ט כסלו התשפ"ב שבת פרשת ויצא **Shabbat Parshat Va'yeitzei** November 12 - 13, 2021 / 5782 Please print this bulletin before Shabbat.

Chazan Sheini **Rev. Amiel Bender**

Rabbi Yechezkel Freundlich

President **Josh Orzech**

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SHABBAT SHALOM • שלום שלום

Shabbat Parshat Va'yeitzei

Haftara: Hosheiya 12:13 - 14:10

Friday, November 12

3:28pm Plag Hamincha 4:09pm **Candle Lighting**

4:10pm Mincha, Kabbalat Shabbat and

Maariv - Main Sanctuary and Upper

Social Hall

4:28pm Sh'kiah

Shabbat, November 13 / 9 Kislev

8:00am Shacharit - Upper Social Hall 9:10am Chumash Shiur - Main Sanctuary 9:15am Sof Zman K'riyat Shman

9:30am Shacharit - Main Sanctuary Kef Club for Kids - Lower Level 10:00am

3:27pm Plag Hamincha

3:45pm Daf Yomi - Upper Social Hall

Mincha - Main Sanctuary and Upper 4:05pm

Social Hall

Siyum on Masechet Rosh Hashana

by Rabbi Freundlich

at Seudah Shleesheet

Sh'kiah 4:27pm Havdala 5:14pm

6:10pm Musical Havdala on Facebook

with Rev. Amiel Bender

SCHEDULE FOR NEXT WEEK

Mincha: 4:05pm Sunday to Thursday

Shacharit

Sunday: 8:00am and 9:00am Monday and Thursday: 6:50am and 8:00am Tuesday, Wednesday and Friday: 7:00am and 8:00am

> Candle Lighting is at 4:02pm and Mincha is at 4:05pm on Friday, November 19

For our full schedule, go to tbdj.org/calendar

COMMUNITY NEWS

Mazal Tov to Elaine & Marc Leiter and their families on the birth of grandson Zachary Miles Barza (Shmuel Mendl) on Sunday, October 31. Proud parents are Melissa Leiter & Adam Barza. Sharing in their simcha are Zachary's brother Andrew, his maternal grandparents Susan & Howard Barza, and many delighted aunts, uncles and cousins. Lovingly remembered at this time are Zachary's great grandparents Mildred & Jack S. Leiter z"l.

Mazal Tov to Dida Berku and to Mike Cohen on being elected to the City Council of Cote Saint-Luc in the recent municipal elections.

Mazal Tov to Jason Farber and to Harvey Shaffer on being elected to the City Council of Hampstead in the recent municipal elections.

Mazal Tov to the following TBDJ members who have been selected to receive a 2021 Jewish Leadership Recognition Award from Federation CJA: Elisheva Eisenberg, Susan Laxer, Daniel **Lieberman, Dean Mendel** and **Yair Meyers**. The award ceremony will be broadcast on Tuesday, November 16 at 7:00pm on Zoom. For details, see the flyer on page 6 of this bulletin.

Mazal Tov to Sylvia Levitt on her special birthday! Biz 120!!!

THANK YOU TO THE FOLLOWING SPONSORS

Rabbi Freundlich's drashot on Shabbat are sponsored by Sharon & Robert Hecht in memory of Robert's beloved mother Rebecca Hecht z"l (Rivka bat Moshe - 13 Kislev) and in memory of Sharon's beloved grandmother Dina Goodin z"l (14 Kislev).

UPCOMING SHIURIM, PROGRAMS AND EVENTS

Musical Havdala with Rev. Bender - TBDJ Facebook Page Saturday 11/13 at 6:10pm

Kollel Yom Rishon at TBDJ - see flyer on page 3 Sunday 11/14, 8:00am-10:35am Monday 11/15 at 10:00am Tehilim Class with Rifki Freundlich - Zoom Jewish History Lecture with Rabbi Freundlich -

Monday 11/15 at 7:45pm

Upper Social Hall and on Zoom

Tuesday 11/16 at 1:00pm Lunchtime Halacha Shiur with the Rabbi - Zoom Wednesday 11/17 at 12:15pm Wednesday Parsha Shiur with the Rabbi - Upper Social

Hall and Zoom

Parsha Shiur for Women with Rifki Freundlich -Thursday 11/18 at 12:30pm

TBDJ Library and on Zoom

Jewish Music Shiur with Rev. Bender - 700m Thursday 11/18 at 2:00pm

TBDJ and Kollel Torah Mitzion invite you to our **Kollel Yom Rishon**

Every Sunday morning - starting on November 14 in the Upper Social Hall at TBDJ.

