



Shabbat Bulletin

שבת פרשת מטות-מסעי
ב אב ה'תשע"ט

Shabbat Parshat Matot-Masei
August 2 - 3, 2019

Rabbi
Yechezkel Freundlich

Chazzan Sheini
Rev. Amiel Bender

President
Jonathan Gal

Executive Director
Joyce Reinblatt

SHABBAT SHALOM • שבת שלום

Aufruf of Charlie Friedman

Friday, August 2

6:40pm Mincha & Kabbalat Shabbat - Main Sanctuary

Please note new time.

7:00pm Mincha and Kabbalat Shabbat -
Minyane Sépharade

8:03pm Candle Lighting

Shabbat, August 3 / 2 Av 5779

8:00am Shacharit - Hashkama Minyan

8:30am Shacharit - Minyane Sépharade

8:40am Rabbi's Chumash Shiur

9:00am Shacharit - Main Sanctuary

9:20am Sof Zman K'riyat Shma

10:00am "Kef Club" Shabbat Programs
For kids in Nursery through Gr. 6.

6:20pm Daf Yomi

7:10pm Shiur with Special Guest Arie
King, Jerusalem City Councillor
*The Destruction of Jerusalem and
its Modern Reconstruction*

7:55pm Mincha and Seudah Shleesheet

8:20pm Sh'kiah

9:11pm Havdala

Community News

- Mazal Tov to **Edie & Phil Friedman** and to Rivkie & Lance Hirt of Lawrence, NY on the upcoming marriage of their children Charlie and Dalya. Sharing in their simcha are grandparents Norma & Howard Bruckner, Mina & Mayer Penstein and Diana & Sam Hirt and many delighted siblings, aunts, uncles and cousins. Sadly missed at this time are Charlie's grandparents Charles Nussbaum z"l and Lucy & Baruch Friedman z"l.
- Mazal Tov to **Shirley & Reuben Spector** on the birth of their grandson Beckett Liam Schapira (Baruch Lev) in Vancouver, BC. Proud parents are Flori & Eric Schapira. Sharing in their simcha are Beckett's big brother Tyler, his grandmother Sandi Schapira, and many delighted aunts, uncles and cousins. Sadly missed at this time are, zichronam livracha, Beckett's beloved grandfather Frank Schapira and his great grandparents Yetta & Alex Spector, Bella & Paul Green, Sadie & Adolf Schapira and Sophie & Lou Muzin.
- Mazal Tov to **Shira Menucha & Josh Weigensberg** on the birth of their son Tristan (Shimon Ziv) on Monday, July 22. Sharing in their simcha are Tristan's big brother Evan, his grandparents Efraim & Linda Weigensberg, and many delighted aunts, uncles and cousins.
- Refuah Shleima to **Isar Chaim ben Chasia Chenia.**

Sponsorships and Thank You's

- Kiddush is sponsored by **Edie & Phil Friedman** in honour of the upcoming marriage of their son Charlie to Dalya Hirt.
- Seudah Shleesheet is sponsored by **Edie & Phil Friedman** in memory of Edie's beloved father Charles Nussbaum z"l (Yeshayahu ben Shimon - Av 2).
- This Shabbat Bulletin is sponsored by **Jennifer & Stuart Miller** in memory of Stuart's beloved father Jack Miller z"l (Yaakov ben Moshe v'Sara - Tammuz 28).

New Times for Mincha and Kabbalat Shabbat on Fridays

To accommodate the increasingly earlier *Plag Hamincha*, please note the following start times for Mincha on the upcoming dates:

Friday, August 2: 6:40pm

Friday, August 9: 6:30pm

Friday, August 16: 6:25pm

Journey 5780

If you are interested in contributing to our next edition of Journey, being published prior to the High Holidays, please email editor@tdj.org. There are many (fun) ways to contribute!

A Mishna A Day

Join Rabbi Freundlich's new WhatsApp group and learn one mishna each day. Short recordings are sent out daily.

*Great for the drive
to or from work!*

Email rabbi@tdj.org to join!



