שבת חול המועד סוכות כ תשרי ה'תשפ"ג Shabbat Chol Hamoed Sukkot October 14 - 15, 2022 / 5783

Rabbi **Zolly Claman**

Chazan Sheini Rev. Amiel Bender

President Joshua Orzech **Executive Director** Stephanie Nagus

שבת שלום וחג שמח • SHABBAT SHALOM v'CHAG SAMEYACH

Shabbat Chol Hamoed Sukkot

Haftara: Yechezkel 38:18 - 39:16

FRIDAY, OCTOBER 14

5:45pm Minha et Kabbalat Chabbat -Minyane Sépharade - Chapel

5:53pm **Candle Lighting**

5:55pm Mincha and Kabbalat Shabbat -

Main Sanctuary

6:11pm Shkiah

SHABBAT, OCTOBER 15 / 20 TISHREI 5783

8:00am Shacharit - Hashkama Minvan 8:40am Parsha Shiur with Rabbi Claman 9:00am Shacharit - Main Sanctuary and

Minyane Sépharade

9:30am Youth Minyan - Youth Chapel 9:55am

Sof Zman K'rivat Shma 10:00am "Kef Club" Shabbat Programs

Featuring Edible Sukkah Making today!

Bnei Akiva Sukkah Hop for Grades

K-6 leaves TBDJ - see flyer on page 4

5:00pm Tishrei Lecture Series with Rabbi

Claman - Part Three of Three:

A Kohelet Take-Away

5:30pm Minha et Seoudah Shleesheet -

Minyane Sépharade - Chapel

Mincha and Seudah Shleesheet -

Main Sanctuary

6:10pm Shkiah

4:30pm

5:40pm

6:54pm Havdala

8:30pm Oktoberfest in the Sukkah

October 17-18, 2022

Shmini Atzeret & Simchat Torah ושמחת תורה

שמיני עצרת





SUNDAY, OCTOBER 16 / 21 TISHREI 5783 / HOSHANA RABA

8:00am Shacharit - Main Sanctuary

5:49pm **Candle Lighting**

5:50pm Mincha/Maariv - Main Sanctuary

MONDAY, OCTOBER 17 / 22 TISHREI 5783 / SHMINI ATZERET / YIZKOR

8:00am Shacharit - Hashkama Minyan - Lower Social Hall

8:45am Shacharit - Main Sanctuary

10:00am Kef Club Sukkot Programs for Kids - featuring Sukkot Jeopardy Game!

10:15am Yizkor Service - Main Sanctuary

5:50pm Mincha - Main Sanctuary

6:10pm Junior Hakafot - Main Sanctuary

6:40pm Maariv and Hakafot - Main Sanctuary

6:50pm **Candle Lighting**

TUESDAY, OCTOBER 18 / 23 TISHREI 5783 / SIMCHAT TORAH

TBDJ HONOURS THE FOLLOWING MEMBERS THIS YEAR!

Chatan Torah: Alex Halpern / Chatan Breisheet: Isaac Alt / Chatan Maftir: Ami Drazin

Eishet Chayil: Shira Miller / Kol Ne'arim: Yair Meyers

8:00am Shacharit - Hashkama Minyan - Lower Social Hall

8:45am Shacharit - Main Sanctuary

10:00am Kef Club Simchat Torah Programs for Kids - featuring Hakafot with Prizes!

11:00am Simchat Torah Shiur for Women - Library

5:50pm Mincha - Main Sanctuary

6:49pm Havdala

THANK YOU TO THE FOLLOWING SPONSORS

Rabbi Claman's Morning Parsha Shiur on Shabbat Chol Hamoed Sukkot - October 15 - is sponsored by Ethel & Larry Bloom in memory of Ethel's beloved father David Wahnon z"l (David ben Ya'acov v'Yehudit - 20 Tishrei).

