



CONGREGATION TIFERETH BETH DAVID JERUSALEM

Shabbat Bulletin

בס"ד

כה אדר א' התשפ"ב
שבת פרשת ויקהל / פרשת שקלים
Shabbat Parshat Va'yak'hel
Parshat Sh'kalim
February 25 - 26, 2022 / 5782
Please print this bulletin before Shabbat.

Chazan Sheini
Rev. Amiel Bender

Rabbi
Yechezkel Freundlich

President
Josh Orzech

6519 Bailly Road, Côte Saint-Luc, Québec H4V 1A1 Canada • 514-489-3841 • www.TBDJ.org • director@tbdj.org

SHABBAT SHALOM • שבת שלום • משנכנס אדר מרבין בשמחה

Rosh Chodesh Adar Bet is on Thursday, March 3 and Friday, March 4
Molad is on Thursday, March 3 at 3:51am and 17 chalakim

Shabbat Parshat Va'yak'hel Parshat Sh'kalim

Haftara: Melachim Bet 12:1 - 12:17

Face masks must be worn properly - covering
nose and mouth - in all areas in and around the
TBDJ building.

Friday, February 25

- 3:00pm Daf Yomi on Zoom
- 4:28pm Plag Hamincha
- 5:10pm Minha et Kabbalat Chabbat -
Minyane Sépharade - Lower Hall
- 5:17pm Candle Lighting
- 5:20pm Mincha and Kabbalat Shabbat -
Main Sanctuary and Upper Hall
- 5:36pm Sh'kiah

Shabbat, February 26 / 25 Adar Alef

- 8:00am Shacharit - Upper Hall
- 9:00am Shacharit - Main Sanctuary
- 9:00am Shaharit - Minyane Sépharade -
Lower Hall
- 9:23am Sof Zman Kriyat Sh'ma
- 10:00am Kef Club Shabbat Programs for
Kids - Lower Level Classrooms
- 4:29pm Plag Hamincha
- 4:50pm Minha, Seoudah Shleesheet et
Arvit - Minyane Sépharade
- 5:10pm Mincha, Seoudah Shleesheet
and Maariv - Main Sanctuary
and Upper Hall
- 5:37pm Sh'kiah
- 6:21pm Havdala
- 7:15pm Daf Yomi on Zoom
- 7:15pm Musical Havdala on Facebook
with Rev. Amiel Bender

SCHEDULE FOR NEXT WEEK

Mincha: 5:25pm Sunday to Thursday

Shacharit

Sunday: 8:00am / Monday: 6:50am

Tuesday & Wednesday: 7:00am

Thursday & Friday - Rosh Chodesh: 6:45am

Candle Lighting is at 5:27pm
and Mincha is at 5:30pm
on Friday, March 4.

For our full schedule, go to tbdj.org/calendar.

COMMUNITY NEWS

Mazal Tov to **Rabbi Baruch & Rosette Solnica** and their family on the occasion of their son-in-law Mendy Moskowitz receiving his smicha from Yeshiva & Mesivta Torah Vodaath in Brooklyn, NY. Sharing in their simcha are Mendy's wife Rifkie and their children Ari, Shmuel & Esther and Elisheva & Graham.

Condolences to the family of TBDJ Member **Claire Frankel z"l** who passed away on Wednesday, February 23. Funeral took place on Thursday, February 24.

Refu'a Sh'leima to **Monty Hutman**

מאיר משה בן חיה פריידא

THANK YOU TO THE FOLLOWING SPONSORS

This Shabbat Bulletin is sponsored by **Susan & Bennett Little** in memory of Susan's beloved parents Rae & Louis Orenstein z"l (Hodi Rachel bat Yaakov Leib - 15 Tevet and Haim Mihal Leib ben Avraham Pesach - 26 Adar Alef).

TBDJ's *Héma-Québec Blood Drive* on Tuesday, March 1 is co-sponsored by **Brian, Michele, Friderika, Shireen, Tina and Ruby Cale** to mark the tenth yahrzeit for Michele's beloved father Rouben Kadoury Shemie z"l (Reuven ben Salha v'Kadoury - 28 Adar).

