VAYEISHEV  
SHABBAT MEVARCHIM CHODESH TEVET  
DECEMBER 16-17, 2022

Join us on this special Shabbat  
when we come together as ONE amazing community!

*Rejoignez-nous pour ce Shabbat spécial  
quand nous nous réunissons comme UNE communauté incroyable !*



## FRIDAY NIGHT / VENDREDI SOIR

Minyan Sepharade together with main minyan  
for Kabbalat Shabbat

*Minyan Sepharade avec le minyan principal  
pour Kabbalat Shabbat*



## SHABBAT MORNING / MATIN

Minyan Sepharade and main minyan together  
for Mussaf and Drasha, followed by a special  
kiddush featuring **Tastes of the World!**

*Minyan Sepharade et le minyan principal  
ensemble pour Mussaf et Drasha, suivi d'un  
kiddouch avec les **Saveurs du Monde** !*



## SHABBAT AFTERNOON / APRÈS-MIDI

Everyone together for Mincha and  
Seudah Shleesheet

*Tous ensemble pour Mincha et  
Seudah Shleesheet*







CONGREGATION  
BETH DAVID JERUSALEM

# Chanukah CELEBRATION

SUNDAY, DECEMBER 18, 2022

**1:30 - 2:30pm**  
STARTS AT TBDJ

## THE AMAZING RACE

REGISTER BY  
FRIDAY DEC 16 NOON  
@ [TBDJ.ORG/CHANUKAHRACE](https://tbdj.org/chanukahrace)



### FAMILY CHANUKAH CHALLENGE

For Parents &  
Children Ages 5-12

Drive around  
the neighbourhood  
performing challenges!

**2:30 - 4:30pm**

## CHANUKAH PARTY AT TBDJ!!!

WITH SHUL-WIDE  
CANDLE LIGHTING AT 4:15pm

BOUNCY CASTLE  
AIR BRUSH TATTOOS  
GAMES & MUSIC  
LATKES & SUFGANIYOT

SPREAD THE LIGHT!

CHANUKAH  
CHES  
ACTIVITIES





## Yaakov Avinu and His Appreciative Humility

In this week's Torah portion of Vayishlach, we learn about Yaakov Avinu's return to Eretz Yisrael after a twenty-year stay in Charan. His escape to Charan was a result of his trickery in receiving the blessings from his father Yitzchak, blessings that were meant for his brother Esav. Before his return to his ancestral home, Yaakov sends angel-emissaries to Esav in the hope of a reconciliation at their eventual meeting, but his messengers report back to him that Esav is enroute to their meeting accompanied by four hundred men. Yaakov becomes very frightened and distressed, and he divides his family and accompanying people and his flocks, cattle and camels into two camps. His reasoning? Should Esav attack one camp, the other camp will escape and be saved.

As he prepares to return to the Holy Land, Yaakov offers a plea to Hashem with an emphasis on Hashem's promising words: And Yaakov said, *O G-d of my father Abraham and God of my father Isaac, the L-rd, Who said to me, 'Return to your land and to your birthplace, and I will do good to you.'* (Breisheet 32:10)

Yaakov, carefully and with extreme humility, appreciates the divine support afforded him upon his flight from his parent's home twenty years earlier: *I have become small from all the kindnesses and from all the truth that You have rendered Your servant, for - כי במקלי - with my staff I crossed this Jordan, and now I have become two camps.* (Breisheet 32: 11)

The Meam Loez, initiated by Rabbi Yaakov Culi in 1730, explains Yaakov words: *My merit is lessened by the many acts of truth and kindness that you - Hashem - have granted me... That, as I arrived at Lavan's home I had no silver or gold, just this staff with which I crossed the Jordan river, and now I possess silver and gold, sons and daughters, slaves, and maidens in large enough multitudes to be split into two camps. Therefore, I am fearful and scared and I request...*

Yaakov's plea continues: *Now deliver me from the hand of my brother, from the hand of Esav, for I am afraid of him, lest he come and strike me - and strike - a mother with children;* (Breisheet 32:12)

Yaakov ends his plea by recalling Hashem's reassuring words of the recent past as a guarantee that Hashem will provide protection for him and his people: *And You said, 'I will surely do good with you, and I will make your seed [as numerous] as the sand of the sea, which cannot be counted because of multitude;'* (Breisheet 32:13)

Yaakov's verbal approach to Hashem is impressive. It is a plea from the depths of humility. He remembers his flight from home and his meager possession of only the staff in his hand. Actually, Yaakov did not leave his home empty-handed, but was forced to relinquish his possessions. We learn that Esav had sent his son, Eliphaz to chase and kill Yaakov. Yaakov persuaded Eliphaz not to harm him, rather, to take all his belongings, because a poor person without anything is considered as if he is dead.