8:00am Shacharit / 8:40am - 9:00am Shiur Hilchot Shabbat 9:00am Second Shacharit / 9:35am Coffee and Croissants 9:45am - 10:10am Learning Groups with KTM Bachurim 10:10am - 10:35am "Tzurba M'Rabanan" Shiur

Mark your calendars! TBDJ and KTM invite everyone to a Chanukah Melava Malka Extravaganza

on Motsa'ei Shabbat, December 4 Learning programs, music, food, games and Ping Pong Tournament!!!

Where There's a Well, There's a Way

The scene is Yaakov Avinu's dinner table one evening in the year 2210:

"Abba" asks one of the children "How and where did you meet Ima Rachel?" Yaakov gives a smile and tells his children... "Are you ready for a good story? I was running from my brother Esav to my uncle Lavan in Charan. You remember that my brother was angry at me for stealing his blessing from our father Yitzchak. I got to my uncle's town and I saw a well in the field with three flocks of sheep beside it. There was a large stone placed over the mouth of the well, meant to protect the water as it was not plentiful and to protect children or objects from falling into the well. When all of the flocks would gather together at the well, the shepherds would roll the heavy stone off the well together as a team." Yaakov continues with his story: "Looking for my uncle Lavan, I asked the group of shepherds if they knew him. They said that they did, and they told me that Lavan's daughter Rachel was going to arrive shortly at the well with her father Lavan's flock. I told the shepherds to water their flocks and go, but they said that they would wait until all of the flocks have been gathered at the well and together they will roll the heavy stone from the mouth of the well. Apparently the Aramites didn't trust each other to share the water of the well in equal portions and that's another reason that there was a large stone over the well that could only be moved by the group of shepherds and not by one single person. Eventually, your mother Rachel showed up with her father's flock. I looked at your mother and I went to the well where I singlehandedly moved the large stone off the well all by myself so that

Yaakov then flexes his biceps in a show of bravado. Can you imagine the reaction of the twelve young men, sons of Yaakov, future tribes of Israel, at the conclusion of the story? I can envision my own kids' sarcastic reactions to this incredible tale: "Right Dad, sure you did. You were the ultimate male, Mr. Macho. A Rambo at the well who moved a massive stone that normally takes a large group of shepherds to move. A real legend in your mind... nice story!"

your mother would not have to wait."

We all have stories of where and how we met our spouses. Walking down memory lane, we all have memories of trying to impress our potential spouse in any which way - especially on that first date. When we retell these stories to our children, the versions of the story tend to vary by the spouse and seemingly the children sometimes try to imagine a picture of their parents and wonder if everything is actually the way it is being told. It is easy to imagine that the story of Yaakov's love for Rachel is a "love at first sight" story that gave him the strength to move the boulder off the well, a task which normally required an entire group of shepherds.

Following Yaakov's rather heroic feat, he introduces himself to Rachel who runs home to tell her father the news that his nephew came to visit. Lavan's reaction? And it was when Lavan heard the news of Yaakov his sister's son, he ran toward him, embraced him, kissed him, and took him to his house: he recounted to Lavan all these events. (Breisheet 29:13) Sforno teaches that the news of Yaakov that Lavan heard was the feat that Yaakov rolled the stone off the well by himself. Was moving the stone off the well meant to help Rachel or was there another reason that Yaakov took this act upon himself? Rabbi Darrell Ginsburg explains the significance of Sforno's commentary:

As mentioned above, Yaakov came to Charan without anything or anyone. His objective, as related by his parents, was clear – escape from Esav, find Lavan, and eventually search for a spouse from within Lavan's family. Why not just walk up to Lavan's door and knock, rather than go through all the conversations with the other shepherds and the displacement of the rock? As a result of his wealth, Lavan, as the Malbim points out, was the most well known man in Charan. Showing up at Lavan's house as a desperate, poor relative would certainly engender sympathy from his host.

But Yaakov knew that in the long term, a sudden appearance would work against him. Eventually, the sympathy would fade and Yaakov would be seen as a burden, someone in a constant state of need. For someone whose value system revolved around the acquisition of wealth, power and fame, to relate to someone as being a needy individual would compromise the relationship. Yaakov understood that in order for the plan of his parents to succeed, he needed to take the initiative. He realized that obtaining a reputation, like becoming known for some great feat in the local community, would go a long way to establishing an identity that Lavan would relate to.