TBDJ's *Héma-Québec Blood Drive* on Tuesday, March 1 is co-sponsored by **Rivka & Alex Guttman** in memory of their granddaughter Ronnie Hollander (Rina Shira bat Michael Yonatan Meir Eliezer v'Chava Dahlia - 16 Tevet) "May her memory continue to be an inspiration."

Join us for Mincha and Maariv next week at 5:25pm. Especially in the challenging winter months, joining us in the afternoon for a brief escape is especially rewarding. Our doors are once again open... why not start a new routine? If you haven't already done so, give it a try!

NEXT LECTURE: MONDAY, MARCH 7
AT 7:45PM ON ZOOM

MODERN JEWISH HISTORY PART II
FROM WORLD WAR I
TO THE DECLARATION
OF THE STATE OF ISRAEL



UPCOMING SHIURIM AND PROGRAMS

Monday, 2/28, 10:00am..... Tehilim Shiur with Rifki Freundlich on Zoom

Tuesday, 3/01, 1:30pm-7:30pm TBDJ Blood Drive - see flyer on page 5 of this bulletin

Thursday, 3/03, 12:30pm Parsha Shiur for Women with Rifki Freundlich on Zoom

Mondays at 7:45pm..... Jewish History Lecture - resumes on March 7

Tuesdays at 12:00pm..... Lunchtime Halacha Shiur - resumes on March 8

Wednesdays at 12:15pm..... Wednesday Parsha Shiur - resumes on March 9

כָּל אִישׁ וְאִשָּׁה אֲשֶׁר נָדַב לִבָּם אֹתָם לְהִבְיֹא לְכָל הַמִּלָּאכָה אֲשֶׁר צִוָּה הַשֵּׁם לַעֲשׂוֹת
בְּיַד מֹשֶׁה הַבִּיאוּ בְנֵי יִשְׂרָאֵל נְדָבָה לִשְׁם

Every man and woman whose heart motivated them to bring for any of the work that Hashem commanded to make through Moshe, the Children of Israel brought a free-willed offering to Hashem.

This verse from our Torah portion of Vayakhel (Shmot 35:29) speaks about the importance of the sincerity of Bnei Yisrael's donations to the construction of the Mishkan, the Tabernacle in the desert, the resting place for Hashem's presence. *Or Hachaim* teaches that there were two kinds of givers. In the words of the Torah, there were those whose *spirit motivated* them to give wholeheartedly what they could afford. However, there was a higher class of giving where people were inspired to give more than they could afford, because of their passionate desire to contribute to the Mishkan campaign. Either way, Hashem's initial words launching this campaign were to seek contributions *from every man whose heart motivates him...* (Shmot 25:2)

Throughout the Mishkan campaign, the Hebrew word נְדָבָה - offering - is used in various forms. נְדָבָה – offering, יָדְבֹנוּ לָבוּ - whose heart motivates him, נְדָבָה רוּחוֹ - whose spirit motivates him. What is so unique about this word and its variations?

Dr. Alan Morinis writes: *The soul-trait of generosity is named “nedivut” in Hebrew. Nedivut - a type of generosity that comes not from obligation nor rational thought, but out of an irresistible feeling that stirs deep within. Your heart compels your hand to dig into your pocket. It’s a movement of the soul that erupts when you are pierced by the recognition of your direct connection to another soul. I give to you because your need is my need, your suffering is my suffering. I feel one with you and respond as freely as if for myself. The overall goal of Mussar practice is to help us fulfill our potential to really live as the holy souls we are. To move toward holiness, one must yearn for it. One must be propelled by a spiritual willingness - nedivut ha-lev - a generosity of the heart. Because we live in a money-centric culture, we tend to think of generosity only as a question of reaching into our wallets. But as with all character traits, generosity is a trait of the soul and so it can find expression in many ways, including how you share your time, your energy, and your possessions. When your heart is guided by an open, trusting, voluntary, inspired, internal motivation that overflows from the depth of your caring in response to the needs of, or love for, another, you will always find a way to respond.*

