



Rabbi  
Yechezkel Freundlich

Chazzan Sheini  
Rev. Amiel Bender

President  
Jonathan Gal

Executive Director  
Joyce Reinblatt

## SHABBAT SHALOM • שבת שלום

### Friday, August 16

- 6:25pm **Mincha & Kabbalat Shabbat - Main Sanctuary**  
*Please note new time.*
- 6:33pm Plag Hamincha
- 7:00pm Mincha and Kabbalat Shabbat - Minyane Sépharade
- 7:42pm Candle Lighting

### Shabbat, August 17 / 16 Av 5779

- 8:00am Shacharit - Hashkama Minyan
- 8:30am Shacharit - Minyane Sépharade
- 8:40am **Chumash Shiur with Rabbi Gideon Shloush**
- 9:00am Shacharit - Main Sanctuary  
**Drasha by Zack Isakow**
- 9:28am Sof Zman K'riyat Shma
- 10:00am "Kef Club" Shabbat Programs  
*For kids in Nursery through Grade 6.*
- 6:40pm Daf Yomi
- 7:30pm Mincha and Seudah Shleesheet
- 7:59pm Sh'kiah
- 8:47pm Havdala

### Community News

- Mazal Tov to **Dale & Sam Szlamkowitz** on the occasion of their grandson Caleb becoming a Bar Mitzvah. Proud parents are Lara & Michael Szlamkowitz. Sharing in their simcha are Caleb's sister Eden Rose, his grandparents Suzie Frankel and Ronnie Dean and many delighted aunts, uncles and cousins.
- Refuah Shleima to **Isar Chaim ben Chasia Chenia.**

### Sponsorships and Thank You

- Kiddush in the Hashkama Minyan is sponsored by **Julie Nattel, Stan & Celia Nattel** and **Irene Nattel** to mark the conclusion of shloshim for beloved husband, father, father-in-law and grandfather William Nattel z"l.
- Kiddush in the Minyane Sépharade is sponsored by Loly Benmergui and the **Benmergui Family** in honour of the birthdays of Raymond Eljarrat and Marc Eljarrat.
- Breakfast on Thursday, August 15 was co-sponsored by **Jennifer & Daniel Rabinovitch** in honour of their son Jacob being called to his first Torah Aliyah.

## A Mishna A Day

Join Rabbi Freundlich's new WhatsApp group and learn one mishna each day. Short recordings are sent out daily. *Over 130 people have already subscribed!*

Email [rabbi@tbdj.org](mailto:rabbi@tbdj.org) to join!



Help support those in need by buying Shabbat Candles!

TBDJ is partnering with "Tomchei Shabbos" to sell Shabbat Candles so that we can help provide food for needy Jewish families.

\$10 for 1 box of 72 candles, \$15 for 2 boxes, \$60 for a case of 8 boxes.

Please call Isabelle at 514-992-4604

to place your order and to arrange for pick-up or delivery now!

## High Holiday Machzor Reading with Reverend Amiel Bender

Wednesdays, 6:30pm-7:30pm  
In the TBDJ Library.  
August 21 & 28 and September 4 & 11

Come and reacquaint yourself with the High Holiday Machzor in preparation for Rosh Hashana which begins the evening of September 29. This class emphasizes reading proficiency and understanding content, with a special focus on the central prayers in our High Holiday liturgy.



# Daily Schedule: August 18 - 23

SUNDAY	MONDAY	TUESDAY
Daf Yomi 7:15am	Daf Yomi 6:15 & 8:00am	Daf Yomi 6:15 & 8:00am
Shacharit 8:00am	Shacharit 6:50am	Shacharit 7:00am
Mincha/Maariv 7:40pm	Mincha/Maariv 7:40pm	Mincha/Maariv 7:40pm
WEDNESDAY	THURSDAY	FRIDAY
Daf Yomi 6:15 & 8:00am	Daf Yomi 6:15 & 8:00am	Daf Yomi 6:15 & 8:00am
Shacharit 7:00am	Shacharit 6:50am	Shacharit 7:00am
HHD Machzor Reading Class 6:30pm	Mincha/Maariv 7:40pm	Plag Hamincha 6:23pm
Mincha/Maariv 7:40pm		Mincha 7:00pm
		Candle Lighting 7:31pm

## Weekly Classes and Programs

- Daf Yomi in the Library**  
Sundays at 7:15am / Monday to Friday at 6:15am and 8:00am
- Rabbi Freundlich's "Lunch and Learn" Class on Wednesdays**  
On hiatus. Resumes on Wednesday, August 28.
- Brunch and Bridge - no game on Labour Day, Monday, Sept. 2**  
Mondays 11:30am - 3:30pm / \$14 cash at the door.  
Email [lschmaltzbridge@gmail.com](mailto:lschmaltzbridge@gmail.com) to reserve or cancel.