תשעה באב

תשע"ט

Laws Related to the Nine Days Before Tisha B'Av

- For a nine-day period starting with the first day of the month of Av on Friday, August 2nd, there are additional restrictions that are in effect as expressions of mourning added to the prohibition of haircuts, shaving and listening to music that began on Ta'anit Shiva Asar B'Tammuz.
- During the Nine Days we do not eat meat or poultry or drink wine or grape juice. One may only eat meat and drink wine on Shabbat, at a brit, pidyon haben or at a siyyum. Regarding Havdalah, ideally a child should drink the wine or grape juice. If no child is present, an adult may drink the wine.
- One is prohibited from washing clothes during the Nine Days, even if the intention is to wear the clothes after Tisha B'Av. Similarly, one cannot bring clothes to a laundry or dry cleaners - even if they are not Jewish - during the Nine Days. One is however permitted to wash the clothes of small children who are constantly getting their clothes dirty. But one may not add the clothing of an adult to a load of laundry that is already being washed for such a child.
- Freshly laundered or freshly cleaned clothes should not be put on during the Nine Days. However, undergarments, socks, and pajamas may be worn freshly washed. Ashkenazi custom is to permit the wearing of freshly laundered garments on the Shabbat of the Nine Days.
- Wearing new garments during the Nine Days is prohibited. All clothes, even undergarments, are included in this prohibition. It is also prohibited to purchase any new garment during the Nine Days. The only exception to this rule is the purchase and wearing of new non-leather footwear for Tisha B'Av.
- One may not bathe or swim for pleasure during the Nine Days even in cold water. Historically, Jews did not shower as well during the entire Nine Days. However, since today we are accustomed to shower every single day, we are considered very fastidious people and are therefore permitted, under the halacha, to shower even during the Nine Days. However, one is only permitted to use warm - not hot - water as needed to cleanse oneself, and one should not linger in the shower any longer than is required.
- Please note: Next week the fast will immediately commence with the conclusion of Shabbat. Since one may not make preparations on Shabbat for after Shabbat, one may either bring Tisha B'Av shoes to shul before Shabbat begins next week, or put them on at home after Shabbat ends. One should not bring them in a bag during Shabbat.



Shabbat Chazon - Saturday, August 10

- 6:00pm Mincha - *Please eat Seudah Shleesheet at home.*
- 8:10pm Fast begins
- 8:45pm Introduction to Tisha B'Av by Rabbi Freundlich
- 9:00pm Shabbat ends
- 9:15pm Maariv, Megillat Eicha, and Kinnot

Fast of Tisha B'Av - Sunday, August 11

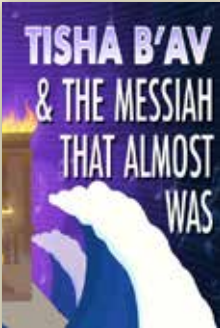
- 8:45am Shacharit
with explanatory Kinnot led by Rabbi Freundlich
- 11:00am Video lecture with Rabbi David Fohrman:
"The Messiah that Almost Was"
- 12:45pm Film: "The Last Days"
- 1:00pm Chatzot
- 1:00pm to 4:00pm Special Youth Program: Movie Marathon
- 2:30pm Early Mincha - Tallit & Tefillin are worn (Main Sanctuary)
- 3:00pm Film: "Into the Arms of Strangers"
- 5:15pm Film: "Who Will Write Our History"
- 7:00pm Shiur with Rabbi Freundlich:
"Our power over the spiritual worlds - How the Beit Hamikdash was destroyed (and will be rebuilt)"
- 7:30pm Mincha - Tallit and Tefillin are worn (Main Sanctuary)
- 8:00pm Shiur with Rabbi Freundlich:
"Hot topics (in 1819): Organs in Shul, and Tisha Bav"
- 8:20pm Maariv
- 8:49pm Fast Ends

Tisha B'Av

2019

We invite you to join us at TBDJ as we commemorate the Fast Day of Tisha B'Av.

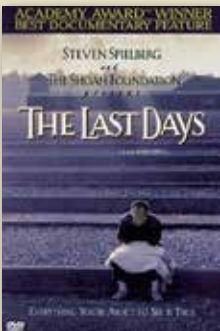
Tisha B'Av Videos and Films



Tisha B'Av and The Messiah That Almost Was (11:00am)

On Tisha B'Av we read the Book of Lamentations (Eicha). But in reality, we don't actually read it. We sing it with a mournful melody, which conveys a palpable sense of loss. Even if you can't understand the words, the sense of loss comes through just from the tune. But there's something very unique about the tune, and the text of Lamentations for that matter. It's strikingly similar to a portion of Exodus – when we are “enslaved in a foreign land.” But what do Eicha and Exodus have to do with each other on Tisha B'Av? Join Rabbi Fohman as he compares the text of Lamentations and the Exodus story and discovers a new way of understanding the destruction of Jerusalem.

(1h 32min)



The Last Days (12:45pm)

In late 1944, even as they faced imminent defeat, the Nazis expended enormous resources to kill or deport over 425,000 Jews during the “cleansing” of Hungary. This Oscar-winning documentary, executive produced by Steven Spielberg, focuses on the plight of five Hungarian Jews who survived imprisonment in Auschwitz. Though these survivors recount the horrors they witnessed and endured as a result of the Nazis’ “Final Solution,” their individual triumphs are a testament to hope and humanity.

(1998 - 1h 27min)



Into the Arms of Strangers: Stories of the Kindertransport (3:00pm)

The secret smuggling of 9,300 Jewish children out of Nazi-occupied Germany in the late 1930s. For nine months prior to World War II, in an act of mercy unequalled anywhere else before the war, Britain conducted an extraordinary rescue mission, opening its doors to over 10,000 Jewish and other children from Germany, Austria, and Czechoslovakia. These children, or Kinder, as they came to be known, were taken into foster homes and hostels in Britain, expecting eventually to be reunited with their parents. The majority of them never saw their families again.