Rabbi Claman's Sermon on Simchat Torah - Tuesday, October 18 - is sponsored by Michele & Brian Cale and their family in memory of Brian's beloved mother Erika Cale z"l (Feiga bat Yehuda Yitzchak v'Aidele - 23 Tishrei).

Kiddush on Shabbat Chol Hamoed Sukkot - October 15 - is sponsored by Louise Pilote & Mark Eisenberg and family in honour of Rabbi Zolly & Penina Claman.

Kiddush on Shmini Atzeret - Monday, October 17 - is sponsored by **Gerald Quint** and **Sylvia & Ted Quint** and their families in memory of Gerald and Ted's beloved parents Jean & Isadore Quint z" (Shaina bat Osher - 19 Tishrei and Yitzchak Meir ben Todres - 22 Tishrei).

This Shabbat Bulletin is sponsored by Rochelle & Jeffrey Rein and Michaella & Cyril Weintraub and their families in memory of Rochelle and Cyril's beloved father Joseph Weintraub z"l (Yosef Mordechai ben Meir Chaim - 23 Tishrei).

Seudah Shleesheet on Shabbat Chol Hamoed Sukkot - October 15 - is sponsored by Amalia & Morris Zeitouni "to welcome Rabbi Zolly & Penina Claman, in appreciation of Rev. Amiel Bender and Yakov Lev for all the support they provide our community," and in memory of Morris' beloved mother Alice Cohen Zeitouni z"l (Leah bat Moshe v'Emilie - 6 Sivan).



3 - Part Lecture Series

Join Rabbi Claman as we prepare together for the emotional-ride of Tishrei

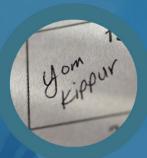
September 19th @ 8pm

Remembering without being able to Forget; A look into Zichronot



October 3rd @ 8:00 pm

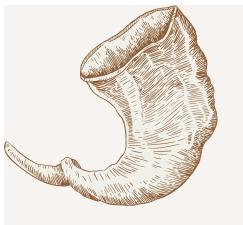
A look in the Machzor for a deeper Yom Kippur experience



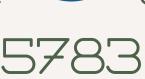
Shabbos Chol Hamo'ed an hour before Mincha

