

שבת שלום • SHABBAT SHALOM

Tisha B'Av is on Sunday, August 7th - for full schedule, see page 2

Shabbat Parshat Devarim Shabbat Chazon / Erev Tisha B'Av

Haftara: Yeshayahu 1:1 - 1:27

Friday, August 5

6:30pm	Early Mincha and Kabbalat Shabbat - Main Sanctuary
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6:46pm	Plag Hamincha
7:00pm	Mincha and Kabbalat
	Shabbat - Main Sanctuary
7:00pm	Minha et Kabbalat Chabbat -
	Minyane Sépharade - Chapel
7:59pm	Candle Lighting
8:18pm	Sh'kiah
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<u>Shabbat, August 6 / 9 Av</u>

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8:00am	Shacharit - Hashkama Minyan	
9:00am	Shacharit - Main Sanctuary	
9:00am	Shaharit - Minyane Sépharade -	
	Chapel	
9:22am	Sof Zman Kriyat Sh'ma	
10:00am	Kef Club Shabbat Programs for	
	Kids - Lower Level Classrooms	
6:00pm	Mincha - Main Sanctuary	
	- eat Seudah Shleesheet at home	
8:16pm	Sh'kiah - fast begins	
9:00pm	Introduction to Tisha B'Av	
	with Rabbi Freundlich	
9:07pm	Shabbat ends	
9:30pm	Maariv, Megillat Eicha and Kinot -	
Main Sanctuary		
FOR FULL TISHA B'AV SCHEDULE, SEE PAGE		
TWO OF THIS BULLETIN.		

SCHEDULE FOR NEXT WEEK

Mincha/Maariv:

7:55pm Monday to Thursday

Shacharit

Monday and Thursday: 6:50am Tuesday, Wednesday and Friday: 7:00am

On Friday, August 12

Candle Lighting is at 7:49pm Mincha is at 6:20pm and 7:00pm M. Sépharade Minha is at 7:00pm

For our full schedule, go to tbdj.org/calendar.

Dear Rabbi Freundlich,

As this is your last Shabbat as Rabbi of Tifereth Beth David Jerusalem, we wanted to take this opportunity to wish you and Rifki and your entire family *hatzlacha raba* on your move next week to New York. We are all profoundly grateful for all you have done for us here in Montreal, and we will greatly miss having you as part of our community.

We look forward to being together again with you on many Shabbatot and chagim in the future, whether at your new home at Beth Sholom, or here at TBDJ, or in Eretz Yisrael!

L'hitraot!

Your TBDJ Family

COMMUNITY NEWS

Mazal Tov to **Reesa & Ephriam Kandelshein** and their families on the birth of a grandson on Monday, August 1 in New York City. Proud parents are Samara & Elie Sonnenblick. Sharing in their simcha are big brother Shai, grandparents Betsy & Marty Sonnenblick and many delighted aunts, uncles and cousins. Lovingly remembered at this time are, zichronam livracha, Samara's grandparents Sheila & Hy Busgang and Muriel & Morris Kandelshein, and Elie's grandparents Elaine & Howard Perlmutter and Helene & Leo Sonnenblick.

Refua Sh'leima to Yosef Yehoshua ben Rivka יוסף יהושע בן רבקה.

THANK YOU TO THE FOLLOWING SPONSORS

Kiddush is co-sponsored by **Renee & Marty Lieberman** in memory of Renee's beloved mother Sydell Brooks z"l (Shifra bat Dov - 11 Av).

Kiddush is co-sponsored by **Chaya & Lorne Lieberman** in memory of Chaya's beloved mother Yocheved Orbach z"l (Yocheved bat Yehuda - 11 Av).

This Shabbat Bulletin is sponsored by **Betty Laxer** and her family in memory of a beloved mother-in-law and grandmother Toba Laxer z"I (5 Av) and a beloved aunt and great aunt Mary Lankofsky z"I (27 Tamuz).

Rabbi Freundlich's Shabbat Sermon is sponsored by Avi Whiteman in memory of his beloved mother Simone Perez Whiteman z"l (Simcha bat Avraham v'Iza - 10 Av).





Congregation TBDJ invites you to join the community in commemorating Tisha B'Av. All minyanim, kinnot, shiurim and programs will take place in our shul, and will also be accessible on ZOOM using the TBDJ Zoom links provided in the Shabbat email on Friday.

