



# Shabbat Bulletin

שבת פרשת אחרי מות  
כ"ט ניסן ה'תשע"ט  
Shabbat Parshat Acharei Mot  
May 3 - 4, 2019

**Rabbi**  
Yechezkel Freundlich

**Chazzan Sheini**  
Reverend Amiel Bender

**President**  
Jonathan Gal

**Executive Director**  
Joyce Reinblatt

קהילות הקדש שְׁמֵסְרוּ נַפְשָׁם עַל קְדוּשַׁת הַשֵּׁם. יוֹצְרֵם אֶלְקֵינוּ לְטוֹבָה עִם שְׂאֵר צְדִיקֵי עוֹלָם.

*Rosh Chodesh Iyar is on Sunday, May 5 and Monday, May 6*

## Friday, May 3 / 13<sup>th</sup> Day of the Omer

- 7:00pm Mincha and Kabbalat Shabbat
- 7:45pm Candle Lighting
- 8:04pm Shkiah

## Shabbat, May 4 / 14<sup>th</sup> Day of the Omer 29 Nisan 5779

- 8:00am Shacharit - Hashkama Minyan
- 8:30am Shacharit - Minyane Sépharade
- 8:40am Parsha Shiur with Rabbi Eric Grossman:  
*"The Secret of the Scapegoat"*
- 9:00am Shacharit - Main Sanctuary
- 9:15am Sof Zman K'riyat Shma
- 9:30am Youth Minyan
- 10:00am "Kef Club" Shabbat Programs  
*For kids in Nursery to Grade Six*

**Sermon by Rabbi Eric Grossman:**  
*"Waiting to Enter the Holy"*

- 4:40pm Snif Bnei Akiva groups walk to HA.  
*Groups arrive back at TBDJ by 6:20pm.*
- 6:45pm Daf Yomi
- 7:35pm Mincha and Seudah Shleesheet
- 8:05pm Shkiah
- 8:55pm Havdala

## Community News

- Mazal Tov to **Dina & Daniel Lieberman, Renee & Martin Lieberman** and **Susan Lieberman** on the birth of their son, grandson and great grandson Aron Lev on Friday, April 26. Sharing in their simcha are the baby's siblings Max and Emily, grandparents Shira & Leslie Westreich of New York City, and many delighted aunts, uncles and cousins.
- Condolences to **Robin & Sheldon Krakower** and their family on the loss of Robin's beloved father Leon Carson z"l who passed away on Friday, April 26. Shiva has been observed.
- Condolences to **Jerry Lazarus** and his family on the loss of his beloved sister Eleanor (Ellie) Lazarus Rosenblatt z"l who passed away on Tuesday, April 23.
- Condolences to the family of TBDJ Member Anne Liverman Schaffer z"l who passed away on Sunday, April 28. Shiva continues until Sunday, May 5 in Suite 1507 at 6785 Korczak Cr., Cote St. Luc, H4W 2W6; 2:00pm-4:00pm and 7:00pm-9:00pm daily; Maariv at 7:30pm.
- Refuah Shleima to Gabor Altmann – Yaakov Moshe ben Esther.
- Refuah Shleima to **Joseph Donath** - Yosef Yitzchak Yehudah ben Chana Sarah.

## Sponsorships and Thank You's

- Kiddush in the Minyane Sépharade is sponsored by **Clairette & Joe Bensimon** in honour of Peter Skierka's birthday.
- Seudah Shleesheet is sponsored by **Eva & Abe Ludvig** in memory of Abe's beloved mother Pearl Basch Ludvig (Perl bat Avraham Tsvi z"l - Iyar 4).
- Seudah Shleesheet in the Minyane Sépharade is sponsored by **Rachel & Michael Harroch** in memory of Michael's beloved father Yehoshua ben Mazal z"l.
- Today's Shabbat Sermon by Rabbi Eric Grossman is sponsored by **Clarice Kolomeir** and **Maureen Kolomeir** in memory of their beloved husband and father Nathan Kolomeir (Natan ben Yitzchak v' Leah z"l – Nisan 28).



TBDJ is proud to have Rabbi Freundlich serve as Rabbi of Montreal's "March of the Living" delegation this year, together with Mr. Sidney Zoltak, and a group of our youth.

Please see Rabbi Freundlich's comments on the trip in our *Spring Journey* bulletin, and watch his video updates sent out via Facebook and email.



**Yom Ha'Atzmaut**  
Thursday, May 9, 2019  
11:00am

*New starting location:*  
**Cabot Square**  
(Sainte Catherine & Atwater)



# Daily Schedule: May 5 - May 10

SUNDAY	MONDAY	TUESDAY
Daf Yomi 7:15am Shacharit 8:00 & 9:00am Mincha/Maariv 7:50pm	Daf Yomi 6:15 & 8:00am Shacharit 6:45am Mincha/Maariv 7:50pm	Daf Yomi 6:15 & 8:00am Shacharit 7:00am Mincha/Maariv 7:50pm
WEDNESDAY	THURSDAY	FRIDAY
Daf Yomi 6:15 & 8:00am Shacharit 7:00am Mincha/Maariv 7:50pm	Daf Yomi 6:15 & 8:00am Shacharit 6:50am Mincha/Maariv 7:50pm	Daf Yomi 6:15 & 8:00am Shacharit 7:00am Mincha and Kabbalat Shabbat 7:00pm Candle Lighting 7:54pm