Dr. Moranis' words support the directive of a higher level of contributing to the Mishkan. Hashem was looking to Bnei Yisrael for sincere, internalized and heart-guided motivation. We find that the heart is a central theme in Hashem's world - though Hashem has no form or body. We read about Hashem's heartfelt feelings at the end of the first portion of the Torah - Parashat Breisheet - where Hashem made the difficult decision to eradicate man from the earth, consequently bringing a flood upon the world: *Hashem reconsidered having made man on earth and He had heartfelt sadness.* (Breisheet 6:6) We read in the words of the *Shema* about Hashem's wishes for our heartfelt devotion to him: *You shall love Hashem, your G-d, with all your heart, with all your soul, and with all your resources.* (Devarim 6:5)

Rabbi Chaim Kramer writes about the focus of the heart: *Every human being has both a mind and a heart which correspond respectively to the kabbalistic sefirot of ‘chochma’ - knowledge - and ‘bina’ - understanding. Each of us possesses his own basic cache of knowledge upon which the mind acts and accordingly directs the body. However, the directives of the mind are essentially neural impulses, which are automatic responses. It is the heart, bina, which focuses differently from the mind, where we come fully to appreciate and understand a given situation. The way in which our hearts ‘hear’ and ‘understand’ a predicament will determine the manner in which we respond to it.* (*Anatomy of the Soul - Rabbi Nachman of Breslov*, by R. Chaim Kramer 1998, pp. 220-221)

Hashem, in evoking the proper response for the Mishkan campaign from within his beloved nation was appealing not only to the hearts of the individuals, but to the very heart of our nation.

True and sincere giving of oneself is heartfelt. You are connected to what you are doing beyond the rational itself. There are many ways to give of oneself. The idea of giving of oneself is as old as time itself. In fact, the first act of charity in the world happened 5782 years ago on the day that man was created. It was about giving on another

dimension. The Midrash teaches that following the creation of Adam, Hashem showed Adam the history of mankind, of each generation and its leaders. In the course of this “exhibition,” Adam was shown the soul of David HaMelech - King David - and the fact that he was destined to live only three hours. Adam was very grieved at this loss of potential and asked Hashem whether he was allowed to bequeath some of his own years to David. Hashem answered that Adam was destined to live for one thousand years, but that he would be allowed to give up some of those years to David. Adam then gave a donation of seventy years to David, so that he lived for 930 years and David lived for seventy years.

Rabbi Doniel Baron writes that Adam's donation of his years would have an everlasting influence: *Adam himself represented man's colossal potential, as well as how far he could fall. Adam's understanding of the world was vast, and his dominion complete until he ate from the forbidden fruit. Hashem created Adam to be immortal, something that remains true of the soul, but not of the body. Adam failed to rule over his inclination. He introduced death into the world... King David was the scion of the messianic line which will usher in the end of time. Our tradition teaches that the Moshiach will help bring the world to its perfection and toward revival of the dead, reversing Adam's colossal mistake. Adam knew this and realized that it was critical for him to ensure that King David would live and accomplish his task in the world. Adam had brought death to the world, and to correct that, he ensured that there would be someone to bring us back to eternal life.*

The verse in the Torah portion states: אֲשֶׁר נָדַב לִבָּם אוֹתָם - whose heart motivated them. If the verse mentions *whose heart* - לִבָּם, it seems repetitive to have the word אוֹתָם – *them*? As Jews, we have been raised and educated to appreciate the importance of giving of ourselves to help others and that giving of ourselves is something that becomes a part of us. It is what Hashem expects of us as Jews. Giving of ourselves will help us maintain a strong connection to one another and will ensure the longevity of our people as we move on through history. Giving benefits both the giver and the recipient in the most special way.

Giving isn't only about money or clothes or food. Over the years, Cheryl and I have been the recipients of another special kind of giving, a feel-good giving from the heart, of being treated nicely with words of genuine interest and concern - in a place where this kind of giving doesn't necessarily happen all the time: the IGA supermarket at Cavendish Mall.