SHABBAT, AUGUST 6

6:00pm	Mincha - Main Sanctuary - eat regular Seudah Shleesheet at home
8:16pm	Shkiah - fast begins
9:00pm	Introduction to Tisha Bav with Rabbi Freundlich
9:07pm	Shabbat ends - change into Tisha B'Av non-leather shoes after Shabbat
9:30pm	Maariv, Megillat Eicha and Kinot - Main Sanctuary

SUNDAY, AUGUST 7

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8:00am	Shacharit - Lower Social Hall - with Kinot recitation (no introductions)
9:00am	Shacharit - Main Sanctuary - with Kinot recitation and brief introductions
10:00am	Kef Club Tisha B'Av Programs for Kids - Lower Social Hall - <i>preregistration for this program is now closed</i> .
11:00am	Shiur with Rabbi Freundlich: A Brief Reading of Kamtza and Bar Kamtza, and the Destructive Powers of Misplaced Humility
1:00pm	Chatzot / Midday
1:40pm	Early Mincha - Main Sanctuary - talit and tefillin are worn

SPECIAL VIDEO PRESENTATIONS - UPPER SOCIAL HALL

2:15pm "Sarah's Key"

This powerful Holocaust drama follows Julia Jarmond, an American journalist living in Paris with her French husband and teenage daughter, who is commissioned to write an article about the notorious 1942 Vel d'Hiv Roundup. As the film shifts back and forth from a modern setting to Paris 1942, Julia stumbles upon a secret which will change her life, and that of her family, forever. Julia's research draws a connection between the family apartment that she and her husband are renovating, and its former residents, the Jewish Starzynski family. Resolving to discover what became of them, she finds herself focusing on the fate of their daughter, Sarah, and the unspeakable atrocities she experienced.

4:00pm "After Auschwitz"

This "Post-Holocaust" documentary follows six extraordinary women, capturing what it means to move from tragedy and trauma towards life. These women all moved to Los Angeles, married, raised children and became "Americans" but they never truly found a place to call home. What makes the story so much more fascinating is how these women saw, interpreted and interacted with the changing face of America in the second half of the 20th century. They serve as our guides on an unbelievable journey, sometimes celebratory, sometimes heart breaking but always inspiring.

5:45pm "The Wait"*and*

6:45pm "The Other Half of the Story"

Tisha B'Av is a time when people are seeking meaning and inspiration, looking to do something to spend their time in a fulfilling way. These two one-hour long films produced by Yoel Gold provide uplifting and inspiring messages to help us relate to Tisha B'Av better and elevate our experience as we yearn for closeness and connection to Hashem. After the Beit Hamikdash was destroyed, we lost the sentiment of seeing and recognizing how Hashem is involved in our everyday lives. With all new riveting stories of faith and Divine Intervention, these films inspire us to hold on tight, and embrace the final wait for our long awaited dreams.

7:45pm	Mincha - Main Sanctuary - talit and tefillin are worn
8:15pm	Shkiah
8:30pm	Maariv - Main Sanctuary
9:00pm	Havdala - fast ends

ּכִּי־נָטָם ה' צִיּוֹן נִטַם כָּל־טָרְבֹעֶיהָ וַיָּשֶׂם מִדְבָּרָה כְּעֵׁדֶן וְעַרְבָתָה כְּגַרָהֶ' שָׁשָׁוֹן וְשִׂמְחָה יִמְצֵא בָּה תּוֹדָה וְקוֹל זִמְרָה:

Selected Laws of Tisha B'Av

Compiled by Rabbi Yechezkel Freundlich – Tisha B'Av 5782

The fast of Tisha B'av commemorates five tragedies which befell the Jewish nation:

- The Jews of the desert were told that they would not enter Eretz Yisrael following the sin of the spies.
- > The first Bet HaMikdash was destroyed.
- > The second Bet HaMikdash was destroyed.
- Beitar, a city filled with over 10,000 Jews, was captured and destroyed by the Romans during the Bar Kochva rebellion.
- > Turnus Rufus plowed the area of the heichal the inner chamber of the Temple.

Fasting

The fast begins at sunset on Shabbos afternoon (8:16pm). Because it is Shabbos, there is no Seuda Hamafseket (bread and eggs dipped in ash) and up until 8:16pm there are no restrictions; one may even eat meat or drink wine.

Although many authorities rule that a pregnant or nursing woman is obligated to fast, there are many authorities who rule leniently and permit them to eat. This year, when the fast is observed on Sunday, one may be lenient.

Washing and Bathing

It is forbidden to wash or bathe oneself in cold or hot water. However, if one's hands are soiled they may be cleaned.

Wearing Leather

Wearing leather shoes is prohibited all day on Tisha B'av. This year, as the prohibition begins right after Shabbos ends, one removes leather shoes right at nightfall on Saturday night (9:07pm). One can either bring Tisha B'av shoes to shul before Shabbos on Friday or one may wait until the fast starts Saturday night to put them on. Those planning on attending Rabbi Freundlich's 9:00pm introductory lecture should bring their shoes before Shabbos. It is best NOT to bring shoes in a bag on Shabbos as that is considered "preparing" for after Shabbos.