The words of the *Ethics of the Fathers*, Mishnah Chapter 3:1, teach us: *דע מאין באת - know from where you come...* This is a recurring realisation and component of our lives as we move on in years in our personal existence. As we reflect on where we are today, remembering where and how we started out in various aspects of our lives enhances our appreciation and gratitude to Hashem as well as to those who helped us get to where we are.

As Yaakov beseeches Hashem, he recalls that he originally crossed the Jordan River with only the clothes on his back and the staff in his hand. How many stories have we heard from our grandparents, our parents, and others, about their modest beginnings? How many people have told us about their first job, the first dollar they earned, how they slowly built their careers, purchased their first home, car and more? These reflections are everyone's story. We all have nostalgic and reminiscent moments where we reflect on how far we have come. In keeping with the words of Yaakov Avinu, we might affectionately call these moments (כי במקלי) - *Ki Vimakli* moments. Here is a recent *Ki Vimakli* moment of my own...

I was thinking about this D'var Torah early Wednesday afternoon following a music session with Hebrew Academy's Grade Six Bat-Mitzvah girls. It is an especially talented group, and their singing and harmonies promise a stellar performance at their celebration in June. They are singing two songs which I had the privilege to compose, two songs which I believe are among the best of my all-time compositions. Reflecting on the pleasant sound of the girls singing these tunes, a thought came to my mind, that it was worth almost 52 years of waiting to compose these two tunes - to wait out a half century of composing Jewish music - just to have the privilege of being Hashem's messenger to bring these two songs to the world.

Echoing the words of our patriarch, Yaakov, *I have become small from all the kindnesses and from all the truth that You have rendered Your servant.* With enormous appreciation to Hashem for the gift of Jewish music in my life, I often wonder: Am I worthy enough to be that person, to put my music, which I believe is divinely-inspired by heaven, to Hashem's holy words? I nostalgically recall my humble musical beginnings and, to use a pun in connection with our Patriarch Yaakov, my lifetime Jewish music experience also started with a staff. It was not however, the walking cane that Yaakov crossed the Jordan with. In my case it was a musical staff. It started from one note on a musical score, which developed into millions of notes which taught, developed, and enhanced my musical skills as I progressed with my Jewish music over the years.

דע מאין באת – All of this began with one musical note over 50 years ago. At the age of nine years old, I wrote my first tune to the words in Psalms: מי האיש החפץ חיים. I remember the song to this day. It was not very good, but in retrospect it was the start of the passion of a rewarding lifelong journey in my world of Jewish music, where I was afforded the privilege of composing, performing, teaching, conducting choirs, and in general, being involved in the magical and divinely inspired world of musical *Kedushah* - holiness.

Yaakov Avinu teaches us the eternal lesson of appreciative humility, with his words to Hashem preceding his *meeting-turned-reunion* with his brother Esav, and with his humble appreciation for all that he was divinely afforded up to that point in his life. We should all take moments to think, to reflect: Where were we in various times of our lives when we started out? Where are we now and what do we have now? Do we deem ourselves as worthy recipients of the many gifts of heaven?

Shabbat Shalom,

*Rev. Amiel*





# MAKING A DIFFERENCE, TOGETHER.

MONTREALERS NEED OUR HELP  
TO STAY WARM THIS WINTER.

Be a part of this incredible chesed opportunity, as we visit downtown Montreal for a special opportunity to give back and care for the homeless.

## WE ARE COLLECTING:

- Non-perishable food items
- Gift Cards (i.e. Tim Hortons)
- New and gently used winter gear
- Toiletry items

**HELP IN ANY WAY THAT YOU CAN,  
EVERY LITTLE BIT GOES A LONG WAY!**

**SUNDAY  
DEC 11**

**AT 01:00 PM**

**Cabot Square**

(corner Tupper St. & Atwater Ave.)