Shopping at that store over the years, we have been blessed by a special kind of giving by a wonderful non-Jewish woman named Prisca who, until recently, worked there as a cashier. Cheryl or I always made sure to go through Prisca's cashier lane even if it meant waiting in line. Why, you may ask? It is because we were the beneficiaries of a heartfelt cashier-client relationship which enhanced our Shabbos shopping experiences in a special way. Prisca gave of herself with smiles, a heartfelt *Shalom Aleichem* and a *Good Shabbos*. I taught her to answer *Aleichem Shalom*. She would ask me about Cheryl, TBDJ and my students in school. She would inquire about me through Cheryl. Over the years she learned to sense when I was in a hurry (when am I not?) and when I wasn't in the store for a while, she would guess that I was in Israel and would ask about my family there. Cheryl and I, in turn, did the same, asking about her and her family's wellbeing. Shabbos is special and this nice softspoken woman contributed to our pre-Shabbos experience over the years.

Lately, Prisca hadn't been well and we had not seen her for some time in the store. I found out a few days ago that, sadly, she had lost her battle with her medical challenges on January 12th. We will miss those special, heartfelt moments with Prisca, may she rest in peace.

Giving from the heart. It is what our lives are all about. Every day, every hour, every minute offers us opportunities to enhance life in our world in many ways. Our contributions from the heart, no matter how large or small or in what form, are divine donations to building a better world in the same way Bnei Yisrael contributed to creating Hashem's holy Mishkan in ancient times.

Shabbat Shalom,

Rev. Amiel



**COME ONE, COME ALL
TO A CLASSIC TBDJ**

PURIM EXTRAVAGANZA

6:45 PM Mincha followed by

**Megillah Reading
&
Carnival**

Food, Music, Games & Kids Activities

Don't forget your costume!

**WEDNESDAY MARCH 16th
FREE ADMISSION**



TORAH תורה
מציון MITZION
KTM MONTREAL



Congregation TBJD and Kollel Torah MiTzion
invite you to roll up your sleeves!

וְנִטְעָתֶם כָּל עֵץ מֵאֲבָל

SPRING GARDENING EVENT

Sunday, March 20, 2022
10:00am



A Special "Hands-On" Program LIVE IN-PERSON AT TBJD

(Zoom option also available)

Led by the *Backyard Planting Montreal* group
With special remarks from Rabbi Freundlich & Sarah Gateno

All proceeds will go towards planting trees in Israel

REGISTER AT: **[TBDJ.ORG/PLANTING](https://tbdj.org/planting)**

Learn the basics of planting... compare the different seeds for different plants...
gain an appreciation for the beauty of dirt... and start your own mini garden!

If you have any questions,
please email
yairmeyers@gmail.com
or robertschwar@gmail.com

**\$18 PER KIT - INCLUDES GARDEN POT, SOIL,
AND 1 SEED TYPE (PEPPERS, TOMATO, PEA,
BASIL / MINT) - OR ALL FOUR FOR \$65**
WITH PROCEEDS DIRECTED TO
'ZO ARTZEINU' (ISRAELTREES.ORG)

**SPECIAL BONUS
FOR ORDERS
BEFORE MARCH 11**
**PICKUP
BY MARCH 13**

COLLECTE DE SANG

BLOOD DRIVE



HÉMA-QUÉBEC

HEROES OF THE PANDEMIC REINFORCING THE FRONT LINE

En collaboration avec
In collaboration with



Mardi 1^{er} mars
13 h 30 à 19 h 30

Tuesday, March 1st from 1:30 p.m. to 7:30 p.m.
By appointment only

SUR RENDEZ-VOUS

Congrégation Tifereth Beth David Jérusalem
Lower social Hall
6519, chemin Baily, Côte-Saint-Luc, H4V 1A1



Prenez rendez-vous dès aujourd'hui !

→ hema-quebec.qc.ca

→ 1 800 343-7264

Visit our website or call us to book an appointment.