Learning Restrictions on Tisha B'Av

One should not learn Torah on Tisha B'Av, whether it's Tanach, Midrash, Mishna, Gemara, Halacha, or Aggadata, because Torah brings happiness to a person. This applies to women as well. Nevertheless, the obligation to set some time in the day for learning Torah still exists. It is permissible to read Iyov, the sad parts of Yirmiyahu, Eicha and its explanation, the third perek of Moed Katan which deals with the laws of mourning, and Gittin and Sanhedrin in the Gemara which deal with the destruction of the Bet HaMikdash. The recitation of normal prayers is permitted even though they contain Torah, such as Az Yashir, Eizehu Mikoman, the korbanot, and Kriat Shema al HaMita, etc.

Eicha

On Tisha B'Av, the custom is to read the Megilla of Eicha (Lamentations) without a bracha. It is read at night, but not during the day - though one is certainly permitted to recite it during the day. Even one who cannot attend shul should read Eicha and the kinot alone.

continued.....

Selected Laws of Tisha B'Av continued

<u>Mincha</u>

Though tefillin are not worn during Shacharis on Tisha B'Av, they are worn during Mincha. At Mincha, we add a prayer for the rebuilding of Jerusalem in the Shemoneh Esreh, which begins with the word "nachem." If one forgot to recite "Nachem" during the Amida and only remembered after finishing, he should not go back and recite the Amida again.

Sitting on the Floor

During the evening of Tisha B'Av and in the morning until chatzot (midday, 1:00pm) the custom is to sit on a low bench or chair as a mourner would. Those who have a difficult time sitting on the ground may sit on a regular chair. When Tisha B'Av begins on Motzaei Shabbat, the prohibition of sitting on chairs begins when Shabbat ends (9:07pm this year), not at sunset.

Greeting Others

As part of the mourning of Tisha B'av, one should refrain from greeting others during its observance. If someone else says hello to you, you may respond, but should do so with a lower voice and your head bent downward.

Mourning Practices on the Tenth of Av

Some of the mourning for the Beit Hamikdash extends beyond Tisha B'av until the tenth of Av. This is because the fires that started burning on Tisha B'av actually consumed the Beit Hakikdash on the tenth. According to Ashkenazim one may not eat meat, launder clothing, bathe, take haircuts until midday of the tenth of Av. However, if Tisha B'av falls on Shabbat and is pushed to Sunday, everything is permitted right after the fast (laundry, bathing, haircuts) except for eating meat and drinking wine which is only permitted Monday morning.

When Tisha B'Av falls on Shabbat or Sunday

- > In Shmoneh Esrei on Motzaei Shabbat, we add "Ata chonantanu".
- One who did not recite Maariv or did not add "Ata chonantanu" should recite the following phrase before performing weekday activities: "Baruch HaMavdil bein kodesh lichol."
- If Tisha B'Av falls on Shabbat and is pushed off to Sunday, the bracha of Boreh Meorei HaEsh upon a fire is made on Motzaei Shabbat before the reading of Eicha, or anytime at night at home. The bracha on spices is omitted, as is the bracha of havdalah over a cup of wine.
- On Sunday night, the bracha of havdalah is made over a cup of wine, but the bracha on spices is omitted, as is the bracha on fire in the case where one forgot to make it Saturday night.
- An adult who is exempt from fasting should recite Havdalah on Motzei Shabbat before eating.

Shabbos Is In the Air - and So is Moshiach!

Fridays in Israel are special. There is Shabbos in the air. As I exit the shul following early morning davening, I pass through the lobby where there is a selection of Hebrew and English publications featuring the Torah portion of the week - publications which are delivered weekly to synagogues all over the country. Commentary on the parsha is richly offered and even Israeli politics finds its way into the articles written by various authors.

From early on Friday morning, flowers are bought by young and old alike from street vendors, and are brought home to the women in their lives to beautify their Shabbos. The smell of Shabbos is in the streets. There are abundantly-stocked stores featuring Shabbos delicacies. You can purchase prepared fish, chicken, meat, cholent, salads, side dishes, deserts and more. The choice is mind boggling and it's a real pleasure to go through the stores, filling your disposable aluminum pans and containers with wide-ranging culinary varieties featuring the incomparable taste of Shabbos.

Shabbos songs - acapella during the three weeks - and more inspiring Torah thoughts are available on the radio and on television all day, completing the wonderful aura of our holy nation preparing for our holiest day of the week. During the day, people dressed in their Shabbos finest wait at bus stops and train stations as they journey to their weekend destinations. And this is only the forshpaiz - the "appetizer". Imagine the culminating beauty of Shabbos itself, following the uplifting atmosphere of preparation on Friday. Only in Israel.