A Kohelet Take Away











HASHANA

Dimanche 25 septembre

Minha: 18h15 Bougies: 18h29 Arvit: 19h00

JOUR 1 DE ROSH HACHANA

Lundi 26 septembre

Shahrit: 8h00

Shofar: 11h15 & 17h30

Minha: 17h45 suivi de de Tashlikh

Arvit: 19h00 Bougies après: 19h29

JOUR 2 DE ROSH HASHANA

Mardi 27 septembre

Shahrit: 8h00

Shofar: 11h15 & 17h45

Minha: 18H00

Arvit: 19h00 Havdala 19h28

JEÛNE DE GÉDALIA & SHABBAT SHOUVA

JEÛNE DE GUÉDALIA

Mercredi 28 septembre

Début du jeûne: 5h37

Fin: 19h01

SHABBAT SHOUVA

Vendredi 30 septembre

Mardi 11 octobre

Shahrit: 9h00

Minha : 17h45

Motsaé Yom Tov: 19h01

Minha: 18h10 Bougies: 18h19 Arvit: 18h55

Samedi 1er octobre

Shahrit Hodou: 9h00

Minha: 17h50 Arvit: 19h10

Havdala aprés 19h20

VEILLE YOM KIPPOUR

Mardi 4 octobre

Minha: 14h00 Kol Nidrei: 18h00

Allumage de Bougie : 18h11

YOM KIPPOUR

Mercredi 5 octobre

Shahrit 8h00 Minha: 15h30

Nehila suivi d'Arvit : 17h30

Havdala après 19h12

Mardi 18 octobre

Pour toute la famille Après Shahrit: 13:00

Détails à venir P.A.F. gratuit

RSVP en ligne



VEILLE DE SOUCCOT

Dimanche 9 octobre

Minha: 18h00 Bougies: 18h02

Arvit: 18h45

JOUR 1 DE SOUCCOT

JOUR 2 DE SOUCCOT

Lundi 10 octobre Shahrit: 9h00

Minha: 17h45

Bougies après: 19h03

SHABBAT HOL HAMOED SUKKOT

Vendredi 14 octobre

Minha: 17h45 Bougies: 17h53

Arvit: 18h30

SHABBAT HOL HAMOED SUKKOT

Samedi 15 octobre

Shahrit Hodou: 9h00

Minha: 17h30 Arvit: 19h10

Havdala aprés 18h54

Hoshaâna Raba

Motsaé Shabbat Kraya - détails à venir

SHEMINI ATSERET

Dimanche 16 oct

Minha: 17h45 Bougies: 17h50 Arvit: 18h30

Lundi 17 oct

Shahrit: 9h00 Minha: 17h30

SIMHAT TORAH

Lundi 17 octobre

Bougies après : 18h51 Arvit + Hakafot : 18h45

Mardi 18 octobre

Shahrit: 9h00 Minha: 17h30

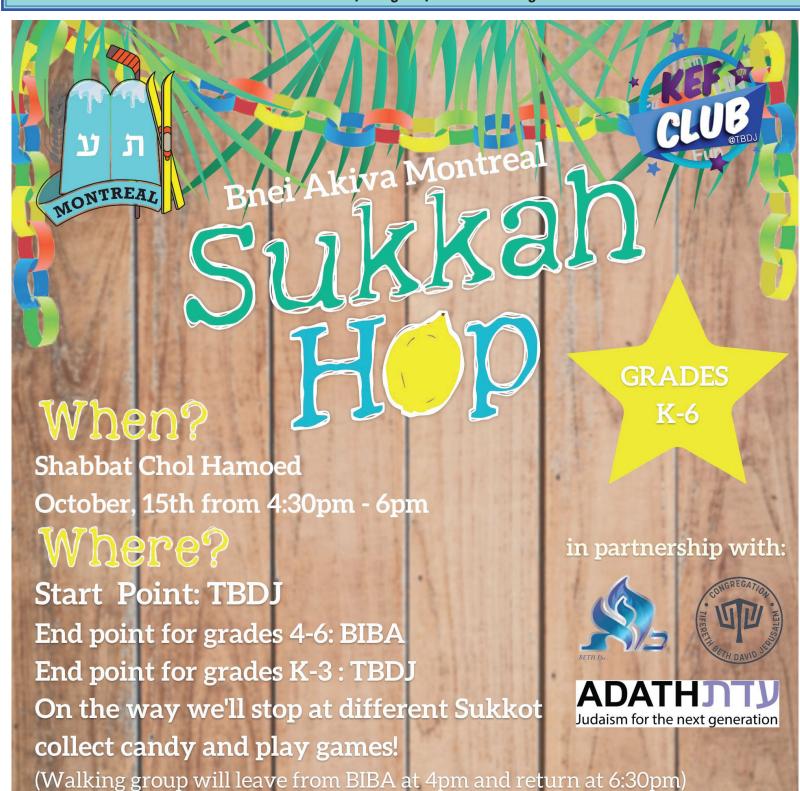
Motsaé Yom Tov: 18h49

Thank you to Rabbi Zolly Claman, and to all those who helped us prepare for, direct and lead our Rosh Hashanah and Yom Kippur Services this year.