*Introducing TBDJ Chesed Group's New*  
**FRIENDLY NEIGHBOUR LIST**

To provide improved services to our community, TBDJ's Chesed Group is proud to launch a new weekly email service: *The Friendly Neighbour List*.



**Bikur Cholim**

Community members in need of a refuah shleima. Will include details for visitation. Please ask how else you can assist.



**Shiva**

Community members sitting shiva after the loss of a family member. Will include details on shiva hours and minyanim.



**Visitation**

Community members who would welcome a visit or phone call. Please ask how else you may be able to assist them.

Would you like to receive this weekly email and participate in our collective efforts? Email [chesed@tbdj.org](mailto:chesed@tbdj.org) and ask to be added to the list.

### CHESED COMMITTEE NEWS!

TBDJ's Chesed Committee is excited to announce two new services for our members and guests:

- Designated handicapped parking spots on both sides of Randall Avenue facing the shul.
- Large-Print Siddurim and High Holiday Machzorim available in the upper lobby outside the Main Sanctuary.

For more information, please email [brian@tbdj.org](mailto:brian@tbdj.org).



**JOIN RABBI FREUNDLICH'S NEW PARSHAT HASHAVUA EMAIL LIST!**

Each week you'll receive a link to the audio recording of his Wednesday afternoon parsha shiur.

Email [rabbi@tbdj.org](mailto:rabbi@tbdj.org) to join!



The 6th Annual

## TBDJ SCOTCH TASTING

JOIN US AT 7:30PM ON THURSDAY  
5TH OF SEPTEMBER 2019

TICKETS: \$90 VIP PACKAGE: \$218  
VISIT [TBDJ.ORG/SCOTCH2019](http://TBDJ.ORG/SCOTCH2019) TO REGISTER

FOR ADDITIONAL INFORMATION PLEASE CONTACT  
[SCOTCH@TBDJ.ORG](mailto:SCOTCH@TBDJ.ORG) OR 514-369-0939

## JOURNEY 5780 / 2019

IF YOU ARE INTERESTED IN CONTRIBUTING TO OUR NEXT EDITION OF "JOURNEY" WHICH WILL BE PUBLISHED PRIOR TO THE HIGH HOLIDAYS, PLEASE EMAIL [EDITOR@TBDJ.ORG](mailto:EDITOR@TBDJ.ORG). THERE ARE MANY (FUN) WAYS TO CONTRIBUTE!

Mark your calendars!  
**Scholar-in-Residence Sivan Rahav Meir**  
Shabbat Parshat Breisheet - October 26



*From the Jerusalem Post, September 9, 2018*

Journalist Sivan Rahav-Meir, is one of the most influential and easily identifiable people in the Israeli media and on social media. A popular TV and radio presenter as well as a columnist for Yediot Aharonot, her image stands out as one of the few Orthodox Jewish women in the mainstream media. In a divided society, her wisdom and style have enabled her to gain a huge following among both religious and secular in Israel and a growing base of fans in the Diaspora.

Rahav-Meir's best-selling book *Hastatus Hayehudi* was recently translated into English as *#Parasha: Weekly Insights From a Leading Israeli Journalist*. It grew from her popular free weekly Torah study sessions in Jerusalem (and previously in Tel Aviv), which are followed live via Facebook by tens of thousands of people worldwide.

Rahav-Meir was born and brought up in a secular home and started her career in journalism at a young age, writing for youth newspapers and magazines and hosting youth programs on Educational Television. She became religious as a teenager and did her military service at Army Radio. After her army service, as a reporter on Channel 2 News, Rahav-Meir covered the Supreme Court, the Knesset and religious affairs, among other fields. Although she has not given up her interest in politics and current affairs, much of her time is devoted to connecting it to the weekly Torah portion, reinforcing the relevance of Torah in today's world and bringing it to an audience that might otherwise not be exposed to this sort of Jewish learning.

Rahav-Meir is a popular speaker who has addressed communities in North America and Europe. "I think we have a lot to learn from the communities abroad," she told Harkov. "As Israelis, we think we know everything, but I saw great things. I think we can learn how to build a community and have a shul not just be a place to pray, but so many other things, an empire of activities."