Our sages have often described Shabbos as a metaphor. In various contexts, we learn that Shabbos is a piece of the next world - עולם הבא; the next world is a complete Shabbos existence - יום שבולו שבת; and that our present world is a Friday, the eve of Shabbos - ערב שבת.

There is another measure of the awesomeness of the Erev Shabbos preparations in Israel. In Beit Shemesh where I am staying with my family, as well as in other cities, there is a siren which is sounded forty minutes before Shabbos and then again twenty minutes later. The siren announces the imminent onset of Shabbos. This continues an ancient tradition dating back to the days of the Beit Hamikdash. The Talmud in the tractate of *Shabbos* (35b) records that six trumpet blasts were sounded on the eve of Shabbos, the first to tell people to cease work in the fields, the second to have shopkeepers close their stores and the third for candle lighting.

Throughout our history, the task of informing the residents of a certain community about the approach of Shabbos was practiced in different ways. An example of this is found in Itsik Gottesman's account about the job of the *shul-klaper* - the "shul knocker" - published in the Forward newspaper in 2019: *When Moyshe Aron Shulklaper went to the noisy market on Friday afternoon and began rapping with his hammer on the shutters of the open stores to announce that Shabbos was coming, chaos often ensued. Both storekeepers and their customers rushed to finish their transactions.* An unidentified source adds: Many *people did not have clocks or watches and could not tell when it was time to light the Sabbath candles. A shulklaper, or knocker, went from house to house. He would rap on the shutters and cry out, "Women, women! It's time to light the candles and go to the synagogue.*"

Gottesman elaborates on the job of the shul knocker: In the

shtetls of Eastern Europe, the shul knocker, often the synagogue's beadle - shamash - would wake up his fellow congregants in time for morning prayers and in the middle of the night for slichos, the penitent prayers recited throughout the Hebrew month of Ellul leading up to the Days of Awe. He would rap on the shutters with a little hammer each day except on Shabbos when he used his fist.

Gottesman writes that the oldest mention of a "shul knocker" is from 1225 in Germany and that: Although shul knocking may seem like a low-status profession today, shul knockers were held in high regard by medieval Jews. Because the shul knocker went from house to house, he was known by everyone in town, even by his Christian neighbors. Some communities kept his little hammer inside the Torah ark.

Gottesman goes on to present a somber description of the shul knocker's communicative messaging in his job: Moyshe Aron Shulklaper would rap three times on the closed shutter with his wooden hammer. If anyone had died, he would rap only twice. "The third rap of the hammer which never came hung in the air, provoking a shudder in all who heard it. It signified death, the cemetery, bathing a corpse and a funeral. A sigh would escape from your chest and tears would well up in your eyes." And so Moyshe Aron Shulklaper became the "announcer of joy and sorrow." His third rap of the hammer was always awaited with hope. It seems that these feelings about the shul knocker go way back. One source, A. Ziskind, wrote in the 16th century: "When the shul knocker rapped only twice, I'd sigh. But when he tapped three times, my heart jumped for joy."

Hearing the siren last Friday, twenty minutes before Shabbos, triggered different thoughts within me. Though loud enough to fill the air and send the message of Shabbos, the Shabbos siren is not an overpowering or blasting sound. It's sound is perfect: not too loud and not too soft, even calming... The calm sound symbolizes the end of the feverish work week and the entrance into a peaceful and spiritual Shabbos. The sound of the siren promotes feverish last-minute activity and preparation as Shabbos is imminently upon us.

The sound of the weekly Shabbos siren in Israel is especially meaningful during these days in the month of Av, when prayers for our national redemption is on our minds. In conversations during this annual period of mourning, it is common to express our hope that Mashiach and the final redemption will happen soon, ending our mourning for Yerushalayim and the Batei Hamikdash, our holy Temples. And there is a traditional teaching that says Moshiach will announce his arrival with the sound of a shofar - similar to the siren that announces the weekly arrival of Shabbat in Israel. The siren that I heard last Friday is a reminder that this world is feverishly preparing for Shabbat and a foreshadowing of our national preparation for Moshiah.

I am sorry to be missing Moreinu HaRav Freundlich's last Shabbos at TBDJ. It is the end of an all too short era of wonderful leadership by him and Rifki at our shul, and I know that I speak for one and all as Cheryl and I wish the Freundlich family *hatzlacha raba* - much success in all their endeavours at Beth Sholom! Rabbi, it was an honour and a privilege to work with you!

Shabbat Shalom from Israel - with wishes for meaningful fast for all,

Rev. Amiel