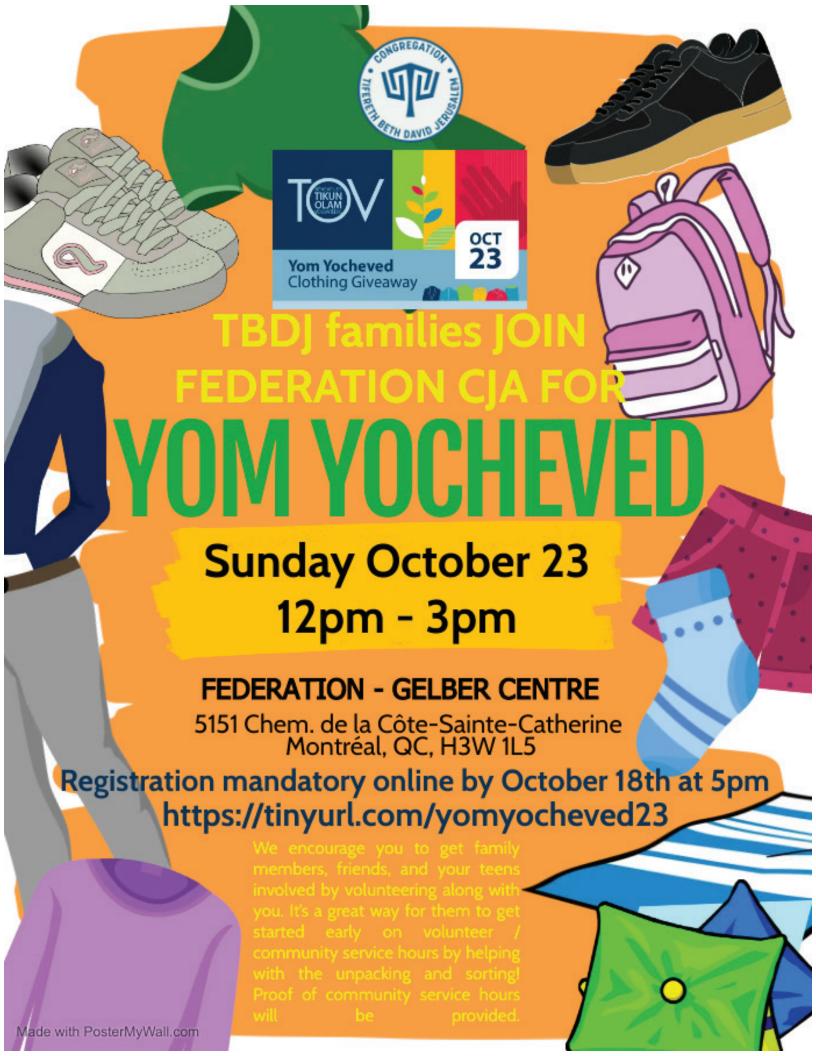
In our previous list of those being thanked, the following names were inadvertantly left out:

Mayer Diamond Ezra Grossman Leon Monaker Rabbi Daniel Salter

Our sincere apologies for the oversight.







Colours - A Recipe for Jewish Beauty

I was fortunate to grow up in a culture of colour because my mother z"I was an artist. Wherever we lived there was always a painting being created on an easel and I have many fond memories of my mother standing lovingly with a brush in one hand and a pallet of oil or acrylic paints in the other. From a young age I learned about the beauty of blending colours, and I learned to appreciate the different colour combinations in Hashem's wonderful and constantly recreating world.

Though we probably don't think too much about it, colours are a major part of our life. Every morning we deal with colours as we dress ourselves, to make sure we match our clothing properly. Most of us have favorite colours - mine is burgundy. We are all conscious of the fact that colours enrich our world. Colours enhance nature, fashion and design. Colours beautify our homes, our lives, our world. Colours may also reflect our mood - remember the mood rings? Truth is, without colours, our world would be lifeless and dull.

Colour is special and prominent in Yiddishkayt as well. Our holiday experiences afford us colour in various instances. Rosh Hashanah and Yom Kippur find us wearing white kitels in shul and, in general, white clothing, to symbolize purity. Sukkot brings us the rich colours of the Sukkah decorations and the colour blend of the Arba Minim. Chanukah affords us the opportunity to mix the rich colours of our world through our candle selections for our chanukiyot. Tu Bishvat brings us a colourful blend of fruit. Purim is dazzling with colourful costumes. On Pesach our seder venues boast unique colourful table settings. Yom Ha'atzmaut and Yom Yerushalayim are blue and white holidays. Shavuot is about greenery.