## Upcoming Special Programs and Events

- Tues., May 7, 7pm Yom Hazikaron Ceremony, 5151 Cote-Ste-Catherine
- Thurs., May 9, 11am Rallye de Israel Day Rally (Ste-Catherine & Atwater)
- Thurs., May 9, 8:00pm Mental Health Symposium
- Shabbat, May 10 - 11 Scholar-in-Residence Dr. David Pelcovitz
- Shabbat, May 18 Bat Mitzvah Program Celebration

## Weekly Classes and Programs

- **Daf Yomi in the Library**  
Sundays at 7:15am, Monday to Friday at 6:15am and 8:00am
- **Gemara Shiurim with the Rabbi** - on hiatus - resumes May 22
- **Rabbi's "Parsha of the Week" Class** - on hiatus - resumes May 15
- **Brunch and Bridge** - cancelled on May 6 and May 20  
Mondays 11:30am - 3:30pm / \$14 cash at the door.  
Email [l.schmaltzbridge@gmail.com](mailto:l.schmaltzbridge@gmail.com) to reserve or cancel.

**יזכור**

FEDERATION CJA

# Yom Hazikaron

## Commemoration Ceremony

Join us for the annual, community-wide evening in memory of Israel's fallen soldiers and victims of terror.

### TUESDAY, MAY 7

Ceremony | 7:00 pm – 7:45 pm  
Nashir ve Nizkor | 8:00 pm – 9:00 pm  
Songs of Hope and Yearning

PLEASE ARRIVE EARLY TO ALLOW FOR SECURITY SCREENING.

FEDERATION CJA | 5151 Côte-Ste-Catherine Road, Montreal

1<sup>ST</sup> ANNUAL JEWISH COMMUNITY MENTAL HEALTH AWARENESS SHABBAT

# MENTAL HEALTH SYMPOSIUM

Thursday May 9, 2019  
8:00 PM

Congregation Tifereth Beth David Jerusalem  
6519 Baily Road, Côte Saint-Luc, QC H4V 1A1

**Featuring a panel of local speakers**

- **Rabbi Reuben Poupko**  
Rabbi of Beth Israel Beth Aaron
- **Barbara Victor**  
Chief Clinical Officer | Ometz
- **Sylvia Itzhayek**  
Family caregiver | AMI-Québec

**Keynote Speaker**  
**Dr. David Pelcovitz**

An expert psychologist whose career spanning over the past 35 years has focused on clinical practice and research efforts in areas related to parenting, child mental health, stress management and coping with trauma and loss.

He is currently the Straus Chair in Psychology and Jewish Education at the Azrieli Graduate School of Jewish Education and Administration at Yeshiva University.

**EVENT PARTNERS**

ADATH ISRAEL POALE ZEDEK ANSHEI OZEROFF  
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BETH ZION  
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CHABAD HDS - ROHR JEWISH CENTRE  
CHABAD OF THE TOWN  
CHEVRA KADISHA B'NAI JACOB SYNAGOGUE

CONGREGATION BETH ORA  
CONGREGATION BETH TRIVAH  
CONGREGATION DORSHEI EMET  
CONGREGATION SEPHARAD  
CIR HANEFIM  
CONGREGATION SHAAH HANSHOMAYIM  
CONGREGATION SHOPRIM LABOKEH

MONTREAL TOVAH CENTER  
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THE SPANISH & PORTUGUESE SYNAGOGUE OF MONTREAL

**EVENT SPONSORS**

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# MENTAL HEALTH AWARENESS SHABBAT

MAY 10-11 | 2019

**Featuring Scholar-In-Residence**  
**Dr. David Pelcovitz**

An expert psychologist whose career spanning over the past 35 years has focused on clinical practice and research efforts in areas related to parenting, child mental health, stress management and coping with trauma and loss.

He is currently the Straus Chair in Psychology and Jewish Education at the Azrieli Graduate School of Jewish Education and Administration at Yeshiva University.

**FRIDAY, MAY 10**

**FRIDAY NIGHT ONEG SHABBAT**  
AT 9:30 P.M.  
AT THE HOME OF TOVA & SCOTT GARBER

**Psychological Research on Instilling Values:**  
Raising your child to be motivated and a mensch

**SATURDAY, MAY 11**

**SHABBAT MORNING DRASHA**  
FOLLOWING SERVICES  
IN THE MAIN SANCTUARY

**The Funds, Faith, Family and Friends of Happy People:**  
What Judaism and Psychology teach us about happiness

**PRE-MINCHA LECTURE**  
AT 6:45 P.M.  
IN THE MAIN SANCTUARY

**Growing through the Inevitable:**  
Stress and Loss from a Jewish and Psychological perspective

For more information: (514) 489-3841 x228 | [rachel.goodman@asplier.com](mailto:rachel.goodman@asplier.com) | [yairmeyers@gmail.com](mailto:yairmeyers@gmail.com)

### CONGREGATION TIFERETH BETH DAVID JERUSALEM

6519 Baily Road, Côte Saint-Luc, Québec H4V 1A1 Canada • 514-489-3841 • [www.tbdj.org](http://www.tbdj.org)

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