TO JOIN OR FOR DROP-OFF

LOCATIONS,

PLEASE CONTACT

LORI BASSAL, DAVID TORDJMAN OR  
YAIR MEYERS

lbassal@hotmail.com

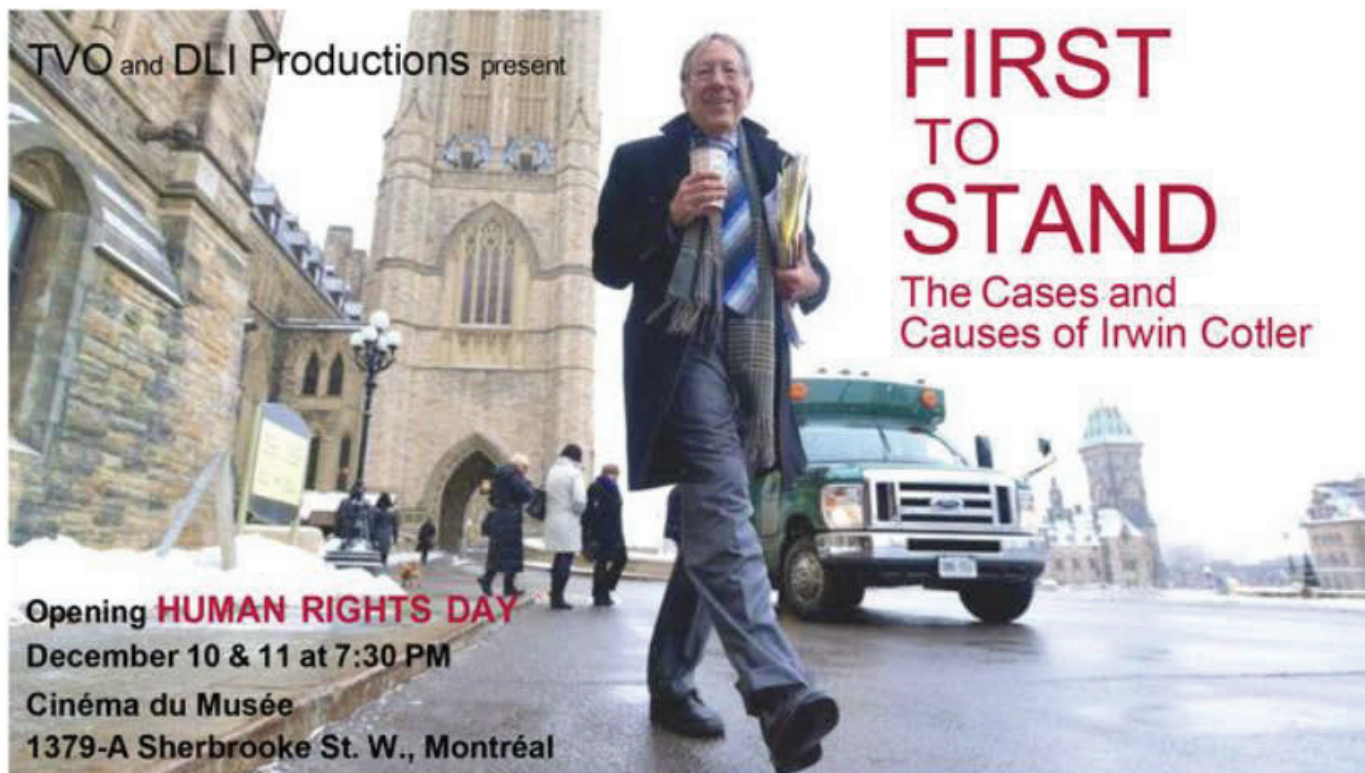
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a film by  
Irene Lilienheim Angelico and Abbey Jack Neidik

***Irwin Cotler and his team of young activists take on the cases and cause of human rights against the world's most repressive regimes.***

introduced by human rights lawyer turned stand-up comedian  
Jess Salomon (The Tonight Show with Jimmy Fallon)

A bilingual Q&A will follow the screening on Saturday, December 10 and Sunday, December 11 at 7:30  
with Irwin Cotler, Shaparak Shajarizadeh, Ensaf Haidar and the filmmakers

with two screenings every day for the rest of the week



[www.firsttostand.com](http://www.firsttostand.com)



Tickets: <https://www.cinemadumusee.com/en/film/first-to-stand-the-cases-and-causes-of-irwin-cotler-est-fst-> or

bilingual subtitles