Our Torah teaches of a splendorous array of colours that was exhibited on the breastplate of the high priest, the Kohen Gadol. It was a brilliant collection of twelve precious stones set into gold casings, upon which the Twelve Tribes of Israel were inscribed. When Bnei Yisrael traveled through the desert from Egypt on their way to the Promised Land, the flag transported by each tribe was identical to the colour of its stone (Rashi Bamidmar 2:2).

Other sources define colour associations in Judaism: Red represents blood and sin. White represents purity from sin. Blue is the colour of sky and hence of spirituality, reminding us of Hashem's Throne of Glory. Red, white, and blue, represent fire, water, and air, respectively. They also stand for strength, kindness, and splendor, respectively; or, similarly, judgement, kindness, and mercy. Furthermore, the colour white is associated with the Angel Michael, red with Gabriel, and blue with the Angel Uriel. And our patriarchs have colour associations as well: White is associated with Avraham, red with Yitzchak, and blue with Yaakov. Colours are exciting, descriptive, reflective and more.

For myself, the most beautiful holiday combination of colour is a simple one - the yellow and green of the ארבע מינים - the four species that our holy Torah prescribes us to carry and wave while we make processions around the shul on the holiday of Sukkot. I find it fascinating that each one of the Arba Minim on its own seems rather plain, yet when the four kinds are put together in a bundle there is special beauty. One of my high points in our glorious Jewish holiday calendar year is witnessing the hakafot with the Arba Minim in shul on Yom Tov where over one hundred men complete a circuit of the shul with their lulavim, etrogim, haddasim and aravot.

The Arba Minim represent the physical beauty of Hashem's world of colour, but also the deeper beauty of what our nation is all about.

Ezra Luber, in an article titled *Living the Life of the Arba Minim*, cites a famous Midrash which discusses the Arba Minim, describing them each differently, as one might describe different types of Jews: *The Etrog has both a taste and an aroma; so, too, the people of Israel include individuals who have both Torah learning and good deeds. The date (the fruit of the Lulav) has a taste but no aroma; so, too, do the people of Israel include individuals who have Torah but do not have good deeds. The Hadas has an aroma but no taste; so, too, the people*

of Israel include individuals who have good deeds but do not possess Torah knowledge. The Aravah has neither taste nor aroma; so, too, the people of Israel include individuals who have neither Torah or good deeds.... Says Hashem: "Let them all bond together in one bundle and atone for each other." This Midrash shows the need for all of the Jewish people to come together and create a lasting unity between the Jewish people.

Luber brings a beautiful insight based on this Midrash: The Lubavitcher Rebbe notes a fascinating insight into this Midrash. He states that the Midrash does not say that these types of people make up the Jewish people, rather that they atone for each other. This means that a person can not simply be one, but in fact can and must be molded in all 4. There are times in a person's life when they are like the Etroq, they feel extremely connected to Hashem in learning, davening, Chesed, and their connection to the rest of the world. There are also times they are like the Lulav, involved in Torah, but lacking in Chesed and Gemilut Chasadim of any kind. Additionally, there are times when a person may be involved in Chesed or other important matters but forgets to connect to Hashem through davening and learning. Finally, there are times during which one does not feel connected to Hashem in any way, essentially a self-proclaimed "lazy day." This balance is exactly what we are supposed to strive to achieve through the holiday of Sukkot; to find that perfect balance of accomplishing all that Hashem wants from us. Having just exited Yom Kippur and the Yamim Noraim, where we focused heavily on davening as a means to achieving a balance in all areas of life. Perhaps the Arba Minim are there to remind us that we do not always have that balance, and that is okay.