Based on this approach, it could be that Yaakov's plan developed when he saw this unique situation at the well, where a stone was covering it and was not able to be moved by anyone. By removing the stone, he would achieve instant fame, which he sensed would be appealing to someone of Lavan's position. As mentioned above, the Torah tells us that "When Yaakov saw Rachel, the daughter of Lavan, his mother's brother, and the sheep of Lavan, his mother's brother, he stepped near and rolled the stone from the mouth of the well." (Breisheet 29:10) It is interesting that Yaakov looks towards both, Rachel and the sheep of Lavan. The obvious result of moving the rock would be to benefit Rachel. Yet he realized it would also benefit the flocks belonging to Lavan, something Lavan would certainly appreciate. This would then demonstrate the importance of the words of the Sforno. Lavan greeted Yaakov not based on the fact that they were related - instead, it was the fame attributed to Yaakov that ultimately enticed him. Therefore, we see from Yaakov the chochma - wisdom - used in this plan, chochma characterized by a good deal of confidence. This could only emerge from his knowledge of the true ideas of God and his ability to place his security in Him.

The above commentary suggests that Yaakov needed to impress Lavan in a certain way and that Yaakov used his divine wisdom to come up with a strategy that could make an impression. Has the psychology of impressing someone changed in the last three thousand years? The above interpretation suggests that, in Yaakov's case (and Yaakov may not have known it at the time), a precedent was set for impressing potential brides-to-be and their parents! In our world, impressing the parents of a potential bride goes a long way, and rolling a large stone off a life-giving well of water in ancient times is arguably comparable to having a steady income, doing handiwork, moving and constructing furniture around the house and, in short, being the strong person that your future in-laws would feel blessed to have as a son-in-law.

In modern terminology, Yaakov's feat might be referred to as *Hysterical Strength*, a phenomenon which is an extraordinary display of extreme strength by humans, beyond what is believed to be normal. While this phenomenon may be triggered by a host of challenging episodes, it usually occurs when people are in life-and-death situations. One of the most commonly-cited examples is that of a parent lifting up a vehicle to save a trapped child. This unusual reaction to a dangerous or challenging situation is believed to be caused by the body's stress response, which triggers a rush of adrenaline. The adrenaline makes our heart and lungs work faster, which sends more oxygen to our major muscles. As a result, we get a temporary boost of strength.

In moving the boulder off the top of the well, Yaakov was following the divine plan. Was it simply a miracle that a seventy-seven year old man singlehandedly did what only a group of shepherds could normally achieve? Did he experience an adrenalin rush? Was his outburst of strength inspired by seeing Rachel, his future and beloved wife?

In the course of our lives we all have stones and boulders that we must roll off the wells of our challenges. At times our adrenalin kicks into high gear and we out-perform ourselves. On other occasions we need assistance. There is a possible lesson from Yaakov's action at the well which suggests the strength and the power of our will when something important is at hand.

Where there's a well, there's a way...

Shabbat Shalom,

Rev. Amiel

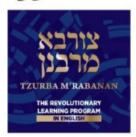


כולל יום ראשון SUNDAY MORNING KOLLEL

8:00 Shacharit - 1st Minyan 8:40 - 9:00 Shiur Hilchot Shabbat



9:00 Shacharit - 2nd Minyan
9:35 Coffee & Croissant
9:45-10:10 Learning 'Tzurba'
Learning groups with KTM Bachurim
10:10-10:35 Shiur 'Tzurba'



TZURBA M'RABANAN

A systematic and concise learning method from the Talmudic source through modern-day halachic application

The learning will take place at TBDJ in the upstairs Social Hall



NEXT LECTURE: MONDAY, NOVEMBER 15

MODERN JEWISH HISTORY

FROM WORLD WAR I
TO THE DECLARATION
OF THE STATE OF ISRAEL

with Rabbi Yechezkel Freundlich

Mondays at 7:45pm
LIVE IN TBDJ SOCIAL HALL
and available on Zoom



THE SERIES WILL COVER THE FOLLOWING TOPICS AND MORE!



AMERICAN JEWRY BEFORE WORLD WAR II
THE HOLOCAUST AND THE DESTRUCTION OF EUROPEAN JEWRY
POST-WAR PRE-STATE PALESTINE
DECLARATION OF THE STATE OF ISRAEL
WAR OF INDEPENDANCE

JEWISH LEADERSHIP RECOGNITION AWARDS

2021

JEWISH LEADERSHIP RECOGNITION AWARDS CEREMONY

Please join us as we honour and celebrate exceptional leaders who have committed themselves to making a difference in and beyond our community.

The Jewish Leadership Recognition Awards pay tribute to the inspiring leaders and innovative programs that have contributed to the ongoing strength and vitality of our community.

TUE | NOVEMBER 16 | 7 PM | LIVE ON ZOOM

REGISTER HERE federationcja.org/en/awards-2021/

CONGRATULATIONS TO OUR 2021 AWARD RECIPIENTS

LIORA BITTON-LEIBERMAN

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MAXYNE FINKELSTEIN

MIKHAEL GOLDSHTEIN

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