(2000 - 2h 2min)



Who Will Write Our History (5:15pm)

The story of Emanuel Ringelblum and the Oyneg Shabes Archive- a secret archive he created and led in the Warsaw Ghetto. With 30,000 pages of writing, photographs, posters, and more, the Oyneg Shabes Archive is the most important cache of in-the-moment, eyewitness accounts from the Holocaust. It documents not only how the Jews of the ghetto died, but how they lived. The film is based on the book of the same name by historian Samuel Kassow.

(2018 - 1h 35min)

Tisha B'Av programming is sponsored by **Renee & Marty Lieberman** and **Chaya & Lorne Lieberman** in memory of
Renee's beloved mother, Sydele Brooks ז"ל - שפרה בת דב ז"ל
and Chaya's beloved mother, Yocheved Orbach ז"ל - יוכבד בת יהודה ז"ל
whose yartzheits are being observed this week.

Daily Schedule: August 4 - 9

SUNDAY	MONDAY	TUESDAY
Daf Yomi 7:15am	Daf Yomi 6:15 & 8:00am	Daf Yomi 6:15 & 8:00am
Shacharit 8:00am	Shacharit 6:50am	Shacharit 7:00am
Mincha/Maariv 8:00pm	Mincha/Maariv 8:00pm	Mincha/Maariv 8:00pm
WEDNESDAY	THURSDAY	FRIDAY
Daf Yomi 6:15 & 8:00am	Daf Yomi 6:15 & 8:00am	Daf Yomi 6:15 & 8:00am
Shacharit 7:00am	Shacharit 6:50am	Shacharit 7:00am
Mincha/Maariv 8:00pm	Mincha/Maariv 8:00pm	Mincha - Main 6:30pm
		Mincha - Sépharade 7:00pm
		Candle Lighting 7:53pm

Weekly Classes and Programs

- **Daf Yomi in the Library**
Sundays at 7:15am / Monday to Friday at 6:15am and 8:00am
- **Rabbi Freundlich's Weekly "Lunch and Learn" Class**
Wednesdays. Light buffet lunch at 11:30am, class begins at 12:15pm. \$10 at the door for lunch, no charge for class.
- **Brunch and Bridge**
Mondays 11:30am - 3:30pm / \$14 cash at the door.
Email lschmaltzbridge@gmail.com to reserve or cancel.

Introducing TBDJ Chesed Group's New
FRIENDLY NEIGHBOUR LIST

To provide improved services to our community, TBDJ's Chesed Group is proud to launch a new weekly email service: *The Friendly Neighbour List*.



Bikur Cholim

Community members in need of a refuah shleima. Will include details for visitation. Please ask how else you can assist.



Shiva

Community members sitting shiva after the loss of a family member. Will include details on shiva hours and minyanim.



Visitation

Community members who would welcome a visit or phone call. Please ask how else you may be able to assist them.

Would you like to receive this weekly email and participate in our collective efforts? Email chesed@tbdj.org and ask to be added to the list.

Please help us maintain the list

If you have a family member who is ill, or hear of a TBDJ member who is not well, please send details to either chesed@tbdj.org or to Rabbi Freundlich. We will always verify the family's desire to have this information shared prior to doing so. Please do the same with any information on how we can help one another in other ways.

Sponsorship

This email service will be available for sponsorship on a monthly basis. A dedication message will accompany each email sent. If you are interested in sponsoring an upcoming month, please contact director@tbdj.org.



Parshat HaShavua Email

JOIN RABBI FREUNDLICH'S NEW PARSHAT HASHAVUA EMAIL LIST!

Each week you'll receive a link to the audio recording of his Wednesday afternoon parsha shiur.

Email rabbi@tbdj.org to join!

TBDJ welcomes the following new members who have joined our family in the past few months!

Karine, Youval, Ness (11) and Nathan (11) ABENHAIM
Jacqueline, Akiva, Isaac (8), Hannah (5) & Mercy (2) BACOVICIN
Tanya, Oshri, Adrian (5) and Gabriel (2) COHEN
Avi, Laura, Ella (5) and Noam (2) GUTTMAN
Talía and Naftoli JACOBS
Jane, James, Sydell (2) and Eve (1) ROGOZINSKY
Joseph SALEM

We wish them health, happiness, and inspiration within our community!



The 6th Annual

TBDJ SCOTCH TASTING

JOIN US AT 7:30PM ON THURSDAY
5TH OF SEPTEMBER 2019

TICKETS: \$90 VIP PACKAGE: \$218
VISIT TBDJ.ORG/SCOTCH2019 TO REGISTER

FOR ADDITIONAL INFORMATION PLEASE CONTACT
SCOTCH@TBDJ.ORG OR 514-369-0939

Hebrew Classes with Mora Cheryl Bender - Summer 5779 Session

In the TBDJ Library on Tuesdays:
August 6, 13, 20, 27 and September 3, 10
\$60 for Six Classes - Two Levels Available.....
Go to tbdj.org/Hebrew5779summer for Level One - Beginners' Class.
Go to tbdj.org/lvrit5779summer for Level Two - Intermediate Class.