Rabbi Shlomo Carlebach wrote: In these days before Sukkot, we go and buy the four species. I'm sure I'm not repeating it to you: the four species symbolize peace and unity. On the Sukkot holiday we take these four species together: the etrog - somewhat similar to a lemon, but more special and more beautiful. The Etrog is the beautiful, complete Jew - both learning a lot and doing many mitzvahs. The Lulav is the Jew who has the strongest spine in the world. He is the Jew who studies all day. And this is also our youth, our future - the members of the holy yeshiva. Heroes like lions, whose leaves are always together... the myrtle - they are so beautiful. Always three leaves together, combined. And this is the whole depth of Sukkot - this togetherness, unity. The willow - it is true that she looks a little sad; But you know, when you put her together with the other three - they look so beautiful together. Then you see how beautiful she is too.

During the pandemic we spent quite a few months davening in our parking lot tent. Davening in nature was an eye-opener for many. On Friday evenings as the sun set, the colours of the greenery around the tent underwent a slow transformation from light green to a beautiful darker shade. Witnessing this beauty in Hashem's universe, as well as hearing the soft rustle of the wind-blown branches and leaves, inspired my davening in a special way.

Beauty, meaning, the depth of the colours of Hashem's world. I like to think that Sukkot completes our High Holiday season in a special way. Rosh Hashanah and Yom Kippur are about the world that emanates from inside us, what makes us tick, what influences us to make the right or wrong decisions in our relationships with Hashem and the people around us. This triggers reflective thinking on how to correct our behaviour as we atone for last year and move on with resolve to the next year.

Sukkot is about the world that is outside us. The Torah teaches us that it is a holiday of joy! Sukkot features Hashem's external - ושמחת בחגך - celebratory world which features the beauty of the Arba Minim and the magic of the Sukkah dwelling. Sukkot gives us external strength through performing these beautiful mitzvot, which enhances our emunah - our faith - and our collective strength as a bonded nation, preparing us for another year of inspired Avodat Hashem.

Moadim L'Simcha and Shabbat Shalom.

Rev. Amiel

COLLECTE DE SANG

HÉMA-QUÉBEC

BLOOD DRIVE

À la douce mémoire de

In loving memory of Sara et David Rinzler



Jeudi 27 octobre de 13 h 30 à 19 h 30

Thursday, October 27 - By appointment

SUR RENDEZ-VOUS

Congrégation Tifereth Beth David Jérusalem Lower Social Hall

6519, chemin Baily, Côte-Saint-Luc



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SURVIVAL, RESILIENCE, AND HOPE Wednesday, Oct. 26, 2022 • 7-8:30 pm • FREE

Holocaust survivors such as the late Tommy Strasser, exhibit an extraordinary resilience and love of family and community. They are role models who teach valuable life lessons about survival, adaptation and coping with adversity. Their recovery and achievements inspire and provide hope for anyone experiencing challenging and/or traumatic life events.

Join us to hear from Myra Giberovitch, MSW, RSW, and Dr. Dahlia Guttman, and learn about how Tommy's skillset, the values of **Survival, Resilience and Hope** can play a role for anyone facing challenges in today's world.

TOMMY STRASSER Z"I

Tommy truly believed in the power of education. He made it his mission to give back to community, by volunteering his time at the Cummings Centre for Seniors, The Montreal Holocaust Museum and participating on 5 March of the Living trips back to Poland and Israel. He embraced his responsibility to educate the general public and did so in a graceful manner.

SPECIAL GUEST SPEAKERS



Myra Giberovitch, a social worker, author & professor. A daughter of Holocaust survivors, Myra started the first social service program for Holocaust survivors in Canada and is internationally recognized as a pioneer in this area. Author of "Recovering from Genocidal Trauma" and McGill University Adjunct Professor.



Dr. Dahlia Guttman works at the Jewish General Hospital, at Santé Mont-Royal and advocates for Sudden Unexplained Death in Childhood (SUDC). She founded the Ronnie's Joy Foundation in memory of her daughter Ronnie to help families through life after loss.

For more info call Sandra Amar \$\sigma 514.734.1750

Register for free online

cummingscentre.org/tommy-strasser

Simultaneous translation English to French Sponsored by The Tommy Strasser Educational Endowment Fund

